OKLAHOMA STATE

2025-26 COWBOY CROSS COUNTRY / TRACK & FIELD GUIDE

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2025-26 OKLAHOMA STATE CROSS COUNTRY/TRACK & FIELD GUIDE CREDITS

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Quick Facts | Roster

UNIVERSITY INFORMATION

Location	Stillwater, OK
Founded	Dec. 25, 1890
Enrollment	36,934
Address	220 Athletics Center Stillwater, OK 74078
President	Jim Hess
Athletic Director	Chad Weiberg
Senior Woman Administrator	Karen Hancock
Faculty Athletic Rep	Stephen Clarke
Colors	Orange and Black
Conference	Big 12
Nickname	Cowboys
Mascot	Pistol Pete
Home Track	OSU Track & Field Complex
Home XC Course	Greiner Family OSU Cross Country Course
Athletic Web Site	www.okstate.com
University Web Site	www.okstate.edu

STAFF INFORMATION

Director of XC/T&F	Dave Smith
Alma Mater, Year	Michigan State, 1993
Years	24th Year at Oklahoma State 17th as Director of Track & Field and Cross Country
Smith Office	405-744-2108
Smith E-Mail	dave.smith@okstate.edu
Associate Head Coach	Josh Langley - 10th year
Assistants	Zivile Pukstas – Jumps, 23rd year Giles McDonnell – Sprints/Hurdles, 10th year John Oliver – Distance, 3rd year Abbie Fredrick – Distance, 2nd year Ryun Godfrey – Distance, 2nd year Greg Watson – Throws, 2nd year Mason Harbour – Sports Information, 2nd year Levi Dorsett – Dir. of Operations, 1st year
Unit Assistant	Lane McMahon
McMahon Office	405-744-8765
McMahon E-Mail	Lane.McMahon@okstate.edu
Media Relations Contacts	Mason Harbour
SID Office	405-744-7714
SID E-Mail	mason.harbour@okstate.edu

TEAM INFORMATION

2024 Big 12 Cross Country Finish	2nd
2024 NCAA Cross Country Finish	8th
2025 Big 12 Indoor Finish	2nd
2025 NCAA Indoor Finish	5th
2025 Big 12 Outdoor Finish	7th
2025 NCAA Outdoor Finish	T11th

RETURNING 2024-25 ALL-AMERICANS

Cross Country

Denis Kipngetich	11th place (4th in 2023)
Brian Musau	5th place (8th in 2023)
Fouad Messaoudi	10th place (2023), 12th (2024)

Indoors

Laban Kipkemboi	Mile
Denis Kipngetich	5,000 Meters
Brian Musau	3,000 Meters & 5,000 Meters

Outdoors

Blair Anderson	Long Jump
Denis Kipngetich	10,000 Meters
Brian Musau	5,000 Meters

Name	Event	XC/In/Out	Hometown/Previous School
Blair Anderson	Jumps	-/RSr./-	Choctaw, Oklahoma / Destiny Christian School
Tate Barr	Distance	RJr./RJr./RJr.	Lucas, Texas / Lovejoy HS
Kade Benjamin	Jumps	-/Jr./Jr.	New London, Iowa / New London HS
Will Bynum	Sprints	-/So./So.	Frisco, Texas / Lone Star HS
Nate Collier	Throws	-/RSr./RSr.	Delaware, Oklahoma / Kansas State
Will Conway	Distance	RFr./So./So.	Charlestown, Indiana / Floyd Central HS
Ben Currence	Sprints	-/Jr./RSo.	Phoenix, Arizona / Sandra Day O'Connor HS
Noah Darnell	Sprints	-/Fr./Fr.	Midwest City HS / Carl Albert HS
Jacob Deacon	Distance	RSo./RSo./RSo.	Billington, Lancashire, England / St. Augustine's RC HS
Henry Dover	Distance	RFr./So./So.	Colcester, England / Woodbridge School
James Edmond	Distance	-/RJr./Sr.	The Woodlands, Texas / The Woodlands HS
Ayden Granados	Distance	RSo./RSo./Jr.	McAllen, Texas / McAllen Memorial HS
Adisu Guadie	Distance	Jr./RSo./Jr.	Tel-Aviv, Israel
Hamish Hart	Distance	RSo./RFr./RSo.	Sydney, Australia / Knox Grammar School
Ashdyn Kahouch	Sprints	-/So./So.	Frisco, Texas / Justin Wakeland HS
Ian Kemey	Distance	RFr./RSo./RSo.	Columbia, Missouri / Rock Bridge HS
Laban Kipkemboi	Distance	RSo./Jr./RSo.	Eldoret, Kenya
Denis Kipngetich	Distance	Jr./Jr./Jr.	Kapsabet, Kenya
Pradeep Kumar	Distance	-/So/Jr.	Chennai, India / Nebraska
Michael Lunsford	Throws	-/So./So.	Culloden, West Virginia / Ohio State
Hafez Mahadi	Distance	-/RSr./RSr..	Doha, Qatar
Riley McGowan	Sprints	-/Sr./RJr.	Lucas, Texas / Lucas Lovejoy HS
Jerry Mendez	Distance	RSo./RSo./Jr.	Klein, Texas / Klein HS
Fouad Messaoudi	Distance	Sr./-/-	Oujda, Morocco
Cooper Moore	Multi-Events	-/So./So.	Dallas, Texas / Highland Park HS
David Mora	Distance	RSo./RSo./Jr.	Lubbock, Texas / Monterey HS
Aaron Morris	Distance	-/Fr./Fr.	St. Peter, Barbados / The Alexandra School
Will Muirhead	Distance	RSr./RSr./RSr.	Fairview, Texas / Lovejoy HS
Brian Musau	Distance	Jr./Jr./Jr.	Machakos, Kenya
Preston Neumeier	Jumps	-/Fr./Fr.	Canadian, Texas / Canadian HS
Mason Page	Sprints	-/So./So.	Round Rock, Texas / Round Rock HS
Oliver Patton	Distance	RFr./So./So.	Kilmacolm, Scotland I St. Columba's School
Sebastian Pesante	Sprints	-/Gr./Gr.	Frisco, Texas / Fort Scott CC
Will Quintana	Multi-Events	-/RJr./RJr.	Decatur, Texas / Decatur HS
Rajaun Ricketts	Jumps	-/Sr./Sr.	St. Ann, Jamaica / Benedict College
Alex Riley	Distance	Fr./Fr./Fr.	Brighton, England / Cardinal Newman HS
Ryan Schoppe	Distance	RSr./-/-	La Porte, Texas / La Porte HS
Crayton Shaw	Multi-Events	-/RSr./RSr.	Broken Arrow, Oklahoma / Broken Arrow HS
Gabriel Simonsen	Distance	RSr./RSr./RSr.	Mustang, Oklahoma / Mustang HS
Nate Stadtlander	Distance	Fr./Fr./Fr.	Meridian, Idaho / Meridian HS
Ethan Stovall	Distance	RFr./RSo./RSo.	Oklahoma City, Oklahoma / Oklahoma Christian School
Byron Stubbs	Sprints	-/Fr./Fr.	Midwest City, Oklahoma / Carl Albert HS
Tim Synowiec	Distance	RJr./RJr./RJr.	Salisbury, Maryland / James M. Bennett HS
Keegan Thomas	Distance	RFr./RSo./RSo.	Stillwater, Oklahoma / Stillwater HS
Matthew Thomas	Distance	RSo./RSo./Jr.	Blackfoot, Idaho / Blackfoot HS
Charlie Thorne III	Sprints	-/Fr./Fr.	Lincoln, Nebraska / Lincoln Southeast HS
Hunter Vaughn	Sprints	-/So./So.	Pattonville, Texas / Prairiland HS
Brycen Ward	Sprints	-/RSo./RSo.	Kingston, Oklahoma / Kingston HS
Carter Wilkerson	Sprints	-/RSr./RSr.	Midlothian, Texas / Midlothian Heritage
Blake Wynne	Sprints	-/Jr./Jr.	Henryetta, Oklahoma / Southern Nazarene

2025 MEN'S CROSS COUNTRY SCHEDULE

8/29	Cowboy Preview	Stillwater, OK
9/26	Cowboy Jamboree	Stillwater, OK
10/17	Weis-Crockett Invitational	Stillwater, OK
10/18	Pre-National Invitational	Columbia, MO
10/31	Big 12 Championship	Lawrence, KS
11/14	NCAA Midwest Regional	Stillwater, OK
11/22	NCAA Championship	Columbia, MO

*Track and Field schedule not ready at time of publication

CROSS COUNTRY

Key Points

- Fresh off a 2024 season that left a lot to be desired, the Cowboys return serious firepower with the potential to return to the top step of the podium in 2025.

- The Cowboys return three two-time cross country All-Americans, with all three finishing in the top-12 at the NCAA Championships both times.

- OSU enters the 2025 season ranked No. 3 in the preseason coaches' poll.

- The OSU men are looking for their 14th Big 12 cross country title under Dave Smith and fifth in the last six years.

Following the 2022 and 2023 cross country seasons in which the Cowboys either tied for or outright won the national title, OSU entered the 2024 season with high expectations on another possible run to the title.

Entering the season as the No. 1 ranked team in the country, the Cowboys opened the season with a dominant performance at the Cowboy Jamboree, defeating three top-25 squads in No. 8 New Mexico, No. 22 Oregon and No. 24 Texas.

At the Big 12 Championships, the top-ranked Cowboys squared off with No. 2 BYU and No. 3 Iowa State as the four-time defending champions. OSU came out right between the two with Brian Musau defending his individual title over a field that included nearly 20 All-Americans. His title was the third straight by a Cowboy, joining Alex Maier in 2022 and himself in 2023.

The Cowboys rebounded with an impressive performance at the NCAA Midwest Regional meet, scoring 25 points on their way to an 18-point victory over No. 3 Iowa State. OSU went 1-2 with sophomore Denis Kipngetich winning the indivdual title for the second consecutive season, becoming the first Cowboy in program history to accomplish the feat.

Returning to the NCAA Championships in Madison, Wisc., the Cowboys came up short against the Cougars and Cyclones, placing eighth overall in the team standings. However, Musau and Kipngetich were their usual selves, earning their second career All-America honors on the grass with fifth and 11th-place finishes, respectively.

Despite the disappointing end to the 2024 season and the loss of four-time All-American Victor Shitsama, the Cowboys return arguably the best lineup in the NCAA heading into 2025 as they look to regain their top step on the podium.

At the top of the squad is perhaps the best 1-through-3 in the country with distance superstars Kipngetich, Fouad Messaoudi and Musau all returning to the fold.

Musau returns as the two-time defending Big 12 Champion and two-time defending Big 12 Runner of the Year and is coming off a 2024 campaign that saw him develop from a rising star to a budding superstar. He won the Cowboy Jamboree with ease, shattering the course record in the process before winning the Big 12 and placing fifth at the NCAA Championships. His presence will not only help the Cowboys in the team title hunt, Musau will also likely be one of the favorites for the individual title, something no Cowboy has accomplished in the program's esteemed history.

Joining him every step of the way through their two years in the orange and black is Kipngetich, who once again asserted himself as one of the top distance runners in the NCAA on the grass in 2024. The junior returns as the two-time defending NCAA Midwest Regional champion and has placed fourth and 11th in his two seasons at the NCAA Championships. Like Musau, he also figures to contend for the individual title at the national championships as a low stick for the Cowboys.

Those two alone would be enough to put the Cowboys in title contention, but with the return of two-time All-America Fouad Messaoudi as well as multiple other veterans, the Cowboys are primed for a title run.

A two-time national champion on the track and two-time All-American on the grass, Messaoudi has proven himself to be one of the best distance runners in the country and will be wrapping up his legendary Cowboy career after this cross country season. His 12th and tenth-place finishes in 2022 and 2023 were monumental for a pair of Cowboy teams that tied for (2022) and won (2023) the NCAA titles.

Also returning to the lineup in 2025 are track veterans Ryan Schoppe, Adisu Guadie and Laban Kipkemboi, who have each helped the Cowboys on the grass at some point in their careers.

Both Schoppe (53rd in 2022) and Guadie (50th in 2023) have each nearly earned All-America honors in cross country and will be looking to make the leap into All-America status for the first time. Additionally, Kipkemboi was third at the Jamboree in 2024 and has shown promise during the cross country season entering his sophomore campaign.

Other Cowboys such as Will Muirhead (85th at NCAAs in 2023) could also provide a scoring punch and could help contribute to helping the Cowboys return to their winning ways in 2025.

TRACK AND FIELD

Key Points

- After a 37-year gap between individual NCAA champions indoors from 1986-2023, the Cowboys now have four in the past three years with back-to-back DMR titles (2023 & 2024) in addition to Fouad Messaoudi's 3K title in 2023 and Brian Musau's 5K title in 2025.

- The Cowboys are coming off three straight top-10 finishes at the NCAA Indoor Championships for the first time in program history.

- OSU's second-place finish with 25 points in the USTFCCCA Program of the Year standings was the second-best in the Dave Smith era.

- Nine school records fell during the 2025 indoor and outdoor seasons.

After a 2025 season that saw the men's program soar to new heights, the Cowboys will be looking to push into trophy territory in 2026.

The Cowboys say goodbye to several key figures in 2026, including national champions Fouad Messaoudi and Ryan Schoppe, as well as constant scoring threats Alex Stitt and Mehdi Yanouri.

Despite several key losses, there is reason to believe that the 2026 team could push from fifth place indoors and 11th place outdoors to a trophy team indoors and top 10 outdoors.

A huge piece of that belief is due to the return of superstar Brian Musau, who became arguably the best distance athlete and one of the top overall track & field athletes in the NCAA in 2025. Musau swept the 5,000 Meter NCAA titles, broke the outdoor collegiate record in the 5K and won gold at the FISU World University Games in Germany in the 10K before being named a Bowerman semifinalist, just the second in program history. He is also the school record holder in the 3,000 Meters (Indoors) and the 5,000 Meters (Indoors & Outdoors).

Right beside Musau is Denis Kipngetich, who was fifth in the NCAA indoor 5K and has finished as high as third in the NCAA in the 10,000 Meters. Kipngetich also shattered the program record in the 10K last season by over 16 seconds and is in the top 10 in NCAA history in the event. Between Musau and Kipngetich alone, the Cowboys return 18 of 26 points scored at the NCAA Indoor Championships.

Another huge returning piece is Blair Anderson, who finally broke through onto the national stage during the 2025 season. Anderson won his first Big 12 title in the Long Jump indoors before exploding to a runner-up finish at the NCAA Outdoor Championships, which paired with Musau's 5K title, propelled the Cowboys to 11th in the team standings. If he can replicate his outdoor performance indoors, the Cowboy men could be in contention for their first-ever national title in track & field.

Alongside the three proven stars at the national level, several other Cowboys are primed to step into the spotlight heading into 2026.

Laban Kipkemboi qualified for the NCAA Indoor Championships in the Mile last season and is the reigning Big 12 champion in the event.

The Cowboy sprint group also brings back multiple members of the 4x400 Meter Relay squad that nearly qualified for the NCAA Outdoor Championships last season, including sophomores Mason Page and Will Bynum.

With all of these pieces heading into the 2026 campaign, it seems the Cowboys are likely to continue the program's upward trajectory over the last few seasons. They will be looking to secure the program's first track & field conference title since 2016 after three straight runner-up finishes indoors in 2023, 2024 and 2025.

Personal Bests Entering 2025-26

BLAIR ANDERSON
Long Jump – 8.02m/26-3.75 (2.4)**
Long Jump - 7.93m/26-0.25

TATE BARR
1,500 Meters - 3:50.43
Mile - 4:05.53
3,000 Meters – 8:18.54
5,000 Meters - 14:49.37
Steeplechase - 9:14.95
5K (XC) – 15:42.8
8K (XC) – 25:53.7

KADE BENJAMIN
High Jump – 2.15m/7-0.5

WILL BYNUM
400 Meters – 46.72
600 Yards – 1:09.78
600 Meters – 1:19.46

NATE COLLIER
Shot Put – 17.44m/57-2.75
Discus Throw – 58.05m/190-5

WILL CONWAY
1,000 Meters – 2:30.53
1,500 Meters – 3:55.60
Mile – 4:06.60
3,000 Meters – 8:05.55
5,000 Meters – 14:09.48

BEN CURRENCE
400 Meter Hurdles – 51.73
600 Yards – 1:09.78
600 Meters – 1:20.46
800 Meters – 1:55.27

JACOB DEACON
Mile – 4:11.54
3,000 Meters – 8:03.83
5,000 Meters – 13:51.80
10,000 Meters – 30:15.57
5K (XC) – 15:29.7
8K (XC) – 23:47.4
10K (XC) – 30:17.3

HENRY DOVER
1,000 Meters – 2:26.42
1,500 Meters – 3:45.11
Mile – 4:07.05
3,000 Meters – 7:57.70
5,000 Meters – 13:36.29

JAMES EDMOND
800 Meters – 1:53.88
1,000 Meters – 2:35.09
Mile – 4:17.25

AYDEN GRANADOS
800 Meters – 1:55.15
1,000 Meters – 2:26.42
1,500 Meters – 3:40.58
Mile – 4:00.40
3,000 Meters – 8:12.85
5,000 Meters – 13:42.32
5K (XC) – 15:26.9
8K (XC) – 24:49.5

ADISU GUADIE
3,000 Meters – 7:59.07
5,000 Meters – 14:04.60
10,000 Meters – 28:10.06
8K (XC) – 23:34.2
10K (XC) – 29:27.8

HAMISH HART
1,000 Meters – 2:33.82
1,500 Meters – 3:53.95
3,000 Meters – 8:14.04
5,000 Meters – 14:16.81
5K (XC) – 15:56.9
8K (XC) – 23:50.4

ASHDYN KAHOUCH
400 Meter Hurdles – 53.19
600 Yards – 1:11.92
800 Meters – 2:02.98

IAN KEMEY
1,500 Meters – 3:51.62
3,000 Meters – 8:47.11
5,000 Meters – 14:33.84
5K (XC) – 15:36.6
8K (XC) – 26:25.3

LABAN KIPKEMBOI
800 Meters – 1:48.54
1,500 Meters – 3:40.37
Mile – 3:53.29
3,000 Meters – 7:59.29
8K (XC) – 22:58.0
10K (XC) – 29:06.3

DENIS KIPNGETICH
1,500 Meters – 3:43.39
Mile – 4:00.50
3,000 Meters – 7:42.04
5,000 Meters – 13:13.71
10,000 Meters – 27:20.10
8K (XC) – 22:29.2
10K (XC) – 28:51.5

PRADEEP KUMAR
400 Meters – 47.46
600 Meters – 1:17.71
800 Meters – 1:47.59

MICHAEL LUNSFORD
Shot Put – 16.50m/54-1.75
Weight Throw – 14.79m/48-6.25

HAFEZ MAHADI
600 Meters – 1:17.12
800 Meters – 1:46.65
1,000 Meters – 2:23.20
1,500 Meters – 3:54.18

RILEY MCGOWAN
600 Yards – 1:11.44
600 Meters – 1:19.36
800 Meters – 1:52.05

JERRY MENDEZ
800 Meters – 1:58.27
1,000 Meters – 2:28.08
1,500 Meters – 3:51.91
Mile – 4:18.46
5,000 Meters – 14:43.40

FOUAD MESSAOUDI
800 Meters – 1:48.76
1,500 Meters - 3:33.93
Mile - 3:52.66
3,000 Meters – 7:41.63
5,000 Meters – 13:25.48
8K (XC) – 23:00.4
10K (XC) – 29:10.8

COOPER MOORE
60 Meters - 7.17
100 Meters – 11.15
400 Meters – 52.66
1,000 Meters – 2:58.37
1,500 Meters – 5:06.20
60 Meter Hurdles - 8.23
110 Meter Hurdles – 14.64
High Jump - 1.89m/6-2.25
Pole Vault - 4.81m/15-9.25
Long Jump – 6.69m/21-11.5
Shot Put – 12.10m/39-8.5
Discus Throw – 40.04m/131-4
Javelin Throw – 44.89m/147-3
Heptathlon – 5,222 Points
Decathlon – 6,876 Points

DAVID MORA
800 Meters – 1:54.05
1,000 Meters – 2:25.08
1,500 Meters – 3:44.49
Mile – 4:08.46
5,000 Meters – 14:56.81
5K (XC) – 16:16.4
8K (XC) – 25:26.1

WILL MUIRHEAD
1,500 Meters – 3:53.05
Mile – 4:01.52
3,000 Meters – 7:52.90
Steeplechase – 8:49.03
5,000 Meters – 13:43.32
5K (XC) – 14:57.1
8K (XC) – 23:04.3
10K (XC) – 30:25.9

BRIAN MUSAU
1,000 Meters – 2:24.54
1,500 Meters – 3:40.46
Mile – 3:54.78
3,000 Meters – 7:38.04
5,000 Meters – 12:59.82
10,000 Meters – 28:42.39
8K (XC) – 22:07.0
10K (XC) – 28:44.9

MASON PAGE
400 Meters – 46.88
600 Yards – 1:09.39
600 Meters – 1:18.93
800 Meters – 1:50.30

OLIVER PATTON
1,500 Meters – 3:51.85
Mile – 4:02.65
3,000 Meters – 8:10.57
5,000 Meters – 14:06.81

SEBASTIAN PESANTE
100 Meters – 11.00
200 Meters – 22.19
400 Meters – 48.08
600 Yards – 1:11.63
600 Meters – 1:20.78
800 Meters – 1:58.34

WILL QUINTANA
60 Meters - 7.00
100 Meters - 10.71
200 Meters - 21.72
400 Meters - 49.38
1,000 Meters - 2:55.86
60 Meter Hurdles - 8.51
110 Meter Hurdles - 15.47
High Jump - 1.96m/6-5
Pole Vault - 4.20m/13-9.25
Long Jump – 7.09m/23-3.25
Shot Put - 11.21m/36-9.5
Discus Throw - 30.81m/101-1
Javelin Throw – 46.61m/152-11
Heptathlon – 5,103 Points
Decathlon – 5,051 Points

Personal Bests Entering 2025-26

RAJAUN RICKETTS
60 Meters – 7.28
100 Meters – 11.20
Long Jump – 7.36m/24-1.75
Triple Jump – 15.60m/51-2.25

RYAN SCHOPPE
1,500 Meters - 3:36.13
Mile - 3:55.63
3,000 Meters – 7:38.80
5,000 Meters – 13:28.88
5K (XC) – 15:12.1
8K (XC) – 22:54.4
10K (XC) – 29:48.7

CRAYTON SHAW
60 Meters – 7.19
100 Meters – 11.31
400 Meters – 50.37
1,000 Meters – 2:50.37
1,500 Meters – 4:55.01
60 Meter Hurdles – 8.56
110 Meter Hurdles – 15.16
High Jump – 1.82m/5-11.5
Pole Vault – 4.80m/15-9
Long Jump – 6.39m/20-11.75
Shot Put – 12.81m/42-0.5
Discus Throw – 39.14m/128-5
Javelin Throw – 57.80m/189-7
Heptathlon – 5,046 Points
Decathlon – 6,717 points

GABE SIMONSEN
1,500 Meters – 3:56.49
Mile - 4:13.52
3,000 Meters - 8:07.49
5,000 Meters – 15:04.18
5K (XC) – 16:23.3
8K (XC) – 25:30.6

ETHAN STOVALL
1,500 Meters – 3:50.97
Mile – 4:17.44
3,000 Meters – 8:20.55
5,000 Meters – 14:22.29

TIM SYNOWIEC
3,000 Meters - 8:35.98
5,000 Meters – 14:50.37
5K (XC) – 15:54.5
8K (XC) – 25:49.4

KEEGAN THOMAS
1,500 Meters – 3:48.85

MATT THOMAS
800 Meters – 1:55.97
1,500 Meters – 3:47.38
Mile – 4:12.07
3,000 Meters – 8:20.27
5,000 Meters – 14:16.46
5K (XC) – 15:35.9
8K (XC) – 25:53.2

HUNTER VAUGHN
60 Meter Hurdles – 8.03**
110 Meter Hurdles – 15.22
400 Meter Hurdles – 51.87
800 Meters – 1:55.60

CARTER WILKERSON
55 Meters – 6.38
60 Meters – 6.83
100 Meters – 10.51
200 Meters – 21.52

BLAKE WYNNE
400 Meters – 46.90
600 Yards – 1:09.64
600 Meters – 1:18.85
Long Jump – 7.33m/24-0.75

** - Wind-aided mark

COACHES & STAFF

Dave Smith

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Dave Smith

17th year as Director of XC/T&F
24th year at Oklahoma State
Michigan State, 1993

COACHING CAPSULE

Year	School	Position
1997-98	Washington	Volunteer Assistant
1998-02	Texas Tech	Head Cross Country Coach Assistant Track & Field Coach
2002-05	Oklahoma State	Men's Assistant Coach
2006-pres.	Oklahoma State	Men's Cross Country Head Coach
2008-pres.	Oklahoma State	Men's Track & Field Head Coach
2009-pres.	Oklahoma State	Director of XC/Track and Field Men's & Women's Head Coach

AWARDS AND RECOGNITION

USTFCCCA Division 1 Men's Cross Country Coach of the Year (4)
2009, 2010, 2012, 2023

Big 12 Men's Cross Country Coach of the Year (12)
2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2020, 2022, 2023

USTFCCCA Men's Cross Country Midwest Region Coach of the Year (9)
2006, 2007, 2008, 2009, 2011, 2013, 2014, 2022, 2023

Big 12 Women's Cross Country Coach of the Year (5)
2015, 2019, 2021, 2022, 2023

USTFCCCA Women's Cross Country Midwest Region Coach of the Year (3)
2015, 2022, 2023

Big 12 Men's Indoor Track & Field Coach of the Year (2)
2014, 2016

Big 12 Women's Indoor Track & Field Coach of the Year (1)
2023

USTFCCCA Men's Indoor Midwest Region Coach of the Year (3)
2014, 2016, 2023, 2025

USTFCCCA Women's Indoor Midwest Region Coach of the Year (1)
2023

TEAM HIGHLIGHTS

2006 Men's Cross Country Midwest Region Champions
2007 Men's Cross Country Midwest Region Champions
2007 Men's Cross Country – 3rd place at NCAAs
2008 Men's Cross Country Big 12 & Midwest Region Champions
2008 Men's Cross Country – 8th place at NCAAs
2009 Men's Cross Country Big 12 & Midwest Region Champions
2009 NCAA Men's Cross Country Champions
2010 Big 12 Men's Cross Country Champions
2010 NCAA Men's Cross Country Champions
2011 Men's Cross Country Big 12 & Midwest Region Champions
2011 NCAA Men's Cross Country Runner-Up
2012 Big 12 Men's Cross Country Champions
2012 Men's Cross Country Midwest Region Co-Champions
2012 NCAA Men's Cross Country Champions
2013 Men's Cross Country Big 12 & Midwest Region Champions
2013 Men's Cross Country – 3rd place at NCAAs
2013 Men's Indoor Track & Field – 8th place at NCAAs
2014 Big 12 Men's Indoor Track & Field Champions
2014 Men's Indoor Track & Field – 6th place at NCAAs
2014 Men's Cross Country Big 12 & Midwest Region Champions
2015 Men's and Women's Cross Country Big 12 & Regional Champions
2015 Women's Cross Country – 7th place at NCAAs
2016 Big 12 Men's Indoor Track and Field Champions
2016 Women's Indoor Track and Field – 10th place at NCAAs
2016 Women's Outdoor Track and Field – 12th place at NCAAs
2016 Men's Cross Country Big 12 & Midwest Region Champions
2019 Big 12 Women's Cross Country Champions
2020 Big 12 Men's Cross Country Champions
2020 Men's Cross Country – 3rd place at NCAAs
2021 Men's and Women's Big 12 Cross Country Champions
2021 Men's Cross Country - 3rd place at NCAAs
2022 Men's and Women's Big 12 Cross Country Champions
2022 Women's Cross Country Midwest Region Champions
2022 NCAA Men's Cross Country Runner-Up
2022 Women's Cross Country - 4th place at NCAAs
2023 Big 12 Women's Indoor Track and Field Champions
2023 Men's Indoor Track and Field - Sixth place at NCAAs
2023 Men's Cross Country Big 12 & Midwest Region Champions
2023 Women's Cross Country Midwest Region Champions
2023 NCAA Men's Cross Country Champions
2023 Women's Cross Country - 3rd place at NCAAs
2024 Men's Indoor Track & Field - 7th place at NCAAs
2024 Women's Indoor Track & Field - 8th place at NCAAs
2025 Men's Indoor Track & Field - 5th place at NCAAs
2025 Men's Outdoor Track & Field - 11th place at NCAAs

Dave Smith is truly at the top of his profession and is only getting better.

The Oklahoma State head coach was honored as the U.S. Track and Field and Cross Country Coaches Association Men's Division I Cross Country National Coach of the Year in 2009, 2010, 2012 and again in 2023. That is the highest honor awarded to a cross country coach.

Internationally, Smith served as the men's distance coach for Team USA during its stay at the 2014 World Junior Championships and the USA coach for the Great North Cross Country Championships in Edinburgh, Scotland. In 2023, he served as the coach for Team USA during the World Athletics Cross Country Championships in Bathurst, Australia.

Smith has led the Cowboys to four NCAA cross country team championships (2009, 2010, 2012 and 2023) and has navigated the men's program to a Big 12-record 13 conference titles in cross country. Under Smith's reign, the Cowboys have won 13 Big 12 titles on the grass in Smith's 20 years as the head coach of the men's squad. Alex Maier and Brian Musau have won the past three individual titles in 2022 (Maier), 2023 and 2024 (Musau) with the men claiming four straight conference titles from 2020-23.

He was voted by his peers as Big 12 Men's Cross Country Coach of the Year in 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2020, 2022 and 2023. He also coached the Cowgirls to their first Big 12 cross country championship in 2015 and was named the 2015 Big 12 Women's Cross Country Coach of the Year, capping a stretch of six seasons of top-four finishes for the Cowgirls at the conference meet. Smith led the Cowgirls to their second-ever conference title during the 2019 cross country season, in which he was again named the Big 12 Women's Cross Country Coach of the Year. He would go on to be named Big 12 Coach of the Year four more times in a row from 2020-23 as the Cowgirls would win the conference in 2021 and 2022.

The track & field program reached new heights during the 2024-25 season, highlighted by the men's indoor program earning a fifth-place finish and 26 points at the national meet, the highest team finish in track & field since 1965. Overall, the program produced seven All-Americans, led by Brian Musau, who won the NCAA title in the 5,000 Meters with a meet-record time of 13:11.34. Musau would then go on to complete the 5,000 Meter sweep at the NCAA Outdoor Championships, once again dominating the field and becoming the second Cowboy in the Smith era to win two NCAA titles in the same year (Fouad Messaoudi, 2023). For his efforts, Musau was named a semifinalist for the Bowerman Award. Following the season, Musau would break the outdoor collegiate record in the 5,000 Meters with his time of 12:59.82 at the Sunset Tour, defeating a field of professional athletes and Olympians. Messaoudi would also go on to compete at the World Championships in Tokyo in the 1,500 Meters while still having eligibility with the Cowboys.

The OSU men also finished second in the program of the year standings with 25 points between cross country, indoors and outdoors, their second best in program history, just behind their 23-point, second-place performance during the 2013-14 season.

The Cowboys completed a perfect 2023 season by upending the defending NCAA Champions Northern Arizona by a score of 49-to-71. OSU's 49 points on the day was a program record at the national meet and was the third-lowest winning score by any school since 2000. They placed all five scorers in the top 15 as Denis Kipngetich, Musau, Fouad Messaoudi, Victor Shitsama and Maier all earned All-America honors. It was just the third time in program history that the Cowboys finished with five All-Americans, joining the 2010 national championship team and the 2022 runner-up squad.

The Cowgirls earned their second straight trophy at the NCAA Championships with their third-place finish. Billah Jepkirui, Molly Born and Taylor Roe each picked up All-America honors with their seventh, 13th and 34th-place finishes. For Roe, she became the second Cowgirl in program history to earn four All-America honors in cross country. Born also collected her second All-America honor after picking up her first in 2019. Entering the 2024 season, the Cowgirls have improved their finish at each of the last four NCAA Championships, moving from 24th in 2020 to third in 2023.

At the NCAA Indoor Championships, both the Cowboys and Cowgirls placed in the top 10 for the first time in program history as the men tied for seventh and the women tied for eighth. The men's Distance Medley Relay squad of Musau, DJ McArthur, Mehdi Yanouri and Ryan Schoppe collected their second straight NCAA title in the event, becoming the second Cowboy relay to win back-to-back indoor titles after the Two-mile Relay did so in 1965 and 1966. Musau and Schoppe would come back the next night to earn their second All-America honors of the weekend in the 3,000 Meters. Alex Maier also earned a pair of All-America honors indoors, placing third in the 3,000 Meter and sixth in the 5,000 Meters.

On the women's side, Roe and Jepkirui helped lead the Cowgirls to a program-record 27 points with their runner-up finishes in their respective events. Roe placed second in the 5,000 Meters after leading for much of the proceedings and Jepkirui placed second in the Mile, both breaking the school records in their respective events. Born, Gabija Galvydyte, Winny Bii and the women's DMR of Grace Boone, Tamara Woodley, Maddie Salek and Sivan Auerbach also picked up first team All-America honors.

Outdoors, the women's team broke over 20 points for the second time in program history, scoring 23 points for a 14th-place finish overall. Galvydyte (800 Meters), Roe (5,000 & 10,000 Meters), Born (10,000 Meters) and Bailey Golden (Heptathlon) each earned first team All-America honors in the process. Golden was the first Cowgirl multi-event athlete in program history to earn the honor either indoors or outdoors. For the men, Kipngetich (10,000 Meters) and Musau (5,000 Meters) each picked up first team All-America honors as the

Dave Smith

Dave Smith speaking to the media ahead of the 2024 NCAA Cross Country Championships in Madison, Wis.

Cowboys placed 27th overall as a team.

In 2022, Smith led the Cowboys and Cowgirls to their third consecutive sweep at the Big 12 Cross Country Championships in 2022, with the women scoring a Big 12-record 22 points.

At the NCAA Championships held in Stillwater, the Cowboys nearly returned to the top of the mountain, finishing level on points with NCAA Champions NAU in the NCAA's first-ever tiebreaker at the championships meet. At the same meet, the Cowgirls picked up their first NCAA trophy with their fourth-place finish overall.

Smith and OSU continued the momentum during the 2022-23 season with the program's first-ever women's track & field conference title, winning the Big 12 Indoor Championships by 9.5 points over No. 1 Texas with a program-record 146 points. Taylor Roe was named Big 12 High-Point Award winner after scoring 24 points at the meet.

At the NCAA Indoor meet in 2023, Smith coached the men's Distance Medley Relay squad of Fouad Messaoudi, Charlie Bartholomew, Juan Diego Castro and Ryan Schoppe to the program's first individual NCAA title on the men's side since 1986. Earlier in the season, the DMR squad of Messaoudi, Schoppe, Hafez Mahadi and DJ McArthur broke the school, collegiate and indoor world record in the event with their time of 9:16.40. The next day at the NCAA Championships, Messaoudi collected his second NCAA title of the weekend in the 3,000 Meters with his time of 7:48.10. He was the only male athlete at the 2023 NCAA Championships to win multiple titles. The Cowboys finished tied for sixth overall, which was the second-highest finish in program history.

One year prior, Smith coached Roe to the program's fifth women's indoor national championship as she took the individual crown in the 3,000 Meters. Under his leadership, Roe has become one of the most accomplished distance runners in the country as she has earned six top-5 finishes in NCAA Championship races, finishing in every top-5 position thus far in three years of eligibility.

He also guided the men's and women's cross country teams to the elusive conference double as they swept the team titles on their home course. It was the first time since 2015 that the Cowboys and Cowgirls were able to sweep the podium.

Responsible for nine of the Cowboys' 13 total conferences crowns heading into the 2020 cross country season, Smith went for double-digits and added his 10th – the Pokes' 14th – conference title in dramatic fashion over Iowa State in the 2020 Big 12 Cross Country Championship's first-ever tiebreaker. A head-to-head comparison among the top five finishers from both teams determined Oklahoma State as the conference champion.

His accomplishments with the talented Cowboy distance unit during the unique 2020 season, during which the country and the world was actively battling the COVID-19 pandemic, was far from finished. In a delayed NCAA Championship, Smith's leadership was tested as he coached his team through the cross country and indoor track and field seasons simultaneously. As they have many times before, Smith and his Cowboys prevailed in the face of adversity: the men of Oklahoma State earned the third-place team finish at the 2020 NCAA Cross Country Championships on their newly renovated home course in Stillwater. The podium finish for the Pokes was their first since 2013.

Smith guided an eager group of track and field specialists on Oklahoma State's 2020-21 roster who were raring to compete after having their 2020 season cut short as a result of the COVID-19 pandemic; that fervor was on full display during the condensed indoor track and field season. The team's success culminated most notably in the postseason, when both the men's and women's teams posted top-five team finishes at the 2020 Indoor Track and Field Big 12 Championship. The Cowgirls tied their highest team finish in program history, earning runner-up as a team with 103 points and the Cowboys finished fourth as a team with 75 points, their highest finish and point total at the conference meet since 2017. Shortly after, Smith led a talented group of five athletes to Indoor All-American status: Ariadni Adamopoulou finished fifth in the women's pole vault and Sivan Auerbach, Christina Ollison, Stephanie Moss and Taylor Roe combined for the fourth-place relay finish in the women's DMR. Adamopoulou, Auerbach, Moss and Roe, all of whom were freshman at the time of their podium-worthy performances, represented a new wave of talent rolling through the OSU program and served as a testament to Smith's abilities as a recruiter.

Smith's work on the collegiate sport's biggest stage with the Cowgirls earned his program the national spotlight at the 2019 NCAA Outdoor Track and Field Championship. Smith coached Sinclaire Johnson to a national championship in the women's 1,500 meters. Johnson set the NCAA Outdoor Championships' meet record with a time of 4:05.98. She was Smith's first female champion since Kaela Edwards' 2016 Mile title indoors.

Johnson's outdoor campaign ended unbeaten, and she was named a Bowerman semifinalist. She was the first Cowgirl to ever receive the honor. She was also named the USTFCCCA Midwest Region Track Athlete of the Year.

Following Johnson's lead, the Cowgirls cross country team, captained by Smith, earned Oklahoma State's second-ever Big 12 Women's Cross Country Championship in 2019; Taylor Somers and Molly Born led the way for the Pokes: they finished second and third overall, respectively. The dynamic distance duo of Somers and Born went on to represent Oklahoma State and compete as individuals at the 2020 NCAA Cross Country Championships, in which both would

attain All-American status. Somers capped her season off with a 16th-place finish in the title race and Born finished close behind in 18th place.

The Cowboys and Cowgirls also had an all-around bounce back year in 2018-19. Both teams finished in the top 20 at the NCAA Cross Country Championships. Isai Rodriguez finished fourth at the meet, becoming the best-finishing Cowboy individual in program history. Rodriguez and fellow Cowboy Ashenafi Hatte finished the cross country season as All-Americans.

In the indoor season, the women's distance medley relay squad finished as first team All-Americans. They crossed the line in third place with a school-record time of 10:55.01. Jacob Fincham-Dukes also captured an All-American honor in the 2019 indoor season.

On top of Johnson's title during the outdoor season, Smith had four more athletes take home All-America awards. Ryan Smeeton finished as the NCAA runner-up in the 3,000-meter steeplechase, and he ran a world standard time of 8:27.90 at the Payton Jordan Invitational. Jacob Fincham-Dukes capped off his Cowboy career with a fifth-place finish in the outdoor long jump. Hassan Abdi captured All-America honors once again in the 10,000 meters. Jenny Martinez finished seventh in the women's 1,500-meter final.

In the 2017-18 season, Smith coached Hassan Abdi to an individual cross country title, becoming the first OSU runner to do so since Vegard Oelstad in 2015. Abdi and fellow Cowboy Luis Martinez took the top two spots at the Big 12 Championships in Smith's most recent cross country season.

The 2015-16 season saw the women's program reach new heights under Smith's guidance. Those Cowgirls finished seventh at the NCAA Cross Country Championships - their highest since 1989 - and pulled off their best finishes ever at the NCAA Indoor and Outdoor Championships in 10th and 12th, respectively.

Additionally, the 2015-16 Cowgirl season included a national championship from Edwards in the indoor mile, a Midwest Region cross country championship, a best-ever 107-point, second-place finish at the Big 12 Indoor Championships, NCAA runner-up finishes from Chase Ealey (outdoor shot put) and Aurora Dybedokken (outdoor 5,000m), additional impressive All-America performances from Ingeborg Loevnes (fourth in 3,000m steeplechase), Savannah Camacho (fourth in indoor 800m) and Ealey (sixth indoor shot put), several Big 12 individual titles and a third-place finish for the USTFCCCA Program of the Year award.

The men's program also had a notable year in 2016, with another Big 12 cross country title, Josh Thompson named 2016 Midwest Region Indoor Athlete of the Year, Nick Miller named 2016 Midwest Region Outdoor Athlete of the Year, All-America performances from John Teeters (fifth in the outdoor 100m and fourth in indoor 60m) and the men's distance medley relay team (fifth place) and numerous individual Big 12 titles.

Smith led the Cowboys to back-to-back top 10 finishes at the NCAA Indoor Championships in 2013 and 2014. The Cowboys' eighth-place finish in 2013 was OSU's highest finish since 1984, followed by a sixth-place finish in 2014 which was OSU's second-highest team finish in school history behind a second-place finish in 1965.

In addition to another Big 12 men's cross country championship, Smith's 2014-15 year included an individual cross country conference champion in Kirubel Erassa, an individual NCAA champion in Chad Noelle (outdoor 1,500 meters), a pair of NCAA runners-up and a total of 15 All-America honors for the men's and women's teams.

Smith's recent efforts have included a resurgence of the track program as a whole. Oklahoma State has been known for its elite distance program for years, but Smith has expanded OSU's vision to include elite throwers and sprinters as well. John Teeters and Nick Miller have provided the most evidence of all-around success, with Teeters earning four All-America honors, including a national runner-up finish in the 60-meters, and Miller earning a total of seven All-America honors in the weight and hammer throws with one NCAA title in the hammer throw. Miller has also earned elite international success, claiming gold at the 2015 Sainsbury British Championships, taking gold at the European Championships and reaching the final at the 2015 IAAF World Championships.

Miller competed for Great Britain at the 2016 Olympic Games in Rio, where joined Smith's pupils Shadrack Kipchirchir (USA - 10k), Tom Farrell (Great Britain - 5k) and Ingeborg Loevnes (Norway - steeplechase).

The 2013-14 cross country/track & field season can easily be considered the best in school history, as Smith coached the Cowboys to a third-place place finish at the NCAA Cross Country championships, a sixth-place finish at the NCAA Indoor Championships and a 13th-place finish at the NCAA Outdoor Championships. Additionally, Smith's squad won Big 12 titles in cross country and indoor track & field and had a third-place conference finish in outdoors, helping the team to a second-place finish for the USTFCCCA's Program of the Year award.

German Fernandez won the 2009 NCAA title in the 1,500 meters and was the Big 12 individual cross country champion in both 2008 and 2011. He swept all the Big 12's major awards as a freshman, claiming the conference's male athlete of the year honors during both the indoor and outdoor seasons to go with his 2008 cross country crown. Ryan Vail was the 2009 Big 12 individual cross country champion and was a five-time All-American under Smith. John Kosgei was the 2010 NCAA runner-up in the 10,000 meters and was honored as the 2010 Big 12 Outdoor Performer of the Year after winning the 5,000 meters and the 10,000 meters at the conference meet. Girma Mecheso won the 2010 Big 12 individual cross country title and was one of five cross country All-Americans coached by Smith in 2010.

Chad Noelle took home the 2015 NCAA title in the 1,500-meter run to become the 15th Cowboy in school history to win an outdoor championship. In 2016, Kaela Edwards won an NCAA title in the indoor mile and to become the fourth Cowgirl to ever win an NCAA title. Nick Miller won the hammer throw title in the outdoor season in 2016 as well to give Smith four individual national championships in addition to his three cross country team titles.

That success has rolled over into the classroom as well. In addition to winning the NCAA cross country title in both 2009 and 2012, Smith's Cowboys were honored as the USTFCCCA Scholar Team of the Year for their excellence in the classroom both seasons. Under Smith's watch, Oklahoma State cross country has been recognized as an all-academic team by the USTFCCCA eight times.

In 2013, the OSU track and field teams combined for 12 USTFCCCA All-Academic individuals, and both the men's and women's teams had the highest GPAs in the Big 12. Ryan Vail was an ESPN the Magazine/CoSIDA First-Team Academic All-American in both 2008 and 2009 to become the first repeat Academic All-American in OSU track history.

Smith arrived in Stillwater in 2002 and served as an assistant coach under Dick Weis for four years before being elevated to head men's cross country coach in 2006. Upon Weis' retirement following the 2008 cross country season, Smith was promoted to head men's track coach and, in the summer of 2009, Smith assumed control of both the Cowboy and Cowgirl programs under the title of director of cross country and track and field.

Dave Smith

Having placed 10th at the NCAA Cross Country Championships in 2006, third in 2007 and eighth in 2008, the Cowboys entered the 2009 cross country season as a proven commodity and were considered a possible threat to reigning NCAA champion Oregon and traditional power Stanford. OSU spent the entire season ranked in the top five nationally but was not ranked No. 1 at any point during the campaign. However, the Pokes toppled Oregon by 16 points at the NCAA Championships and overwhelmed top-ranked Stanford by a whopping 227 points to put an exclamation point on their NCAA title season.

Smith's strategy going into the race was to let his senior captain Vail lead the way. Through the first 3,000 meters, OSU was in third place, six points ahead of the Cardinal. At the midway point, OSU created some separation between itself and the rest of the field, with Vail leading the posse of Cowboy runners. Through 8,000 meters, OSU held a comfortable lead over second-place Oregon. From that point, the Pokes made their final surge to seal the victory.

When the smoke cleared, OSU crowned four All-Americans en route to winning the title, with Vail finishing seventh, sophomore Colby Lowe eighth, Kosgei 11th and sophomore Girma Mecheso 24th. For his efforts, Smith was honored as the USTFCCCA National Coach of the Year.

It was a different refrain in 2010, as the distance-running community had already developed a familiarity with Oklahoma State as the top dog. That said, Smith and the Cowboys still managed to turn heads by destroying the NCAA competition, racking up the fourth-largest margin of victory in the history of the NCAA Championships in defeating the field by a whopping 120 points. All five Oklahoma State scorers earned All-America recognition at the 2010 NCAA Cross Country Championships, led by the trio of Mecheso, Fernandez and Lowe, who finished seventh, eighth and ninth, respectively. Tom Farrell was 29th and Johnathan Stublaski was 36th.

In 2012, OSU went back and forth with Wisconsin all year at the No. 1 and No. 2 national rankings. The Cowboys took the No. 1 ranking to the NCAA meet, and ran like it, decimating the competition and winning the national title by 63 points over second-place Wisconsin. It was OSU's third team NCAA title in four years. Tom Farrell, Shadrack Kipchirchir, Girma Mecheso and Joseph Manilafasha took home All-America honors.

During the 2009 outdoor season – Smith's first as head coach – the Cowboys placed 25th in the final team standings and Fernandez won the 1,500 meter title. OSU's team finish was the best for a Cowboy team in 24 years and Fernandez became the Pokes' first NCAA champion since Paul Larkins in 1986. Additionally, Vail earned All-America honors in the 5,000 meters.

In the 2013 indoor season, OSU spent most of its time smashing school records. It started at the Razorback Invitational, when Farrell, Kirubel Erassa, Fabian Clarkson and Shane Moskowitz ran sub-four-minute miles at the same meet, something that had never been done in NCAA history. It ended with the Cowboys taking eighth place at the NCAA meet, a feat that had not been accomplished since 1984. Seven Cowboys combined for nine All-America honors--the most in OSU indoor history.

The Cowboys took home the Big 12 Indoor title again two years later in a dramatic 1.5-point win over Texas. The Pokes won five individual Big 12 titles en route to the team victory with Josh Thompson winning two titles. OSU scored 27 points in the 3,000-meter final, including 10 points from event champion Craig Nowak, to take the lead back from Texas with one event remaining. In the 400-meter relay, the Cowboys finished fifth to score four points to secure their second team title in three seasons.

Since Smith took over the women's program in 2009, perhaps his greatest protege to compete in America's Brightest Orange has been NCAA champion, eight-time All-American and nine-time Big 12 champion Natalja Piliusina, who also set seven school records during her time in Stillwater.

Piliusina paved the way for a new era of Cowgirl track and field and cross country that has since finished runner-up in the 2016 Big 12 Indoor Championships and finished in the top-10 at an NCAA Cross Country Championships and Indoor Championships, and 12th at the 2016 Outdoor Championships.

To put those numbers into perspective, the Oklahoma State women's program had tallied five All-Americans and seven Big 12 champions from 2004-09.

Kaela Edwards added to OSU's trophy case when she won the fourth NCAA Indoor title in Cowgirl history at the 2016 Championships in Birmingham, Alabama. Edwards is also one of two Cowgirls since 2014 to finish runner-up nationally in the 800-meter run with Savannah Camacho.

The 2016 season was by far the most successful in OSU history for the Cowgirls, having finished third in the USTFCCCA Program of the Year standings with top-12 finishes at each NCAA Championships during the season.

Ingeborg Loevnes and Natalie Baker were the two Cowgirl leaders during the cross country season, helping OSU to a perfect regular season and its first Big 12 title and Midwest Region Title. Loevnes took home an All-America honor and the Cowgirls finished seventh at the NCAA Cross Country Championships.

The Cowgirls carried the momentum from the historic cross country season into a great 2016 indoor season that was capped off with a 10th place finish and Edwards' title. Camacho also scored in the 800 and Chase Ealey in the shot put helped the Cowgirls to their best finish in school history.

Loevnes, Edwards and Ealey were at it again during the outdoor season along with Aurora Dybedokken who finished runner-up in the 5,000-meter final at the NCAA Championships a month after showing off her range and winning the Big 12's 1,500-meter title. Ealey also finished runner-up at the NCAA Championships in the shot put and earned her 11th and 12th All-Big 12 honor to cement her place in the OSU history books.

Loevnes finished fourth in the 3,000-meter steeplechase and Edwards took sixth in the 1,500-meter final, battling through a nagging injury.

Overall, the Cowgirls finished 12th for their highest outdoor finish in school history.

Under Smith's watch, the Oklahoma State women's cross country team placed fourth at the 2010 Big 12 Championships and was 17th at the 2010 NCAA Championships. Both of those showings were the best for the Cowgirls since 2005.

Smith came to Stillwater from Texas Tech, where he was the head men's and women's cross country coach, as well as assistant track coach from 1998-2002. Prior to his stint at Tech, Smith was a volunteer assistant coach for the University of Washington track and cross country programs from 1997-1998.

He was also the head coach of Club Northwest women's cross country and track those same years. Athletes that Smith coached prior to his arrival at Oklahoma State won two NCAA Championships, 10 All-American awards, 11 Big 12 Championships, and a World University Games gold medal.

While competing collegiately at Michigan State, Smith was the Big Ten Conference champion in the 10,000m in 1993 and placed second in the 1,500m that season. He earned All-Big Ten honors four times in cross country and track during his career.

An 11-time Academic All-Big Ten selection and three-time Academic All-America selection, Smith practiced what he now preaches to his student-athletes about the balance between athletic and academic success. Smith also won the Big Ten Conference Medal of Honor in 1993.

Smith graduated from Michigan State in 1993 with a degree in fisheries and wildlife, and continued his education at the University of Washington, where he earned a Ph.D. in pharmacology in 2000.

Dave Smith By The Numbers

14 NCAA INDIVIDUAL CHAMPIONS

crowned under Smith's watch, second to only Ralph Higgins for most by any coach in program history.

Leigh Daniel (1999 Women's Indoor 5,000) | Leigh Daniel (1999 Women's Outdoor 10,000) | German Fernandez (2009 Men's Outdoor 1,500) Natalja Piliusnia (2013 Women's Outdoor 1,500) | Chad Noelle (2015 Men's Outdoor 1,500) | Kaela Edwards (2016 Women's Indoor Mile) Nick Miller (2016 Men's Hammer Throw) | Sinclaire Johnson (2019 Women's Outdoor 1,500) I Taylor Roe (2022 Women's Indoor 3,000) I Fouad Messaoudi (2023 Indoor Men's 3,000 Meters) I Fouad Messaoudi, Charlie Bartholomew, Juan Diego Castro & Ryan Schoppe (2023 Indoor Men's DMR) I Brian Musau, DJ McArthur, Mehdi Yanouri, Ryan Schoppe (2024 Indoor Men's DMR) I Brian Musau (2025 Indoor 5,000 Meters) I Brian Musau (2025 Outdoor 5,000 Meters)

FOUR NCAA MEN'S CROSS COUNTRY CHAMPIONSHIPS

2009 | 2010 | 2012 | 2023

Cowboy cross country teams coached by Dave Smith claim more NCAA men's team titles than 340 other NCAA D1 cross country programs.

229 ALL-AMERICAN SELECTIONS

coached by Smith since he joined the program in 2002.

53 Cross Country All-Americans | 90 Indoor All-Americans | 86 Outdoor All-Americans

Twenty-time Big 12 Champ

2008
Men's Cross Country

2009
Men's Cross Country

2010
Men's Cross Country

2011
Men's Cross Country

2012
Men's Cross Country

2013
Men's Cross Country

2014
Men's Cross Country
Men's Indoor Track

2015
Men's Cross Country
Women's Cross Country

2016
Men's Cross Country
Men's Indoor Track

2019
Women's Cross Country

2020
Men's Cross Country

2021
Men's Cross Country
Women's Cross Country

2022
Men's Cross Country
Women's Cross Country

2023
Men's Cross Country
Women's Indoor Track

With Smith at the helm, Oklahoma State Cross Country and Track and Field has totaled:

175 Big 12 Individual **Champions**

65 USTFCCCA **All-Academic** Team Honors

During his tenure at OSU, Smith has tallied:

19 Big 12 **Coach of the Year** Awards

19 USTFCCCA **Midwest Region Coach of the Year** Honors

Assistant Coaches

OKLAHOMA STATE

CROSS COUNTRY AND TRACK & FIELD

Josh Langley

Associate Head Coach – Multis/Vault
10th year at OSU | 23rd year overall
WCU, 2003

Josh Langley came to Stillwater from North Carolina, where he was the assistant head coach, specializing in multi-events, javelin and pole vault, as well as throwing events. In the summer of 2023 after seven years with Oklahoma State, Langley was promoted from assistant coach to associate head coach and oversees multis and vaults at OSU.

In Langley's career, he has had four former athletes compete at the Olympic Games – Ariadni Adamopoulou (Greece, Pole Vault), Ieva Gumbs (Lithuania, Discus Throw), George Kitchens (United States, Long Jump), Sandi Morris (United States, Pole Vault).

Langley's work with the Pokes has redefined what it means for multis athletes and throws events specialists to compete at Oklahoma State. Most recently, Langley coached his first Big 12 champion in the Heptathlon with Annie Molenhouse taking the conference crown with a 200-point victory at the 2025 Big 12 Outdoor Championships. Molenhouse would then go on to earn second team All-America honors in the Hep.

Before Molenhouse, Langley coached Cowgirl great Bailey Golden to three straight appearances at the NCAA Outdoor Championships, becoming the first woman in program history to accomplish that feat in the Heptathlon. Golden earned the program's first All-America honor in the event in 2024 with her sixth-place finish at the national meet.

During her time with OSU, Golden would break four school records and left the program still holding three of them (indoor and outdoor Long Jump and Heptathlon). At the Big 12 Indoor Championships in 2023, Golden completed a Herculean effort as she competed in seven events overall, scoring a combined 21 points to help the Cowgirls secure their first-ever track & field conference title.

Olivija Vaitaityte also qualified for her second NCAA Outdoor Championships and first NCAA Indoor Championships in 2024, becoming the first Cowgirl multi to qualify for both the indoor and outdoor championships. Vaitaityte earned a pair of second team All-America honors and broke the school record in the Pentathlon with her mark of 4,162 points at the Razorback Invitational.

Since joining the Cowgirl program, Vaitaityte has become a six-time All-Big 12 honoree (2x Pentathlon, 4x Heptathlon) in addition to her pair of second team All-America finishes at the national championships. She was also the highest-scoring freshman in the NCAA at the 2022 NCAA Outdoor Championships. Internationally, Vaitaityte represented Lithuania on the Under-23 National Team. She was also the Lithuanian national champion in the Heptathlon in 2025

On the men's side, he guided Texas transfer Philip Frank to a pair of All-Big 12 finishes in the Heptathlon and Decathlon in 2024 to add to his All-Big 12 honor in the Dec in 2023. Frank left the Cowboy program holding both school records in the Hep and Dec with marks of 5,687 and 7,450, respectively. His Heptathlon score of 5,687 points at the 2024 Big 12 Indoor Championships earned him a second-place finish overall, which was the best-ever finish at the conference meet by a Cowboy multi.

In the throws ring, Rachel Neaves burst onto the scene during her true freshman campaign in 2023, finishing as the third-highest freshman at the NCAA West Prelims with a throw of 60.28 meters in the Hammer. Her toss ranked as the third longest in Cowgirl history at the time. From there, Neaves would go on to improve that mark to 60.86 meters during her sophomore season that culminated in a third-place finish at the Big 12 Championships in the Hammer Throw.

Hannah Bradford wrapped up her storied career with the Cowgirls in 2023 with her best campaign yet, qualifying for the NCAA West Prelims in both the Discus and Hammer Throws in her final season. Bradford finished as a three-time All-Big 12 honoree in the Weight and Hammer Throws and owns three marks inside the top 10 on OSU's all-time list (Weight, Hammer and Discus Throw).

On the men's side, Sam Mason has developed himself into one of the best all-around throwers in program history during his time with the Cowboys. Heading into his senior season, Mason is a six-time All-Big 12 honoree across three separate events (Weight, Discus and Hammer Throw). He also holds top 10 marks in all three events including the No. 2 spot in the Weight and Hammer Throws, behind only Cowboy Olympian Nick Miller.

Mason's teammate Zac Robbins has also turned into one of the best throwers in program history under Langley's tutelage. Robbins is an All-Big 12 honoree in the Weight Throw and sits third on OSU's all-time list in the Weight and Hammer Throws.

During the 2021-22 season, Langley guided Golden and Olivija Vaitaityte to the NCAA Outdoor Championships, becoming the first two Cowgirls to ever qualify for the national meet in the Heptathlon.

Golden, Vaitaityte and Maddie Meiner boosted the Cowgirl multi program into the national spotlight as all three qualified for NCAAs as underclassmen. Each of the three held the school record in the Pentathlon at some point, with the trio being the only three Cowgirl multis in program history to break the 4,000 point mark in the Pentathlon. During the 2022 season, OSU was the only school in the country to have three different women qualify for NCAAs in the multis events.

Quick to make an impact upon her arrival in Stillwater in 2020, Ariadni Adamopoulou quickly rose to the top of the Cowgirl history in the pole vault. The then-freshman from Athens, Greece, in the second collegiate meet of her career, earned the title No. 1 all-time Cowgirl in the event. On account of Langley's tutelage, Adamopoulou went on to best her own school record on four separate occasions; she set the record at a towering 4.37m and earned First Team Indoor All-American Honors as the fifth-place finisher at the 2021 NCAA Indoor Championship. Following her time with the Cowgirls, Adamopoulou would go on to qualify for the 2024 Paris Olympic Games in the Pole Vault, where she placed 20th overall.

Langley aided Washington State transfer Kelsey Kehl to a Big 12 title in the javelin throw in her first and only year in the orange and black. Kehl broke the program record during the 2021 regular season, then bested her own mark later that same season, solidifying her name and a 50.57m mark atop the Cowgirls' all-time list. Her claim to the Big 12 javelin crown came courtesy of a 50.03m throw.

Langley coached a pair of Cowboy multis in William Edmonds and Max Braht to All-Big 12 Honors in the heptathlon at the indoor conference championships in 2021. In the process of their podium-worthy performances, both Edmonds and Braht finished with top 10 all-time performances in program history in the event.

Langley was also able to guide Braht to a program record of his own: the javelin specialist claimed a school record in the javelin throw as a part of the men's decathlon during the 2021 regular season.

However, Braht would return for his senior season and rewrite the record books under Langley's leadership. He became the program's greatest multi-event athlete at the time after setting the school record in the indoor Heptathlon and outdoor Decathlon during the 2022 season to go alongside his Javelin record.

During his time at Oklahoma State, he has helped Blake Scott earn second-team All-American status in the Pole Vault. Scott became the first Cowboy to earn All-American honors in that event since Cowboy great Joe Dial did so in 1986.

During the 2019 outdoor season, Langley led Scott back to the NCAA West Regional for the second consecutive year. Scott also earned two all-conference honors under Langley's watch in 2019.

Assistant Coaches

Langley guided Torrey Hickel to a breakout season in the 2019 outdoor campaign where Hickel earned all-conference honors in the shot put. Langley led Hickel and Michael Releford to the 2021 NCAA West Preliminary Championships; the duo became the first two first round qualifiers in the same throwing event in program history.

Three of the four multi-athlete events saw school-record performances in 2019 under Langley as well.

He has also guided the Cowgirls to national success. In 2017, Langley coached Ieva Zarankaite to an Honorable Mention All-American honor in the discus. Following her collegiate career with OSU, Zarankaite went onto become a two-time World Championship qualifier and 2024 Olympic qualifier representing her home country of Lithuania.

Before coming to Stillwater, Langley was on the staff at North Carolina, where he was honored as the 2015 USTFCCCA Southeast Region Women's Coach of the Year for the indoor season. During that banner year for Langley, he coached Xenia Rahn, who scored 4,450 points in the pentathlon en route to a 3rd place finish at the NCAA Championships. Rahn's mark ranked as the 7th-highest in NCAA history at the time. During the outdoor season, she would break the ACC Record at the time in the heptathlon with a score of 6,057.

Rahn would later go onto make the Thorpe Cup team for Germany in 2015.

Langley and his athletes were huge staples for the UNC program, earning 44.5 of the Tar Heel women's team's 62.5 points at the ACC Indoor Championships back in 2015.

All-in-all, during the 2015 seasons, he coached two athletes to three ACC titles in the women's pentathlon and heptathlon, and the men's heptathlon.

Langley served as the Acting Head Coach in 2012 of the Tar Heels' program. In his debut season with the Tar Heels, two of Langley's pupils earned All-America honors in the decathlon.

Kwabena Keene broke the Ghanian national record in both the Shot Put and Discus Throw while at UNC and later competed at the African Championships.

Langley also coached former MiLB player Houston Summers to three All-ACC honors in the Javelin, where he finished with a personal-best throw of 71.01 meters.

In the Pole Vault, Parker Smith was a five-time All-ACC performer as well as a two-time All-American under Langley. Sandi Morris was also a three-time All-American in the Pole Vault while coached by Langley, including a silver medal at the Pan American Championships.

Prior to his time at UNC, Langley spent three seasons at Clemson and two at Gardner-Webb in Boiling Springs, North Carolina.

At Clemson, he coached the men's field events, all multi-events and the men's and women's pole vault. He had athletes qualify for the NCAA Championships in each year of his tenure, including Mitch Greeley, who finished as the national runner-up and qualified for the U.S. Olympic Trials in 2008.

While with the Tigers, Langley found a star at an unlikely place. He saw Kat Majester cheering on the sidelines at a football game and convinced her to try out pole vaulting. Majester went on to finish fifth at the U.S. Olympic Trials just three years after learning how to vault.

Back in 2007, Langley received USTFCCCA honors for the first time as he was named the East Region's Coach of the Year.

While at Gardner-Webb, Langley coached Cody MacArthur, who was named Field Event Performer of the Meet at the 2006 Atlantic Sun Championships after scoring 32 points in the throws events.

Langley earned his master's degree in Sports Science – Pedagogy from Gardner-Webb in 2005 while he was an assistant coach for the Bulldogs and helped them to the 2006 Atlantic Sun Conference men's outdoor crown, with his men's throwers scoring 92 points. He graduated from Western Carolina in 2003, where he was also a javelin thrower and a part of two conference titles. Langley is married to Layna, a former WCU volleyball standout, and they have three kids: Jayden, RJ and Lilly.

Langley and Annie Molenhouse after Molenhouse became first Cowgirl in program history to win a Big 12 title in the Heptathlon.

Assistant Coaches

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Giles McDonnell

Assistant Coach – Sprints/Hurdles/Relays
10th year at OSU | 17th year overall
UNM, 1999

Giles McDonnell is in his tenth year as an assistant track and field coach at Oklahoma State, working primarily with sprints & hurdles at OSU. McDonnell came to OSU after spending a year at Utah State. Before his time in Utah, he spent four seasons as the long sprints and hurdles coach at Texas State and two seasons at his alma mater, New Mexico as an assistant coach, where he coached the sprints, hurdles, relays and jumps.

McDonnell quickly had a major impact on development of sprinters at Oklahoma State as the athletes under his tutelage have rewritten the OSU record books and accomplished numerous program firsts.

Aaliyah Birmingham became the first sprinter at OSU to win a Big 12 individual title and saw the first woman's 4x4 qualify to the NCAA Outdoor Championships. Ashton Hicks became only the 2nd male sprinter at OSU to win a Big 12 title. Overall, OSU athletes coached by McDonnell have set school records in both men's and women's indoor and outdoor 400 Meters and 600 Yards, men's 600 Meters, women's 60 Meters, 100 Meters and outdoor 200 Meters. Both men's and women's indoor and outdoor 4x400 Meter Relay records have also fallen during his tenure. In just the eight years under McDonnell, 60 percent of the indoor and 35 percent of the outdoor top 10 marks in program history have been set.

McDonnell has demonstrated one of his greatest strengths as a coach is the evaluation and development of athletic talent. Each season, he continues to show he is one of the very best sprints coaches at Identifying and developing talent. During his time at OSU, he coached Ashton Hicks from a personal best of 46.8 to 45.6, Charlie Bartholomew from 46.66 to 45.40, DJ McArthur from 49.1 to 46.05 and a 45.10 electric relay split. Christina Ollison's previous personal best of 54.5 dropped to 53.11 and an electric split of 51.63 at the 2021 NCAA West Prelims.

In the longer sprints, Michaela Travers had a PR of 2:24.58 in the 800 Meters and 1:04.55 in the 400 Meter Hurdles. She left OSU with personal bests of 2:07.78 and 59.05. Tamara Woodley, having never competed in the 600 Yards prior to coming to Oklahoma State, became the school record holder with a time of 1:19.41, eclipsing the performance of Cowgirl great Leisa Knowles. Tori Ortiz came into her college career with a PR of 58.68 in the 400 and left OSU with PR's of 1:20.63 in the 600 Yards (3rd all time in OSU history) and 54.62 in the 400 Meters.

Prior to OSU,
Utah State:
AJ Boully - 49.83 to 46.43, with a 45.23 electric split at the 2016 NCAA West Prelims.
Brady Martin - 48.66 to 46.26.
Parker Bluth - 47.50 to 46.56.

Texas State:
Katie Miller 60.47 to 58.67 in 400 Meter Hurdles.
Chante'sean White - 59.67 to 57.29 in the 400 Hurdles.
James Hilliard - 50.38 in 400 Meters, 39.54 in the 300 Hurdles and 51.46 in 400 Hurdles.

Most recently, McDonnell played a key role identifying and signing some under the radar recruits, that turned into some of the nation's Best. In 2018, he successfully brought in one of, if not the best sprinting classes in OSU history. McDonnell signed sprinters that were all ranked top-20 nationally in the 400 Meters in high school.

Three of McDonnell's previous signees were invited to Brooks PR, one of the most prestigious high school invitational meets in the country. In just his first class in 2017, McDonnell brought in the third-fastest 400 Meter Hurdler in the country.

Under his watch, the recruits McDonnell attracts are able to convert their success in high school competition to outstanding athletic performances at the collegiate level. In the superb class' freshman year, Ashton Hicks was a standout. He made appearances at both the NCAA Indoor and Outdoor Championships. Hicks was the conference runner-up in the 400 meters at the Big 12 Indoor Championships and earned all-conference honors again at the Big 12 Outdoor Championships. He also broke the OSU indoor 400-meter record and nearly broke the outdoor mark as well.

LaKyron Mays also found success as a true freshman. He earned all-conference honors in the 400 meters during both the indoor and outdoor seasons and qualified NCAA West Regional alongside Hicks. Under McDonnell's tutelage, Hicks and Long continued to perform at a high level as they progressed as student-athletes. Hicks captured the 400 meters conference title that eluded him in 2019, clocking a 46.02 for the first-place finish the Big 12 Indoor Championship in 2021. Long also earned himself a spot atop the podium at the 2021 indoor conference championship as a member of the Cowboy DMR that earned the event win.

During the 2021 outdoor season, Hicks, with the McDonnell's guidance, returned to his All-American ways with a trip to the 2021 NCAA Outdoor Track and Field Championships. He added a second All-America honor to his collegiate resume during his trip to Eugene. On the women's side, one of the top two sprinters McDonnell added was transfer Aaliyah Birmingham. An all-timer for Oklahoma State sprints, Birmingham set a total of four program records to her name: indoor 60 meters (7.22), indoor 400 meters (53.15), outdoor 100 meters (11.31) and outdoor 400 meters (51.51). A two-time All-American, Birmingham made a pair of trips to the NCAA Outdoor Track and Field Championships as a Cowgirl in 2019 and 2021.

On account of McDonnell's coaching, Birmingham, Kalaya Ali, Tori Ortiz and Christina Ollison's combined efforts in the 4x400 Meter Relay cemented their names atop the Cowgirls' all-time list and earned them a trip to the NCAA Championships in 2021. In 2017, McDonnell brought a late addition to the Cowgirl roster in Nicolette Dixon, one of the better 400-meter runners in the state of Texas at the time of her signing.

McDonnell has also had strong impact on the development of student-athletes and OSU has seen a strong improvement in the sprints program overall direction. During his second year at OSU, he coached 4x100-meter and 4x400-meter relays that earned All-Big 12 honors. He coached the women's group that broke a 21-year old school record in the women's outdoor 4X400-meter relay. For the first time in school history, both the men's and women's 4x400-meter relays qualified for the NCAA West Preliminary round.

The men's 4x400-meter relay ran the 6th-fastest time in school history and the fastest time since 1984. McDonnell guided individual athletes to Big 12 success in Ambra Wesley, who qualified for the NCAA West Preliminary round for the first time in her career in the 800 meters under his guidance. She was also a first team All-American as a member of the indoor DMR team at the 2018 NCAA Indoor Championship. Standouts Malik Givens, Amira Coleman and Brandon Singleton all scored individual points in the very competitive Big 12 Conference.

Coleman achieved the 2nd-fastest time in school history in the 600 Yards and developed into a critical leg on the women's school-record setting 4x400-meter relay team. McDonnell played an integral role in shaping Malik Givens' 60 meters third-place finish at the Big 12 Championships in 2017. Another athlete under McDonnell's tutelage, Brandon Singleton, finished sixth in the 600 Yards and was a first team All-American as a member of the DMR squad at the 2017 NCAA Indoor Championships. Under his direction, the 4x100-meter relay team made it to the West Regionals and Jacob Fincham-Dukes, Logan Daily, and Temitope Olonisakin each recorded personal bests in the 100 Meters.

Before coming to Oklahoma State, McDonnell enjoyed tremendous success at every program he has been a part of. In 2016, McDonnell was recognized as the Mountain Region's Coach of the Year by the USTFCCCA for leading the Utah 4x400 Meter Relay team to first team All-America

Assistant Coaches

honors in Eugene. During his time at New Mexico and Texas State, McDonnell coached 22 individual NCAA West Preliminary qualifiers, five relay NCAA West Preliminary qualifiers, one relay NCAA Outdoor Finals qualifier, two individual Outdoor Finals qualifiers and one individual NCAA Indoor qualifier. He also coached 14 conference champions, 50 all-conference performers, 64 indoor/outdoor conference finalists and scorers, a second team NCAA All-American, four USTFCCCA Academic All-Americans and a pair of USA Junior National Outdoor Championships competitors.

In his time at Texas State, McDonnell had a tremendous impact on the program, helping the program capture four team conference championships. He worked with the athletes in the long sprints, 400 Meter Hurdles and 4x400 Meter Relay. In all, he coached 25 all-conference performers, four individual conference champions, two scholar-athletes of the year and guided his group to 37 top-10 all-time Texas State performances. McDonnell also coached his athletes to success on the national level with 19 NCAA West Preliminary participants and three USTFCCCA Academic All-Americans.

2015 was a banner year for the sprint group at Texas State, highlighted by the first relay squad to qualify for the NCAA Championships for the school since 1989. Working with the 4x400 Meter Relay was one of McDonnell's primary responsibilities and the results were impressive. Overall, Texas State had a 4x400 Meter Relay team qualify for the West Prelim every year McDonnell worked at Texas State. The women's indoor 4x400 Meter Relay school record was broken and he helped guide the second-fastest relays in school history for both the men's indoor/outdoor relay and the women's outdoor relay. The athletes he worked with all enjoyed considerable improvement under his guidance, with a high percentage of them establishing marked improvements on individual personal records.

In his first season with the Bobcats, McDonnell worked directly with the long sprints group (400 Meters and 400 Meter Hurdles), but also assisted with both the 100 and 200 Meter groups, with the team seeing immediate improvement. Numerous school records were established, the men's team scored a runner-up finish at the 2012 Southland Outdoor Championships and a record number of athletes qualified for the NCAA West Preliminary rounds. Athletes coached by McDonnell ran on the first 4x100 Meter Relay to win a conference title in school history. In the 400 Hurdles, McDonnell guided athletes to an individual conference title, an all-conference performance and two NCAA West Prelim berths. Both women cut more than two seconds off their personal records and one set the Southland Conference meet record.

While at New Mexico, McDonnell helped the Lobos enjoy their highest conference finishes at the time in 2010 and 2011. In 2011, New Mexico had its highest combined finish in program history and set records for most points scored for both programs in the Mountain West. UNM sent athletes to the NCAA Championships in the men's 100 Meters, men's Long Jump, men's Triple Jump, men's 4x100 Meter Relay, women's 400, women's Long Jump and women's Triple Jump.

An Albuquerque native, McDonnell returned to New Mexico in 2009 after a stint as an assistant coach at Northern Arizona, where he worked with the sprinters and jumpers.

While at NAU, the Lumberjacks won four Big Sky Conference titles in a span of two years and sent athletes to the NCAA Regional Championships in the men's 200 Meters, men's 400 Meters, men's 4x100 Meter Relay and the women's Triple Jump.

McDonnell began his coaching career as an assistant coach at Albuquerque's Eldorado High School. In his five years there, McDonnell guided more than 40 athletes to the New Mexico 5A State Championships with titles coming in the sprint relay, 4x400 Meter Relay, 400 Meters, 110 Meter Hurdles and Long Jump. In 2007, the 4x100 Meter Relay team broke a 20-year old school record after the 4x200 Meter Relay broke a 19-year-old record in 2006. McDonnell had five top-five team finishes at the state meet, and five of his athletes went on to compete at the NCAA Division I level.

As a Lobo, McDonnell competed in the jumping events from 1994-99. He placed in both the Long and Triple Jump and was part of the first Lobo team to compete in the Mountain West Conference Championships. McDonnell earned a bachelor's degree in communications at New Mexico. He holds a Level I USATF Certified Instructor Certification, Level I USATF Track and Field Certification and two Level II Certification in sprints, hurdles and combined events.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Zivile Pukstas

Assistant Coach – Jumps
23rd year at OSU | 23rd year overall
SMU, 2003

Zivile Pukstas is in her 23rd year at Oklahoma State since joining the staff in 2003. She assists primarily in jumps.

Most recently, Pukstas coached Blair Anderson to new heights, becoming one of the greatest jumpers in Oklahoma State history. In 2025, Anderson won his first Big 12 title in the Long Jump at the Big 12 Indoor Championships with his jump of 7.62 meters. He would then go on to finish as the Big 12 runner-up in the Long Jump outdoors before his meteoric rise at the NCAA West Prelims, where he hit a massive personal best of 7.93 meters, which put him second in program history. At the NCAA Championships, Anderson launched himself into Oklahoma State lore as he jumped 8.02 meters (+2.4) to earn the silver medal, the highest finish of any long jumper in program history.

During the 2023-24 season, Pukstas coached Winny Bii to her first Big 12 title in the Triple Jump at the Big 12 indoor championships in addition to first team All-America honors. Bii broke the school record in the Triple Jump with her mark of 13.72 meters at the Eagle Elite Invitational. She also broke the TJ record outdoors at the African Games at 13.64 meters, earning a second-place finish overall. She also coached tryout athlete out of Choctaw, Okla., Blair Anderson, to a second-place finish at the Big 12 Outdoor Championships in the Long Jump in 2023.

Pukstas recruited and coached the best Cowboy jumper of all-time in Jacob Fincham-Dukes. Fincham-Dukes earned All-America awards in the indoor and outdoor long jump in 2019. He also broke his own school record in both seasons, including an eight-meter jump at the NCAA Outdoor Championships.

Pukstas saw Fincham-Dukes win the Big 12 in the indoor long jump in 2019, which was the English jumper's second conference title.

All but one of Oklahoma State's outdoor women's jumping records have been set under Pukstas' watch; her work with the Cowgirls' jumps specialists has been a staple of the program since her arrival.

Pukstas' leadership has aided Finnish jumps athlete Saara Hakanen into Oklahoma State track and field history. Hakanen's versatility has made her a skilled competitor in the high jump, long jump and triple jump. In 2019, Hakanen earned All-Big 12 honors at the indoor conference meet with a 6th-place, 12.78m leap in the triple jump.

With a special knack for the triple jump and another season spent under Pukstas, Hakanen broke the Cowgirls' indoor triple jump record with a 13.18m/43-3 leap at the 2021 Texas Tech Shootout.

Hakanen closed out her sophomore indoor season with Pukstas as a two-time Indoor All-Big 12 honoree after placing eighth in the triple jump and finishing runner-up in the high jump with a 1.78m/5-10 height, which ties her for first all-time with Tammy Lienhard's showing at the 1979 AIAW Championships.

Hakanen also rocketed herself up the OSU record books during the outdoor season. She sits at second all-time by a Cowgirl in both the high jump (1.82m/6-11.5) and the triple jump (13.17m/43-2.5).

Cowgirl high jumper Toni Young earned All-America honors by placing fifth at the 2012 NCAA outdoor meet. She became OSU's first-ever female high jump All-American and shattered the school record by clearing 1.87 m/6-01.50 at the national meet.

Pukstas coached Clarissa Andrews to lengths never before reached for a jumper at Oklahoma State, as Andrews claimed the school record in both the outdoor long jump and the outdoor triple jump under Pukstas' watch.

Andrews' triple jump mark of 13.11 m/43-00.25 at the 2011 Big 12 Championships obliterated the previous school record of 12.89 meters/42-03.5.

In 2014, Pukstas coached Viktoriia Sadokhina to two big 12 titles at both the Indoor and Outdoor Big 12 Championships. She also broke Andrews' school record with a 13.35m jump to take the outdoor crown.

In 2018, Pukstas brought in a young group of jumpers to add to her already impressive roster for OSU. Emily Rogers came in and nearly set the school record in the high jump, both indoor and out.

Jacob Fincham-Dukes once again starred, earning an All-Big 12 honor indoors and making it once again to the NCAA Outdoor Championships.

In the 2017-18 seasons, Pukstas made her impact felt through Jacob Fincham-Dukes, the star jumper for the Cowboys. Fincham-Dukes had a successful sophomore campaign, winning the 2017 Big 12 title in long jump and setting a personal best along the way, all under the guidance of Pukstas.

At the 2016 Big 12 Indoor Championships, Pukstas' jumpers recorded a crucial nine points in the long jump when Fincham-Dukes finished second and Simon Imagbe claimed eighth.

Those 13 points helped push the Cowboys over Texas in a 1.5-point win at the Championships. It was the Pokes' second conference indoor title in three years.

In 2009, Andrews and Baiba Blumbaha logged the two best outdoor long jump marks in school history at the Big 12 Championships and both went on to compete at the NCAA regional meet. Blumbaha then went on to suit up for the Cowgirls at the national meet.

Pukstas also had an impressive addition to her resume in 2011, as she coached men's walk-on Taylor Buck to some of the best high jump performances in school history. Buck's high jump of 2.14m/7-00.25 was the highest mark at Oklahoma State in decades and ranks third in school history.

During her career at Oklahoma State, Pukstas coached triple jumper Paula Ogunbanjo to a third-place finish at the 2004 Big 12 Indoor Championships and helped develop Ogunbanjo into an NCAA qualifier in 2005. Pukstas also coached heptathlete Tihana Sarac to a school record in 2005.

Pukstas attended Southern Methodist University after beginning her jumping career in her home country of Lithuania. Pukstas not only set the school record in the triple jump for the Mustangs, but also represented SMU at the 2003 NCAA Indoor and Outdoor Championships. Pukstas placed ninth in the Indoor Championships, while claiming a 12th-place finish at the Outdoor Championships.

Before completing her career at SMU, Pukstas was Lithuania's national champion in the triple jump in 2001 and 2003. She set the Lithuanian junior national record in the triple jump in the under-18, under-20 and under-23 divisions.

Pukstas is married to Mindaugas Pukstas, a former Olympian who competed for OSU. The couple has two children, Rokas – born in 2004 – and Gabija – born in 2007.

Assistant Coaches

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

John Oliver

Assistant Coach - Distance
3rd year at OSU I 16th year overall
North Central College, 2009

Oliver spent six seasons at Purdue as an assistant distance coach, with the last two as the head cross country coach with the Boilermakers. Under his tutelage, the Boilermakers' men's cross country team qualified for the NCAA Championships three times in a row for the first time in 60 years. Purdue also earned their highest finish at the Big Ten Cross Country meet in 35 years with a second-place finish in 2018.

The Boilermakers also earned their highest finish in 69 years at the NCAA Cross Country Championships (11th) under Oliver and won their first regional championship in program history in 2019 at the Great Lakes Regional.

Prior to Purdue, Oliver was an assistant coach at Stanford for the cross country and track & field team. During his time in Palo Alto, the cross country team earned three straight podium finishes from 2014-16, including runner-up finishes in 2014 and 2016. American distance legend Grant Fisher also won an NCAA title in the outdoor 5,000 Meters in 2017.

Prior to his time at Stanford, Oliver spent four seasons at Syracuse as an assistant coach and director of operations.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Mason Harbour

Assistant Coach - Sports Information
2nd year at OSU I 2nd year overall
Oklahoma State, 2021

Mason Harbour joined the OSU staff as an assistant coach after spending two seasons as a graduate assistant for the track & field and cross country program. Harbour also serves as the program's Sports Information Director, where he is the primary communications contact and oversees all forms of media.

Harbour graduated from Oklahoma State in 2021 with a degree in Sports Media and originally hails from Powder Springs, Georgia.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Abbie Fredrick

Assistant Coach - Distance
2nd year at OSU I Sixth year overall
Black Hills State, 2020

Abbie Fredrick joined the OSU staff an assistant coach in 2024 specializing in middle and long distance. Fredrick came to Stillwater from Baylor, where she served as an assistant distance coach for the two seasons.

In her first season with the Cowgirls, the OSU women won the NCAA Midwest Regional title in cross country by 15 points with 61 overall, with four Cowgirls being named to the All-Region team. She also coached freshman Isca Chelangat to runner-up honors at the Big 12 Outdoor Championships in the 5,000 Meters before going onto the national meet, where she was a second team All-American.

In just her first season at Baylor, Fredrick assisted the distance squad to three individual all-region finishes at the NCAA South Central Regional with both teams in the top 10. Staying stellar in the classroom, Ellie Hodge, Ryan Hodge and Drew Snyder also were recognized as All-Academic with the USTFCCCA for cross country and both teams were also recognized.

She also coached Annamaria Kostarellis, who placed ninth at the 2023 NCAA Outdoor Championships in the 10,000 Meters and broke the Baylor school records in both the outdoor 5K and 10K. Kostarellis was also a three-time All-Big 12 honoree in her lone season with the Bears.

Fredrick made her way to Baylor from her alma mater of Black Hills State University, an NCAA Division II school in Spearfish, S.D. In her one year with the Yellow Jackets, Fredrick doubled the recruiting class size from the year prior.

Before returning to her alma mater, Fredrick was an assistant track & field coach at Dawson Community College in Glendive, Mont. In her time at DCC, she coached the program's first All-America honoree in cross country. Along with the distance events, Fredrick worked most closely with sprints, middle distance and oversaw strength and conditioning efforts.

Fredrick was also an accomplished athlete during her collegiate career, earning All-America and All-Academic honors in her time. She earned Rocky Mountain Athletic Conference weekly honors in February 2020 after running a 4:53.25 (converted) mile, which landed her No. 14 at the time that season in Division II.

Fredrick graduated high school from Cheyenne East H.S. in Cheyenne, Wyo.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ryun Godfrey

Assistant Coach - Distance
2nd year at OSU I 28th year overall
North Dakota State, 1996

Godfrey joined the OSU staff in 2024 after spending the previous season as head cross country coach and assistant track & field coach at Nebraska.

In his first year with the Cowboys, Godfrey coached Jinah Mickens-Malik to a runner-up finish in the 600 Yards at the 2025 Big 12 Indoor Championships. He also coached 800 Meter specialists Mehdi Yanouri and Hafez Mahadi to school record times in the 800 Meters during the indoor season, with Yanouri breaking the record at 1:47.12.

While at Nebraska, he coached the cross country team to some of their best finishes in 12 years in 2023. The women tied their best finish at the Big Ten Cross Country Championships, taking seventh overall. That marked the top team placement since 2011, the year Nebraska joined the Big Ten. The women added a seventh-place finish at the NCAA Midwest Regional, their best regional finish since 2011. In each of the 2023 meets, a freshman crossed the line first for the Huskers.

During his Nebraska tenure, the Huskers won two Big Ten Team Championships and Godfrey coached five top-ten performances in program history, including two school records. Two individuals also earned Big Ten medalist honors as top-3 finishers in the conference.

Prior to Nebraska, Godfrey had coaching stints at Arizona State, Kansas State and North Dakota State.

The 28-time Conference Coach of the Year selection and six-time DII Region Coach of the Year honoree was twice named Midwest Region Coach of the Year, while also receiving DII Coach of the Year and North Dakota Sports Writers/Sportscaster Coach of the Year recognition.

Godfrey has coached four athletes who have qualified for the USA Championships and Olympic Trials, including two finalists. He has also helped two collegiate athletes to World/Olympic standards in the 800m.

On the collegiate level, Godfrey has coached a DI runner-up (800m), a DII champion (400m Hurdles and 800m), two DII 4x400m relay champions, 12 DI All-Americans and 16 DII All-Americans. At the conference championships, he has coached three Big 12 champions, 11 Summit League champions and 11 North Central Conference champions.

Prior to Nebraska and Arizona State, Godfrey spent

eight seasons coaching at Kansas State, helping the Wildcats to two Big 12 Championships in 2017 and 2018. He coached the Wildcats to five school records and helped three K-State runners earn All-Big 12 honors in cross country, two athletes earned Midwest All-Region honors and a pair of qualifiers for the NCAA Cross Country Championships.

He also coached three Big 12 individual champions, five Big 12 medalists and a first-team All-American in the 800 Meters. 18 athletes coached by Godfrey cracked the Kansas State top-10 list in program history.

Before his time at K-State, Godfrey was the head track and field/cross country coach at North Dakota State for 15 years, helping the Bison set 24 school records. NDSU won the DII Indoor Championships in 2002 and finished in the top four in 10 seasons as a team at the NCAA Championships.

Godfrey's guidance led NDSU to 30 conference championship titles, including 13 indoor titles, 13 outdoor titles and four titles in cross country.

Godfrey is a 1996 graduate of NDSU where he ran for four years before holding a one-year graduate assistant position. He earned all-conference honors and was a member of seven NDSU league champion squads. He has a bachelor's in physical education, has USATF Level II certification in three different areas (endurance, sprints hurdles & relay and jumps) and is a member of the National Strength and Conditioning Association.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Greg Watson

Assistant Coach - Throws
2nd year at OSU I 18th year overall
Southern Utah, 2008

Watson came to Stillwater from Kansas State in 2024, where he served as an assistant coach in charge of the throws program from 2021-24. He spent a total of eight seasons with the Wildcats, previously leading the throws group from 2013-18. In between, Watson coached for three seasons at LSU from 2018-21.

Watson immediately elevated the throws program to the top tier of the Big 12, with the Cowgirls scoring the most points in both the Weight and Hammer Throws at the conference meet in 2025. He also coached Kansas State transfer Emma Robbins to first team All-America honors in the Hammer Throw at the NCAA Outdoor Championships with her fourth-place finish overall. In her lone season as a Cowgirl, Robbins rewrote the record books, breaking the school records in both the Weight and Hammer Throw multiple times and earning runner-up finishes at the Big 12 Championships in both events. Watson also coached Oklahoma natives Rachel Neaves and Johnna Orange to All-Big 12 honors in both events, with Neaves setting the second-best Hammer Throw in school history behind Robbins.

In his final season at Kansas State, Watson coached Monique Hardy to a pair of Big 12 titles in the Hammer and Weight Throws. Hardy was also a second team All-American indoors in the Weight Throw in 2023. On the men's side, Kade McCall won the Big 12 title in the Hammer Throw and was third indoors in the Weight Throw.

He has also coached former Kansas State thrower Janee Kassanavoid to silver and bronze medals in the Hammer Throw at the 2022 and 2023 World Athletics Championships, respectively, representing the United States.

During his time at LSU, Watson helped lead the Tigers to the 2021 men's team national title, while also coaching several prominent athletes, including 2021 NCAA champion Tzuriel Pedigo in the men's javelin. Pedigo won LSU's first national championship in the event since 1967, as his throw of 76.98m/252-7 established a new school record. On the women's side, he coached an SEC champion in the hammer, as freshman Emma Robbins broke a facility record with a throw of 67.17m/220-4 in 2021.

Prior to LSU, Watson spent five years (2013-18) at K-State where he had two throwers win NCAA titles (Shadae Lawrence and Dani Winters) while helping Winters post an indoor shot put record heave of 17.97m/58-11.50. In 2017, he coached Lawrence to the first national title in program history in the discus (61.37m/201-04). For his efforts, Watson was named the 2017 USTFCCCA Midwestern Women's Assistant Coach of the Year.

During his first tenure at K-State, Watson was part of a coaching staff that helped guide the Wildcats to back-to-back Big 12 women's team titles (2017, 2018) at the outdoor championships.

Watson coached at Texas State for two years (2011-13) before leaving for K-State. He helped the Bobcats to three conference titles while directly coaching eight individual conference champions and three school records.

Serving as the volunteer assistant coach at UNLV from 2008-13, Watson tutored future Olympian Amanda Bingson. Bingson earned the Mountain West Outstanding Performance Award in 2010 and 2011. Bingson clinched back-to-back USATF national titles in 2013 and 2014.

Within Watson's 17 years of coaching, he has earned six conference team championship, one NCAA team championship and coached three individual NCAA national champions. Watson has also coached numerous NCAA All-Americans and individual conference champions.

Watson competed at Southern Utah where he set the school record in the hammer throw with a toss of 65.98m/216-06. Watson was able to train under the guidance of world-renowned throws coach Anatoliy Bondarchuk, where he won three Summit League Titles between the weight and hammer throw.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Levi Dorsett

Director of Operations
1st year at OSU | 7th year overall
West Alabama, 2017

Oklahoma State track & field and cross country welcomed the addition of Levi Dorsett to its staff as the new Director of Operations in 2025.

Dorsett joined the OSU staff from Ole Miss, where he spent the past six seasons as the Director of Ops for both the men's and women's track & field and cross country programs. While at Ole Miss, Dorsett handled day-to-day oversight of all the team's administrative responsibilities, including travel coordination, meet operations and promotion of the program in addition to others.

"I am excited to join the Oklahoma State staff and be part of a program with such a strong tradition," Dorsett said. "I'm thankful for the opportunity Coach Smith has given me here and the trust he's placed in me. The chance to work alongside him and help support the student-athletes is something I am grateful for."

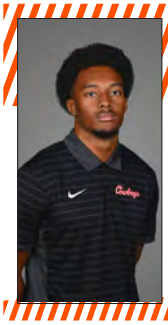
In 2022, Dorsett was a key member of the organizing committee for both the 2022 SEC Outdoor Track & Field Championships and 2022 SEC Cross Country Championships, both of which were held in Oxford, Miss., within five months of each other. Dorsett also has considerable meet operations and management experience across the track world, including the World Athletics Championships, the U.S. Olympic Trials and U.S. Outdoor Championships, the Prefontaine Classic, the ACC Championships and several other high-end meets across the United States. Dorsett is a certified USATF meet official.

Dorsett serves as a committee member for the director of operations sessions at the USTFCCCA Coaches Convention, at times presenting to coaches and operations staff nationwide.

Dorsett hails from Odenville, Alabama, and was a letterwinner at the University of West Alabama, where he was a team captain for the school's nationally ranked cross country program as well as its first conference championship team. Dorsett graduated from UWA in 2018 with a bachelor's in physical education and a minor in exercise science, and he completed his master's in higher education administration with an emphasis in intercollegiate athletics from Ole Miss in 2020 while a student manager for the track program from 2018-20.

For a director of operations, no workday ever looks the same. Dorsett's duties include assisting the coaching staff with on-campus recruitment, handling team travel arrangements and directing home OSU cross country meets.

THE COWBOYS



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Blair Anderson

Jumps – – | RSr. | -
Choctaw, Oklahoma | Destiny Christian School

Personal Bests
Long Jump – 8.02m/26-3.75 (2.4)**
Long Jump - 7.93m/26-0.25

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2025 Outdoor NCAA Runner-Up (Long Jump)
2025 Outdoor First Team All-American – Long Jump (2nd)
2025 Outdoor All-Big 12 (Long Jump)
2025 Indoor Big 12 Champion – Long Jump
2025 Indoor All-Big 12 (Long Jump)
2024 Track & Field Academic First Team All-Big 12
2024 Outdoor All-Big 12 (Long Jump)
2024 Indoor All-Big 12 (Long Jump)
2023 Track & Field Academic Second Team All-Big 12
2023 Outdoor All-Big 12 (Long Jump)

2025 Outdoors
Continued his upward trajectory, placing no lower than third at any meet during the outdoor season... Opened up with a victory at the Clyde Hart Classic, followed by a third-place finish at the John Jacobs Invitational... Punched his ticket to regionals with his winning jump of 7.63 meters at the Arkansas Twilight to wrap up the regular season... Once again earned runner-up honors at the Big 12 Outdoor Championships as he jumped 7.51 meters into a massive headwind... Put the entire country on notice at the NCAA West Prelims, setting a wind-legal personal best of 7.93 meters to finish third overall, moving him to second on the program's all-time list... Qualified for the NCAA Outdoor Championships for the first time, clearing eight meters for the first time in his career as he leapt 8.02 meters to finish as the NCAA Runner-Up in the Long Jump... Anderson was just the third Cowboy to earn first team All-America honors in the Long Jump, joining Olympian Jacob Fincham-Dukes and former OSU coach Ralph Tate... His finish at NCAAs was also the highest in program history for the Long Jump,

2025 Indoors
Improved with every meet during his junior indoor campaign... Kicked off his season with a mark of 7.41 meters at the Arkansas Invitational... Won the DeLoss Dodds Invitational two weeks later with a jump of 7.49 meters... Took third at the Tyson Invitational at Arkansas, finishing with a leap of 7.50 meters... At the Big 12 Indoor Championships, Anderson finally got over the hump and took home the gold with an indoor personal-best mark of 7.62 meters, which moved him up to second in program history... Anderson's 10 points at the Big 12 meet helped boost the Cowboys up to second in the team standings for the third straight season at the conference meet.

2024 Outdoors
Appeared at six meets in the Long Jump during his junior outdoor campaign... Won each of the first three meets he competed in with jumps of 7.52, 7.66 and 7.57 meters at the Shocker Spring, Arkansas Spring and Michael Johnson Invitationals... Picked up his third career All-Big 12 honor and second straight outdoors with a sixth-place jump of 7.44 meters... Qualified for the NCAA West Prelims for the second straight season, finishing 22nd overall.

2024 Indoors
Competed five times for the Cowboys during the indoor season in the Long Jump... Finished fifth in the LJ at the Arkansas Invitational with a leap of 7.22 meters... Earned another top-5 finish at the DeLoss Dodds Invitational with his third-place jump of 7.42 meters... Earned All-Big 12 honors for the second time in his career as he placed fifth with a jump of 7.51 at the Big 12 Indoor Championships.

2023 Outdoors
Appeared in six meets during his sophomore outdoor campaign... Anderson finished inside the top three at each of his first four meets, with a personal best at the time of 7.75 meters at the Jim Click Invitational in Arizona... At the Big 12 Outdoor Championships, he dropped another personal-best jump at 7.77 meters, leading to his first All-Big 12 honor as he finished second overall in the competition... Qualified for the NCAA West Prelims in the Long Jump.

2023 Indoors
Competed once during the indoor season in the Long Jump.

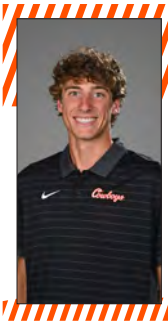
2022 Outdoors
Appeared at six meets for OSU in his first outdoor season in the Long Jump... Cracked the top 5 four times, including two runner-up finishes at the Sooner and John Jacobs Invitationals... Earned an 11th-place finish at the Big 12 Outdoor Championships.

2022 Indoors
Competed three times for the Cowboys in his freshman season... Set a personal best with his jump of 7.14 meters at the Arkansas Qualifier, putting him tenth in program history in the Long Jump.

High School
Attended Destiny Christian School in Del City, Oklahoma... Earned All-State honors in Football, Basketball and Track, where he finished as a national champion and two-time state champ.

Personal
Born July 24, 2003, in Oklahoma City, Oklahoma... Son of Stephen and Paula Anderson... Majoring in Mechanical Engineering... He also enjoys photography in his free time.

** - Wind-aided mark



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Tate Barr

Distance – RJr. | RJr. | RJr.
Lucas, Texas | Lovejoy HS

Personal Bests
1,500 Meters - 3:50.43
Mile - 4:05.53
3,000 Meters – 8:18.54
5,000 Meters - 14:49.37
Steeplechase - 9:14.95
5K (XC) – 15:42.8
8K (XC) – 25:53.7

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country Academic First Team All-Big 12
2024 Track & Field Academic First Team All-Big 12
2023 Cross Country Academic First Team All-Big 12

2025 Outdoors
Earned runner-up finishes in back-to-back meets in the Steeplechase at the Arkansas Spring and John McDonnell Invitationals... Set a new personal best in the 1,500 Meters of 3:50.43 at the Arkansas Twilight.

2025 Indoors
Set his personal best in the Mile of 4:05.53 at the Razorback Invitational... Followed up that performance with another personal best in the 3,000 Meters of 8:18.54 at the Tyson Invitational.

2024 Cross Country
Competed twice during the cross country season, setting new 5K and 8K personal bests at the Cowboy Preview and Cowboy Jamboree, respectively.

2024 Outdoors
Opened his freshman outdoor season with a third-place finish in the 1,500 Meters... Set a new personal best in the 5,000 Meters of 14:49.37 at the John Jacobs Invitational... At the Big 12 Outdoor Championships, Barr placed 12th overall in the Steeplechase.

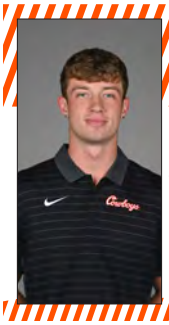
2023 Cross Country
Ran at the Cowboy Preview and Cowboy Jamboree... Placed 38th at the Cowboy Preview with a personal-best 5K time on the grass of 16:30.9... Clocked a time of 26:59 in the 8K at the Jamboree.

2023 Indoors
Competed at the Razorback Invitational in the Mile, running 4:16.61.

2022 Cross Country
Ran unattached in the Cowboy Jamboree and the Weis-Crockett Invitational, finishing the 8K race in 26:29.6 and 26:39.1, respectively.

High School
Attended Lovejoy High School in Lucas, Texas... Lettered two years in track and field and cross country.

Personal
Son of John and Laura Barr... Born March 2, 2004... Majoring in mechanical engineering... Enjoys fishing.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Kade Benjamin

Jumps – – | Jr. | Jr.
New London, Iowa I New London HS

Personal Bests
High Jump – 2.15m/7-0.5

Honors and Awards
2025 Track & Field USTFCCCA All-Academic
2025 Track & Field Academic First Team All-Big 12
2025 Outdoor All-Big 12 – High Jump (4th)
2025 Indoor All-Big 12 – High Jump (4th)
2024 Track & Field Academic First Team All-Big 12

2025 Outdoors
Opened his outdoor campaign with a second-place finish at the Clyde Hart Classic after clearing 2.06 meters... Scored nine vital team points at the Oregon Team Invitational as he once again earned a runner-up finish... Had a massive performance at the Big 12 Outdoor Championships, clearing back-to-back personal bests, finishing with a massive PR of 2.15 meters to place fourth overall and punch his ticket to the NCAA West Prelims... Placed 22nd in the West Region in his first appearance.

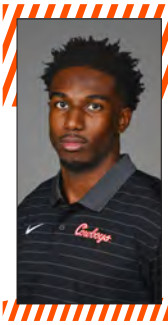
2025 Indoors
Competed five times indoors, setting multiple new personal bests along the way... Set an indoor PR in the High Jump at the Arkansas Qualifier, clearing 2.06 meters for a third-place finish... At the Big 12 Indoor Championships, Benjamin earned All-Big 12 honors for the first time with his fourth-place finish overall, helping the Cowboy secure second in the team race with just two events remaining.

2024 Outdoors
Kicked off his freshman outdoor season with a fourth-place finish in the High Jump at the Shocker Spring Invitational... Finished with a season-best jump of 2.00 meters at the John Jacobs Invitational.

2024 Indoors
Established himself as one of the best High Jumpers in program history in just his freshman season... In his second career meet, Benjamin cleared 2.05 meters in the High Jump, moving him up to eighth in school history in the event.

High School
Attended New London High School in New London, Iowa... Won two state championships in the High Jump and finished as an All-State honoree in the High Jump and the 4x800 Meter Relay... Also played basketball in high school, earning All-Conference honors.

Personal
Born September 3, 2004, in Cedar Rapids, Iowa... Son of January and Luke Benjamin... Majoring in Business Finance.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Will Bynum

Sprints – – | So. | So.
Frisco, Texas I Lone Star HS

Personal Bests
400 Meters – 46.72
600 Yards – 1:09.78
600 Meters – 1:19.46

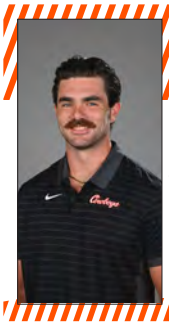
Honors and Awards
2025 Outdoor All-Big 12 – 4x400 Meter Relay (4th)
2025 Indoor All-Big 12 – 4x400 Meter Relay (6th)

2025 Outdoors
Competes at six meets during his freshman outdoor campaign... Helped the Cowboys score four team points at the Oregon Team Invitational in the 4x400 Meter Relay as they finished second... Earned his second career All-Big 12 honor in the 4x400 Meters as the Cowboys clocked the second-fastest time in program history with their time of 3:05.31.

2025 Indoors
Opened his Cowboy career with a pair of personal bests in the 600 Meters and 600 Yards at back-to-back meets, clocking times of 1:19.46 and 1:09.78 at the Arkansas Invitational and DeLoss Dodds Invitational, respectively... Earned All-Big 12 honors as a member of the Cowboy 4x400 Meter Relay squad that took home sixth overall.

High School
Attended Lone Star High School in Frisco, Texas... Lettered in track, football and soccer... Was a two-time state medalist and three-time state qualifier

Personal
Born June 29, 2006, in Plano, Texas... Son of Eugene and Buffy Bynum... Has one sibling: Genevieve... Majoring in Construction Management.



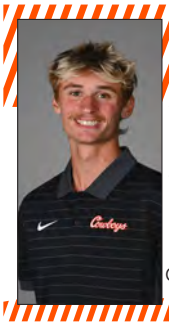
OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Nate Collier

Throws – – | RSr. | RSr.
Delaware, Oklahoma | Kansas State

Personal Bests
Shot Put – 17.44m/57-2.75
Discus Throw – 58.05m/190-5

Prior to OSU
Transferred from Kansas State and Abilene Christian, where he was an All-Big 12 and All-WAC honoree in the Discus and Shot Put... Qualified for the NCAA West Prelims in the Discus.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Will Conway

Distance – RFr. | So. | So.
Charlestown, Indiana I Floyd Central HS

Personal Bests
1,000 Meters – 2:30.53
1,500 Meters – 3:55.60
Mile – 4:06.60
3,000 Meters – 8:05.55
5,000 Meters – 14:09.48

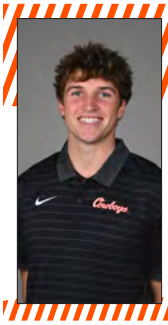
2025 Outdoors
Ran at Stanford twice to open his outdoor campaign in the 5,000 Meters, setting his personal best of 14:09.48 at the Payton Jordan Invitational... Competed at the Big 12 Outdoor Championships in the 5,000 Meters.

2025 Indoors
Competed three times during his freshman indoor season... Set new personal bests in the 1,000, Mile and 3,000 Meters at the Arkansas, Razorback and Tyson Invitationals, respectively.

High School
Attended Floyd Central High School in Floyd's Knobs, Ind... Lettered al four years in cross country and track and was a six-time conference champion

and All-State honoree... Was also a three-time All-American and NXN qualifier.

Personal
Born June 22, 2005, in Charlestown, Indiana... Son of Dana and Derick Conway... Brother, James Conway, currently wrestles at the University of Missouri... Majoring in Sport Management.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ben Currence

Sprints – – I Jr. I RSo.
Phoenix, Arizona I Sandra Day O'Connor HS

Personal Bests
400 Meter Hurdles – 51.73
600 Yards – 1:09.78
600 Meters – 1:20.46
800 Meters – 1:55.27

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Indoor Big 12 Champion - DMR
2024 Indoor All-Big 12 (4x400 Meter Relay, DMR)

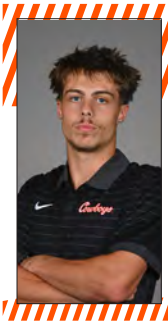
2025 Outdoors
Opened his outdoor campaign with back-to-back third-place finishes in the 400 Meter Hurdles at the John Jacobs Invitational... Ran back-to-back personal bests of 51.80 and 51.73 in the 400 Hurdles at the Oregon Open and Desert Heat Classic meets... Placed 16th at the Big 12 Outdoor Championships in the 400 Meter Hurdles.

2025 Indoor
Competed six times during the indoor season... Set a new personal best in the 800 Meters at the Tyson Invitational... Placed 18th at the Big 12 Championships in the 600 Yards.

2024 Indoors
Broke out as one of the best young sprinters in the Big 12 during his freshman season... Opened his career with a personal-best time of 1:20.46 in the 600 Meters at the Arkansas Invitational... At the Big 12 Championships, Currence ran as the 400 Meter leg of the DMR that won its fourth straight Big 12 title... Added another All-Big 12 honor as a member of the 4x400 Meter Relay and placed ninth in the 600 Yards.

High School
Attended Sandra Day O'Connor High School in Phoenix, Ariz... Earned All-Conference and All-Region honors as a football player... Earned three letters in both football and track.

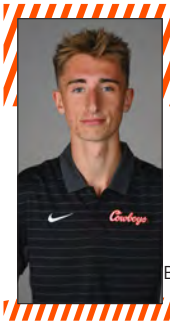
Personal
Born February 9, 2005, in Phoenix, Arizona... Son of Brad and Jenell Currence... Majoring in Business.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Noah Darnell

Sprints – - | Fr. | Fr.
Midwest City, Oklahoma | Carl Albert HS



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Jacob Deacon

Distance – RSo. | RSo. | RSo.
Billington, England I St. Augustine's RC HS

Personal Bests
Mile – 4:11.54
3,000 Meters – 8:03.83
5,000 Meters – 13:51.80
10,000 Meters – 30:15.57
5K (XC) – 15:29.7
8K (XC) – 23:47.4
10K (XC) – 30:17.3

International Competition
Represents his home country of Great Britain on the international stage... Placed 25th at the European U20 Cross Country Championships in Turin, Italy, helping Team GB win the team title... Ran at the World U20 Cross Country Championships in Bathurst Australia, placing 26th overall.

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country Academic First Team All-Big 12

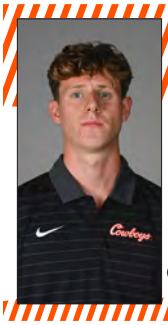
2025 Outdoors
Opened his outdoor season placing eighth at the Stanford Invitational in the 5,000 Meters... Set a new personal best in the 5K at the Payton Jordan Invitational three weeks later with his time of 13:51.80... Placed 10th overall in the 10,000 Meters at the Big 12 Championships.

2025 Indoors
Kicked off his freshman indoor campaign with a PR in the Mile before placing seventh in the 3,000 Meters at the Tyson Invitational... Shattered his PR in the 3K at the Arkansas Qualifier, clocking a time of 8:03.83 at the Arkansas Qualifier... Competed in the 3,000 and 5,000 Meters at the Big 12 Indoor Championships.

2024 Cross Country
Completed a solid freshman cross country season, running in a pair of postseason meets in the Big 12 Championships and NCAA Midwest Regionals, placing 33rd at the latter, which would have scored on every team in the region besides OSU and Iowa State.

High School
Attended St. Augustine's RC High School in Billington, England... Earned seven letters in high school and was the Northern Region and Lancashire Cross Country Champion.

Personal
Born January 31, 2005, in Blackburn, England... Son of Paul and Rachael Deacon... Competed in Rugby and Triathlons until the age of 14... Majoring in Exercise Science.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Henry Dover

Distance – RFr. | So. | So.
Colcester, England I Woodbridge School

Personal Bests
1,000 Meters – 2:26.42
1,500 Meters – 3:45.11
Mile – 4:07.05
3,000 Meters – 7:57.70
5,000 Meters – 13:36.29

International Competition
Competes internationally for his home nation of Great Britain... Competed in the 3,000 Meters at the 2024 World Athletics U20 Championships in Lima, Peru... Placed sixth overall at the 2023 U20 SPAR European Cross Country Championships in Brussels, Belgium.

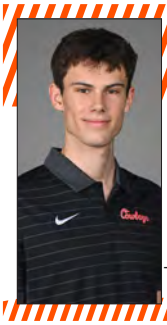
2025 Outdoors
Broke out during his inaugural outdoor campaign, clocking a huge personal best of 13:36.29 in the 5,000 Meters at the Payton Jordan Invitational, which ranked him tenth in program history outdoors... Qualified for the NCAA West Prelims in the 5K.

2025 Indoors
Competed four times during his impressive freshman indoor season... At the Tyson Invitational, Dover clocked a new personal best with his time of 7:57.70... Appeared at the Big 12 Indoor Championships in the 1,000 and 3,000 Meters.

High School
Attended Woodbridge School in Woodbridge,

Suffolk, England.

Personal
Born October 15, 2005, in Camden, England... Son of Tim and Paula Dover... Has one sibling, Hamish... Majoring in Applied Science Sport and Coaching.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

James Edmond

Distance – - | RJr. | Sr.
The Woodlands, Texas | The Woodlands HS

Personal Bests
800 Meters – 1:53.88
1,000 Meters – 2:35.09
Mile – 4:17.25

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Track & Field Academic First Team All-Big 12

2025 Outdoors
Competed four times outdoors, finishing with a season-best mark of 1:55.71 in the 800 Meters at the Arkansas Twilight.

2025 Indoors
Appeared at three meets during the indoor season, setting a new 800 Meter personal best of 1:53.88 at the DeLoss Dodds Invitational.

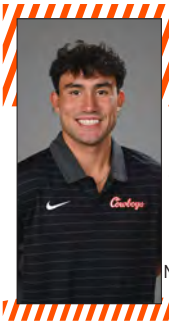
2024 Outdoors
Competed at three meets during the outdoor campaign... Set a new personal best in the 800 Meters at the Arkansas Twilight of 1:53.91 in May.

2023 Outdoors
Competed five times for the Cowboys outdoors... Ran a personal-best time of 1:55.08 in the 800 Meters at the Jim Click Shootout.

2023 Indoors
Appeared in four meets during his freshman indoor season across three separate events (800 Meters, 1,000 Meters and Mile).

High School
Attended The Woodlands High School in The Woodlands, Texas.

Personal
Son of Roderick and Catriona Edmond... Born July 12, 2004... Sibling to Alastair Edmond... Enjoys fishing, competitive rubix cube solving and yoga.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ayden Granados

Distance – RSo. I RSo. I Jr.
McAllen, Texas | McAllen Memorial HS

Personal Bests
800 Meters – 1:55.15
1,000 Meters – 2:26.42
1,500 Meters – 3:40.58
Mile – 4:00.40
3,000 Meters – 8:12.85
5,000 Meters – 13:42.32
5K (XC) – 15:26.9
8K (XC) – 24:49.5

2025 Outdoors
Once again had a career-best performance to open the outdoor season, winning his heat of the 5K with his time of 13:45.10, a nearly 20 second personal best... Three weeks later, Granados set another personal best in the 5,000 Meters with a mark of 13:42.32... Placed ninth at the Big 12 Outdoor Championships in the 1,500 Meters... Qualified for the NCAA West Prelims in the 1,500 Meters, advancing through one round.

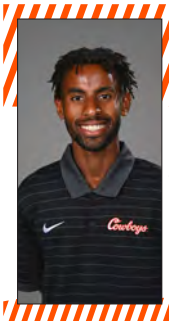
2025 Indoors
Kicked off his freshman indoor campaign with personal bests in the 800 Meters and 1,000 Meters at the Arkansas Invitational... Nearly cracked the four-minute barrier in the Mile at the Tyson Invitational, clocking a time of 4:00.40 for a sixth-place finish overall... Competed at the Big 12 Indoor Championships in the Mile and 3,000 Meters.

2024 Cross Country
Competed three times during his freshman cross country season... Was the highest Cowboy finisher at the Cowboy Preview with his 15th-place finish to open the season... Also added a 10th-place finish at the Weis-Crockett Invitational with his time of 24:49.5 to end the year.

2024 Outdoors
Opened his freshman outdoor campaign with an impressive third-place finish in the 5,000 Meters at the Stanford Invitational with a personal-best time of 14:03.90... Earned a third-place finish in the 1,500 Meters at the John McDonnell Invitational... Placed fourth in the 1,500 Meters at the Arkansas Qualifier with a personal-best mark of 3:40.58... Competed at the Big 12 Outdoor Championships in both the 1,500 Meters and 5,000 Meters... Qualified for the NCAA West Prelims in the 1,500 Meters.

High School
Attended McAllen Memorial High School in McAllen, Texas... Was a district, area and regional champion for two consecutive seasons... Also was a two-time national qualifier in cross country.... Lettered all four years in track & field and cross country.

Personal
Born in Corpus Christi, Texas... Majoring in Veterinary Science.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Adisu Guadie

Distance – Jr. I RSo. I Jr.
Tel-Aviv, Israel

Personal Bests
3,000 Meters – 7:59.07
5,000 Meters – 14:04.60
10,000 Meters – 28:10.06
8K (XC) – 23:34.2
10K (XC) – 29:27.8

Honors and Awards
2025 Track & Field USTFCCCA All-Academic
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country USTFCCCA All-Academic
2024 Cross Country All-Region – 12th
2024 USTFCCCA All-Academic
2024 Outdoor Honorable Mention All-American (10,000 Meters)
2024 Outdoor All-Big 12 – 10,000 Meters (3rd)
2023 Cross Country All-Region – 5th

International Competition
Competes internationally for his native country of Israel... Ran at the European 2022 U23 Cross Country Championships, earning a sixth-place finish overall... Placed 29th at the 2024 European Athletics Championships in the 10,000 Meters... Is the Israeli U18 record holder in the 3,000 and 10,000 Meters and is the U16 national record holder in the 1,500, 2,000 and 3,000 Meters.

2025 Outdoors
Competed three times during the outdoor season... Earned his NCAA Regional qualifying mark in the 10K at the Stanford Invitational with his time of 28:15.10... Placed ninth at the Big 12 Outdoor Championships in the 10K.

2025 Indoors
Clocked a new personal best in the 5,000 Meters at the Sharon Colyear-Danville Season Opener in Boston with his time of 14:04.60... Followed that performance with another PR in the 3,000 Meters of 7:59.07 at the Razorback Invitational... Competed at the Big 12 Championships in the 3,000 and 5,000 Meters.

2024 Cross Country

Competed at the NCAA Midwest Regionals and NCAA Cross Country Championships, earning All-Region honors for the second consecutive season with his 12th-place finish at the regional meet... Placed 110th at the NCAA Championships, finishing as OSU's fifth scorer on the day,

2024 Outdoors
Opened his freshman outdoor season with an incredible performance at the Stanford Invitational, clocking a lifetime best mark of 28:10.06 in the 10,000 Meters, which ranks fourth in program history... Placed third at the Big 12 Outdoor Championships in the 10K for his first All-Big 12 honor... Qualified for the NCAA West Prelims in the 10K, punching his ticket to nationals with a tenth-place finish at the regional meet... Competed at the NCAA Outdoor Championships in the 10,000 Meters, finishing 22nd.

2023 Cross Country
Debuted for the Cowboys at the Big 12 Cross Country Championships, placing 22nd overall with an 8K personal best of 23:34.2... Earned All-Region honors at the NCAA Midwest Regionals, finishing fifth on the way to helping the Cowboys break the meet record with just 19 points... Competed at the NCAA Cross Country Championships, finishing 50th overall as the Cowboys won their fifth NCAA team title.

Personal
Born September 11, 2002, in Ethiopia... Is currently undecided on a major.

Adisu Guadie

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Hamish Hart

Distance – RSo. I RFr. I RSo.
Sydney, Australia I Knox Grammar School

Personal Bests
1,000 Meters – 2:33.82
1,500 Meters – 3:53.95
3,000 Meters – 8:14.04
5,000 Meters – 14:16.81
5K (XC) – 15:56.9
8K (XC) – 23:50.4

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country Academic First Team All-Big 12

2025 Outdoors
Ran at the Stanford Invitational, clocking a time of 14:47.74 in the 5,000 Meters.

2025 Indoors
Competed twice indoors, setting new personal bests in the 1,000 and 3,000 Meters at the Arkansas and Tyson Invitationals, respectively.

2024 Cross Country
Appeared at four meets including the Big 12 Championships... Placed ninth at the Weis-Crockett Invitational with his time of 24:44.5... Ran a new personal-best 8K time of 23:50.4 at the Big 12 Cross Country Championships.

2024 Outdoors
Competed four times for the Cowboys during his freshman outdoor season... Set his personal best in the 5,000 Meters with his time of 14:16.81 at the Stanford Invitational to open the season... Ran his personal best of 3:53.95 in the 1,500 Meters at the Arkansas Twilight to wrap up the regular season... Competed at the Big 12 Outdoor Championships in the 5K.

High School
Attended Knox Grammar School in Sydney, Australia... Won the gold medal at the New South Wales Junior Championships in the 3,000 Meters... Also won the NSW Short Course U20 Championships gold medal... Played Australian Rules Football and Cricket and competed in Triathlons for three years, earning a silver medal at the NSW Junior All-Schools Championships.

Personal
Born April 24, 2004, in Wagga Wagga, Australia... Son of Jenny and Anthony Hart... Has two siblings, Lachlan and Ethan... Majoring in International Business.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ashdyn Kahouch

Sprints – – | So. | So.
Frisco, Texas | Justin Wakeland HS

Personal Bests
400 Meter Hurdles – 53.19
600 Yards – 1:11.92
800 Meters – 2:02.98

2025 Outdoors
Appeared at three meets outdoors in the 400 Meter Hurdles... Set his personal best of 53.19 at the John McDonnell Invitational.

2025 Indoors
Competed four times during the indoor season... Set new personal bests in the 800 Meters and 600 Yards.

High School
Attended Justin Wakeland HS in Frisco, Texas... Lettered all four years in track and football... Was two-time All-American in the 400 Meter Hurdles and was a state qualifier and two-time All-District.

Personal
Born July 25, 2005, in Irvine, Calif... Son of Rani and Kristine Kahouch... Has three siblings: Aidyn, Ausdyn and Addisyn... Majoring in Applied Exercise Science.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ian Kemey

Distance – RFr. I RSo. I RSo.
Columbia, Missouri I Rock Bridge HS

Personal Bests
1,500 Meters – 3:51.62
3,000 Meters – 8:47.11
5,000 Meters – 14:33.84
5K (XC) – 15:36.6
8K (XC) – 26:25.3

2025 Indoors
Set his personal best in the 3,000 Meters of 8:47.11 at the Razorback Invitational.

2024 Cross Country
Competed twice during the cross country season...

Was the Cowboys' fourth finisher at the Cowboy Preview and set a new 8K personal best at the Cowboy Jamboree.

2024 Outdoors
Appeared at four meets for the Cowboys during his freshman season... Set his personal best in the 5K in his first meet with his time of 14:33.84 at the Stanford Invitational... Set another personal best one month later in the 1,500 Meters of 3:51.62 at the John McDonnell Invitational... Competed at the Big 12 Outdoor Championships in the 5K.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Laban Kipkemboi

Distance – RSo. I Jr. I RSo.
Eldoret, Kenya

Personal Bests
800 Meters – 1:48.54
1,500 Meters – 3:40.37
Mile – 3:53.29
3,000 Meters – 7:59.29
8K (XC) – 22:58.0
10K (XC) – 29:06.3

Honors and Awards
2025 Indoor Second Team All-American – Mile (12th)
2025 Indoor Big 12 Champion – Mile
2025 Indoor Big 12 Champion – DMR
2025 Indoor All-Big 12 – Mile, DMR (1st)
2024 Cross Country All-Region – 2nd
2024 Indoor Big 12 Champion - DMR
2024 Indoor All-Big 12 (Mile, DMR)

2025 Outdoors
Opened his outdoor career with a third-place finish in the 800 Meters at the Oregon Open... Scored six points for the Cowboys in the 1,500 Meters at the Oregon Team Invitational with his fifth-place finish... Competed at both the Big 12 Outdoor Championships and NCAA West Prelims in the 1,500 Meters.

2025 Indoors
Continued his upward trajectory to the indoor season, opening up with a personal best in the Mile of 3:54.73, which was the school record at the time... Set his indoor PR of 1:48.54 in the 800 Meters at the Razorback Invitational... Took second at the Tyson Invitational in the Mile before exploding to a 3:53.29 Mile at the Arkansas Qualifier for the meet victory, which qualified him for the NCAA Championships... Won his second and third Big 12 titles in the Mile and DMR, helping the Cowboys secure a second-place finish at the conference meet as a team... Earned second team All-America honors in the Mile with his time of 3:58.72.

2024 Cross Country
Had a massive season opener at the Cowboy Jamboree, placing third overall behind only national champions Brian Musau and Habtom Samuel... Followed up that performance with a runner-up finish at the Weis-Crockett Invitational... Placed 19th at the Big 12 Championships as the Cowboys' fifth-place scorer... Earned All-Region honors with his second-place finish at the NCAA Midwest Regional, helping the Cowboys win the region for the second consecutive season... Was the Cowboys' fourth scorer at the NCAA Championships with his 107th-place finish.

2024 Indoors
Opened his Cowboy career at the Arkansas Invitational, clocking a time of 4:03.32 in the Mile for a fifth-place finish overall... Dropped an impressive mark of 3:56.04 in the Mile two weeks later at the Razorback Invitational for a second-place finish behind teammate Brian Musau... Set his personal best 3K time of 7:59.29 at the Eagle Elite Invitational in Boston... Won his first Big 12 Championship as a member of the Cowboy Distance Medley Relay and the 800 meter leg... Picked up another All-Big 12 honor in the Mile with his third-place finish.

Laban Kipkemboi

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Denis Kipngetich

Distance – Jr. I Jr. I Jr.
Kapsabet, Kenya

Personal Bests
1,500 Meters – 3:43.39
Mile – 4:00.50
3,000 Meters – 7:42.04
5,000 Meters – 13:13.71
10,000 Meters – 27:20.10**
8K (XC) – 22:29.2
10K (XC) – 28:51.5

Honors and Awards
2025 Outdoor Second Team All-American – 10,000 Meters (9th)
2025 Outdoor All-Big 12 (5,000 & 10,000 Meters)
2025 Indoor First Team All-American - 5,000 Meters (5th)
2025 Indoor All-Big 12 (5,000 Meters)
2024 Cross Country All-American – 11th
2024 Cross Country NCAA Midwest Regional Champion
2024 Cross Country All-Region – 1st
2024 Cross Country All-Big 12 – 6th
2024 Cross Country Weis-Crockett Invitational Champion
2024 Outdoor First Team All-American – 10,000 Meters (3rd)
2024 Outdoor All-Big 12 (5,000 Meters)
2024 Indoor Second Team All-American - 5,000 Meters (13th)
2024 Indoor All-Big 12 (5,000 Meters)
2023 Cross Country USTFCCCA Midwest Region Athlete of the Year
2023 Cross Country All-American - 4th
2023 Cross Country NCAA Midwest Regional Champion
2023 Cross Country All-Region
2023 Cross Country All-Big 12
2023 Cross Country Big 12 Runner of the Week (Sept. 23)

International Competition
Competed for his native country of Kenya on the international stage... Placed third at the 2023 Kenyan Senior Cross Country Championships.

2025 Outdoors
Opened his outdoor campaign at The TEN, storming to a nearly one minute personal best in the 10,000 Meters, clocking a time of 27:20.10, which broke the school record by almost 20 seconds overall... Got his NCAA regional qualifier in the 10K by winning the Payton Jordan Invitational by over 15 seconds with his time of 28:05.22... Ran a personal best in the 1,500 Meters of 3:43.39 at the Arkansas Twilight...

Earned a pair of All-Big 12 honors in the 5K and 10K at the Big 12 Championships... Qualified through to the NCAA Championships with an easy fourth-place finish at the NCAA West Prelims... Earned second team All-America honors in the 10,000 Meters with his ninth-place finish overall.

2025 Indoors
Fired off an impressive season opener, clocking a new personal best time of 13:18.33 in the 5,000 Meters at the Sharon Colyear-Danvlle Season Opener, which moved him up to third in program history... Nearly broke four minutes in the Mile for the first time with his mark of 4:00.50 at the Razorback Invitational... Won the Tyson Invitational in the 3,000 Meters with a personal best of 7:42.04, which ranked fourth in program history... Earned All-Big 12 honors with his runner-up performance in the 5,000 Meters at the Big 12 Indoor Championships... Had a career-best indoor run at the NCAA Indoor Championships, clocking a huge personal best of 13:13.71 to finish fifth overall and earn first team All-America honors.

2024 Cross Country
Once again proved one of the best distance talents in the NCAA on the grass during the 2024 season... Opened with a fourth-place finish at the Cowboy Jamboree with his 8K time of 23:21.0, finishing behind a pair of NCAA champions and teammate Laban Kipkemboi... Won the Weis-Crockett Invitational as the Cowboys finished with 18 points as a team... Earned All-Big 12 honors with a sixth-place finish overall, clocking an 8K personal best of 22:29.2 at the Big 12 Championships... Won the NCAA Midwest Regional for the second consecutive season as the Cowboys stormed to an 18-point victory over No. 3 Iowa State... Placed 11th at the NCAA Cross Country Championships, earning All-America honors for the second time.

2024 Outdoors
Continued his dominant campaign outdoors, kicking off his season with a time of 28:12.88 in the 10,000 Meters... Earned All-Big 12 honors once again in the 5,000 Meters as he placed third overall with a time of 13:38.84... Qualified for the NCAA West Prelims in the 10,000 Meters, narrowly missing out on the regional title as he finished second behind New Mexico's Habtom Samuel with a time of 28:27.68... At the NCAA Outdoor Championships, Kipngetich placed third behind Samuel and Alabama's Victor Kiprop in the 10K to earn first team All-America honors for the first time on the track... His time of 28:10.25 at the NCAA Championships ranks fifth in program history in the event.

2024 Indoors
Opened his season with an impressive performance at the Sharon Colyear-Danville Season Opener in Boston, clocking a personal-best 5K time of 13:26.34, which ranked third in program history... Took second behind teammate Alex Maier in the 3K at the Eagle Elite Invitational in Boston with his time of 7:44.78, which was fifth in program history... Earned All-Big 12 Honors in the 5,000 Meters with a third-place finish overall... Qualified for the NCAA Indoor Championships in the 5K, earning second team All-America honors with a 13th-place finish.

2023 Cross Country
Immediately established himself as one of the best long-distance runners in the NCAA in his first season with the Cowboys... Won his first career cross country meet at the Cowboy Jamboree, clocking a time of 23:21.5 for a 20 second victory, which is the sixth-fastest 8K time in the history of the Greiner Family OSU Cross Country Course... For his performance, Kipngetich was named Big 12 Runner of the Week (Sept. 23)... Earned All-Big 12 honors with his 14th-place finish at the Big 12 Cross Country Championships as the Cowboys brought home their fourth straight conference title... Once again dominated the field at the NCAA Midwest Regionals, defeating the rest of the pack by 10 seconds on his way to the regional individual title and second meet victory of the season... Carried his momentum straight into the NCAA Cross Country Championships, finishing fourth at the national meet, which was tied for the second-highest finish by a Cowboy at the men's championships... His fourth-place finish boosted the Cowboys to their fifth NCAA title in program history with the fourth-lowest score by any team in the NCAA since 2000 with 49.

** - School Record Entering 2025-26

Denis Kipngetich

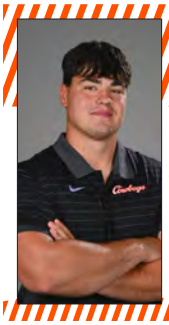
OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Pradeep Kumar

Distance – – | So. | Jr.
Chennai, India | Nebraska

Personal Bests
400 Meters – 47.46
600 Meters – 1:17.71
800 Meters – 1:47.59

Prior to OSU
Transferred to Oklahoma State from Nebraska, where he was an NCAA West Prelim qualifier as a freshman in the 800 Meters.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Michael Lunsford

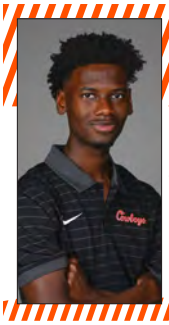
Throws – – | So. | So.
Culloden, West Virginia | Ohio State

Personal Bests
Shot Put – 16.50m/54-1.75
Weight Throw – 14.79m/48-6.25

Prior to OSU
Transferred to Oklahoma State from Ohio State, where he had four of the Buckeye's top ten performances in the Shot Put in 2025.

High School
Gatorade Player of the Year his senior year, breaking the state record in the Shot Put for Cabell Midland High School.

Personal
Son of Michael Lunsford and Keitina Donahue-Lunsford... Dad played football for Marshall University... Majoring in Sports Industry.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Hafez Mahadi

Distance – - I RSr. I RSr.
Doha, Qatar

Personal Bests
600 Meters – 1:17.12
800 Meters – 1:46.65
1,000 Meters – 2:23.20
1,500 Meters – 3:54.18

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2025 Outdoor All-Big 12 – 800 Meters (5th)
2025 Indoor All-Big 12 – 800 Meters (5th)
2024 Track & Field Academic Second Team All-Big 12
2024 Indoor All-Big 12 (800 Meters)
2023 Academic First Team All-Big 12

2025 Outdoors
Earned a runner-up finish to open his campaign at the Arkansas Spring Invitational with a new PR of 1:47.23... At the Big 12 Outdoor Championships, Mahadi became just the second Cowboy in program history to break the 1:47 barrier as he clocked a time of 1:46.65 in the final to once again earn All-Big 12 honors... Qualified for the NCAA West Prelims, advancing to the second round.

2025 Indoors
Opened his indoor season with a bang, clocking a new personal best in the 600 Meters of 1:17.12 which moved him up to second in program history in the event... Ran an indoor PR of 1:47.32 in the 800 Meters at the Tyson Invitational, briefly breaking the school record before teammate Mehdi Yanouri re-broke it in the next heat... Earned All-Big 12 honors in the 800 Meters with his fifth-place finish at the conference meet.

2024 Outdoors
Competed at four meets during the outdoor season... At the Big 12 Outdoor Championships, Mahadi finished tenth overall with his time of 1:48.61 in the 800 Meters... Qualified for the NCAA West Prelims in the 800 Meters, clocking a season-best time of 1:48.16 in the first round.

2024 Indoors
Kicked off his season with an impressive performance in the 1,000 Meters, clocking a time of 2:23.20 at the Arkansas Invitational, which ranks ninth in program history... Earned All-Big 12 honors in the 800 Meters with his time of 1:49.49 in the final.

2023 Outdoors
Competed in six meets during his freshman outdoor campaign in the 800 Meters... Started off his season at the Texas Relays, going 1:48.53 for an eighth-place finish... Helped the Cowboys finish fifth overall in the 4x800 Meter Relay, running 7:15.13... At the Big 12 Outdoor Championships, Mahadi narrowly missed out on his first All-Big 12 honor, finishing ninth in the 800 Meters with his time of 1:49.68... Qualified for the NCAA West Prelims, making the semifinals.

2023 Indoors
Had a wildly successful freshman indoor season as a middle-distance runner... At his second career meet, he set the school record in the 800 Meters, going 1:48.25 at the Tyson Invitational... One week later, he helped the Cowboy Distance Medley squad break the indoor collegiate and world record in the event by three seconds as they ran 9:16.40... Competed at his first Big 12 Championships, placing ninth overall with his time of 1:50.20 in the 800 Meters.

High School
Attended Aspire Academy in Al Rayyan, Qatar as a middle-distance runner... Ran personal bests of 48.96 in the 400 Meters and 1:48.41 in the 800 Meters.

Personal
Son of Madani Mahadi and Bakhita Suleiman... Born Oct. 17, 2002, in Doha, Qatar... Brother of Kamal and Nasser... Majoring in Exercise Science.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Riley McGowan

Sprints – – | Sr. | RJr.
Lucas, Texas | Lovejoy HS

Personal Bests
600 Yards – 1:11.44
600 Meters – 1:19.36
800 Meters – 1:52.05

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Track & Field Academic First Team All-Big 12

2025 Outdoors
Competed twice outdoors, setting a new personal best in the 800 Meters of 1:52.05 at the Arkansas Twilight before competing at the Big 12 Outdoor Championships.

2025 Indoors
Appeared in four meets indoors... Opened with a new PR in the 600 Meters of 1:19.36 at the Arkansas Invitational, which moved him up to ninth in program history... Earned a seventh-place finish at the DeLoss Dodds Invitational in the 600 Yards.

2024 Indoors
Competed six times during the indoor season... Opened up with a personal best in the 600 Meters, clocking a time of 1:20.35, which ranks tenth in program history... Set another personal best at the DeLoss Dodds Invitational with a time of 1:11.44 in the 600 Yards... Placed 14th overall at the Big 12 Indoor Championships in the 800 Meters.

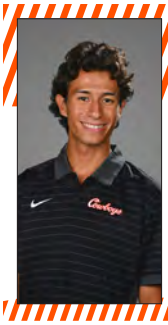
2023 Outdoors
Appeared at four meets during the outdoor season in the 800 Meters and 4x400 Meter Relay... Earned a pair of top-10 finishes at the Jim Click Shootout with times of 1:54.60 in the 800 and 3:12.95 in the 4x4... In his final meet of the season, he ran an outdoor personal best in the 800, finishing in 1:54.27.

2023 Indoors
Competed in four indoor meets during his inaugural indoor campaign across three middle-distance events... Finished 14th overall in his first individual event, running a personal-best time of 1:21.41 in the 600 Meters.... Set another personal best in his second meet, clocking a time of 1:12.57 in the 600 Yards at the Red Raider Open... Wrapped up his season with a personal best in the 800 Meters, finishing in 1:53.63 for an 11th-place finish overall.

High School
Attended Lovejoy High School in Lucas, Texas... Lettered three years in cross country and track and field... Was an All-State athlete in track and cross country... Also lettered four years in swim and dive.

Personal
Son of Barry and Stephanie McGowan... Born August 23, 2003... Sibling to Evie and Livi McGowan... Majoring in biomedical sciences.

Hafez Mahadi



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Jerry Mendez

Distance – RSo. I RSo. I Jr.
Klein, Texas I Klein HS

Personal Bests
800 Meters – 1:58.27
1,000 Meters – 2:28.08
1,500 Meters – 3:51.91
Mile – 4:18.46
5,000 Meters – 14:43.40

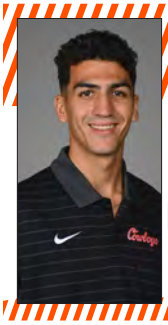
2025 Outdoors
Competed three times in the 1,500 Meters, clocking a new personal best of 3:51.91 at the John McDonnell Invitational.

2025 Indoors
Ran three times indoors, setting new personal bests in the 800 Meters, 1,000 Meters and Mile.

2024 Outdoors
Competed once during the outdoor season, clocking a time of 14:42.40 in the 5K.

High School
Attended Klein High School in Klein, Texas... Lettered all four years in cross country, finishing fourth in the state in the 1,600 Meters as a junior.

Personal
Born October 16, 2004, in Spring, Texas... Majoring in Psychology,



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Fouad Messaoudi

Distance – Sr. I - I -
Oujda, Morocco

Personal Bests
800 Meters – 1:48.76
1,500 Meters - 3:33.93**
Mile - 3:52.66**
3,000 Meters – 7:41.63
5,000 Meters – 13:25.48
8K (XC) – 23:00.4
10K (XC) – 29:10.8

Honors and Awards
2025 Track & Field USTFCCCA All-Academic
2025 Track & Field Academic First Team All-Big 12
2025 Outdoor World Athletics Championship Qualifier – 1,500 Meters
2025 Outdoor First Team All-American – 5,000 Meters (8th)
2025 Outdoor Big 12 Champion – 1,500 Meters
2025 Outdoor All-Big 12 – 1,500 Meters (1st)
2025 Indoor First Team All-American – Mile (4th)
2025 Indoor Big 12 Champion - DMR
2025 Indoor All-Big 12 – DMR, Mile (1st, 2nd)
2024 Track & Field Academic Second Team All-Big 12
2023 Cross Country Academic First Team All-Big 12
2024 Outdoor All-Big 12 (5,000 Meters)
2023 Cross Country All-American – 10th
2023 Cross Country All-Region
2023 Cross Country All-Big 12
2023 Academic First Team All-Big 12
2023 Outdoor Academic All-District
2023 Outdoor CSC Academic Third Team All-American
2023 Bowerman Watch List Member
2023 Outdoor Second Team All-American – 1,500 Meters (9th)
2023 Outdoor Big 12 Champion – 1,500 Meters
2023 Outdoor All-Big 12 (1,500 Meters)
2023 NCAA Indoor National Champion – DMR, 3,000 Meters
2023 Indoor All-American – DMR (1st), 3,000 Meters (1st)
2023 Indoor Big 12 Champion – DMR, Mile
2023 Indoor All-Big 12 (DMR, Mile, 3,000 Meters)
2022 Cross Country Academic All-American
2022 Big 12 Men's Cross Country Newcomer of the Year
2022 Cross Country All-American – 12th
2022 Cross Country All-Big 12
2022 Outdoor All-Big 12 (1,500 Meters)
2022 Outdoor Big 12 Champion – 1,500 Meters
2022 Indoor NCAA First-Team All-American (DMR)
2022 Indoor All-Big 12 (Mile)

2025 Outdoors
Continued his momentum into the outdoor season, winning a professional meet at The TEN in California, defeating several former NCAA All-Americans and Olympians... He then won the 1,500 at the Oregon Open with his time of 3:36.85 before returning the next day and breaking his 5K personal best with his time of 13:28.17, which moved him up to sixth in program history and earning 10 team points for the Cowboys at the Oregon Team Invitational... Messaoudi won his fourth consecutive race at the Arkansas Twilight, breaking his own school record in the 1,500 Meters with his time of 3:34.34, which also broke the meet and stadium record, which had previously stood for nearly 37 years... At the Big 12 Outdoor Championships, Messaoudi proved why he's one of the greatest middle-distance runners in conference history, becoming the second man in conference history to win three conference titles in the 1,500 Meters, doing so in 2022, 2023 and 2025... By winning his prelim and final, Messaoudi won his first six races of the outdoor season between the 1,500 and 5,000 Meters... Qualified for the NCAA West Prelims in the 1,500 and 5,000 Meters, opting for the 5K... Earned first team All-America honors in the 5K with a personal-best time of 13:25.48, moving him up to fourth in program history, behind national champions Brian Musau and German Fernandez, as well as Olympian Tom Farrell... Following the NCAA season, Messaoudi would again break the school record in the 1,500 Meters at the Portland Track Fest, winning the meet with a time of 3:33.93... Took third at the Moroccan Championships in the 1,500 Meters, which qualified him to the World Athletics Championships... At the World Championships, Messaoudi placed tenth in his heat in his first appearance on the world stage.

2025 Indoors
Kicked off his senior indoor season with a scorching performance at the Razorback Invitational, shattering the school record in the Mile with his time of 3:52.66, which was seventh in NCAA history at the time... At the Big 12 Indoor Championships, Messaoudi won his fifth Big 12 title as a member of the Cowboy DMR and finished second in the Mile behind teammate Laban Kipkemboi, helping the Cowboys finish second as a team... Earned first team All-America honors with his fourth-place finish in the Mile, helping the Cowboys earn fifth place as a team.

2024 Cross Country
Competed three times during the cross country season, opening the season with a fourth-place finish at the Weis-Crockett Invitational, helping the Cowboys win with 18 points overall... Competed at the Big 12 and NCAA Championships.

2024 Outdoors
Opened his outdoor campaign with an impressive performance at the Bryan Clay Invitational, clocking a time of 3:36.08 in the 1,500 Meters... Won the John McDonnel Invitational in the 1,500 with a time of 3:37.33... Dropped down to the 800 Meters at the Arkansas Twilight, running a time of 1:48.76, which ranks tenth in program history... Earned All-Big 12 honors in the 5K with his seventh-place finish overall... Qualified for the NCAA West Prelims, advancing through to the Quarterfinal round.

2024 Indoors
Placed 14th overall at the Big 12 Championships in the 3K.

2023 Cross Country
Once again proved to be one of OSU's most valuable scorers on the cross country circuit... Opened his season at the Big 12 Cross Country Championships, placing fifth overall as OSU's third scorer overall, helping the Cowboys secure their fourth straight Big 12 title on the grass... His 8K time of 23:00.4 at the Big 12 Championships was the fourth-fastest time in program history on the grass... Completed just his second competitive 10K in the orange and black at the NCAA Midwest Regionals, taking third overall as the Cowboys finished 1-2-3 on their way to a region-record 19 points... At the NCAA Cross Country Championships, Messaoudi improved upon his 2022 performance, once again earning All-America honors with his 10th-place

finish overall, boosting the Cowboys to their fifth NCAA title in cross country as the third scorer overall for the Pokes.

2023 Outdoors
After his dominant indoor season, Messaoudi would continue his impressive form outdoors... At the Bryan Clay Invitational in California, he set a new school record in the 1,500 Meters with his time of 3:35.16, which was the fourth-fastest time in NCAA history... Following that performance, Messaoudi was named to the Bowerman Watch List, which is awarded yearly to the NCAA's top track & field athlete... At the Big 12 Outdoor Championships, he defended his title in the 1,500 Meters, taking down several more All-Americans with his time of 3:36.59 and breaking the championship record by over four seconds... Qualified for the NCAA Championships with a third-place performance at the NCAA West Prelims... Earned second team All-America honors in the 1,500 Meters at the NCAA Championships in Austin, Texas.

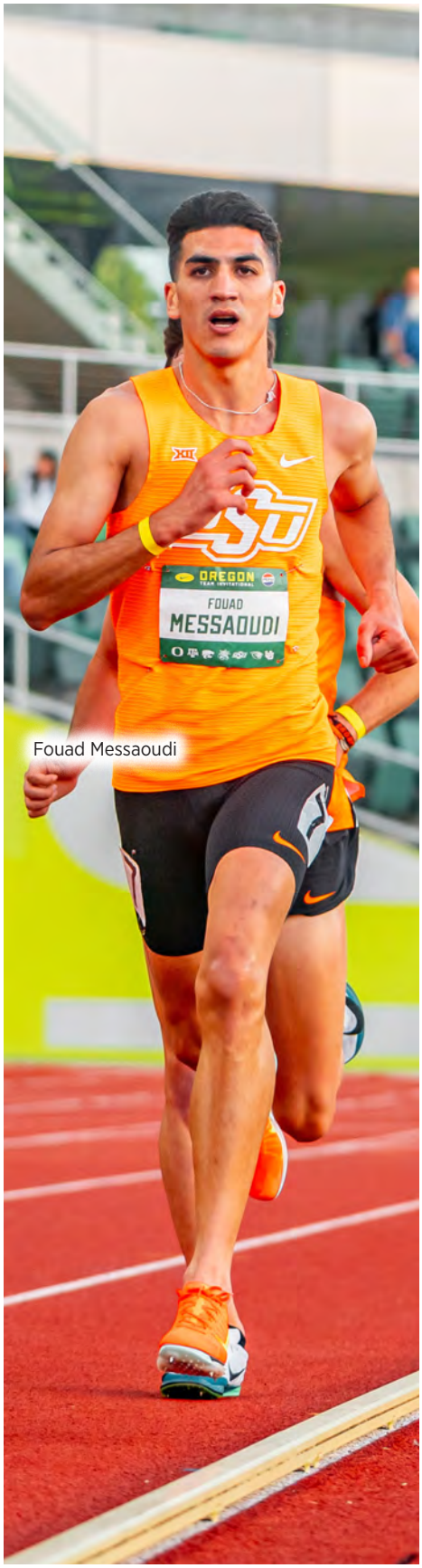
2023 Indoors
Established himself as one of the NCAA's most dominant athletes during his sophomore indoor campaign, winning nine of the ten races he entered, with his only defeat coming at the hands of his teammate... Kicked off his season with a victory in the 3,000 Meters at the Boston University Sharon Colyear-Danville Season Opener, defeating a pair of All-Americans and a future national champion in BYU's Kenneth Rooks... At the Razorback Invitational, Messaoudi broke German Fernandez' 14-year-old school record in the indoor Mile with his time of 3:54.98 to go along with his third victory of the season as the leadoff leg of the Cowboy DMR... Two weeks later, he broke his second school record of the season, breaking teammate Alex Maier's 3K school record with his time of 7:41.63, which is also the eighth-fastest all-conditions time in NCAA history... Following that performance, Messaoudi once again led the Cowboy DMR to a meet victory at the Arkansas Qualifier with their time of 9:16.40, which set a new indoor world, NCAA and school record by over three seconds as they defeated Washington at the line... At the Big 12 Indoor Championships, he took home a pair of Big 12 titles in the Mile and DMR and finished third in the 3K to give him 18.5 points overall, which helped the Cowboys take home second place in the team race... Messaoudi then delivered one of the best individual performance in OSU Athletics history at the NCAA Indoor Championships, leading off the Cowboy DMR squad that took home the Cowboys' first NCAA Indoor title since 1986 by almost three seconds, with Messaoudi setting the tone with a massive first leg lead the Cowboys would not relinquish... He followed up his dominant first-day performance on day two, winning his second NCAA title of the weekend in the 3,000 Meters with a time of 7:48.10, defeating a field that included a pair of NCAA Champions and a slew of All-Americans... He was also the only male athlete to win multiple NCAA titles at the 2023 NCAA Indoor Championships.

2022 Cross Country
Earned Big 12 Newcomer of the Year as he quickly established himself as one of OSU's top distance runners in his first two cross country appearances in the orange and black... Opened at the Big 12 Championships with a sixth-place finish in the 8K, where he garnered All-Big 12 recognition for the first time... He was one of five Cowboys to place in the top 10 in the competition... In his first career 10K at the NCAA Cross Country Championships, Messaoudi finished 12th as he crossed the finish line in 29:10.8, the fifth-fastest in OSU history, and was the winner of his head-to-head tiebreaker... Named an All-American for the first time in cross country, and the second time in his career spanning across indoor track & field.

2022 Outdoors
Proved himself to be one of the best middle-distance runners in the country during his freshman outdoor season... Finished third overall in a loaded Joe Walker Invitational 1,500 Meter field, finishing with a time of 3:40.50, which ranked ninth in school history at the time... Led the DMR squad to another victory at the Drake Relays, clocking a time of 9:40.60 overall... Had a career day at the Arkansas Twilight to round out the regular season, winning the 1,500 Meter race with a time of 3:39.07, which ranks him seventh in program history... At the Big 12 Outdoor Championships, Messaoudi opened with a second-place finish in the 1,500 Meter prelims before taking home his first Big 12 Championship in the 1,500 Meters with a time of 3:42.00... Continued his postseason run at the NCAA West Prelims, advancing to the 1,500 Meter quarterfinals, where he clocked the eighth-fastest time overall at 3:40.37.

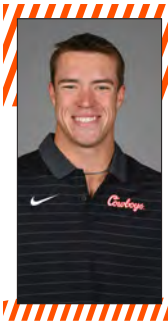
2022 Indoors
Competed in five meets during his first season with the Cowboys... In his first race with OSU, he helped the Distance Medley Relay squad to an event win at the Razorback Invitational with a time of 9:28.88... Continued his momentum at the Boston University Valentine Invitational, earning a 10th-place finish at the invitational race with a personal-best 3,000 Meter time of 7:50.72... At the Arkansas Qualifier, Messaoudi ran the opening 1,200 meter leg of the Cowboy DMR squad that became the fifth-fastest team in NCAA history with a time of 9:22.70... Earned his first career All-Big 12 honor at the Big 12 Indoor Championships in the Mile with a time of 4:00.39 after clocking a time of 3:58.43 in the prelims... Once again opened the Cowboy DMR at the NCAA Indoor Championships, where they earned a fifth-place finish to give him his first All-America honor with their time of 9:28.11.

** - School Record Entering 2025-26



Fouad Messaoudi

The Cowboys



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Cooper Moore

Multi-Events – – | So. | So.
Dallas, Texas | Highland Park HS

Personal Bests
60 Meters - 7.17
100 Meters – 11.15
400 Meters – 52.66
1,000 Meters – 2:58.37
1,500 Meters – 5:06.20
60 Meter Hurdles - 8.23
110 Meter Hurdles – 14.64
High Jump - 1.89m/6-2.25
Pole Vault - 4.81m/15-9.25

Long Jump – 6.69m/21-11.5
Shot Put – 12.10m/39-8.5

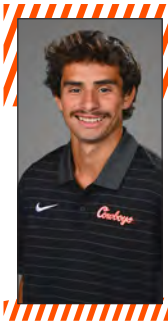
Discus Throw – 40.04m/131-4
Javelin Throw – 44.89m/147-3

Heptathlon – 5,222 Points
Decathlon – 6,876 Points

Honors and Awards
2025 Track & Field USTFCCCA All-Academic

2025 Outdoors
Opened his outdoor career at two open meets before his first full Decathlon at the Jim Click Shootout, where he placed seventh overall with 6,427 points... Put the team on his back at the Oregon Team Invitational, competing in three open events, scoring a total of nine team points for the Cowboys... At the Big 12 Outdoor Championships, Moore finished 11th overall with a score of 6,876 points, good enough for third on the program list.

2025 Indoors
Competed at five meets during his freshman indoor season... Completed his first full Heptathlon at the DeLoss Dodds Invitational, placing eighth overall... Broke his personal best in the 60 Meter Hurdles at the Tyson Invitational with his time of 8.23, which ranked him third in program history in the event... At the Big 12 Indoor Championships, Moore placed tenth in the Heptathlon with a personal-best score of 5,222 points, which was tied for third on OSU's all-time list.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

David Mora

Distance – RSo. | RSo. | Jr.
Lubbock, Texas | Monterey HS

Personal Bests
800 Meters – 1:54.05
1,000 Meters – 2:25.08
1,500 Meters – 3:44.49
Mile – 4:08.46
5,000 Meters – 14:56.81
5K (XC) – 16:16.4
8K (XC) – 25:26.1

2025 Outdoors
Kicked off his outdoor campaign with three straight top five finishes in the 1,500 Meters... Set a new personal best in the 1,500 Meters of 3:44.49 at the John McDonnell Invitational... Competed in the 1,500 and 5,000 Meters at the Big 12 Outdoor Championships.

2025 Indoors
Opened his freshman indoor season with a sixth-place finish in the 1,000 Meters at the Arkansas Invitational, clocking a time of 2:25.08... At the Big 12 Indoor Championships, Mora placed tenth overall in the 1,000 Meters with his time of 2:25.78.

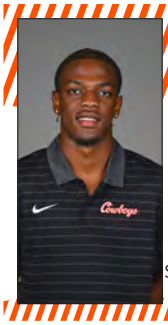
2024 Cross Country
Competed three times, finishing with a season-best 20th-place finish at the Weis-Crockett Invitational.

2024 Outdoors
Competed at the John Jacobs Invitational, finishing sixth overall in the 5K.

High School
Attended Monterey High School in Lubbock, Texas... Was 5A State Champion and two-time bronze medalist at the state meet in cross country.

Personal
Born May 4, 2005, in Lubbock, Texas... Son of David and Amanda Mora... Has two siblings, Faith and Kim... Majoring in Business.

David Mora



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Aaron Morris

Distance – – | Fr. | Fr.
St. Peter, Barbados | The Alexandra School

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Will Muirhead

Distance – RSr. | RSr. | RSr.
Fairview, Texas | Lovejoy HS

Personal Bests
1,500 Meters – 3:53.05
Mile – 4:01.52
3,000 Meters – 7:52.90
Steeplechase – 8:49.03
5,000 Meters – 13:43.32
5K (XC) – 14:57.1
8K (XC) – 23:04.3
10K (XC) – 30:25.9

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Track & Field Academic Second Team All-Big 12
2023 Cross Country Academic Second Team All-Big 12
2023 Cross Country All-Big 12
2023 Academic Second Team All-Big 12
2023 Indoor All-Big 12 (5,000 Meters)
2022 Cross Country Academic First Team All-Big 12
2022 Cross Country All-Big 12
2022 Academic Second-Team All-Big 12
2022 Outdoor All Big 12 (3,000 Meter SC)
2022 Indoor All-Big 12 (Mile)
2021 Cross Country Academic First-Team All-Big 12

2024 Cross Country
Placed 20th overall at the Cowboy Jamboree before improving to a sixth-place finish at the Weis-Crockett Invitational with his time of 23:56.2.

2024 Outdoors
Opened his outdoor campaign with a ninth-place finish at the Stanford Invitational in the 5K... Won the 5K at the Payton Jordan Invitational with a personal-best time of 13:43.32... Competed at the Big 12 Championships in the 5K, placing 18th overall... Qualified for the NCAA West Prelims in the 5,000 Meters.

2023 Cross Country
Solidified himself as a consistent starter for the Cowboy national championship squad, competing in every race during the season... Scored for the Cowboys at the Cowboy Jamboree, placing ninth overall... Produced the best race of his career at the Big 12 Championships, finishing as the fourth scorer for OSU with his eighth-place finish overall... His 8K time of 23:04.3 at the Big 12 Championships was also the fifth fastest in program history on the grass... At the NCAA Championships, Muirhead placed 85th overall with a 10K time of 30:25.9 as the Cowboys took home their fifth NCAA title in program history.

2023 Indoors
Had a breakout indoor season in just three indoor meets... Set a new personal best in the Mile with his time of 4:01.52 at the Razorback Invitational... Came back two weeks later and set another personal best in the 3,000 Meters, clocking a time of 7:52.90, which ranks tenth in program history... Earned All-Big 12 honors in the 5,000 Meters, finishing third overall with his time of 14:18.78 helping the Cowboys earn a second-place finish in the team race.

2022 Cross Country
Cornerstone of OSU's dominant 2022 Cross Country Season, contributing scoring placements in three races... Kicked off the season at the Cowboy Preview, where his 14:57.1 5K time pushed him to fourth place, his highest placement for Cross Country in his career... He was the second-lowest scoring Cowboy for OSU in the race that saw four Cowboys place in the top 10... Rounded out the scoring for OSU at the Cowboy Jamboree, scoring a then personal best time in the 8K at 24:11.5... He would best that time in the next meet, going sub-24 minutes for the first time in his career at the Weis-Crockett Invitational... Earned All-Big 12 recognition as he returned to the Big 12 Cross Country Championships with an 11th place finish, and was one of nine Cowboys to finish in the top 15 as OSU took home the team victory... Ran his first 10K at the NCAA Championships, crossing the finish line in 30:31.4.

2022 Outdoors
Appeared at five meets during the 2022 campaign, earning three top-2 finishes in the process... Opened his season at the Stanford Invitational in Palo Alto, Calif., finishing 18th overall in the 5,000 Meters with a personal-best time of 13:55.75... Picked up a runner-up finish two weeks later at the Sooner Invitational in the 3,000 Meter Steeplechase... Won his first collegiate race at the Arkansas Twilight to round out his regular season with a personal-best time of 8:49.03 in the Steeplechase... Picked up his second career All-Big 12 award with his second-place finish in the Steeplechase... Competed at the NCAA West Prelims in the Steeplechase to finish his sophomore season.

2022 Indoors
Competed at six meets for OSU during the indoor season... Kicked off his season at the Wooo Pig Classic in Fayetteville, Ark., earning a runner-up finish in the 3,000 Meters with a time of 8:19.90... Had another top-5 effort at the Arkansas Invitational in the Mile, finishing third overall with a time of 4:05.70... Set his current personal best in the Mile at the Husky Classic in Seattle, clocking a time of 4:02.26... Earned his first career All-Big 12 finish in the Mile at the Big 12 Indoor Championships.

2021 Cross Country
Competed unattached at the Cowboy Jamboree, earning a 36th-place finish with an 8K time of 25:44.8.

2020 Cross Country
Earned top-20 finishes at the Cowboy Jamboree and the OSU Winter Open... tabbed a career best 8K at the Big 12 Conference Championships, where his 24:34.2 pace placed him 30th.

High School
A four-year letter winner at Lovejoy High School ... competed in the 1,600, 3,200 and 5K ... was a two-time all-state performer in cross country.

Personal
Born Feb. 22, 2002... son of Michael and Amy Muirhead ... has two siblings, Isabelle and Ben ... majoring in business.

OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Brian Musau

Distance – Jr. | Jr. | Jr.
Machakos, Kenya

Personal Bests
1,000 Meters – 2:24.54
1,500 Meters – 3:40.46
Mile – 3:54.78
3,000 Meters – 7:38.04**
5,000 Meters – 12:59.82**
10,000 Meters – 28:42.39
8K (XC) – 22:07.0
10K (XC) – 28:44.9

Honors and Awards
2025 Bowerman Award Semifinalist
2025 FISU World University Games Champion – 10,000 Meters
2025 NCAA Outdoor Record – 5,000 Meters (12:59.82)
2025 Outdoor USTFCCCA Midwest Region Athlete of the Year
2025 Outdoor NCAA Champion – 5,000 Meters
2025 Outdoor First Team All-American – 5,000 Meters (1st)
2025 Indoor USTFCCCA Midwest Region Athlete of the Year
2025 Indoor NCAA Champion – 5,000 Meters (Meet Record – 13:11.34)
2025 Indoor First Team All-American – 5,000 Meters (1st), 3,000 Meters (5th)
2025 Indoor Big 12 Champion – 3,000 Meters (Meet Record – 7:45.79)
2024 Cross Country USTFCCCA Midwest Region Athlete of the Year
2024 Cross Country Big 12 Runner of the Year
2024 Cross Country All-American – 5th
2024 Cross Country All-Region
2024 Cross Country Big 12 Champion
2024 Cross Country All-Big 12
2024 Cross Country Cowboy Jamboree Champion (Course Record – 22:55.6)
2024 Outdoor First Team All-American – 5,000 Meters (4th)
2024 Outdoor All-Big 12 (1,500 Meters)
2024 Outdoor NCAA No. 1 time – 5,000 Meters (13:13.29)
2024 Indoor National Champion - DMR
2024 Indoor First Team All-American – DMR (1st), 3,000 Meters (6th)
2024 Indoor Big 12 Champion - DMR
2024 Indoor All-Big 12 (DMR, 1,000 Meters)
2023 Cross Country Big 12 Runner of the Year
2023 Cross Country All-American – 8th
2023 Cross Country All-Region
2023 Cross Country Big 12 Champion
2023 Cross Country All-Big 12

International Competition
Represents Kenya on the international stage... In his international debut, dominated the 10,000 Meters at the 2025 FISU World University Games in Germany to win the gold medal in 28:42.39.

2025 Outdoors
Became untouchable during the outdoor season, winning every race he competed in... Opened his season with a simple regional qualifying effort at the John McDonnell Invitational, winning the 5,000 Meters by nearly 20 seconds overall... At the NCAA West Prelims in Texas, Musau once again defeated Samuel and teammate Fouad Messaoudi with an impressive kick over the final 100 meters... Entered the NCAA Championships on an upswing following his win at the NCAA West Prelims and he showed his confidence with another championship-level performance... Sat near the front of a fast-paced final and took the lead with 400 meters to go, holding off Samuel and Villanova's Marco Langon to complete the 5,000 Meter sweep at the NCAA Championships, becoming the first man since Wisconsin's Morgan McDonald in 2019 to do so... After his performance at NCAA's, Musau was named USTFCCCA Midwest Region Athlete of the Year for the outdoor season, completing the XC, indoor and outdoor sweep of the awards... He also became the second Cowboy in program history to be named a Bowerman semifinalist, joining British Olympian and Cowboy national champion Nick Miller... His season would continue into the summer as he would go onto to win the 5,000 Meters at the Sunset Tour in Los Angeles, defeating an entire field of professional athletes and Olympians... His winning time of 12:59.82 was the fastest time in NCAA history outdoors, gave him the world championship standard and shattered the school record by almost

15 seconds.

2025 Indoor
Continued his incredible fitness from the cross country season indoors, running the third-fastest U20 indoor 5K time in world history to open the season at the Sharon Colyear-Danville Season Opener in Boston... His time of 13:11.29 in Boston also broke Alex Maier's school record, giving him the indoor school records in both the 3,000 and 5,000 Meters... Set a new personal best in the Mile at the Razorback Invitational with his time of 3:54.78, fourth fastest in program history... Ran on the opening leg of the Distance Medley Relay that ran the third-fastest time in world history in 9:16.24, which also broke the school record... At the Big 12 Indoor Championships, Musau dominated the proceedings in the 3,000 Meters, breaking the meet record with his time of 7:45.79... Musau and teammate Ryan Schoppe went 1-2 in the 3K, which helped the Cowboys secure second place as a team with one event remaining... He would then go onto the NCAA Indoor Championships, winning his first individual NCAA title in the 5,000 Meters with a meet-record time of 13:11.34, becoming the first Cowboy in program history to win the NCAA title in the 5K... Returned the next night in the 3,000 Meters and earned first team All-America honors for the second season in a row with his fifth-place finish... Musau's 15 points at the NCAA meet helped the Cowboys secure a fifth-place finish overall, their highest since 1965... For his efforts, he was once again named USTFCCCA Midwest Region Athlete of the Year for the indoor season.

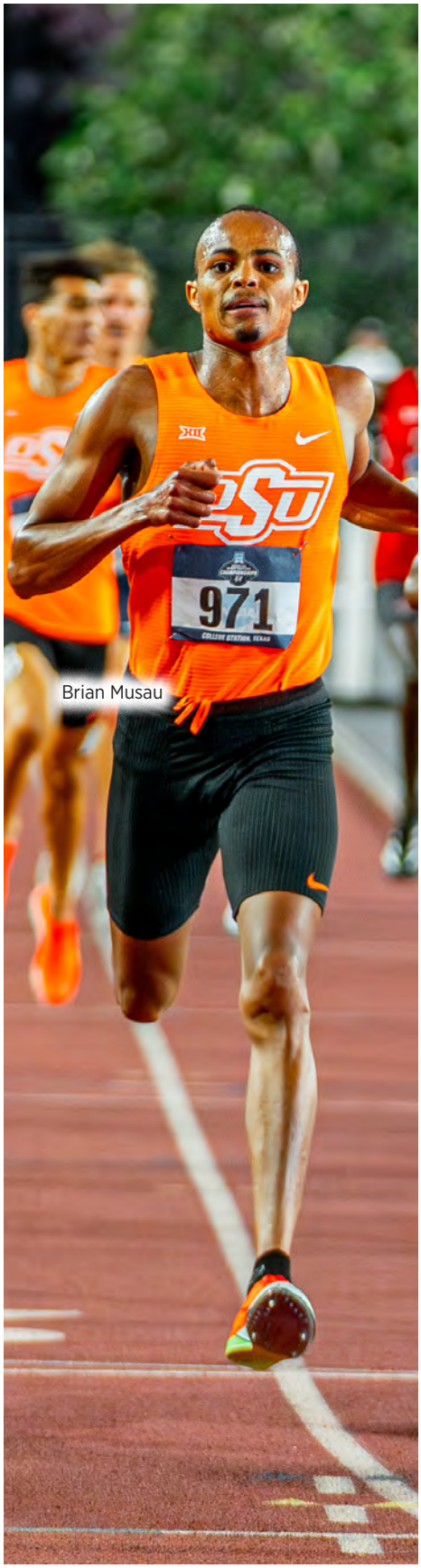
2024 Cross Country
Opened his sophomore campaign with a dominant performance at the Cowboy Jamboree, shattering the course record by over ten seconds with his time of 22:55.6 on his way to the meet victory, defeating New Mexico's 10,000 Meter champion and NCAA XC Runner-Up Habtom Samuel in the process. In his second race of the season, Musau helped pace a group of freshmen to personal-best times at the Wels-Crockett Invitational... He then successfully defended his Big 12 cross country title over arguably the best conference field in the country, clocking the fastest 8K cross country time in program history at 22:07.0... With his victory at the Big 12 Championships, he became just the seventh man in the history of the conference to win back-to-back conference titles on the grass... Earned All-America honors for the second time in two seasons as he once again placed in the top 10 at the national meet with his fifth-place finish, clocking a 10K time of 28:44.9... For his performances during the season, Musau was named Big 12 Runner of the Year for the second straight season, becoming just the third man in the history of the award to win it twice and the first in program history... Was also named USTFCCCA Midwest Region Athlete of the Year for the first time.

2024 Outdoors
Exploded onto the outdoor scene at the prestigious Bryan Clay Invitational in California, breaking a 12-year-old in the 5,000 Meters with his time of 13:13.29, which was also the sixth-fastest mark in NCAA history... His 5K time at the Bryan Clay Invitational would also finish the season as the fastest by any collegian during the 2024 season... Earned All-Big 12 honors in the 1,500 Meters at the Big 12 Championships... Qualified for the NCAA West Prelims in the 5K, punching his ticket to the NCAA Championships with a second-place finish in the region... At the NCAA Championships, Musau sat near the front in a sit-and-kick race, earning his first All-America honor outdoors with his fourth-place finish overall.

2024 Indoors
Carried his dominant form to the indoor season, opening up with an all-time performance at the Sharon Colyear-Danville Season Opener... Musau shattered the school record in the 3,000 Meters with his time of 7:38.04, which was also the fourth-fastest 3K time in NCAA history at the time of the race... Followed that performance with an individual win in the Mile at the Razorback Invitational with his time of 3:55.52... Set his personal best in the Mile two weeks later at the Eagle Elite Invitational in Boston at 3:55.49, which was the third-fastest in program history... Helped the Cowboy Distance Medley Relay squad qualify for the NCAA Championships with their time of 9:19.74... At the Big 12 Indoor Championships, Musau led off the DMR once again as they took home their fourth straight title in the event... Earned his second All-Big 12 honor of the season in the 1,000 Meters... Qualified for the NCAA Indoor Championships in both the 3K and DMR... Led off the Cowboy DMR that collected their second straight NCAA title before coming back the next night and earning his first individual All-America honor in the 3,000 Meters, finishing sixth overall with his time of 7:46.79.

2023 Cross Country
Immediately burst onto the scene as one of the best athletes in the country as just a freshman... Kicked off his career with a second-place finish behind teammate Denis Kipngetich at the Cowboy Jamboree with a time of 23:41.9... In his second career cross country meet, Musau became the ninth Cowboy in 16 years to win the Big 12 individual title, leading the Cowboys to their fourth straight team title... His winning time of 22:46.6 was the fastest 8K time in program history on the grass... Continued his impressive season with a second-place finish behind Kipngetich at the NCAA Midwest Regional in Stillwater, clocking a 10K time of 29:49.2... Carried his momentum into the NCAA Championships, earning All-America honors with his eighth-place finish, leading the Cowboys to their fifth NCAA team title in cross country... Musau put himself right at the front for the entirety of the race, even leading at one point as he clocked a time of 29:11.0, which was the eighth fastest cross country 10K time in program history.

** - School Record Entering 2025-26



Brian Musau

The Cowboys

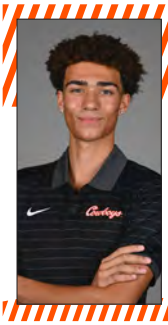
OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Preston Neumeier

Jumps – – | Fr. | Fr.
Canadian, Texas | Canadia HS

High School
Attended Canadian High School in Canadian, Texas... Lettered in track & field all four years and football for three years... Was a first team All-State member in football and was state runner-up in the Long Jump in 2023 and 2024.

Personal
Born August 11, 2005, in Guymon, Oklahoma... Son of Nicole and Eric Neumeier... Has three siblings: Finn, Scarlett and Charlie... Majoring in Petroleum Geology.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Mason Page

Sprints – – | So. | So.
Round Rock, Texas | Round Rock HS

Personal Bests
400 Meters – 46.88
600 Yards – 1:09.39
600 Meters – 1:18.93
800 Meters – 1:50.30

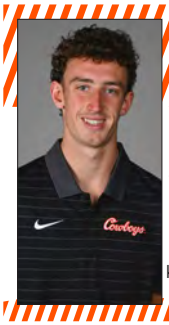
Honors and Awards
2025 Outdoor All-Big 12 – 4x400 Meter Relay (4th)
2025 Indoor All-Big 12 – 4x400 Meter Relay (6th)

2025 Outdoors
Kicked off the outdoor campaign at the Florida Relays, clocking one of the fastest 4x400 Meter Relay times in program history in the prelims at 3:05.65... Helped the Cowboys score eight team points at the Oregon Team Invitational in the 400 Meters and 4x400 Meter Relay... Clocked a new PR in the 400 Meters of 46.88 at the Desert Heat Classic in Arizona... Ran another personal best in the 800 Meters with his time of 1:50.30 at the Arkansas Twilight... Earned his second career All-Big 12 honor in the 4x400 Meter Relay with the group's fourth-place finish at the Big 12 Championships.

2025 Indoors
Opened his Cowboy career with the sixth-fastest 600 Meter time in program history with his time of 1:18.93 at the Arkansas Invitational... Finished as the runner-up at the DeLoss Dodds Invitational in the 600 Yards... Placed tenth at the Big 12 Indoor Championships in the 600 Yards with a personal-best mark of 1:09.39, which was sixth on OSU's all-time list... Earned All-Big 12 honors as a member of the 4x400 Meter Relay squad.

High School
Attended Round Rock HS in Round Rock, Texas... Lettered in track three years, placing fourth at the state meet in the 400 Meters... Was an AAU All-American in both the 400 and 800 Meters.

Personal
Born June 15, 2006, in Round Rock, Texas... Son of Derrick and Jennifer... Has two siblings: Olivia and Trenton... Undecided on a major.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

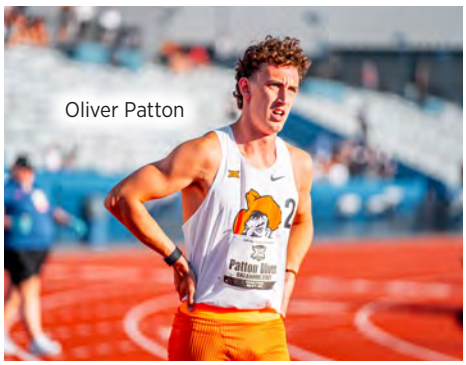
Oliver Patton

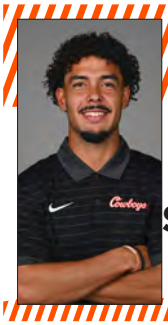
Distance – RFr. I So. I So.
Kilmacolm, Scotland I St. Columba's School

Personal Bests
1,500 Meters – 3:51.85
Mile – 4:02.65
3,000 Meters – 8:10.57
5,000 Meters – 14:06.81

2025 Outdoor
Opened his outdoor campaign with a personal best in the 5,000 Meters of 14:06.81 at the Stanford Invitational... At the Big 12 Outdoor Championships, Patton set a personal best of 3:51.85 in the 1,500 Meters.

2025 Indoor
Competed three times during his freshman indoor season... Clocked a new personal best in the Mile at the Tyson Invitational, running 4:02.65, which was the Scottish U20 national indoor record in the event... Ran in the Mile and 3,000 Meters at the Big 12 Indoor Championships.


Oliver Patton



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Sebastian Pesante

Sprints – - | Gr. | Gr.
Frisco, Texas I Fort Scott CC

Personal Bests
100 Meters – 11.00
200 Meters – 22.19
400 Meters – 48.08
600 Yards – 1:11.63
600 Meters – 1:20.78
800 Meters – 1:58.34

Honors and Awards
2024 Track & Field Academic Second Team All-Big 12
2024 Outdoor All-Big 12 (4x400 Meter Relay)

2025 Outdoors
Ran at the Arkansas Spring Invitational and Arkansas Twilight meets in the 400 Meters during the outdoor season.

2025 Indoors
Competed at four meets indoors, clocking a new personal best in the 600 Yards of 1:11.63 at the Steve Miller Invitational.

2024 Outdoors
Appeared at five meets during the outdoor season... Picked up a second-place finish in the 400 Meters at the Wichita State Shocker Spring Invitational... Earned All-Big 12 honors in the 4x400 Meter Relay with their sixth-place finish overall.

2024 Indoors
Competed four times during the indoor season, opening with a personal best in the 600 Meters, clocking a time of 1:20.78... Set personal bests in back-to-back meets at the Razorback and DeLoss Dodds Invitationals in the 800 Meters and 600 Yards, respectively.

2023 Outdoors
Appeared at two meets outdoors, setting personal bests at each meet with times of 48.92 in the 400 Meters at the Jim Click Shootout and 2:06.07 in the 800 Meters at the Corky/Crofoot Shootout.

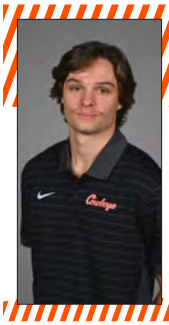
2023 Indoors
Competed at five indoor meets for the Cowboys... Set personal bests in back-to-back meets in the 600 Meters and 600 Yards at the Arkansas Invitational and Red Raider Open with times of 1:24.02 and 1:13.06, respectively.

Prior to OSU
Attended Fort Scott Community College in Fort

Scott, Kansas.

High School
Attended Memorial High School in Frisco, Texas... Lettered two years in football and four years in track and field...

Personal
Son of Manuel Pesante and Marybel Bonilla... Born March 3, 2003... Sibling to Roberto, Will and Claudia Pesante... Majoring in applied exercise science.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Will Quintana

Multi-Events – – | RJr. | RJr.
Decatur, Texas I Decatur HS

Personal Bests
60 Meters - 7.00
100 Meters - 10.71
200 Meters - 21.72
400 Meters - 49.38
1,000 Meters - 2:55.86
60 Meter Hurdles - 8.51
110 Meter Hurdles - 15.47
High Jump - 1.96m/6-5
Pole Vault - 4.20m/13-9.25

Long Jump – 7.09m/23-3.25
Shot Put - 11.21m/36-9.5

Discus Throw - 30.81m/101-1
Javelin Throw – 46.61m/152-11

Heptathlon – 5,103 Points
Decathlon – 5,051 Points

2025 Outdoors
Set a new personal best in the Long Jump at the John Jacobs Invitational with his leap of 7.09 meters... Once again set a personal best, this time in the Javelin Throw with his mark of 46.61 at the Arkansas Spring Invitational... Scored eight team points for the Cowboys at the Oregon Team Invitational.

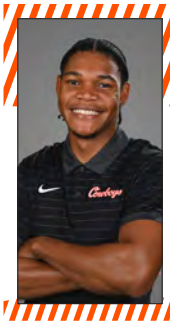
2024 Outdoors
Competed at four meets during his inaugural outdoor campaign... Set new personal bests in eight different events.

2024 Indoors
Appeared at five meets during the indoor season... Completed his first career Heptathlon at the DeLoss Dodds Invitational, placing third overall with a score of 5,008... Improved his personal best in the Hep with 5,103 points at the Big 12 Indoor Championships, which ranks fourth in program history.

2023 Indoors
Competed at three meets for the Cowboys during his freshman season... Set two personal bests at the JD Martin Invitational in the 60 Meter Hurdles and Shot Put.

High School
Attended Decatur High School in Decatur, Texas... Lettered all four years in track and field... Was the Texas State Champion in the 4x100... AAU Club National Champion in high jump... Also played baseball, football and basketball.

Personal
Son of JJ and Amy Quintana... Born August 21, 2003... Sibling to Kelly Quintana... Majoring in exercise science... Enjoys hunting and fishing.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Rajaun Ricketts

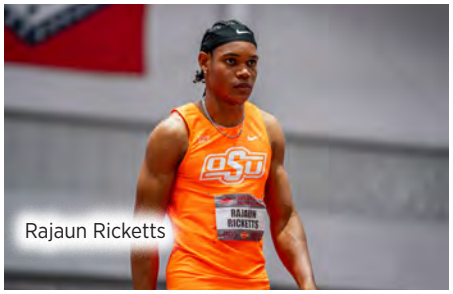
Jumps – – | Sr. | Sr.
St. Ann, Jamaica I Benedict College

Personal Bests
60 Meters – 7.28
100 Meters – 11.20
Long Jump – 7.36m/24-1.75
Triple Jump – 15.60m/51-2.25

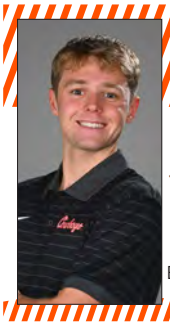
2025 Outdoors
In his lone competition, Ricketts finished ninth at the Big 12 Outdoor Championships in the Triple Jump.

2025 Indoors
Placed no lower than third at any meet during his first indoor season as a Cowboy... In his first meet, Ricketts jumped 15,20 meters to move himself up to second on the program's all-time list at the Arkansas Invitational... Placed second at the DeLoss Dodds Invitational in the Long Jump with a mark of 7.31 meters, the eighth-best in program history... Took third in the Triple Jump at both the Tyson Invitational and Arkansas Qualifier meets.

Prior to OSU
Was a first team All-American at Division II Benedict College in the Triple Jump.



Rajaun Ricketts



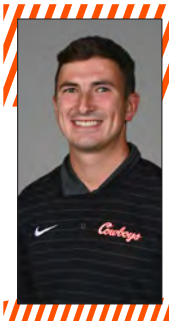
OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Alex Riley

Distance – Fr. I Fr. I Fr.
Brighton, England I Cardinal Newman HS

High School
Attended Cardinal Newman Catholic School in the UK... Was a U15 British and UK Champion and U17 National Indoor Athletics Champion in the 800 Meters... Was the 2024 English Schools Champion in the 1,500 Meters... Multi-time English Schools medalist in the 1,500 Meters.

Personal
Born December 5, 2005, in Brighton, England... Son of Suzanne and Christopher Riley... Has one sibling: Elizabeth... Majoring in Business Management.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ryan Schoppe

Distance – RSr. | - | -
La Porte, Texas | La Porte HS

Personal Bests
1,500 Meters - 3:36.13
Mile - 3:55.63
3,000 Meters – 7:38.80
5,000 Meters – 13:28.88
5K (XC) – 15:12.1
8K (XC) – 22:54.4
10K (XC) – 29:48.7

Honors and Awards
2025 Track & Field USTFCCCA All-Academic
2025 Track & Field Academic First Team All-Big 12
2025 Indoor First Team All-American – DMR (6th)
2025 Indoor All-Big 12 – 3,000 Meters (2nd)
2024 Cross Country Academic First Team All-Big 12
2024 USTFCCCA All-Academic
2024 Track & Field Academic First Team All-Big 12
2023 Cross Country Academic First Team All-Big 12
2024 Indoor National Champion – DMR
2024 Indoor First Team All-American – DMR (1st), 3,000 Meters (8th)
2024 Indoor Big 12 Champion – DMR, Mile
2024 Indoor All-Big 12 (DMR, Mile)
2023 Academic First Team All-Big 12
2023 Outdoor Academic All-District
2023 Indoor National Champion - DMR
2023 Indoor All-American – DMR (1st), 3,000 Meters

(Second Team, 14th)
2023 Indoor Big 12 Champion - DMR
2023 Indoor All-Big 12 (DMR, Mile)
2022 Cross Country Academic First Team All-Big 12
2022 Cross Country All-Big 12
2022 Academic First-Team All-Big 12
2022 Outdoor Second-Team All-American (1,500 Meters)
2022 Outdoor All-Big 12 (1,500 Meters)
2022 Indoor First Team All American (DMR)
2021 Cross Country Academic First-Team All-Big 12
2021 Cross Country All-Midwest Region
2021 Cross Country All-Big 12
2021 Outdoor All-Big 12
2021 Indoor Big 12 Champion – DMR
2020 Cross Country All-Big 12

2025 Outdoors
Kicked off his senior outdoor season with a huge personal best in the 5,000 Meters with his time of 13:28.88 at the Oregon Team Invitational, scoring nine team points for the Cowboys with his runner-up finish behind teammate Fouad Messaoudi... Clocked another personal best in the 1,500 Meters of 3:37.18 at the Arkansas Twilight, which ranked third in program history... Qualified for the NCAA West Prelims in the 5,000 Meters.

2025 Indoors
Opened his indoor campaign with a blistering Mile time of 3:56.09 at the Razorback Invitational... At the Arkansas Qualifier, Schoppe once again anchored the Cowboy DMR to unprecedented heights, clocking the second-fastest time in world history on a 200 meter banked track with their mark of 9:16.24, also breaking the school record... Placed second at the Big 12 Indoor Championships in the 3,000 Meters, behind only teammate Brian Musau... Earned first team All-America honors for the fourth straight season in the DMR as the men placed sixth overall.

2024 Cross Country
Competed four times as a consistent member of OSU's top seven all year... Opened his season with a sixth-place finish at the Cowboy Jamboree, finishing as the Cowboys' fifth man on the day as the men dominated ranked teams New Mexico, Oregon and Texas with 19 points... At the Big 12 Championships, Schoppe was OSU's fourth scorer as he placed 17th overall with a new 8K personal best time of 22:54.4... Finished 121st at the NCAA Championships.

2024 Indoors
Continued to show he's one of the best in the business during the indoor season, starting off with an insane performance at the Sharon Colyear-Danville Season Opener in Boston... Schoppe clocked a time of 7:38.80 in the 3,000 Meters, which was the seventh-fastest time in NCAA history at the time of the race... Ran a time of 3:56.23 in the Mile at the Eagle Elite Invitational... Anchored the Cowboy DMR to an NCAA qualifying time of 9:19.74 at the Arkansas Qualifier... At the Big 12 Championships, Schoppe took the baton in the DMR and made up a two-second gap on BYU's Lucas Bons, who was a 3:54 miler to take home the conference crown for the fourth straight year... Returned the next day and collected his first individual Big 12 title in the Mile with his time of 4:02.73... Qualified for the NCAA Championships in both the 3K and DMR... For the second straight season, he anchored the Cowboy DMR to an NCAA title as he split 3:55.59 on the final leg and fended off a late surge from Georgetown to secure the win... Came back the next night and earned his second first team All-America honor of the weekend in the 3K as he placed eighth overall.

2023 Outdoors
Started his outdoor season at the Bryan Clay Invitational, finishing fifth overall in the 5,000 Meters with his time of 13:37.06, which ranks seventh in program history... Competed at the Penn Relays in both the DMR and the 4xMile Relays... Finished second in the 1,500 Meters at the Arkansas Twilight with a time of 3:42.22... Qualified for the NCAA West Prelims in the 1,500 Meters, making it to the semifinals.

2023 Indoors
Solidified himself as a middle-distance star and one of the best in the NCAA during the 2023 indoor season... Kicked off his campaign at the Razorback Invitational, anchoring the Cowboy Distance Medley Relay to a meet victory and NCAA-leading time of 9:29.08... He also placed second in the Mile at the same meet with a time of 3:55.63, which ranks third in Cowboy history behind only Cowboy national champions Fouad Messaoudi and German Fernandez... Two weeks later at the Husky Classic in Washington, Schoppe dropped a personal-best time of 7:41.99 in the 3,000 Meters, which ranks ninth in NCAA history and second in OSU history behind only Messaoudi... He helped make history at the Arkansas Qualifier, anchoring the Cowboy DMR once again to a school, collegiate and world record in the event, going 9:16.40 overall with Schoppe splitting 3:52.84 on the 1,600-meter leg... He continued his run of form at the Big 12 Indoor Championships, anchoring the Cowboy DMR to a Big 12 title and finishing second in the Mile with a time of 3:58.47, helping the Cowboys finish second in the team standings... Qualified for the NCAA Indoor Championships in the DMR and 3,000 Meters... Anchored the Cowboy DMR for the fourth time, securing the first men's NCAA indoor title since 1986 with their dominant, three-second victory... Also earned second team All-America honors in the 3K with his time of 8:12.19.

2022 Cross Country
Played a pivotal role in OSU's dominant season... Opened his season with a 24:39.6 8K time at the Cowboy Jamboree... Not satisfied, he bested that time by a minute in the Weis-Crockett Invitational, where he finished seventh and was the first Cowboy on the board... Continued his dominance in conference action, earning All-Big 12 status for the third time after placing in the top 10 of the Big 12 Championships for the third year in a row, finishing seventh in 24:15.1... Competed for the Cowboys in the NCAA Cross Country Championships, setting a personal record in the 10K after crossing the finish line in 29:48.7.

2022 Outdoors
Proved himself one of the best middle-distance specialists in the country during the 2022 outdoor campaign... Kicked things off at the Joe Walker Invitational in Oxford, Miss., finishing sixth overall with a time of 3:43.36... Followed that up with another historic performance at the Bryan Clay Invitational, breaking German Fernandez's 1,500 Meter school record set back in 2012 with his time of 3:37.43... Again anchored the OSU DMR at the Drake Relays, taking them to the victory as they crossed the line in 9:40.60... Continued his momentum at the Big 12 Outdoor Championships, finishing with the fastest qualifying time in the 1,500 Meters before earning a second-place finish in the finals for his second career outdoor All-Big 12 honor... Also had the fastest qualifying time in the first round at the NCAA West Prelims before advancing to the NCAA Championships in the quarterfinals... Earned second-team All-America honors in the 1,500 Meters at the NCAA Outdoor Championships with his time of 3:47.68.

2022 Indoors
Started off his season with a bang at the Arkansas Invitational, breaking the four-minute barrier in the Mile for the first time in his career as he came across the line first with a time of 3:58.71... Anchored the Cowboy DMR to an event victory at the Razorback Invitational with a time of 9:28.88... Made history as he broke teammate Alex Maier's school record in the 3,000 Meters at the Husky Classic with a time of 7:46.48 on his way to a sixth-place finish overall... Once again anchored the Cowboy DMR as they became the fifth-fastest team in NCAA history with a time of 9:22.70, which also shattered the previous school record of 9:26.60 set back in 2016. Qualified for the finals in the Mile at the Big 12 Championships with a personal-best time of 3:57.87, which currently ranks seventh in program history... Anchored the Distance Medley Relay for the third time at the NCAA Indoor Championships and finished with a 3:54 mile split to bring the Cowboys to a fifth-place finish and first-team All-America honors.

2021 Cross Country
Solidified himself as a staple in the Cowboy distance lineup... Opened his season with a third-place finish at the Cowboy Preview, clocking a 5K time of 15:12.1... Helped the Cowboys to a second-place finish at the Cowboy Jamboree, picking up a 24th-place finish with an 8K time of 24:22.7... Earned his second career All-Big 12 honor with his 6th-place finish at the Big 12 Cross Country Championships... Earned All-Midwest Region honors at the NCAA Midwest Regionals as he finished 22nd overall with a personal-best 10K time of 30:51.4... Also competed for the Cowboys at the NCAA Cross Country Championships.

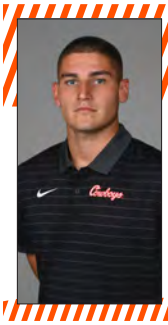
2021 Outdoors
Raced three times in his debut outdoor season... opened with a runner-up finish in the 5,000 meters at the Joe Walker Invitational... followed it with a personal record, 13:43.64 pace at the Big

12 Championships, which placed him second and earned him All-Big 12 honors.

2020 Cross Country
Raced in all five meets the Cowboys competed in during the 2020 season... finished sixth at the Cowboy Jamboree and 21st at the OSU Invitational... raced the fastest 8K of his career at the Big 12 Championship: his 23:36.7, 10th-place finish was integral to the Cowboys' tiebreaker win to claim their 10th conference title in program history... finished 11th at the OSU Winter Open... represented Oklahoma State on the national stage at the NCAA Cross Country Championship and finished in a time of 34:04.0.
High School
Lettered four years at La Porte High School ... competed in the 1,600, mile, 5K and 3,200 ... was a two-time state champion in the 3,200m ... was the 1,600m state runner-up in 2019 ... won the cross country state championship in 2019 after finishing as runner-up in 2018 ... is the state record holder in the 5K with a time of 14:14:02.

Personal
Born Jan. 1, 2002... son of Russell and JoHannah Schoppe... has a younger sibling, Reese... undecided on a major.

Ryan Schoppe



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Crayton Shaw

Multi-Events – – I RSr. I RSr.
Broken Arrow, Oklahoma I Broken Arrow HS

Personal Bests
60 Meters – 7.19
100 Meters – 11.31
400 Meters – 50.37
1,000 Meters – 2:50.37
1,500 Meters – 4:55.01
60 Meter Hurdles – 8.56
110 Meter Hurdles – 15.16
High Jump – 1.82m/5-11.5
Pole Vault – 4.80m/15-9
Long Jump – 6.39m/20-11.75
Shot Put – 12.81m/42-0.5
Discus Throw – 39.14m/128-5
Javelin Throw – 57.80m/189-7
Heptathlon – 5,046 Points
Decathlon – 6,717 points

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Track & Field Academic First Team All-Big 12
2023 Track & Field Academic First Team All-Big 12

2025 Outdoors
Competed at six meets during the outdoor season... Set new personal bests in the Discus, Shot Put and 100 Meters at the Big 12 Outdoor Championships as a part of the Decathlon.

2025 Indoors
Opened his indoor season competing in three events at the Arkansas Invitational... Set a personal best in the Heptathlon at the DeLoss Dodds Invitational with his score of 5,046 points, good for sixth in program history... He also set four new personal bests in the 1,000 Meters, Pole Vault, 60 Hurdles and 60 Meters in that Heptathlon... Competed at the Big 12 Championships in the Heptathlon.

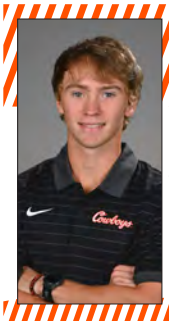
2024 Outdoors
Completed his first full Decathlon of the outdoor season at the Jim Click Shootout in Arizona, scoring 6,717 points, which ranks fourth in program history... At the Big 12 Championships, Shaw just missed out on his first All-Big 12 honor as he finished ninth in the Decathlon, but he did win the Decathlon Javelin competition with a massive throw of 57.80 meters, which puts him second in OSU history.

2024 Indoors
Competed at three meets during the indoor season... Completed his first full Heptathlon at the DeLoss Dodds Invitational, scoring 4,862 points on his way to a fourth-place finish overall... His score of 4,862 ranks eighth in program history.

2023 Outdoors
Also competed at five outdoor meets during his first outdoor campaign... Set personal bests in the Javelin Throw and 110 Meter Hurdles at the Jim Click Shootout... Finished second overall in his first career Decathlon at the Sooner Invitational, scoring 6,417 points... At the Big 12 Outdoor Championships, Shaw scored a career-high 6,610 points in the Decathlon, which ranks fourth in program history and earned him an 11th place finish.

2023 Indoors
Appeared at five indoor meets during his freshman season... Competed in multiple events at his first two meets before finishing his first full Heptathlon at the Razorback Invitational, scoring 4,164 points overall... Also competed in multiple events at the Tyson Invitational and Arkansas Qualifier to wrap up his season.

Personal
Joins the Cowboy Multis group from Broken Arrow, Okla.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Gabe Simonsen

Distance – RSr. | RSr. | RSr.
Mustang, Okla. | Mustang HS

Personal Bests
1,500 Meters – 3:56.49
Mile - 4:13.52
3,000 Meters - 8:07.49
5,000 Meters – 15:04.18
5K (XC) – 16:23.3
8K (XC) – 25:30.6

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country Academic First Team All-Big 12
2023 Cross Country Academic First Team All-Big 12

2025 Outdoors
Set new personal bests in the 5,000 Meters and 1,500 Meters during the outdoor season.

2025 Indoors
Competed twice indoors at the Arkansas Invitational and Arkansas Qualifier meets.

2024 Cross Country
Clocked a new 8K personal best at the Cowboy Jamboree with his time of 25:30.6.

2024 Indoors
Appeared at the DeLoss Dodds Invitational in the

3,000 Meters, placing seventh overall.

2023 Cross Country
Competed at the Cowboy Preview and Cowboy Jamboree, clocking personal-best times of 16:23.3 and 27:05.0 in the 5K and 8K, respectively.

2023 Outdoors
Competed at the Arkansas Twilight, finishing ninth overall in the 3,000 Meters.

2022 Indoors
Appeared at four meets during his freshman indoor season... Earned a third-place finish in his first meet at the Wooo Pig Classic, clocking a time of 4:13.52 in the Mile... Followed with another top-5 finish in the 3,000 Meters at the Razorback Invitational, scoring fourth overall with a personal-best time of 8:07.49... Also competed at the Husky Classic and Big 12 Indoor Championships.

2021 Cross Country
Competed unattached at the Cowboy Jamboree, finishing 69th overall with an 8K time of 25:33.2.

High School
Attended Mustang High School in Mustang, Oklahoma... lettered all four years in Cross Country... Broke the state record for Oklahoma in the two-mile with a time of 8:56.07... Was a three-time 6A State Champion, two-time Conference Champion, and Conference Runner of the Year two times... Two-time Gatorade Cross Country Runner of the Year... Qualified for the Pan-American Cross-Country Team and made the Wings of America USATF Cross Country National Championship Team.

Personal
Born January 7, 2003, in Mustang, Oklahoma... Son of Todd and Dawn Simonsen... Majoring in engineering and enjoys rock climbing in his free time.

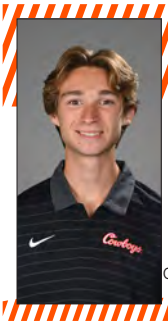
OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Nate Stadtlander

Distance – Fr. | Fr. | Fr.
Meridian Idaho I Meridian HS

High School
Attended Meridian High School in Meridian, Idaho... Lettered in cross country and track & field all four years... Two-time Idaho state cross country champion and 2024 Mile state champion... 6A Runner of the Year in 2025.

Personal
Born May 7, 2007, in Boise, Idaho... Son of Jon and Melissa Stadtlander... Has two siblings: Alyssa and Abigail... Majoring in Applied Exercise Science.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Ethan Stovall

Distance – RFr. I RSo. I RSo.
Oklahoma City, Oklahoma I Oklahoma Christian School

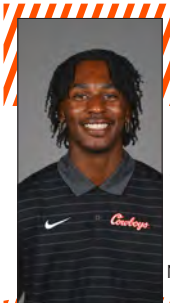
Personal Bests
1,500 Meters – 3:50.97
Mile – 4:17.44
3,000 Meters – 8:20.55
5,000 Meters – 14:22.29

2025 Outdoors
Took third at back-to-back meets in the 5,000 Meters at the John Jacobs Invitational and John McDonnell Invitational... Clocked a personal best of 14:22.29 in the 5K at the John McDonnell Invitational.

2025 Indoors
Set his personal bests in the Mile and 3,000 Meters in his first two career meets at the Razorback and Arkansas Invitationals, respectively.

High School
Attended Oklahoma Christian School in Oklahoma City... Was a four-time state champion and nine-time All-State honoree... Lettered all four years in track and cross country.

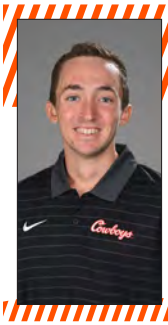
Personal
Born July 16, 2004, in Oklahoma City... Son of Brent and Kelly Stovall... Undecided on a major.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Byron Stubbs

Sprints – – | Fr. | Fr.
Midwest City, Oklahoma I Carl Albert HS



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Tim Synowiec

Distance – RJr. I RJr. I RJr.
Salisbury, Maryland I James M. Bennett HS

Personal Bests
3,000 Meters - 8:35.98
5,000 Meters – 14:50.37
5K (XC) – 15:54.5
8K (XC) – 25:49.4

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country Academic First Team All-Big 12

2025 Outdoors
Opened his outdoor season with a personal best in the 5,000 Meters with his time of 14:50.37 at the John Jacobs Invitational.

2025 Indoors
Appeared twice indoors, setting a new PR in the 3,000 Meters of 8:35.98 at the Arkansas Invitational.

2024 Cross Country
Competed three times, running new personal bests in the 5K and 8K at the Cowboy Preview and Cowboy Jamboree.

2023 Outdoors
Raced at the Wichita State Shocker Spring Invitational in the 3K, finishing 17th overall with a time of 8:54.91.

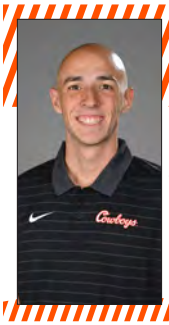
2023 Indoors
Competed at two meets indoors, setting a personal-best time of 8:40.56 in the 3,000 Meters at the Razorback Invitational.

2022 Cross Country
Ran unattached in the Cowboy Jamboree and Weis-Crockett Invitational, notching 8K times of 25:40.0 and 25:31.6, respectively.

High School
Attended James M. Bennett High School in Salisbury, Maryland... Lettered three years in track and field and two years in cross country... Placed second in the Maryland Cross Country 3A State Final... Also played soccer for 12 years.

Personal
Son of Mike and Cheryl Synowiec... Sibling to Madison Synowiec... Majoring in engineering.

The Cowboys



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Keegan Thomas

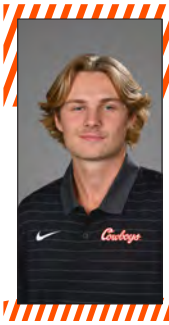
Distance – RFr. I RSo. I RSo.
Stillwater, Oklahoma | Stillwater HS

Personal Bests
1,500 Meters – 3:48.85

2025 Outdoors
Competed twice in his debut outdoor campaign, clocking a personal-best time of 3:48.85 in the 1,500 Meters at the John McDonnell Invitational.

High School
Attended Stillwater High School in Stillwater, Okla... Was a 6A conference, regional and state champion in cross country.

Personal
Born October 21, 2004, in Stillwater, Okla... Grandfather, grandmother, father, mother and brother all attended OSU...Undecided on a major.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Matt Thomas

Distance – RSo. I RSo. I Jr.
Blackfoot, Idaho | Blackfoot HS

Personal Bests
800 Meters – 1:55.97
1,500 Meters – 3:47.38
Mile – 4:12.07
3,000 Meters – 8:20.27
5,000 Meters – 14:16.46
5K (XC) – 15:35.9
8K (XC) – 25:53.2

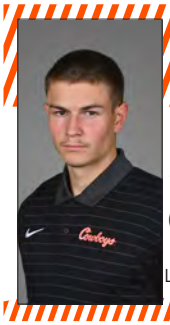
Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Cross Country Academic First Team All-Big 12

2025 Outdoors
Appeared at three outdoor meets during the outdoor season.

2025 Indoors
Finished with a season-best mark of 8:20.27 in the 3,000 Meters at the Arkansas Qualifier as he placed fifth overall.

2024 Cross Country
Competed three times during his freshman cross country season... Clocked 5K and 8K personal best times at the Cowboy Preview and Jamboree.

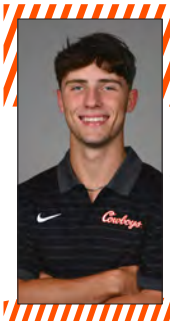
2024 Outdoors
Competed at four meets during his first outdoor campaign... Set his personal bests in the 800 and 5,000 Meters at the Stanford Invitational... Set his personal best time of 3:47.38 in the 1,500 Meters at the Arkansas Twilight to wrap the regular season... Competed at the Big 12 Championships in the 1,500 and 5,000 Meters.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Charlie Thorne III

Sprints – – | Fr. | Fr.
Lincoln, Nebraska I Lincoln Southeast HS



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Hunter Vaughn

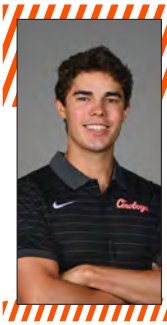
Sprints – – | So. | So.
Pattonville, Texas I Prairiland HS

Personal Bests
60 Meter Hurdles – 8.03**
110 Meter Hurdles – 15.22
400 Meter Hurdles – 51.87
800 Meters – 1:55.60

2025 Outdoors
Appeared at seven meets during the outdoor campaign... Finished as the runner-up in the 400 Meter Hurdles at the John Jacobs Invitational before winning the Arkansas Spring Invitational one week later with his time of 52.42... Scored team points for the Cowboys at the Oregon Team Invitational in the 110 Hurdles with his personal-best mark of 15.22... At the Big 12 Outdoor Championships, Vaughn clocked a new PR in the 400 Hurdles with his time of 51.87.

2025 Indoors
Competed three times in each of his first two meets in the 60 Meter Hurdles... At the Steve Miller Invitational, Vaughn broke the school record in the 60 Meter Hurdles with his time of 8.03 in the final.

** - School Record Entering 2025-26



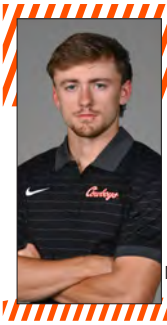
OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Brycen Ward

Sprints – – I RSo. I RSo.
Kingston, Oklahoma | Kingston HS

High School
Attended Kingston High School in Kingston, Okla... Was a five-time state champion (400 Meters – 2023, 800 Meters – 2022 and 2023, 3,200 Relay – 2021 and 2023) ... Was also an All-State honoree in cross country and 2023 Academic All-State... Lettered all four years in track and cross country and three years in basketball... Valedictorian of his high school class.

Personal
Born February 4, 2005, in Sherman, Texas... Son of Chris and Brandi Ward... Grandfather, Paul Gibson, was the 1970 NCAA High Hurdles Champion at UTEP... Majoring in Applied Exercise Science: Strength and Conditioning.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Carter Wilkerson

Sprints – – I RSr. I RSr.
Midlothian, Texas I Midlothian Heritage

Personal Bests
55 Meters – 6.38
60 Meters – 6.83
100 Meters – 10.51
200 Meters – 21.52

Honors and Awards
2025 Track & Field Academic First Team All-Big 12

Prior to OSU (Wyoming)
Attended the University of Wyoming, where he was a two-time All-Conference honoree in the 4x400 Meter Relay.

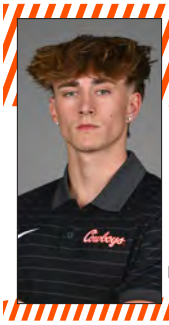
2025 Outdoors
Scored four huge team points for the Cowboys at the Oregon Team Invitational, helping the OSU men secure a third-place finish behind hosts Oregon and No. 1 Texas A&M... Ran a personal best in the 100 Meters of 10.51 at the Arkansas Twilight.

2025 Indoors
Competed twice indoors in the 60 Meters, clocking

a season-best mark of 6.88 at both the DeLoss Dodds Invitational and Steve Miller Invitational meets.

2024 Outdoors
Appeared at seven meets during the outdoor campaign in the 100 and 200 Meters... At the Arkansas Spring Invitational, Wilkerson ran a wind-aided time of 10.26 in the 100 Meters for a fifth-place finish... Set a wind-legal PR of 10.52 in the 100 at the John McDonnell Invitational... Competed at the Big 12 Championships in both the 100 and 200 Meters.

2024 Indoors
Competed in four meets during his first season with the Cowboys... Set his personal-best time of 6.83 in the 60 Meters at the Arkansas Qualifier, which ranks seventh in program history.



OKLAHOMA STATE
CROSS COUNTRY AND TRACK & FIELD

Blake Wynne

Sprints – – I Jr. I Jr.
Henryetta, Oklahoma I Southern Nazarene

Personal Bests
400 Meters – 46.90
600 Yards – 1:09.64
600 Meters – 1:18.85
Long Jump – 7.33m/24-0.75

Honors and Awards
2025 Track & Field Academic First Team All-Big 12
2024 Outdoor Second Team All-American – 4x400 Meter Relay (14th)
2024 Outdoor All-Big 12 (4x400 Meter Relay)

Prior to OSU (Southern Nazarene)
Attended Southern Nazarene University in Bethany, Okla.

2025 Outdoors
Kicked off the campaign with back-to-back solid performances in the 4x400 Meter Relay at the Florida Relays... Helped the Cowboys score eight team points at the Oregon Team Invitational in the Long Jump and 4x400 Meter Relay... Clocked a new PR in the 400 Meters at the Desert Heat Classic with his time of 46.90.

2025 Indoors
Opened his indoor season with a runner-up finish at the Arkansas Invitational in the 600 Meters with his time of 1:18.85, the fifth fastest time in program history... Showed off his versatility, earning a new PR in the Long Jump with his mark of 7.33 meters at the Steve Miller Invitational, the seventh-best mark on OSU's all-time list... Competed at the Big 12 Indoor Championships in both the 600 Yards and Long Jump.

2024 Outdoors
Burst onto the scene as one of the top Cowboy sprint options during his freshman outdoor campaign... Helped the 4x400 Meter Relay squad take third at the Texas Relays... Earned All-Big 12 honors as a member of the 4x400 Meter Relay as they finished sixth overall... Clocked a personal best in the open 400 Meters with his time of 46.96 at the Big 12 Championships... Qualified for the NCAA West Prelims in the 4x4 and helped the relay punch their ticket to the NCAA Championships for the first time this century as they broke the school record with their time of 3:05.23... Earned second team All-America honors as the 4x4 finished 14th at the NCAA Championships after entering with the 24th-fastest time.

OPPONENTS

The Big 12 Conference - Strength and Success

The Big 12 enters its 30th year as one of the nation's premier conferences in college athletics under the leadership of Commissioner Brett Yormark. Since joining the Conference in August 2022, Yormark has elevated the Big 12 to new heights, emphasizing marketing, brand building and instilling an innovative strategy that has resonated across the college athletics landscape.

Starting Aug. 2, 2024, the Conference expanded to 16 universities spanning 10 states and four time zones. The Big 12 members include Arizona, Arizona State, Baylor, BYU, UCF, Cincinnati, Colorado, Houston, Iowa State, Kansas, Kansas State, Oklahoma State, TCU, Texas Tech, Utah and West Virginia. The Big 12 began play in 1996 and is the home of 91 team NCAA national championships, and 775 individual national champions.

The Big 12 Conference office is located in Irving, Texas.

2024 Big 12 Cross Country Championships

Nov. 1 | Waco, Texas | Cottonwood Creek Golf Course

1. BYU	41 points
2. Oklahoma State	**52 points**
3. Iowa State	62 points
4. Texas Tech	101 points
5. Colorado	122 points
6. TCU	222 points
7. Kansas	223 points
8. Cincinnati	234 points
9. Arizona	280 points
10. Houston	297 points
11. Arizona State	318 points
12. Kansas State	328 points
13. Baylor	380 points

All-Big 12: *Brian Musau (1st), Denis Kipngetich (6th), Victor Shitsama (9th)*

2025 Big 12 Indoor Championships

Feb. 28- March 1 | Lubbock, Texas | Sports Performance Center

1. Texas Tech	130 points
2. Oklahoma State	**90 points**
3. BYU	89 points
4. Iowa State	82 points
5. Houston	72 points
6. Kansas	55 points
7. Arizona	51.5 points
8. TCU	45 points
9. Baylor	42 points
10. Cincinnati	27 points
11. Arizona State	26 points
12. Colorado	16 points
13. Kansas State	14.5 points

Big 12 Champions: *Blair Anderson (Long Jump), Laban Kipkemboi (Mile, DMR), Fouad Messaoudi (DMR), Brian Musau (3,000 Meters), Jordon Smith (DMR), Alex Stitt (DMR)*

2025 Big 12 Outdoor Championships

May 15-17 | Lawrence, Kansas | Rock Chalk Park

1. Texas Tech	136 points
2. BYU	100.66 points
3. Houston	96 points
4. Kansas	73 points
5. Iowa State	72 points
6. TCU	64 points
7. Oklahoma State	**50 points**
8. Arizona	48 points
9. Baylor	47 points
10. Arizona State	40 points
11. Kansas State	39 points
12. Cincinnati	34.33 points
13. Colorado	18 points

Big 12 Champions: *Fouad Messaoudi (1,500 Meters)*

Opponent Capsules

ARIZONA WILDCATS

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	Roy P. Drachman Stadium
Director of XCTF:	Andrew Dubs
SID Contact:	Randi Bohler
SID E-mail:	rbohler@arizona.edu

ARIZONA STATE SUN DEVILS

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	Sun Angel Stadium
Director of XCTF:	Dion Miller
SID Contact:	Danny Sullivan
SID E-mail:	dbsulli2@asu.edu

BAYLOR BEARS

Home XC Course:	Cottonwood Creek Golf Course
Home Indoor Track:	None
Home Outdoor Track:	Clyde Hart Complex
Head Cross Country Coach	David Barnett
Head Track and Field Coach:	Michael Ford
SID Contact:	Jerry Hill
SID E-mail:	Jerry_Hill@baylor.edu

BYU COUGARS

Home XC Course:	None
Home Indoor Track:	Smith Fieldhouse
Home Outdoor Track:	Clarence F. Robison Track
Director of Track & Field:	Ed Eyestone
Women's SID Contact:	Halle Taylor
Men's SID Contact:	Ethan Tanner
SID E-mail:	track_sid@byu.edu

CINCINNATI BEARCATS

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	Gettler Stadium
Director of XCTF:	Susan Seaton
SID Contact:	David Cohen
SID E-Mail:	david.cohen@mail.uc.edu

COLORADO BUFFALOES

Home XC Course:	Buffalo Run Cross Country Course
Home Indoor Track:	Balch Fieldhouse
Home Outdoor Track:	Potts Field
Director of XCTF:	Sean Carlson
SID Contact:	Herman Shelton
SID Email:	Herman.Shelton@colorado.edu

HOUSTON COUGARS

Home XC Course:	None
Home Indoor Track:	Yeoman Fieldhouse
Home Outdoor Track:	Carl Lewis Intl. Complex
Director of XCTF:	Will Blackburn
SID Contact:	Mayra Gurrusquieta
SID E-mail:	mlgurrus@cougarnet.uh.edu

IOWA STATE CYCLONES

Home XC Course:	ISU Cross Country Course
Home Indoor Track:	Lied Recreational Center
Home Outdoor Track:	Cyclone Sports Complex
Director of XCTF:	Jeremy Sudbury
XC SID Contact:	Sarah Duysen
SID Email:	sduysen1@iastate.edu
T&F SID Contact:	Abby Hansen
SID E-mail:	abbyh1@iastate.edu

KANSAS JAYHAWKS

Home XC Course:	Rim Rock Farm
Home Indoor Track:	Anschutz Sports Pavilion
Home Outdoor Track:	Rock Chalk Park
Head Coach:	Stanley Redwine
XC SID Contact:	Andy Eisch
SID Email:	aeisch@ku.edu

KANSAS STATE WILDCATS

Home XC Course:	None
Home Indoor Track:	Track & Field Indoor Complex
Home Outdoor Track:	R.V. Christian Track
Director of XCTF:	Travis Geopfert
SID Contact:	Kaitlyn Sanders
SID E-Mail:	ksanders@kstatesports.com

TCU HORNED FROGS

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	Lowdon Track & Field Complex
Director of XCTF:	Khadevis Robinson
SID Contact:	Connor Allen
SID E-mail:	connor.allen@tcu.edu

UCF GOLDEN KNIGHTS

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	UCF Soccer and T&F Complex
Head Coach:	Dana Boone
SID Contact:	Aiden Kocol
SID E-mail:	akocol@athletics.ucf.edu

Opponent Capsules

TEXAS TECH RED RAIDERS

Home XC Course:	Chaparral Ridge XC Course
Home Indoor Track:	Sports Performance Center
Home Outdoor Track:	Fuller Track and Field
Director of XCTF:	Wes Kittley
Head Cross Country Coach:	Jon Murray
SID Contact:	Chris Duarte
SID E-mail:	Chris.Duarte@ttu.edu

UTAH UTES

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	McCarthey Family Track & Field Complex
Head XCTF Coach:	Kyle Kepler
SID Contact:	John Vu
SID Email:	JVu@huntsman.utah.edu

WEST VIRGINIA MOUNTAINEERS

Home XC Course:	None
Home Indoor Track:	None
Home Outdoor Track:	The Track & Field Complex at Mylan Park
Head Coach:	Sean Cleary
SID Contact:	Jaret Dyer
SID Email:	jaret.dyer@mail.wvu.edu

BIG 12 CONFERENCE

Home Office:	Irving, Texas
Commissioner:	Brett Yormark
SID Contact:	Adam Keyrouze
SID E-mail:	akeyrouze@big12sports.com

THE OKLAHOMA STATE TRACK & FIELD COMPLEX

OPENED - AUGUST 2013 | AREA - 20 ACRES | INVESTMENT - $9 MILLION

The Oklahoma State Track and Field Complex is one of the nation's most pristine facilities that gives the Cowboys and Cowgirls an edge.

Opened on Aug. 17, 2013, the state-of-the-art facility was built to precise specifications set by the National Collegiate Athletic Association (NCAA). The complex features a nine-lane 400-meter track with a steeplechase turnout; infield and adjacent areas for field events, including shot put, discus, hammer throw, pole vault, high jump, and long jump.

Multiple buildings on the complex are for use by teams and athletes, with natural seating areas for spectators and a surrounding landscape with drainage and retention areas.

The ammenities at the facility are among the best in the country, with locker rooms, bathrooms, a hydrotherapy pool and a student-athlete lounge that rival any in the country.

At a cost of approximately $9 million, the OSU Track and Field Complex was built on 20 acres of land on the northeast side of the Oklahoma State University campus.

The project was the latest in a long line of OSU Athletics Facility upgrades, which included the upgrade of Boone Pickens Stadium, the Cowboy and Cowgirl basketball locker rooms, the Sherman E. Smith Training Center, Michael & Anne Greenwood Tennis Center as well as Neal Patterson Stadium and O'Brate Stadium.

The OSU Track and Field Complex

SEASON REVIEW

Brian Musau and Denis Kipngetich Earn All-America Honors for Second Straight Season

2024 XC Highlights

• Brian Musau (5th) and Denis Kipngetich (11th) became the eighth and ninth Cowboys in program history to be two-time cross country All-Americans
• Musau claimed his second straight Big 12 XC title, becoming the first Cowboy in Big 12 history and the second in program history to win back-to-back conference titles on the grass
• The Cowboys claimed their 18th NCAA Midwest Regional title, with Kipngetich becoming the first Cowboy to win multiple regional cross country titles
• OSU qualified for the national championships for the 37th time overall and the 18th time under the direction of Dave Smith
• Musau was also named Big 12 Runner of the Year for the second straight year and Midwest Athlete of the Year for the first time

ALL-AMERICAN

Brian Musau - 5th place
Denis Kipngetich - 11th place

ALL-BIG 12

Brian Musau - 1st place
Denis Kipngetich - 6th place
Victor Shitsama - 9th place

ALL-REGION

Denis Kipngetich - 1st place
Laban Kipkemboi - 2nd place
Brian Musau - 6th place
Victor Shitsama - 7th place
Adisu Guadie - 12th place
Alex Stitt - 17th place

Coming off arguably the best season in program history in which the Cowboys won every regular season and postseason meet in dominant fashion, including a 49-point performance at the national meet, the Cowboys looked to repeat as national champions for the first time since 2010.

The Cowboys opened their 2024 season at the Cowboy Preview exhibition in Stillwater, placing fourth overall. Up next for the Cowboys was the 86th annual Cowboy Jamboree at the at the state-of-the-art Greiner Family OSU Cross Country Course in Stillwater.

OSU defeated three top-25 squad in No. 8 New Mexico, No. 22 Oregon and No. 24 Texas with a meet score of 19 points overall. Brian Musau put on arguably the performance of the season, defeating national Champion Habtom Samuel of New Mexico by eight seconds overall and shattering the OSU course record by over ten seconds on the day. Musau's victory was the fourth straight by a Cowboy at the Jamboree, joining Isai Rodriguez in 2021, Alex Maier 2022 and teammate Denis Kipngetich in 2023.

The rest of the Cowboys came through as well, with Laban Kipkemboi, Kipngetich, Victor Shitsama and Ryan Schoppe going 3-4-5-6 to secure the team victory.

Up next was essentially a dual meet with Oral Roberts at the Weis-Crockett Invitational in Stillwater, with OSU strolling to a 27-point victory over the Golden Eagles. Kipngetich picked up an eight-second individual victory over Kipkemboi, with nine Cowboys overall placing in the top ten.

Postseason action kicked off with the Big 12 Cross Country Championships in Waco, Texas, with the Cowboys looking to secure their fifth straight title.

Musau once again showed his dominant form on the grass, taking home the individual title for the second straight season, just the second Cowboy in program history to accomplish the feat and the first in the Big 12 era for OSU. His 8K time of 22:06.91 was the fastest by an OSU athlete by over 40 seconds as he defeated a field that included nearly 20 All-Americans.

Overall, the OSU men would finish second on the day behind No. 2 BYU and just ahead of No. 3 Iowa State as the three teams were separated by just 21 points.

Musau's individual victory was the third straight for the Cowboys, joining former teammate Alex Maier in 2022 and himself in 2023. Three Cowboys earned All-Big 12 honors as the conference expanded once again.

The postseason continued for the Cowboys as they traveled to Bradley University for the NCAA Midwest Regional Championships.

OSU returned to the top of the podium with an 18-point victory over the third-ranked Cyclones. Once again, a Cowboy took home the individual title as Kipngetich crossed the line 15 seconds before anyone else. His dominant display made him the first Cowboy in program history to win the regional title twice, let alone in back-to-back years.

Six Cowboys earned All-Regon honors as five Cowboys placed in the top-12 overall.

The Cowboys entered the NCAA Championships in Madison, Wis., ranked No. 2 in the country behind BYU with the opportunity to defend their national title.

Musau and Kipngetich became the eighth and ninth Cowboys in program history to be two-time cross country All-Americans as they finished fifth and 11th, respectively, racing in the lead pack for much of the race.

However, it was not meant to be for the OSU men in Madison, as the Cowboys came home in eighth place overall.

For his efforts during the season, Musau was named Big 12 Runner of the Year for the second straight year and USTFCCCA Midwest Athlete of the Year for the first time.

The 2025 squad will return three two-time cross country All-Americans in Kipngetich, Fouad Messaoudi and Musau as the Cowboys will look to return to the top of the mountain nationally.

2024 Cowboy Cross Country Results

2024 MEN'S RESULTS BY INDIVIDUAL

* = scored team points

TATE BARR

*26.	15:42.8	Cowboy Preview	Stillwater, Okla	5K
75.	25:53.7	Cowboy Jamboree	Stillwater, Okla.	8K

BEN CALUSINSKI

72.	25:51.0	Cowboy Jamboree	Stillwater, Okla	8K
19.	25:23.2	Weis-Crockett Invitational	Stillwater, Okla.	8K

WILL CONWAY

**38.	25:06.5	Cowboy Jamboree	Stillwater, Okla	8K
**15.	25:04.9	Weis-Crockett Invitational	Stillwater, Okla.	8K

JACOB DEACON

*18.	15:29.7	Cowboy Preview	Stillwater, Okla	5K
26.	24:34.4	Cowboy Jamboree	Stillwater, Okla.	8K
8.	24:21.0	Weis-Crockett Invitational	Stillwater, Okla.	8K
43.	23:47.3	Big 12 Championships	Waco, Texas	8K
33.	30:17.2	NCAA Midwest Regional	Peoria, Ill.	10K

HENRY DOVER

**125.	27:35.3	Cowboy Jamboree	Stillwater, Okla	8K
**16.	25:14.6	Weis-Crockett Invitational	Stillwater, Okla.	8K

AYDEN GRANADOS

*15.	15:26.9	Cowboy Preview	Stillwater, Okla	5K
81.	26:05.2	Cowboy Jamboree	Stillwater, Okla	8K
10.	24:49.5	Weis-Crockett Invitational	Stillwater, Okla.	8K

ADISU GUADIE

**10.	23:57.4	Cowboy Jamboree	Stillwater, Okla	8K
**5.	23:44.7	Weis-Crockett Invitational	Stillwater, Okla.	8K
*12.	29:27.7	NCAA Midwest Regional	Peoria, Ill.	10K
*110.	29:58.5	NCAA Championships	Madison, Wisc.	10K

HAMISH HART

34.	15:56.9	Cowboy Preview	Stillwater, Okla	5K
32.	25:11.2	Cowboy Jamboree	Stillwater, Okla	8K
9.	24:44.5	Weis-Crockett Invitational	Stillwater, Okla.	8K
45.	23:50.3	Big 12 Championships	Waco, Texas	8K

IAN KEMEY

*20.	15:36.6	Cowboy Preview	Stillwater, Okla	5K
95.	26:25.3	Cowboy Jamboree	Stillwater, Okla	8K

LABAN KIPKEMBOI

*3.	23:19.0	Cowboy Jamboree	Stillwater, Okla	8K
*2.	23:34.6	Weis-Crockett Invitational	Stillwater, Okla.	8K
*19.	22:57.9	Big 12 Championships	Waco, Texas	8K
*2.	29:06.2	NCAA Midwest Regional	Peoria, Ill.	10K
*107.	29:57.5	NCAA Championships	Madison, Wisc.	10K

DENIS KIPNGETICH

*4.	23:21.0	Cowboy Jamboree	Stillwater, Okla	8K
*1.	23:26.0	Weis-Crockett Invitational	Stillwater, Okla.	8K
*6.	22:29.1	Big 12 Championships	Waco, Texas	8K
*1.	28:51.4	NCAA Midwest Regional	Peoria, Ill.	10K
*11.	29:00.4	NCAA Championships	Madison, Wisc.	10K

JERRY MENDEZ

**90.	26:36.0	Cowboy Jamboree	Stillwater, Okla	8K
**29.	26:32.2	Weis-Crockett Invitational	Stillwater, Okla.	8K

FOUAD MESSAOUDI

*4.	23:36.1	Weis-Crockett Invitational	Stillwater, Okla.	8K
32.	23:25.8	Big 12 Championships	Waco, Texas	8K
222.	31:10.6	NCAA Championships	Madison, Wisc.	10K

DAVID MORA

44.	16:16.4	Cowboy Preview	Stillwater, Okla	5K
85.	26:13.4	Cowboy Jamboree	Stillwater, Okla	8K
20.	25:26.1	Weis-Crockett Invitational	Stillwater, Okla.	8K

WILL MUIRHEAD

*20.	24:23.4	Cowboy Jamboree	Stillwater, Okla.	8K
*6.	23:56.2	Weis-Crockett Invitational	Stillwater, Okla.	8K
44.	23:47.3	Big 12 Championships	Waco, Texas	8K

BRIAN MUSAU

*1.	22:55.6	Cowboy Jamboree	Stillwater, Okla	8K
12.	24:49.9	Weis-Crockett Invitational	Stillwater, Okla.	8K
*1.	22:06.9	Big 12 Championships	Waco, Texas	8K
*6.	29:17.3	NCAA Midwest Regional	Peoria, Ill.	10K
*5.	28:44.9	NCAA Championships	Madison, Wisc.	10K

OLIVER PATTON

**32.	24:50.5	Cowboy Jamboree	Stillwater, Okla	8K
**11.	24:49.9	Weis-Crockett Invitational	Stillwater, Okla.	8K

RYAN SCHOPPE

*6.	23:37.7	Cowboy Jamboree	Stillwater, Okla	8K
13.	25:01.5	Weis-Crockett Invitational	Stillwater, Okla.	8K
*17.	22:54.3	Big 12 Championships	Waco, Texas	8K
121.	30:01.6	NCAA Championships	Madison, Wisc.	10K

VICTOR SHITSAMA

*5.	23:22.0	Cowboy Jamboree	Stillwater, Okla	8K
14.	25:01.6	Weis-Crockett Invitational	Stillwater, Okla.	8K
*9.	22:30.9	Big 12 Championships	Waco, Texas	8K
*7.	29:17.3	NCAA Midwest Regional	Peoria, Ill.	10K
*70.	29:41.0	NCAA Championships	Madison, Wisc.	10K

GABE SIMONSEN

56.	25:30.6	Cowboy Jamboree	Stillwater, Okla.	8K
24.	25:47.6	Weis-Crockett Invitational	Stillwater, Okla.	8K

ALEX STITT

18.	24:17.9	Cowboy Jamboree	Stillwater, Okla.	8K
*7.	23:58.1	Weis-Crockett Invitational	Stillwater, Okla.	8K
20.	22:58.1	Big 12 Championships	Waco, Texas	8K
17.	29:46.5	NCAA Midwest Regional	Peoria, Ill.	10K

ETHAN STOVALL

**41.	16:10.3	Cowboy Preview	Stillwater, Okla	5K
**118.	27:22.3	Cowboy Jamboree	Stillwater, Okla	8K
**30.	26:56.2	Weis-Crockett Invitational	Stillwater, Okla.	8K

TIM SYNOWIEC

33.	15:54.5	Cowboy Preview	Stillwater, Okla	5K
70.	25:49.4	Cowboy Jamboree	Stillwater, Okla	8K
25.	26:11.6	Weis-Crockett Invitational	Stillwater, Okla.	8K

MATT THOMAS

*19.	15:35.9	Cowboy Preview	Stillwater, Okla	5K
74.	25:53.2	Cowboy Jamboree	Stillwater, Okla	8K
27.	26:15.5	Weis-Crockett Invitational	Stillwater, Okla.	8K

BRYCEN WARD

46.	17:08.8	Cowboy Preview	Stillwater, Okla	5K

2024 Cowboy Cross Country Results

2024 MEN'S TEAM RESULTS BY MEET

COWBOY PREVIEW
August 30, 2024 | Greiner Family OSU Cross Country Course | Stillwater, Oklahoma | 5K
1. Tulsa (26)
2. Texas A&M (59)
3. No. 3 Arkansas (85)
4. No. 1 Oklahoma State (97)
5. Oklahoma (103)

COWBOY JAMBOREE
September 28, 2024 | Greiner Family OSU Cross Country Course | Stillwater, Oklahoma | 8K
1. No. 1 Oklahoma State (19)
2. No. 8 New Mexico (45)
3. No. 22 Oregon (89)
4. No. 24 Texas (116)
5. Incarnate Word (151)

WEIS-CROCKETT INVITATIONAL
October 19, 2024 | Greiner Family OSU Cross Country Course | Stillwater, Oklahoma | 8K
1. No. 1 Oklahoma State (18)
2. Oral Roberts (45)
3. Nelson University (85)

BIG 12 CHAMPIONSHIPS
November 1, 2024 | Cottonwood Creek Golf Course | Waco, Texas | 8K
1. No. 2 BYU (41)
2. No. 1 Oklahoma State (52)
3. No. 4 Iowa State (62)

NCAA MIDWEST REGIONAL
November 15, 2024 | Detweiller Park | Peoria, Illinois | 10K
1. No. 2 Oklahoma State (25)
2. No. 4 Iowa State (43)
3. Tulsa (124)

NCAA CHAMPIONSHIPS
November 23, 2024 | Zimmer Championship Course | Madison, Wisconsin | 10K
1. No. 1 BYU (124)
2. No. 4 Iowa State (137)
8. No. 2 Oklahoma State (256)

* Scored Team Points
** Competed Unattached

Brian Musau won the 2024 Big 12 Cross Country Championships - the first Cowboy in program history to win in back-to-back seasons.

Brian Musau Wins NCAA 5K Title; Cowboys Finish in Top 5 at NCAA Championships for First Time in 60 Years

2025 Indoor Highlights

• The Cowboys placed fifth at the NCAA Indoor Championships with 26 points - the program's highest finish indoors since 1965
• Brian Musau became the first Cowboy in program history to win an NCAA title in the 5,000 Meters, doing so with a meet-record time of 13:11.34
• Oklahoma State earned its third straight top-10 finish at the NCAA Championships and third straight second-place finish at the Big 12 Championships
• Four Cowboys won Big 12 titles indoors (Laban Kipkemboi - Mile, Brian Musau - 3,000 Meters, Blair Anderson - Long Jump, Alex Stitt, Jordon Smith, Kipkemboi and Fouad Messaoudi - DMR)
• The Cowboy DMR squad won its fifth straight Big 12 title and ran the second-fastest mark in NCAA history at the Arkanas Qualifier
• Six school records were broken during the 2025 season (Mehdi Yanouri - 800 Meters, Messaoudi - Mile, Musau - 5,000 Meters, Hunter Vaughn - 60 Meter Hurdles, Will Bynum, Jordon Smith, Ty Cook and Mason Page - 4x400 Meter Relay, Musau, Jo. Smith, Yanouri, Ryan Schoppe - DMR)

ALL-AMERICAN

First Team
Denis Kipngetich - 5,000 Meters
Fouad Messaoudi - Mile
Brian Musau - 3,000 Meters
Brian Musau - 5,000 Meters
Ryan Schoppe - DMR
Jordon Smith - DMR
Alex Stitt - DMR
Mehdi Yanouri - DMR
Second Team
Laban Kipkemboi - Mile

ALL-BIG 12

Blair Anderson - Long Jump
Will Bynum - 4x400 Meter Relay
Ty Cook - 600 Yards, 4x400 Meter Relay
Laban Kipkemboi - Mile, DMR
Denis Kipngetich - 5,000 Meters
Hafez Mahadi - 800 Meters
Fouad Messaoudi - Mile, **DMR**
Brian Musau - 3,000 Meters
Mason Page - 4x400 Meter Relay
Ryan Schoppe - 3,000 Meters
Jordon Smith - 4x400 Meter Relay, **DMR**
Alex Stitt - 1,000 Meters, **DMR**
Mehdi Yanouri - 800 Meters

Bold = Big 12/NCAA Champion

Following back-to-back top-ten finishes at the NCAA Indoor Championships in 2023 and 2024, along with rising stars Brian Musau and Denis Kipngetich, the Cowboys were primed for a historic season in 2025.

The Cowboys showed the high expectations were warranted as they opened the season at the Sharon Colyear-Danville Season Opener in Boston, routinely one of the top distance meets in the world each December.

Up in Boston, Laban Kipkemboi kicked things off, breaking the school record in the Mile with his time of 3:54.73, which was tied for the 25th-fastest mark in NCAA history. Later in the day, Musau broke Alex Maier's 5,000 Meter school record with his time of 13:11.29, which was eighth in NCAA history and was the third-fastest ever run by a U20 athlete in world history indoors. Kipngetich also put down an impressive performance, clocking a 5K time of 13:18.33, which was third in program history. Both Musau and Kipngetich's times qualified them for the NCAA Championships later in the year.

The rest of the team opened up just over a month later at the Arkansas Invitational, with Ty Cook picking up his first win of the season in the 600 Yards. Later in the meet, Hafez Mahadi ran the second-fastest 600 Meter time in the invitational section with his time of 1:17.12. Rajaun Ricketts made his Cowboy debut, hitting the second-best Triple Jump in program history with his mark of 15.20 meters.

Two weeks later at the prestigious Razorback Invitational, Fouad Messaoudi reminded everyone of his middle-distance prowess, breaking the school record in the Mile with his time of 3:52.66, the seventh-fastest time in NCAA history. For his performance, Messaoudi was named Big 12 Indoor Track & Field Men's Athlete of the Week, the fifth such Cowboy to win the award indoors and his second. A second and third school record fell as Mahadi broke the school record in the 800 Meters at 1:47.69 before Mehdi Yanouri broke it in the next heat at 1:47.12.

The same weekend at the DeLoss Dodds Invitational, Blair Anderson (Long Jump) and the men's 4x400 Meter Relay won their individual events at Kansas State.

Rounding out the regular season, the OSU men traveled back to Arkansas for the Arkansas Qualifier. The Cowboy Distance Medley Relay squad of Musau, Jordon Smith, Yanouri and Ryan Schoppe became the second-fastest DMR in NCAA history with their school-record time of 9:16.24. Kipkemboi also punched his ticket to the NCAA Championships in the Mile with his winning time of 3:53.29.

After two consecutive second-place finishes at the 2023 and 2024 Big 12 Championships, the Cowboys got off to another hot start, with the DMR securing its fifth straight conference title in the event as Messaoudi anchored them to another title. Closing out the first night of action, Anderson finally got over the hump and won his first Big 12 title in the Long Jump. On the second and final day of action, Kipkemboi also won his first Big 12 individual title in the Mile, with Musau winning another conference title, this time in the 3,000 Meters as he punched his ticket to nationals with his meet-record time. Overall, the Cowboys placed second as a team for the third straight season with 90 points.

At the NCAA Indoor Championships in Virginia Beach, Va., Musau kicked action off with a bang, winning his first individual NCAA title in the 5,000 Meters with his meet-record time of 13:11.34, defeating New Mexico's Habtom Samuel with a last-lap pass for the victory. Musau was the Cowboys' first-ever NCAA champion in the 5K and he was joined on the award stand by Kipngetich, who took fifth in the same race, giving the Cowboys a huge 14 points combined. Later in the night, the Cowboy DMR took sixth as the Cowboys led the team standings after night one. One day two, Musau returned to take fifth in the 3,000 Meters and Messaoudi placed fourth in the 5,000 Meters to give OSU a fifth-place finish as a team, the program's highest finish indoors since 1965. Their fifth-place finish also marked the third straight top-10 finish as a team indoors, the first time in program history the OSU men accomplshed the feat.

For his performances indoors, Musau was named USTFCCCA Midwest Region Athlete of the Year and Dave Smith was named Midwest Region Coach of the Year.

The Cowboys will look to continue the momentum in 2026, as Musau and Kipngetich both return to lead the charge.

2025 Men's Indoor Results

2025 INDOOR RESULTS BY MEET

SHARON COLYEAR-DANVILLE SEASON OPENER

Dec. 7, 2024 | BU Track & Tennis Center | Boston, Massachusetts

Pl.	Athlete	Event	Mark
3.	Laban Kipkemboi	Mile	3:54.73
5.	Alex Stitt	Mile	3:56.03
24.	Mehdi Yanouri	Mile	4:05.52
3.	Brian Musau	5,000 Meters	13:11.29
7.	Denis Kipngetich	5,000 Meters	13:18.33
121.	Adisu Guadie	5,000 Meters	14:04.60

ARKANSAS INVITATIONAL

Jan. 17, 2025 | Randal Tyson Track Center | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
1.	Ty Cook	600 Meters	1:18.82
2.	Blake Wynne	600 Meters	1:18.85
3.	Mason Page	600 Meters	1:18.93
6.	Riley McGowan	600 Meters	1:19.36
7.	Will Bynum	600 Meters	1:19.46
9.	Jordon Smith	600 Meters	1:20.03
13.	Ben Currence	600 Meters	1:20.83
18.	Sebastian Pesante	600 Meters	1:23.13
2.	Hafez Mahadi	600 Meters Invitational	1:17.12
9.	David Mora	800 Meters	1:54.05
13.	Ayden Granados	800 Meters	1:55.15
16.	James Edmond	800 Meters	1:55.74
29.	Jerry Mendez	800 Meters	1:58.27
30.	Max Clark	800 Meters	1:58.59
2.	Mehdi Yanouri	1,000 Meters	2:22.00
6.	David Mora	1,000 Meters	2:25.08
7.	Ayden Granados	1,000 Meters	2:26.42
9.	Henry Dover	1,000 Meters	2:27.20
10.	Triston Read	1,000 Meters	2:27.65
12.	Jerry Mendez	1,000 Meters	2:28.08
14.	Kian Davis	1,000 Meters	2:30.02
16.	Will Conway	1,000 Meters	2:30.53
17.	Hamish Hart	1,000 Meters	2:33.82
23.	Gabe Simonsen	Mile	4:16.66
28.	Ben Calusinski	Mile	4:21.54
10.	Ethan Stovall	3,000 Meters	8:20.55
13.	Tate Barr	3,000 Meters	8:22.98
24.	Tim Synowiec	3,000 Meters	8:35.98
8.	Hunter Vaughn	60 Meter Hurdles Qual.	8.23
8.	Hunter Vaughn	60 Meter Hurdles Prel.	8.14
7.	Hunter Vaughn	60 Meter Hurdles	8.16
7.	T. Cook, H. Mahadi M. Yanouri, T. Read	4x400 Meter Relay	3:16.17
13.	C. Shaw, C. Moore M. Clark, J. Edmond	4x400 Meter Relay	3:27.40
8.	Kade Benjamin	High Jump	2.02m
4.	Crayton Shaw	Pole Vault	4.75m
9.	Cooper Moore	Pole Vault	4.60m
5.	Blair Anderson	Long Jump	7.41m
2.	Rajaun Ricketts	Triple Jump	15.20m

OWEN HEWETT INVITATIONAL

Jan. 17, 2025 | Mosier Indoor Track Facility | Norman, Oklahoma

Pl.	Athlete	Event	Mark
3.	Sam Mason	Weight Throw	18.96m

RAZORBACK INVITATIONAL

Jan. 31-Feb. 1, 2025 | Randal Tyson Track Center | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
5.	Mehdi Yanouri	800 Meters	1:47.12
9.	Hafez Mahadi	800 Meters	1:47.69
14.	Laban Kipkemboi	800 Meters	1:48.54
30.	Ty Cook	800 Meters	1:52.61
32.	Triston Read	800 Meters	1:52.63
1.	Fouad Messaoudi	Mile	3:52.66
5.	Brian Musau	Mile	3:54.78
7.	Laban Kipkemboi	Mile	3:55.88
8.	Ryan Schoppe	Mile	3:56.09
22.	Denis Kipngetich	Mile	4:00.50
25.	Ayden Granados	Mile	4:01.34
31.	Oliver Patton	Mile	4:03.65
35.	Tate Barr	Mile	4:05.53
38.	Will Conway	Mile	4:06.60
51.	Henry Dover	Mile	4:10.50
54.	Jacob Deacon	Mile	4:11.54
55.	Matthew Thomas	Mile	4:12.07
62.	David Mora	Mile	4:14.44
63.	Ethan Stovall	Mile	4:17.44
64.	Jerry Mendez	Mile	4:18.46
-.	Mehdi Yanouri	Mile	DNF
5.	Adisu Guadie	3,000 Meters	7:59.07
13.	Kian Davis	3,000 Meters	8:10.56
20.	Hamish Hart	3,000 Meters	8:14.04
37.	Ben Calusinski	3,000 Meters	8:37.45
39.	Ian Kemey	3,000 Meters	8:47.11
10.	T. Cook, H. Mahadi M. Yanouri, T. Read	4x400 Meter Relay	3:13.83

DELOSS DODDS INVITATIONAL

Jan. 31-Feb. 1, 2025 | Cliff Rovelto Indoor Track | Manhattan, Kansas

Pl.	Athlete	Event	Mark
4.	Carter Wilkerson	60 Meters Prelims	6.88
3.	Carter Wilkerson	60 Meters	6.89
2.	Mason Page	600 Yards	1:09.41
3.	Blake Wynne	600 Yards	1:09.75
4.	Will Bynum	600 Yards	1:09.78
5.	Caio Almeida	600 Yards	1:10.95
6.	Ben Currence	600 Yards	1:11.18
7.	Riley McGowan	600 Yards	1:12.31
5.	James Edmond	800 Meters	1:53.88
8.	Max Clark	800 Meters	1:56.47
11.	Ashdyn Kahouch	800 Meters	2:02.98
6.	Hunter Vaughn	60 Meter Hurdles Prel.	8.20
4.	Hunter Vaughn	60 Meter Hurdles	8.17
3.	Kade Benjamin	High Jump	1.98m
1.	Blair Anderson	Long Jump	7.49m
2.	Rajaun Ricketts	Long Jump	7.31m
1.	B. Wynne, W. Bynum C. Almeida, M. Page	4x400 Meter Relay	3:10.41
2.	H. Vaughn, B. Currence R. McGowan, A. Kahouch	4x400 Meter Relay	3:15.53
5.	Crayton Shaw	Heptathlon	5,046 Points
		3. 60 Meters	7.19
		9. Long Jump	5.89m
		2. Shot Put	12.02m
		7. High Jump	1.77m
		5. 60 MH	8.56
		1. Pole Vault	4.80m
		3. 1,000 Meters	2:50.37
8.	Cooper Moore	Heptathlon	4,204 Points
		7. 60 Meters	7.29
		4. Long Jump	6.54m
		3. Shot Put	11.46m
		3. High Jump	1.89m
		-. 60 MH	NT
		3. Pole Vault	4.50m
		6. 1,000 Meters	2:58.78

JD MARTIN INVITATIONAL

Jan. 31, 2025 | Mosier Indoor Track | Norman, Oklahoma

Pl.	Athlete	Event	Mark
1.	Sam Mason	Weight Throw	20.58m
3.	Zac Robbins	Weight Throw	18.26m

2025 Men's Indoor Results

STEVE MILLER INVITATIONAL

Feb. 7, 2025 | Cliff Rovelto Indoor Track | Manhattan, Kansas

Pl.	Athlete	Event	Mark
6.	Carter Wilkerson	60 Meters Prelims	6.89
5.	Carter Wilkerson	60 Meters	6.88
2.	Ty Cook	600 Yards	1:09.25
4.	Jordon Smith	600 Yards	1:09.94
5.	Mason Page	600 Yards	1:10.43
6.	Ben Currence	600 Yards	1:10.77
9.	Sebastian Pesante	600 Yards	1:11.63
10.	Riley McGowan	600 Yards	1:11.75
11.	Ashdyn Kahouch	600 Yards	1:11.92
5.	Triston Read	800 Meters Invitational	1:52.34
8.	Hunter Vaughn	60 Meter Hurdles Prel.	8.10
6.	Hunter Vaughn	60 Meter Hurdles	8.03
-.	Kade Benjamin	High Jump	NH
6.	Blake Wynne	Long Jump	7.33m
3.	Sam Mason	Weight Throw	19.28m
11.	Zac Robbins	Weight Throw	13.52m
2.	W. Bynum, Jo. Smith T. Cook, B. Wynne	4x400 Meter Relay	3:10.63
8.	R. McGowan, B. Currence A. Kahouch, T. Read	4x400 Meter Relay	3:15.62

TYSON INVITATIONAL

Feb. 14-15, 2025 | Randal Tyson Track Center | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
29.	Crayton Shaw	60 Meters	7.22
24.	Will Bynum	400 Meters Invitational	47.28
15.	Blake Wynne	400 Meters	47.96
30.	Jordon Smith	400 Meters	48.64
46.	Sebastian Pesante	400 Meters	49.41
3.	Ty Cook	800 Meters	1:49.19
15.	Triston Read	800 Meters	1:51.77
32.	Ben Currence	800 Meters	1:53.54
8.	Hafez Mahadi	800 Meters Invitational	1:47.32
13.	Mehdi Yanouri	800 Meters Invitational	1:47.71
2.	Laban Kipkemboi	Mile	3:56.44
4.	Alex Stitt	Mile	3:59.11
6.	Ayden Granados	Mile	4:00.40
10.	Oliver Patton	Mile	4:02.65
25.	Henry Dover	Mile	4:07.05
53.	Jacob Deacon	Mile	4:13.15
62.	Kian Davis	Mile	4:17.57
64.	Will Conway	Mile	4:18.87
1.	Denis Kipngetich	3,000 Meters Inv.	7:42.04
6.	Brian Musau	3,000 Meters Inv.	7:47.17
13.	Ryan Schoppe	3,000 Meters Inv.	7:52.81
14.	Fouad Messaoudi	3,000 Meters Inv.	7:53.35
21.	Henry Dover	3,000 Meters Inv.	7:57.70
27.	Will Conway	3,000 Meters Inv.	8:05.55
7.	Jacob Deacon	3,000 Meters	8:14.16
12.	Tate Barr	3,000 Meters	8:18.54
20.	Hunter Vaughn	60 MH Invitational Prel.	8.15
3.	Cooper Moore	60 Meter Hurdles	8.23
-.	Cooper Moore	Pole Vault	NH
-.	Crayton Shaw	Pole Vault	NH
3.	Blair Anderson	Long Jump	7.50m
3.	Rajaun Ricketts	Triple Jump	15.05m
15.	Sam Mason	Weight Throw	19.04m
19.	Zac Robbins	Weight Throw	18.43m
7.	B. Wynne, T. Cook Jo. Smith, W. Bynum	4x400 Meter Relay	3:08.91
17.	C. Almeida, A. Kahouch H. Mahadi, S. Pesante	4x400 Meter Relay	3:12.63

ARKANSAS QUALIFIER

Feb. 21, 2025 | Randal Tyson Track Center | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
21.	Cooper Moore	60 Meter Prelims	7.30
26.	Sebastian Pesante	400 Meters	49.31
27.	Hunter Reimers	400 Meters	49.89
5.	Mehdi Yanouri	800 Meters	1:47.94
9.	Ty Cook	800 Meters	1:48.66
18.	Triston Read	800 Meters	1:51.65
33.	James Edmond	800 Meters	1:54.97
39.	Ben Currence	800 Meters	1:57.10
1.	Laban Kipkemboi	Mile	3:53.29
3.	Alex Stitt	Mile	3:54.20
14.	David Mora	Mile	4:08.46
21.	Tate Barr	Mile	4:10.41
1.	Kian Davis	3,000 Meters	8:02.78
3.	Jacob Deacon	3,000 Meters	8:03.83
5.	Matt Thomas	3,000 Meters	8:20.27
7.	Ethan Stovall	3,000 Meters	8:23.62
10.	Ben Calusinski	3,000 Meters	8:30.59
12.	Gabe Simonsen	3,000 Meters	8:35.96
14.	Tim Synowiec	3,000 Meters	8:39.54
15.	Hunter Vaughn	60 Meter Hurdles Prel.	8.17
22.	Crayton Shaw	60 Meter Hurdles Prel.	8.72
3.	Kade Benjamin	High Jump	2.06m
6.	Blake Wynne	Long Jump	7.28m
3.	Rajaun Ricketts	Triple Jump	15.03m
10.	Crayton Shaw	Shot Put	12.73m
11.	Cooper Moore	Shot Put	11.28m
2.	Zac Robbins	Weight Throw	19.18m
1.	W. Bynum, M. Page Jo. Smith, B. Wynne	4x400 Meter Relay	3:10.86
2.	C. Almeida, A. Kahouch H. Vaughn, S. Pesante	4x400 Meter Relay	3:14.75
2.	B. Musau, Jo. Smith M. Yanouri, R. Schoppe	Distance Medley Relay	9:16.24

BIG 12 INDOOR CHAMPIONSHIP

Feb. 28-March 1 | Sports Performance Center | Lubbock, Texas

Pl.	Athlete	Event	Mark
17.	Will Bynum	400 Meters Prelims	46.85
19.	Jordon Smith	400 Meters Prelims	47.17
1.	Ty Cook	600 Yards Prelims	1:07.95
10.	Mason Page	600 Yards Prelims	1:09.39
12.	Blake Wynne	600 Yards Prelims	1:09.64
15.	Caio Almeida	600 Yards Prelims	1:09.87
18.	Ben Currence	600 Yards Prelims	1:10.27
5.	Ty Cook	600 Yards	1:08.81
2.	Hafez Mahadi	800 Meters Prelims	1:47.46
7.	Mehdi Yanouri	800 Meters Prelims	1:47.73
5.	Hafez Mahadi	800 Meters	1:48.44
7.	Mehdi Yanouri	800 Meters	1:50.28
1.	Alex Stitt	1,000 Meters Prelims	2:23.08
10.	David Mora	1,000 Meters Prelims	2:25.78
13.	Henry Dover	1,000 Meters Prelims	2:26.42
2.	Alex Stitt	1,000 Meters	2:20.83
1.	Laban Kipkemboi	Mile Prelims	4:03.83
2.	Fouad Messaoudi	Mile Prelims	4:05.38
12.	Ayden Granados	Mile Prelims	4:08.89
13.	Oliver Patton	Mile Prelims	4:13.79
1.	**Laban Kipkemboi**	**Mile**	**4:08.63**
2.	Fouad Messaoudi	Mile	4:09.72
1.	**Brian Musau**	**3,000 Meters**	**7:45.79**
2.	Ryan Schoppe	3,000 Meters	7:47.79
14.	Henry Dover	3,000 Meters	8:09.85
15.	Adisu Guadie	3,000 Meters	8:10.18
17.	Oliver Patton	3,000 Meters	8:10.57
19.	Ayden Granados	3,000 Meters	8:12.85
27.	Jacob Deacon	3,000 Meters	8:22.40
2.	Denis Kipngetich	5,000 Meters	13:29.99
11.	Adisu Guadie	5,000 Meters	14:05.86
6.	W. Bynum, M. Page T. Cook, Jo. Smith	4x400 Meter Relay	3:06.55
1.	**A. Stitt, Jo. Smith L. Kipkemboi, F. Messaoudi**	**Distance Medley Relay**	**9:30.88**
4.	Kade Benjamin	High Jump	2.08m

2025 Men's Indoor Results

1.	**Blair Anderson**	**Long Jump**	**7.62m**
12.	Blake Wynne	Long Jump	7.16m
13.	Sam Mason	Weight Throw	18.09m
10.	Cooper Moore	Heptathlon	5,222 points
		12. 60 Meters	7.17
		12. Long Jump	6.53m
		10. Shot Put	12.06m
		12. High Jump	1.86m
		10. 60 MH	8.44
		8. Pole Vault	4.81m
		15. 1,000 Meters	2:58.37
18.	Will Quintana	Heptathlon	4, 172 points
		13. 60 Meters	7.21
		19. Long Jump	5.65m
		-. Shot Put	NM
		18. High Jump	1.74m
		13. 60 MH	8.58
		12. Pole Vault	4.51m
		16. 1,000 Meters	2:59.41

Team Scores

*1. Texas Tech (130)... **2. Oklahoma State (90)**... 3. BYU (89)... 4. Iowa State (82)... 5. Houston (72)*

NCAA INDOOR CHAMPIONSHIP

March 14-15, 2025 | Virginia Beach Sports Center | Virginia Beach, VA

Pl.	Athlete	Event	Mark
5.	Fouad Messaoudi	Mile (P)	3:58.04
12.	Laban Kipkemboi	Mile (P)	3:58.72
4.	Fouad Messaoudi	Mile	3:54.72
5.	Brian Musau	3,000 Meters	7:53.40
1.	**Brian Musau**	**5,000 Meters**	**13:11.34**
5.	Denis Kipngetich	5,000 Meters	13:13.71
6.	A. Stitt, Jo. Smith M. Yanouri, R. Schoppe	Distance Medley Relay	9:20.10

Team Scores

*1. USC (39)... 2. Georgia (33)... 3. Auburn (32)... 4. Arkansas (30)... **5. Oklahoma State (26)***

(BOLD)= Indicates Big 12/NCAA Champion

2025 INDOOR RESULTS BY INDIVIDUAL

CAIO ALMEIDA

5.	600 Yards	1:10.95	1/31/25	DeLoss Dodds Invitational
1.	4x400 Relay	3:10.41	1/31/25	DeLoss Dodds Invitational
17.	4x400 Relay	3:12.63	2/14/25	Tyson Invitational
2.	4x400 Relay	3:14.75	2/21/25	Arkansas Qualifier
15.	600 Yards (P)	1:09.87	2/28/25	Big 12 Championships

BLAIR ANDERSON

5.	Long Jump	7.41m	1/17/25	Arkansas Invitational
1.	Long Jump	7.49m	1/31/25	DeLoss Dodds Invitational
3.	Long Jump	7.50m	2/14/25	Tyson Invitational
1.	**Long Jump**	**7.62m**	**2/28/25**	**Big 12 Championships**

TATE BARR

13.	3,000 Meters	8:22.98	1/17/25	Arkansas Invitational
35.	Mile	4:05.53	1/31/25	Razorback Invitational
12.	3,000 Meters	8:18.54	2/14/25	Tyson Invitational
21.	Mile	4:10.41	2/21/25	Arkansas Qualifier

KADE BENJAMIN

8.	High Jump	2.02m	1/17/25	Arkansas Invitational
3.	High Jump	1.98m	1/31/25	DeLoss Dodds Invitational
-.	High Jump	NH	2/7/25	Steve Miller Invitational
3.	High Jump	2.06m	2/21/25	Arkansas Qualifier
4.	High Jump	2.08m	3/1/25	Big 12 Championships

WILL BYNUM

7.	600 Meters	1:19.46	1/17/25	Arkansas Invitational
4.	600 Yards	1:09.78	1/31/25	DeLoss Dodds Invitational
1.	4x400 Relay	3:10.41	1/31/25	DeLoss Dodds Invitational
2.	4x400 Relay	3:10.63	2/7/25	Steve Miller Invitational
24.	400 Meters Inv.	47.28	2/14/25	Tyson Invitational
7.	4x400 Relay	3:08.91	2/14/25	Tyson Invitational
1.	4x400 Relay	3:10.86	2/21/25	Arkansas Qualifier
17.	400 Meters (P)	46.85	2/28/25	Big 12 Championships
6.	4x400 Relay	3:06.55	3/1/25	Big 12 Championships

BEN CALUSINSKI

28.	Mile	4:21.54	1/17/25	Arkansas Invitational
37.	3,000 Meters	8:37.45	1/31/25	Razorback Invitational
10.	3,000 Meters	8:30.59	2/21/25	Arkansas Qualifier

MAX CLARK

30.	800 Meters	1:58.59	1/17/25	Arkansas Invitational
13.	4x400 Relay	3:27.40	1/17/25	Arkansas Invitational
8.	800 Meters	1:56.47	1/31/25	DeLoss Dodds Invitational
27.	400 Meters	49.89	2/21/25	Arkansas Qualifier

WILL CONWAY

16.	1,000 Meters	2:30.53	1/17/25	Arkansas Invitational
38.	Mile	4:06.60	1/31/25	Razorback Invitational
64.	Mile	4:18.87	2/14/25	Tyson Invitational
27.	3,000 Meters Inv.	8:05.55	2/14/25	Tyson Invitational

TY COOK

1.	600 Meters	1:18.82	1/17/25	Arkansas Invitational
30.	800 Meters	1:52.61	1/31/25	Razorback Invitational
10.	4x400 Relay	3:13.83	1/31/25	Razorback Invitational
2.	600 Yards	1:09.25	2/7/25	Steve Miller Invitational
2.	4x400 Relay	3:10.63	2/7/25	Steve Miller Invitational
3.	800 Meters	1:49.19	2/14/25	Tyson Invitational
7.	4x400 Relay	3:08.91	2/14/25	Tyson Invitational
9.	800 Meters	1:48.66	2/21/25	Arkansas Qualifier
1.	600 Yards (P)	1:07.95	2/28/25	Big 12 Championships
5.	600 Yards (F)	1:08.81	3/1/25	Big 12 Championships
6.	4x400 Relay	3:06.55	3/1/25	Big 12 Championships

BEN CURRENCE

13.	600 Meters	1:20.83	1/17/25	Arkansas Invitational
6.	600 Yards	1:11.18	1/31/25	DeLoss Dodds Invitational
2.	4x400 Relay	3:15.53	1/31/25	DeLoss Dodds Invitational
6.	600 Yards	1:10.77	2/7/25	Steve Miller Invitational
6.	4x400 Relay	3:15.62	2/7/25	Steve Miller Invitational
32.	800 Meters	1:53.54	2/14/25	Tyson Invitational
18.	600 Yards (P)	1:10.27	2/28/25	Big 12 Championships

KIAN DAVIS

14.	1,000 Meters	2:30.02	1/17/25	Arkansas Invitational
13.	3,000 Meters	8:10.56	1/31/25	Razorback Invitational
62.	Mile	4:17.57	2/14/25	Tyson Invitational
1.	3,000 Meters	8:02.78	2/21/25	Arkansas Qualifier

JACOB DEACON

54.	Mile	4:11.54	1/31/25	Razorback Invitational
53.	Mile	4:13.15	2/14/25	Tyson Invitational
7.	3,000 Meters	8:14.16	2/14/25	Tyson Invitational
3.	3,000 Meters	8:03.83	2/21/25	Arkansas Qualifier
27.	3,000 Meters	8:22.40	3/1/25	Big 12 Championships

HENRY DOVER

9.	1,000 Meters	2:27.20	1/17/25	Arkansas Invitational
51.	Mile	4:10.50	1/31/25	Razorback Invitational
25.	Mile	4:07.05	2/14/25	Tyson Invitational
21.	3,000 Meters Inv.	7:57.70	2/14/25	Tyson Invitational
13.	1,000 Meters (P)	2:26.42	2/28/25	Big 12 Championships
14.	3,000 Meters	8:09.85	3/1/25	Big 12 Championships

JAMES EDMOND

16.	800 Meters	1:55.74	1/17/25	Arkansas Invitational

2025 Men's Indoor Results

13.	4x400 Relay	3:27.40	1/17/25	Arkansas Invitational
5.	800 Meters	1:53.88	1/31/25	DeLoss Dodds Invitational
33.	800 Meters	1:54.97	2/21/25	Arkansas Qualifier

AYDEN GRANADOS

13.	800 Meters	1:55.15	1/17/25	Arkansas Invitational
7.	1,000 Meters	2:26.42	1/17/25	Arkansas Invitational
25.	Mile	4:01.34	1/31/25	Razorback Invitational
6.	Mile	4:00.40	2/14/25	Tyson Invitational
12.	Mile (P)	4:08.89	2/28/25	Big 12 Championships
19.	3,000 Meters	8:12.85	3/1/25	Big 12 Championships

ADISU GUADIE

121.	5,000 Meters	14:04.60	12/7/24	Sharon Colyear-Danville Season Opener
5.	3,000 Meters	7:59.07	1/31/25	Razorback Invitational
11.	5,000 Meters	14:05.86	2/28/25	Big 12 Championships
15.	3,000 Meters	8:10.18	3/1/25	Big 12 Championships

HAMISH HART

17.	1,000 Meters	2:33.82	1/17/25	Arkansas Invitational
20.	3,000 Meters	8:14.04	1/31/25	Razorback Invitational

ASHDYN KAHOUCH

11.	800 Meters	2:02.98	1/31/25	DeLoss Dodds Invitational
2.	4x400 Relay	3:15.53	1/31/25	DeLoss Dodds Invitational
11.	600 Yards	1:11.92	2/7/25	Steve Miller Invitational
6.	4x400 Relay	3:15.62	2/7/25	Steve Miller Invitational
17.	4x400 Relay	3:12.63	2/14/25	Tyson Invitational
2.	4x400 Relay	3:14.75	2/21/25	Arkansas Qualifier

IAN KEMEY

39.	3,000 Meters	8:47.11	1/31/25	Razorback Invitational

DENIS KIPNGETICH

7.	5,000 Meters	13:18.33	12/7/24	Sharon Colyear-Danville Season Opener
22.	Mile	4:00.50	1/31/25	Razorback Invitational
1.	3,000 Meters Inv.	7:42.04	2/14/25	Tyson Invitational
2.	5,000 Meters	13:29.99	2/28/25	Big 12 Championships
5.	5,000 Meters	13:13.71	3/14/25	NCAA Championships

LABAN KIPKEMBOI

3.	Mile	3:54.73	12/7/24	Sharon Colyear-Danville Season Opener
14.	800 Meters	1:48.54	1/31/25	Razorback Invitational
7.	Mile	3:55.88	1/31/25	Razorback Invitational
2.	Mile	3:56.44	2/14/25	Tyson Invitational
1.	Mile	3:53.29	2/21/25	Arkansas Qualifier
1.	Mile (P)	4:03.83	2/28/25	Big 12 Championships
1.	**DMR**	**9:30.88**	**2/28/25**	**Big 12 Championships**
1.	**Mile (F)**	**4:08.63**	**3/1/25**	**Big 12 Championships**
12.	Mile (P)	3:58.72	3/14/25	NCAA Championships

HAFEZ MAHADI

2.	600 Meters Inv.	1:17.12	1/17/25	Arkansas Invitational
9.	800 Meters	1:47.69	1/31/25	Razorback Invitational
10.	4x400 Relay	3:13.83	1/31/25	Razorback Invitational
8.	800 Meters Inv.	1:47.32	2/14/25	Tyson Invitational
17.	4x400 Relay	3:12.63	2/14/25	Tyson Invitational
2.	800 Meters (P)	1:47.46	2/28/25	Big 12 Championships
5.	800 Meters (F)	1:48.44	3/1/25	Big 12 Championships

SAM MASON

3.	Weight Throw	18.96m	1/17/25	Owen Hewett Invitational
1.	Weight Throw	20.58m	1/31/25	JD Martin Invitational
3.	Weight Throw	19.28m	2/7/25	Steve Miller Invitational
15.	Weight Throw	19.04m	2/14/25	Tyson Invitational
13.	Weight Throw	18.09m	2/28/25	Big 12 Championships

RILEY MCGOWAN

6.	600 Meters	1:19.36	1/17/25	Arkansas Invitational
7.	600 Yards	1:12.31	1/31/25	DeLoss Dodds Invitational
2.	4x400 Relay	3:15.53	1/31/25	DeLoss Dodds Invitational
10.	600 Yards	1:11.75	2/7/25	Steve Miller Invitational
6.	4x400 Relay	3:15.62	2/7/25	Steve Miller Invitational
39.	800 Meters	1:57.10	2/21/25	Arkansas Qualifier

JERRY MENDEZ

29.	800 Meters	1:58.27	1/17/25	Arkansas Invitational
12.	1,000 Meters	2:28.08	1/17/25	Arkansas Invitational
64.	Mile	4:18.46	1/31/25	Razorback Invitational

FOUAD MESSAOUDI

1.	Mile	3:52.66	1/31/25	Razorback Invitational
14.	3,000 Meters Inv.	7:53.35	2/14/25	Tyson Invitational
2.	Mile (P)	4:05.38	2/28/25	Big 12 Championships
1.	**DMR**	**9:30.88**	**2/28/25**	**Big 12 Championships**
2.	Mile (F)	4:09.72	3/1/25	Big 12 Championships
9.	Mile (P)	3:58.04	3/14/25	NCAA Championships
4.	Mile (F)	3:54.72	3/15/25	NCAA Championships

COOPER MOORE

20.	60 MH (Q)	8.75	1/17/25	Arkansas Invitational
9.	Pole Vault	4.60m	1/17/25	Arkansas Invitational
13.	4x400 Relay	3:27.40	1/17/25	Arkansas Invitational
8.	Heptathlon	4,204 Points	1/31/25	DeLoss Dodds Invitational
	7. 60 Meters	7.29		
	4. Long Jump	6.54m		
	3. Shot Put	11.46m		
	3. High Jump	1.89m		
	-. 60 MH	NT		
	3. Pole Vault	4.50m		
	6. 1,000 Meters	2:58.78		
3.	60 Meter Hurdles	8.23	2/14/25	Tyson Invitational
-.	Pole Vault	NH	2/14/25	Tyson Invitational
21.	60 MH (P)	7.30	2/21/25	Arkansas Qualifier
11.	Shot Put	11.28m	2/21/25	Arkansas Qualifier

DAVID MORA

9.	800 Meters	1:54.05	1/17/25	Arkansas Invitational
6.	1,000 Meters	2:25.08	1/17/25	Arkansas Invitational
62.	Mile	4:14.44	1/31/25	Razorback Invitational
14.	Mile	4:08.46	2/21/25	Arkansas Qualifier
10.	1,000 Meters (P)	2:25.78	2/28/25	Big 12 Championships

BRIAN MUSAU

3.	5,000 Meters	13:11.29	12/7/24	Sharon Colyear-Danville Season Opener
5.	Mile	3:54.78	1/31/25	Razorback Invitational
6.	3,000 Meters Inv.	7:47.17	2/14/25	Tyson Invitational
2.	DMR	9:16.24	2/21/25	Arkansas Qualifier
1.	**3,000 Meters**	**7:45.79**	**3/1/25**	**Big 12 Championships**
1.	***5,000 Meters***	***13:11.34***	***3/14/25***	***NCAA Championships***
5.	3,000 Meters	7:53.40	3/15/25	NCAA Championships

MASON PAGE

3.	600 Meters	1:18.93	1/17/25	Arkansas Invitational
2.	600 Yards	1:09.41	1/31/25	DeLoss Dodds Invitational
1.	4x400 Relay	3:10.41	1/31/25	DeLoss Dodds Invitational
5.	600 Yards	1:10.43	2/7/25	Steve Miller Invitational
1.	4x400 Relay	3:10.86	2/21/25	Arkansas Qualifier
10.	600 Yards (P)	1:09.39	2/28/25	Big 12 Championships
6.	4x400 Relay	3:06.55	3/1/25	Big 12 Championships

OLIVER PATTON

31.	Mile	4:03.65	1/31/25	Razorback Invitational
10.	Mile	4:02.65	2/14/25	Tyson Invitational
13.	Mile (P)	4:13.79	2/28/25	Big 12 Championships
17.	3,000 Meters	8:10.57	3/1/25	Big 12 Championships

2025 Men's Indoor Results

SEBASTIAN PESANTE

18.	600 Meters	1:23.13	1/17/25	Arkansas Invitational
9.	600 Yards	1:11.63	2/7/25	Steve Miller Invitational
46.	400 Meters	49.41	2/14/25	Tyson Invitational
17.	4x400 Relay	3:12.63	2/14/25	Tyson Invitational
26.	400 Meters	49.31	2/21/25	Arkansas Qualifier
2.	4x400 Relay	3:14.75	2/21/25	Arkansas Qualifier

TRISTON READ

10.	1,000 Meters	2:27.65	1/17/25	Arkansas Invitational
32.	800 Meters	1:52.63	1/31/25	Razorback Invitational
10.	4x400 Relay	3:13.83	1/31/25	Razorback Invitational
5.	800 Meters Inv.	1:52.34	2/7/25	Steve Miller Invitational
6.	4x400 Relay	3:15.62	2/7/25	Steve Miller Invitational
15.	800 Meters	1:51.77	2/14/25	Tyson Invitational
18.	800 Meters	1:51.65	2/21/25	Arkansas Qualifier

RAJAUN RICKETTS

2.	Triple Jump	15.20m	1/17/25	Arkansas Invitational
2.	Long Jump	7.31m	1/31/25	DeLoss Dodds Invitational
3.	Triple Jump	15.05m	2/14/25	Tyson Invitational
3.	Triple Jump	15.03m	2/21/25	Arkansas Qualifier

ZAC ROBBINS

3.	Weight Throw	18.26m	1/31/25	JD Martin Invitational
11.	Weight Throw	13.52m	2/7/25	Steve Miller Invitational
19.	Weight Throw	18.43m	2/14/25	Tyson Invitational
2.	Weight Throw	19.18,	2/21/25	Arkansas Qualifier

RYAN SCHOPPE

8.	Mile	3:56.09	1/31/25	Razorback Invitational
13.	3,000 Meters Inv.	7:52.81	2/14/25	Tyson Invitational
2.	DMR	9:16.24	2/21/25	Arkansas Qualifier
2.	3,000 Meters	7:47.79	3/1/25	Big 12 Championships
6.	DMR	9:20.10	3/14/25	NCAA Championships

CRAYTON SHAW

17.	60 MH (Q)	8.61	1/17/25	Arkansas Invitational
4.	Pole Vault	4.75m	1/17/25	Arkansas Invitational
13.	4x400 Relay	3:27.40	1/17/25	Arkansas Invitational
5.	Heptathlon	5,046 Points	1/31/25	DeLoss Dodds Invitational
	3. 60 Meters	7.19		
	9. Long Jump	5.89m		
	2. Shot Put	12.02m		
	7. High Jump	1.77m		
	5. 60 MH	8.56		
	1. Pole Vault	4.80m		
	3. 1,000 Meters	2:50.37		
29.	60 Meters	7.22	2/14/25	Tyson Invitational
-.	Pole Vault	NH	2/14/25	Tyson Invitational
22.	60 MH (P)	8.72	2/21/25	Arkansas Qualifier
10.	Shot Put	12.73m	2/21/25	Arkansas Qualifier

JORDON SMITH

9.	600 Meters	1:20.03	1/17/25	Arkansas Invitational
4.	600 Yards	1:09.94	2/7/25	Steve Miller Invitational
2.	4x400 Relay	3:10.63	2/7/25	Steve Miller Invitational
30.	400 Meters	48.64	2/14/25	Tyson Invitational
7.	4x400 Relay	3:08.91	2/14/25	Tyson Invitational
1.	4x400 Relay	3:10.86	2/21/25	Arkansas Qualifier
2.	DMR	9:16.24	2/21/25	Arkansas Qualifier
19.	400 Meters (P)	47.17	2/28/25	Big 12 Championships
1.	**DMR**	**9:30.88**	**2/28/25**	**Big 12 Championships**
6.	4x400 Relay	3:06.55	3/1/25	Big 12 Championships
6.	DMR	9:20.10	3/14/25	NCAA Championships

GABE SIMONSEN

23.	Mile	4:16.66	1/17/25	Arkansas Invitational
12.	3,000 Meters	8:35.96	2/21/25	Arkansas Qualifier

ALEX STITT

5.	Mile	3:56.03	12/7/24	Sharon Colyear-Danville Season Opener
4.	Mile	3:59.11	2/14/25	Tyson Invitational
3.	Mile	3:54.20	2/21/25	Arkansas Qualifier
1.	1,000 Meters (P)	2:23.08	2/28/25	Big 12 Championships
1.	**DMR**	**9:30.88**	**2/28/25**	**Big 12 Championships**
2.	1,000 Meters (F)	2:20.83	3/1/25	Big 12 Championships
6.	DMR	9:20.10	3/14/25	NCAA Championships

ETHAN STOVALL

10.	3,000 Meters	8:20.55	1/17/25	Arkansas Invitational
63.	Mile	4:17.44	1/31/25	Razorback Invitational
7.	3,000 Meters	8:23.62	2/21/25	Arkansas Qualifier

TIM SYNOWIEC

24.	3,000 Meters	8:35.98	1/17/25	Arkansas Invitational
14.	3,000 Meters	8:39.54	2/21/25	Arkansas Qualifier

MATT THOMAS

55.	Mile	4:12.07	1/31/25	Razorback Invitational
5.	3,000 Meters	8:20.27	2/21/25	Arkansas Qualifier

HUNTER VAUGHN

8.	60 MH (Q)	8.23	1/17/25	Arkansas Invitational
8.	60 MH (P)	8.14	1/17/25	Arkansas Invitational
7.	60 MH (F)	8.16	1/17/25	Arkansas Invitational
6.	60 MH (P)	8.20	1/31/25	DeLoss Dodds Invitational
4.	60 Meter Hurdles	8.17	1/31/25	DeLoss Dodds Invitational
2.	4x400 Relay	3:15.53	1/31/25	DeLoss Dodds Invitational
8.	60 MH (P)	8.10	2/7/25	Steve Miller Invitational
6.	60 Meter Hurdles	8.03	2/7/25	Steve Miller Invitational
20.	60 MH (P)	8.15	2/14/25	Tyson Invitational
15.	60 MH (P)	8.17	2/21/25	Arkansas Qualifier
2.	4x400 Relay	3:14.75	2/21/25	Arkansas Qualifier

CARTER WILKERSON

4.	60 Meters (P)	6.89	1/31/25	DeLoss Dodds Invitational
3.	60 Meters	6.88	1/31/25	DeLoss Dodds Invitational
6.	60 Meters (P)	6.89	2/7/25	Steve Miller Invitational
5.	60 Meters	6.88	2/7/25	Steve Miller Invitational

BLAKE WYNNE

2.	600 Meters	1:18.85	1/17/25	Arkansas Invitational
3.	600 Yards	1:09.75	1/31/25	DeLoss Dodds Invitational
1.	4x400 Relay	3:10.41	1/31/25	DeLoss Dodds Invitational
6.	Long Jump	7.33m	2/7/25	Steve Miller Invitational
2.	4x400 Relay	3:10.63	2/7/25	Steve Miller Invitational
15.	400 Meters	47.96	2/14/25	Tyson Invitational
7.	4x400 Relay	3:08.91	2/14/25	Tyson Invitational
6.	Long Jump	7.28m	2/21/25	Arkansas Qualifier
1.	4x400 Relay	3:10.86	2/21/25	Arkansas Qualifier
12.	600 Yards (P)	1:09.64	2/28/25	Big 12 Championships
12.	Long Jump	7.16m	2/28/25	Big 12 Championships

MEHDI YANOURI

24.	Mile	4:05.52	12/7/24	Sharon Colyear-Danville Season Opener
2.	1,000 Meters	2:22.00	1/17/25	Arkansas Invitational
5.	800 Meters	1:47.12	1/31/25	Razorback Invitational
-.	Mile	DNF	1/31/25	Razorback Invitational
10.	4x400 Relay	3:13.83	1/31/25	Razorback Invitational
13.	800 Meters Inv.	1:47.71	2/14/25	Tyson Invitational
5.	800 Meters	1:47.94	2/21/25	Arkansas Qualifier
2.	DMR	9:16.24	2/21/25	Arkansas Qualifier
7.	800 Meters (P)	1:47.73	2/28/25	Big 12 Championships
7.	800 Meters (F)	1:50.28	3/1/25	Big 12 Championships
6.	DMR	9:20.10	3/14/25	NCAA Championships

(Q) = Qualifying
(P) = Preliminary
(F) = Final
(BOLD)= Indicates Big 12 or NCAA Champion

Brian Musau wins third career NCAA title; Blair Anderson earns runner-up finish at NCAA Championships

2025 Outdoor Highlights

• Brian Musau completed the 5,000 Meter sweep at the NCAA Championships, winning his third career NCAA title; later broke the outdoor collegiate record in the 5K with his time of 12:59.82
• Musau was just the second Cowboy in program history to be named a Bowerman semifinalist
• Blair Anderson became the first long jumper in OSU history to finish as the NCAA runner-up, clearing eight meters for the first time at the NCAA Championships
• Fouad Messaoudi won his third career Big 12 title in the 1,500 Meters, becoming just the second man in conference history to accomplish the feat
• Messaoudi would later qualify for the Tokyo World Championships in the 1,500 Meters for his native Morocco
• Three school records fell during the outdoor season, with Messaoudi (1,500 Meters), Musau (5,000 Meters) and Denis Kipngetich (10,000 Meters) all taking down the previous marks. All three marks also cracked the top 10 all-time in NCAA history with Musau's time breaking the collegiate record.

ALL-AMERICAN

First Team
Blair Anderson - Long Jump
Fouad Messaoudi - 5,000 Meters
Brian Musau - 5,000 Meters

Second Team
Denis Kipngetich - 10,000 Meters

ALL-BIG 12

Caio Almeida - 400 Meter Hurdles
Blair Anderson - Long Jump
Kade Benjamin - High Jump
Will Bynum - 4x400 Meter Relay
Ty Cook - 4x400 Meter Relay
Denis Kipngetich - 5,000 & 10,000 Meters
Hafez Mahadi - 800 Meters
Fouad Messaoudi - 1,500 Meters
Mason Page - 4x400 Meter Relay
Jordon Smith - 4x400 Meter Relay
Alex Stitt - 1,500 Meters

Bold = Big 12/NCAA Champion

After earning the program's second-highest finish indoors and third-straight top-10 placement, the Cowboys looked to continue the momentum into the outdoor season.

Fouad Messaoudi and Denis Kipngetich kicked off the outdoor season in impressive fashion at The TEN in California. Messaoudi defeated an entirely professional field that included multiple former NCAA All-Americans and Olympians in the 1,500 Meters with his time of 3:35.55, just off his own school record. In the 10,000 Meters, Kipngetich obliterated the school record by 16 seconds with his mark of 27:20.10, which was the sixth-fastest time in NCAA history in the event.

A few weeks later, the Cowboys once again hit the west coast for a new meet format at the historic Hayward Field. Friday's meet, the Oregon Open, was an open competition for athletes to put down qualifying times before Saturday's team scored meet.

At the Oregon Open, Messaoudi again showed his prowess over the 1,500 Meter distance, winning the open race with his time of 3:36.85, with teammate Alex Stitt clocking a new personal best with his time of 3:37.85. Later in the day, Ty Cook clocked the seventh-fastest 800 Meter time in program history at 1:48.20.

The next day at the Oregon Team Invitational, five teams competed in the scored meet, with up to two entries per team allowed in each scored event. The Cowboys once again showed their mettle in the long distance events, with Messaoudi and Ryan Schoppe leading wire-to-wire and going 1-2 in the 5,000 Meters with their times of 13:28.17 and 13:28.88, respectively. Both marks ranked inside the top 10 in program history and punched their tickets to the NCAA West Prelims. Sophomore Kade Benjamin took second in the High Jump, clearing a personal-best 2.06 meters. The men's 4x400 Meter Relay squad of Will Bynum, Jordon Smith, Blake Wynne and Mason Page also finished as runners-up as the Cowboys went on to finish third in the meet, behind hosts Oregon and No. 1 Texas A&M with 101.5 points on the weekend.

Rounding out the regular season at the Arkansas Twilight, Messaoudi once again was untouchable over 1,500 Meters, clocking a school-record time of 3:34.34, which broke his own school record by nearly a second. Additionally, this mark is a new Arkansas Twilight meet record and John McDonnell Field facility record, which stood for nearly 37 years. Stitt (3:36.33) and Schoppe (3:37.18) ran the second and third-fastest marks in program history. For his performance, Messaoudi became the first Cowboy in program history to be named USTFCCCA National Athlete of the Week outdoors.

After another successful regular season, it was time for the Cowboys to kick off postseason play at the Big 12 Outdoor Championships in Lawrence, Kan. Again, it was the distance events that largely carried the day for the Cowboys in the scoring column. Messaoudi became just the second man in Big 12 history to win three conference titles in the 1,500 Meters as he stormed to victory with his time of 3:37.27. Kipngetich (5,000 & 10,000 Meters), Stitt (1,500 Meters) and Hafez Mahadi (800 Meters) all earned All-Big 12 honors in their respective distance events. In the field, Blair Anderson finished as the Big 12 runner-up in the Long Jump and Benjamin had a career day in the High Jump, clearing multiple personal bests, finishing with a fourth-place mark of 2.15 meters overall.

At the NCAA West Prelims in College Station, Texas, Stitt (1,500 Meters), Musau and Messaoudi (5,000 Meters), Kipngetich (10,000 Meters) and Anderson (Long Jump) all qualified for the NCAA Outdoor Championships in Eugene, Ore. Anderson also had a huge personal best in the Long Jump with his third-place leap of 7.93 meters, which puts him second in program history.

Back in Eugene for the NCAA Outdoor Championships, Anderson kicked things off with a bang for the Cowboys on the first night, clearing eight meters for the first time in the Long Jump and finishing as the NCAA Runner-Up, the first Cowboy in program history to accomplish the feat in the event. Two nights later, Musau planted himself as arguably the best distance runner in the NCAA, completing the 5,000 Meter sweep by winning the NCAA title with his time of 13:20.59. Messaoudi was also a first team All-American in the 5K, placing eighth overall. The OSU men took home 11th as a team, helping them place second in the Program of the Year standings behind Arkansas.

For his performance, Musau was named USTFCCCA Midwest Region Outdoor Track Athlete of the Year, sweeping the Midwest awards across XC, Indoor and Outdoor. He was also named a Bowerman semifinalist, just the second Cowboy in program history to be on the list, joining Cowboy Olympian Nick Miller in 2016.

Following the NCAA season, Musau and Messaoudi would continue their torrid outdoor campaigns, starting with the Portland Track Festival, where Messaoudi once again broke his school record in the 1,500 Meters with his time of 3:33.93 as he defeated a field of pros for the second time this season. At the Sunset Tour in California, Musau took down the outdoor collegiate record in the 5K with his time of 12:59.82, becoming just the second collegian to break 13 minutes outdoors. A few weeks later, Musau would win his first international gold medal at the World University Games in Germany in the 10,000 Meters. With his marks from the outdoor season, Messaoudi earned enough world ranking points to qualify for the world championships in Tokyo for his native Morocco in the 1,500 Meters.

2025 Men's Outdoor Results

2025 OUTDOOR RESULTS BY MEET

CLYDE HART CLASSIC
March 22, 2025 | Clyde Hart Track & Field Stadium | Waco, Texas

Pl.	Athlete	Event	Mark
4.	Cooper Moore	110 Meter Hurdles	14.87
8.	Crayton Shaw	110 Meter Hurdles	15.53
2.	Kade Benjamin	High Jump	2.06m
10.	Cooper Moore	Pole Vault	4.50m
-.	Crayton Shaw	Pole Vault	NH
1.	Blair Anderson	Long Jump	7.33m
3.	Zac Robbins	Hammer Throw	59.89m
4.	Sam Mason	Hammer Throw	57.40m
4.	Crayton Shaw	Javelin Throw	51.18m
6.	Cooper Moore	Javelin Throw	44.04m

THE TEN
March 29, 2025 | JSerra High School Track | San Juan Capistrano, California

Pl.	Athlete	Event	Mark
1.	Fouad Messaoudi	1,500 Meters	3:35.55
9.	Denis Kipngetich	10,000 Meters	27:20.10

ORU INVITATIONAL
March 29, 2025 | ONEOK Sports Complex | Tulsa, Oklahoma

Pl.	Athlete	Event	Mark
10.	Cooper Moore	400 Meters	53.62
3.	Cooper Moore	Long Jump	6.69m
6.	Will Quintana	Long Jump	6.53m
8.	Crayton Shaw	Long Jump	6.19m

JOHN JACOBS INVITATIONAL
April 4, 2025 | John Jacobs Track Complex I Norman, Oklahoma

Pl.	Athlete	Event	Mark
11.	Carter Wilkerson	100 Meters	11.29
4.	Triston Read	800 Meters	1:53.47
13.	Max Clark	800 Meters	1:58.29
-	Hafez Mahadi	800 Meters	DNF
3.	Ethan Stovall	5,000 Meters	14:36.69
9.	Tim Synowiec	5,000 Meters	14:50.37
10.	Ben Calusinski	5,000 Meters	14:55.08
11.	Gabe Simonsen	5,000 Meters	15:04.18
2.	Hunter Vaughn	400 Meter Hurdles	52.85
3.	Ben Currence	400 Meter Hurdles	53.11
5.	Ashdyn Kahouch	400 Meter Hurdles	53.97
2.	A. Kahouch, B. Currence H. Vaughn, T. Read	4x400 Meter Relay	3:17.40
5.	Kade Benjamin	High Jump	2.07m
-.	Will Quintana	High Jump	NH
3.	Blair Anderson	Long Jump	7.23m
5.	Will Quintana	Long Jump	7.09m
1.	Zac Robbins	Hammer Throw	60.27m
5.	Sam Mason	Hammer Throw	55.76m

STANFORD INVITATIONAL
April 4-5, 2025 | Cobb Track & Angell Field | Palo Alto, California

Pl.	Athlete	Event	Mark
3.	Kian Davis	800 Meters (Section 6)	1:52.94
3.	David Mora	1,500 Meters (Sect. 5)	3:49.42
3.	Kian Davis	1,500 Meters (Sect. 2)	3:42.31
21.	Matt Thomas	5,000 Meters (Sect. 4)	14:40.52
23.	Hamish Hart	5,000 Meters (Sect. 4)	14:47.74
1.	Ayden Granados	5,000 Meters (Sect.3)	13:45.10
2.	Henry Dover	5,000 Meters (Sect.3)	13:45.90
8.	Jacob Deacon	5,000 Meters (Sect.3)	13:55.17
14.	Oliver Patton	5,000 Meters (Sect.3)	14:06.81
19.	Will Conway	5,000 Meters (Sect.3)	14:13.12
19.	Adisu Guadie	10,000 Meters (Sect. 1)	28:15.80

FLORIDA RELAYS
April 4-5, 2025 | Percy Beard Track | Gainesville, Florida

Pl.	Athlete	Event	Mark
8.	Caio Almeida	400 Meter Hurdles	50.92
4.	M. Page, Jo. Smith B. Wynne, W. Bynum	4x400 Meter Relay (P)	3:05.65
6.	B. Wynne, M. Page W. Bynum, T. Cook	4x400 Meter Relay	3:06.34

JIM CLICK INVITATIONAL
April 4-5, 2025 | Roy P. Drachman Stadium | Tuscon, Arizona

Pl.	Athlete	Event	Mark
7.	Cooper Moore	Decathlon	6,427 points
		7. 100 Meters	11.15
		6. Long Jump	6.69m
		8. Shot Put	11.73m
		10. High Jump	1.76m
		12. 400 Meters	52.66
		2. 110 Meter Hurdles	14.82
		12. Discus Throw	23.80m
		5. Pole Vault	4.50m
		11. Javelin Throw	42.73m
		7. 1,500 Meters	5:06.48
11.	Crayton Shaw	Decathlon	5,266 points
		11. 100 Meters	11.45
		12. Long Jump	5.67m
		10. Shot Put	11.56m
		8. High Jump	1.82m
		10. 400 Meters	52.18
		10. 110 Meter Hurdles	15.71
		6. Discus Throw	37.66m
		-. Pole Vault	NH
		2. Javelin Throw	55.02m
		-. 1,500 Meters	DNF

KT WOODMAN CLASSIC
April 12, 2025 | Cessna Stadium | Wichita, Kansas

Pl.	Athlete	Event	Mark
3.	Sam Mason	Hammer Throw	57.38m

ARKANSAS SPRING INVITATIONAL
April 12, 2025 | John McDonnell Field | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
24.	Carter Wilkerson	100 Meters	10.71
6.	Jordon Smith	400 Meters	47.51
16.	Sebastian Pesante	400 Meters	48.79
2.	Hafez Mahadi	800 Meter Invitational	1:47.23
6.	Ty Cook	800 Meter Invitational	1:49.95
13.	Triston Read	800 Meter Invitational	1:52.55
15.	James Edmond	800 Meters	1:55.91
24.	Max Clark	800 Meters	1:56.56
5.	David Mora	1,500 Meters	3:47.87
11.	Jerry Mendez	1,500 Meters	3:58.53
1.	Hunter Vaughn	400 Meter Hurdles	52.42
3.	Ben Currence	400 Meter Hurdles	52.49
12.	Ashdyn Kahouch	400 Meter Hurdles	54.35
2.	Tate Barr	Steeplechase	9:19.50
5.	B. Currence, A. Kahouch H. Vaughn, S. Pesante	4x400 Meter Relay	3:14.47
-.	T. Cook, T. Read M. Clark, J. Edmond	4x400 Meter Relay	DNF
3.	Kade Benjamin	High Jump	2.05m
-.	Will Quintana	High Jump	NH
14.	Will Quintana	Long Jump	6.98m
11.	Will Quintana	Javelin Throw	46.61m

BEACH INVITATIONAL
April 17-18, 2025 | Jack Rose Track | Long Beach, California

Pl.	Athlete	Event	Mark
11.	Zac Robbins	Hammer Throw	61.11m

2025 Men's Outdoor Results

OREGON OPEN

April 18, 2025 | Hayward Field | Eugene, Oregon

Pl.	Athlete	Event	Mark
3.	Blake Wynne	400 Meters	47.20
6.	Will Bynum	400 Meters	47.67
2.	Ty Cook	800 Meters	1:48.20
3.	Laban Kipkemboi	800 Meters	1:49.29
1.	Fouad Messaoudi	1,500 Meters	3:36.85
2.	Alex Stitt	1,500 Meters	3:37.87
7.	Kian Davis	1,500 Meters	3:40.88
7.	Cooper Moore	110 Meter Hurdles	15.26
2.	Caio Almeida	400 Meter Hurdles	50.71
5.	Ben Currence	400 Meter Hurdles	51.80
6.	Hunter Vaughn	400 Meter Hurdles	52.32
5.	Sam Mason	Hammer Throw	59.43m

OREGON TEAM INVITATIONAL

April 19, 2025 | Hayward Field | Eugene, Oregon

Pl.	Athlete	Event	Mark
7.	Carter Wilkerson	100 Meters	10.70
10.	Will Quintana	100 Meters	11.09
6.	Jordon Smith	400 Meters	48.34
7.	Mason Page	400 Meters	48.64
4.	Hafez Mahadi	800 Meters	1:49.08
5.	Ty Cook	800 Meters	1:51.78
3.	Alex Stitt	1,500 Meters	3:39.21
5.	Laban Kipkemboi	1,500 Meters	3:40.37
1.	Fouad Messaoudi	5,000 Meters	13:28.17
2.	Ryan Schoppe	5,000 Meters	13:28.88
6.	Cooper Moore	110 Meter Hurdles	14.64
9.	Hunter Vaughn	110 Meter Hurdles	15.22
2.	W. Bynum, Jo. Smith B. Wynne, M. Page	4x400 Meter Relay	3:08.32
2.	Kade Benjamin	High Jump	2.06m
5.	Will Quintana	High Jump	1.96m
7.	Blake Wynne	Long Jump	7.09m
9.	Will Quintana	Long Jump	6.21m
8.	Sam Mason	Shot Put	14.38m
9.	Cooper Moore	Shot Put	12.10m
8.	Sam Mason	Discus Throw	47.50m
9.	Cooper Moore	Discus Throw	38.79m

Team Scores

1. Oregon (137.5)... 2. No. 1 Texas A&M (129)... ***3. Oklahoma State (101.5)...*** *4. Kansas State (97.5)... 5. Wichita State (96.5)...*

JOHN MCDONNELL INVITATIONAL

April 25, 2025 | John McDonnell Field | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
15.	Carter Wilkerson	100 Meters	10.63
-.	Sebastian Pesante	400 Meters	DNF
5.	Triston Read	800 Meters	1:49.69
31.	Max Clark	800 Meters	1:58.16
-.	James Edmond	800 Meters	DNF
4.	David Mora	1,500 Meters	3:44.49
9.	Keegan Thomas	1,500 Meters	3:48.85
11.	Matt Thomas	1,500 Meters	3:49.74
16.	Jerry Mendez	1,500 Meters	3:51.91
1.	Brian Musau	5,000 Meters	13:35.30
3.	Ethan Stovall	5,000 Meters	14:22.29
4.	Ben Calusinski	5,000 Meters	14:40.50
6.	Tim Synowiec	5,000 Meters	15:00.01
8.	Gabe Simonsen	5,000 Meters	15:11.85
-.	Kian Davis	5,000 Meters	DNF
12.	Ashdyn Kahouch	400 Meter Hurdles	53.19
2.	Tate Barr	Steeplechase	9:19.37
9.	T. Read, A. Kahouch M. Clark, J. Edmond	4x400 Meter Relay	3:18.09
7.	Cooper Moore	Pole Vault	4.65m
14.	Crayton Shaw	Shot Put	12.01m
11.	Crayton Shaw	Discus Throw	36.45m
6.	Crayton Shaw	Javelin Throw	48.85m

PAYTON JORDAN INVITATIONAL

April 25, 2025 | Cobb Track & Angell Field | Palo Alto, California

Pl.	Athlete	Event	Mark
7.	Henry Dover	5,000 Meters (Sect. 1)	13:36.29
14.	Ayden Granados	5,000 Meters (Sect. 1)	13:42.32
2.	Jacob Deacon	5,000 Meters (Sect. 2)	13:51.80
8.	Will Conway	5,000 Meters (Sect. 2)	14:09.48
1.	Denis Kipngetich	10,000 Meters	28:05.22

DESERT HEAT INVITATIONAL

May 3, 2025 | Roy P. Drachman Stadium | Tucson, Arizona

Pl.	Athlete	Event	Mark
10.	Jordon Smith	400 Meters	46.83
11.	Mason Page	400 Meters	46.88
13.	Blake Wynne	400 Meters	46.90
27.	Will Bynum	400 Meters	47.57
4.	Hafez Mahadi	800 Meters	1:47.90
8.	Ty Cook	800 Meters	1:48.59
8.	Caio Almeida	400 Meter Hurdles	51.15
13.	Ben Currence	400 Meter Hurdles	51.73
14.	Hunter Vaughn	400 Meter Hurdles	51.90
2.	B. Wynne, M. Page W. Bynum, Jo. Smith	4x400 Meter Relay	3:09.21
6.	Sam Mason	Hammer Throw	61.40m
9.	Zac Robbins	Hammer Throw	60.30m

SMU INVITATIONAL

May 3, 2025 | Washburne Soccer and Track Stadium | Dallas, Texas

Pl.	Athlete	Event	Mark
6.	Cooper Moore	110 Meter Hurdles	14.96
-.	Ashdyn Kahouch	400 Meter Hurdles	DNF
-.	C. Moore, C. Shaw K. Benjamin, A. Kahouch	4x400 Meter Relay	DNF
5.	Cooper Moore	High Jump	1.83m
6.	Crayton Shaw	High Jump	1.78m
-.	Kade Benjamin	High Jump	NH

ARKANSAS TWILIGHT

May 9, 2025 | John McDonnell Field | Fayetteville, Arkansas

Pl.	Athlete	Event	Mark
11.	Carter Wilkerson	100 Meters	10.51
8.	Sebastian Pesante	400 Meters	48.13
4.	Triston Read	800 Meters	1:48.43
8.	Mason Page	800 Meters	1:50.30
12.	Riley McGowan	800 Meters	1:52.05
24.	Hunter Vaughn	800 Meters	1:55.60
25.	James Edmond	800 Meters	1:55.71
31.	Ben Currence	800 Meters	1:58.66
1.	Fouad Messaoudi	1,500 Meters	3:34.34
2.	Alex Stitt	1,500 Meters	3:36.33
4.	Ryan Schoppe	1,500 Meters	3:37.18
6.	Laban Kipkemboi	1,500 Meters	3:41.16
7.	Denis Kipngetich	1,500 Meters	3:43.39
9.	David Mora	1,500 Meters	3:44.51
11.	Henry Dover	1,500 Meters	3:45.11
14.	Ayden Granados	1,500 Meters	3:45.79
17.	Matt Thomas	1,500 Meters	3:48.72
20.	Tate Barr	1,500 Meters	3:50.43
21.	Keegan Thomas	1,500 Meters	3:50.97
21.	Ethan Stovall	1,500 Meters	3:50.97
29.	Will Conway	1,500 Meters	3:55.60
30.	Oliver Patton	1,500 Meters	3:55.61
33.	Gabe Simonsen	1,500 Meters	3:56.49
34.	Ben Calusinski	1,500 Meters	3:56.77
40.	Jerry Mendez	1,500 Meters	4:05.79
-.	Triston Read	1,500 Meters	DNF

2025 Men's Outdoor Results

BIG 12 OUTDOOR CHAMPIONSHIP

May 15-17, 2025 | Rock Chalk Park | Lawrence, Kansas

Pl.	Athlete	Event	Mark
22.	Carter Wilkerson	100 Meters (P)	10.78
12.	Will Bynum	400 Meters (P)	46.72
21.	Jordon Smith	400 Meters (P)	47.17
22.	Mason Page	400 Meters (P)	47.18
38.	Blake Wynne	400 Meters (P)	49.36
4.	Hafez Mahadi	800 Meters (P)	1:49.80
14.	Triston Read	800 Meters (P)	1:50.40
26.	Riley McGowan	800 Meters (P)	1:53.63
27.	Ty Cook	800 Meters (P)	1:53.84
5.	Hafez Mahadi	800 Meters	1:46.65
1.	Fouad Messaoudi	1,500 Meters (P)	3:38.01
6.	Alex Stitt	1,500 Meters (P)	3:38.89
9.	Ayden Granados	1,500 Meters (P)	3:41.71
12.	Laban Kipkemboi	1,500 Meters (P)	3:46.64
15.	Kian Davis	1,500 Meters (P)	3:47.91
18.	David Mora	1,500 Meters (P)	3:49.02
21.	Oliver Patton	1,500 Meters (P)	3:51.85
1.	**Fouad Messaoudi**	**1,500 Meters**	**3:37.27**
4.	Alex Stitt	1,500 Meters	3:38.89
9.	Ayden Granados	1,500 Meters	3:54.86
3.	Denis Kipngetich	5,000 Meters	13:30.95
12.	Ryan Schoppe	5,000 Meters	13:47.28
22.	Jacob Deacon	5,000 Meters	14:14.63
24.	Kian Davis	5,000 Meters	14:23.35
31.	David Mora	5,000 Meters	14:56.81
32.	Oliver Patton	5,000 Meters	14:57.40
33.	Will Conway	5,000 Meters	15:09.56
-.	Laban Kipkemboi	5,000 Meters	DNF
-.	Henry Dover	5,000 Meters	DNF
4.	Denis Kipngetich	10,000 Meters	29:39.96
9.	Adisu Guadie	10,000 Meters	30:07.03
10.	Jacob Deacon	10,000 Meters	30:15.57
6.	Caio Almeida	400 Meter Hurdles (P)	50.81
16.	Ben Currence	400 Meter Hurdles (P)	51.82
18.	Hunter Vaughn	400 Meter Hurdles (P)	51.87
7.	Caio Almeida	400 Meter Hurdles	51.01
4.	Jo. Smith, W. Bynum T. Cook, M. Page	4x400 Meter Relay	3:05.31
4.	Kade Benjamin	High Jump	2.15m
2.	Blair Anderson	Long Jump	7.51m
9.	Rajaun Ricketts	Triple Jump	14.63m
11.	Sam Mason	Hammer Throw	59.76m
14.	Zac Robbins	Hammer Throw	58.56m
11.	Cooper Moore	Decathlon	6,876 points
		14. 100 Meters	11.20
		13. Long Jump	6.64m
		15. Shot Put	11.91m
		11. High Jump	1.87m
		19. 400 Meters	53.13
		10. 110 Meter Hurdles	15.32
		9. Discus Throw	40.04m
		4. Pole Vault	4.81m
		17. Javelin Throw	44.892m
		13. 1,500 Meters	5:06.20
16.	Crayton Shaw	Decathlon	6,466 points
		18. 100 Meters	11.31
		20. Long Jump	5.87m
		7. Shot Put	12.81m
		17. High Jump	1.72m
		15. 400 Meters	51.40
		16. 110 Meter Hurdles	15.92
		12. Discus Throw	39.14m
		14. Pole Vault	4.21
		15. Javelin Throw	46.62m
		12. 1,500 Meters	5:02.91

Team Scores

1. Texas Tech (136)... 2. BYU (100.66)... 3. Houston (96)... 4. Kansas (73)... ***7. Oklahoma State (50)...***

NCAA WEST REGIONAL PRELIMINARY CHAMPIONSHIP

May 28-31, 2025 | E.B. Cushing Stadium | College Station, Texas

Pl.	Athlete	Event	Mark
19.	Hafez Mahadi	800 Meters (F)	1:48.38
36.	Triston Read	800 Meters (F)	1:49.90
46.	Ty Cook	800 Meters (F)	1:52.86
14.	Hafez Mahadi	800 Meters (Q)	1:47.63
4.	Alex Stitt	1,500 Meters (F)	3:55.79
24.	Ayden Granados	1,500 Meters (F)	3:46.94
30.	Laban Kipkemboi	1,500 Meters (F)	3:51.40
34.	Kian Davis	1,500 Meters (F)	3:52.28
3.	Alex Stitt	1,500 Meters (Q)	3:40.11
21	Ayden Granados	1,500 Meters (Q)	3:50.35
2.	Brian Musau	5,000 Meters (S)	13:32.05
6.	Fouad Messaoudi	5,000 Meters (S)	13:34.34
26.	Ryan Schoppe	5,000 Meters (S)	13:51.43
46.	Henry Dover	5,000 Meters (S)	15:17.52
4.	Denis Kipngetich	10,000 Meters (S)	28:15.51
37.	Adisu Guadie	10,000 Meters (S)	29:47.77
30.	Caio Almeida	400 Meter Hurdles	51.58
-.	W. Bynum, Jo. Smith H. Mahadi, M. Page	4x400 Meter Relay	DNF
22.	Kade Benjamin	High Jump	2.09m
3.	Blair Anderson	Long Jump	7.93m

NCAA OUTDOOR CHAMPIONSHIP

June 11-14, 2025 | Hayward Field | Eugene, Oregon

Pl.	Athlete	Event	Mark
20.	Alex Stitt	1,500 Meters (S)	3:52.91
1.	**Brian Musau**	**5,000 Meters***	**13:20.59**
8.	Fouad Messaoudi	5,000 Meters*	13:25.48
9.	Denis Kipngetich	10,000 Meters*	29:11.50
2.	Blair Anderson	Long Jump*	8.02m

Team Scores

T1. Texas A&M (41)... T1. USC (41)... 3. Arkansas (40)... 4. Auburn (35)... 5. New Mexico (31)... ***T11. Oklahoma State (19)***

(P) = Preliminary
(Invite) = Invitational
(F) = First Round
(Q) = Quarterfinal
(S) = Semifinal
* = NCAA Final
(BOLD)= Indicates Big 12/NCAA Champion

2025 Men's Outdoor Results

2025 OUTDOOR RESULTS BY INDIVIDUAL

CAIO ALMEIDA

8.	400 Hurdles (1)	50.92	4/4/25	Florida Relays
2.	400 Hurdles	50.71	4/18/25	Oregon Open
8.	400 Hurdles	51.15	5/3/25	Desert Heat Classic
6.	400 Hurdles (P)	50.81	5/16/25	Big 12 Championships
7.	400 Hurdles	51.01	5/17/25	Big 12 Championships
30.	400 Hurdles (F)	51.58	5/28/25	NCAA West Prelims

BLAIR ANDERSON

1.	Long Jump	7.33m	3/22/25	Clyde Hart Classic
3.	Long Jump	7.23m	4/4/25	John Jacobs Invitational
1.	Long Jump	7.63m	5/9/25	Arkansas Twilight
2.	Long Jump	7.51m	5/16/25	Big 12 Championships
3.	Long Jump	7.93m	5/28/25	NCAA West Prelims
2.	Long Jump	8.02m	6/11/25	NCAA Championships

TATE BARR

2.	Steeplechase	9:19.50	4/12/25	Arkansas Spring Inv.
2.	Steeplechase	9:19.37	4/25/25	John McDonnell Inv.
20.	1,500 Meters	3:50.43	5/9/25	Arkansas Twilight

KADE BENJAMIN

2.	High Jump	2.06m	3/22/25	Clyde Hart Classic
5.	High Jump	2.07m	4/4/25	John Jacobs Invitational
3.	High Jump	2.05m	4/12/25	Arkansas Spring Inv.
2.	High Jump	2.06m	4/19/25	Oregon Team Invitational
-.	High Jump	NH	5/3/25	SMU Invitational
-.	High Jump	NH	5/9/25	Arkansas Twilight
4.	High Jump	2.15m	5/17/25	Big 12 Championships
22.	High Jump	2.09m	5/30/25	NCAA West Prelims

WILL BYNUM

4.	4x400 Relay (P)	3:05.65	4/4/25	Florida Relays
6.	4x400 Relay	3:06.34	4/5/25	Florida Relays
6.	400 Meters	47.67	4/18/25	Oregon Open
2.	4x400 Relay	3:08.32	4/19/25	Oregon Team Invitational
27.	400 Meters	47.57	5/3/25	Desert Heat Classic
2.	4x400 Relay	3:09.21	5/3/25	Desert Heat Classic
12.	400 Meters (P)	46.72	5/16/25	Big 12 Championships
4.	4x400 Relay	3:05.31	5/17/25	Big 12 Championships

BEN CALUSINSKI

10.	5,000 Meters	14:55.08	4/4/25	John Jacobs Invitational
4.	5,000 Meters	14:40.50	4/25/25	John McDonnell Inv.
34.	1,500 Meters	3:56.77	5/9/25	Arkansas Twilight

MAX CLARK

13.	800 Meters	1:58.29	4/4/25	John Jacobs Invitational
24.	800 Meters	1:56.56	4/12/25	Arkansas Spring Inv.
31.	800 Meters	1:58.16	4/25/25	John McDonnell Inv.
9.	4x400 Relay	3:18.09	4/25/25	John McDonnell Inv.

WILL CONWAY

19.	5,000 Meters (3)	14:13.12	4/4/25	Stanford Invitational
8.	5,000 Meters (2)	14:09.48	4/25/25	Payton Jordan Invitational
29.	1,500 Meters	3:55.60	5/9/25	Arkansas Twilight
33.	5,000 Meters	15:09.56	5/17/25	Big 12 Championships

TY COOK

6.	4x400 Relay	3:06.34	4/5/25	Florida Relays
6.	800 Meters (Inv.)	1:49.95	4/12/25	Arkansas Spring Inv.
2.	800 Meters	1:48.20	4/18/25	Oregon Open
5.	800 Meters	1:51.78	4/19/25	Oregon Team Invitational
8.	800 Meters	1:48.59	5/3/25	Desert Heat Classic
27.	800 Meters (P)	1:53.84	5/16/25	Big 12 Championships
4.	4x400 Relay	3:05.31	5/17/25	Big 12 Championships
46.	800 Meters (F)	1:52.86	5/28/25	NCAA West Prelims

BEN CURRENCE

3.	400 Hurdles	53.11	4/4/25	John Jacobs Invitational
2.	4x400 Relay	3:17.40	4/4/25	John Jacobs Invitational
3.	400 Hurdles	52.49	4/12/25	Arkansas Spring Inv.
5.	4x400 Relay	3:14.47	4/12/25	Arkansas Spring Inv.
5.	400 Hurdles	51.80	4/18/25	Oregon Open
13.	400 Hurdles	51.73	5/3/25	Desert Heat Classic
31.	800 Meters	1:58.66	5/9/25	Arkansas Twilight
16.	400 Hurdles (P)	51.82	5/16/25	Big 12 Championships

KIAN DAVIS

3.	1,500 Meters (2)	3:42.31	4/4/25	Stanford Invitational
3.	800 Meters (6)	1:52.94	4/5/25	Stanford Invitational
7.	1,500 Meters	3:40.88	4/18/25	Oregon Open
15.	1,500 Meters (P)	3:47.91	5/16/25	Big 12 Championships
24.	5,000 Meters	14:23.65	5/17/25	Big 12 Championships
34.	1,500 Meters (F)	3:52.28	5/28/25	NCAA West Prelims

JACOB DEACON

8.	5,000 Meters (3)	13:55.17	4/4/25	Stanford Invitational
2.	5,000 Meters (2)	13:51.80	4/25/25	Payton Jordan Invitational
10.	10,000 Meters	30:15.57	5/15/25	Big 12 Championships
22.	5,000 Meters	14:14.63	5/17/25	Big 12 Championships

HENRY DOVER

2.	5,000 Meters (3)	13:45.90	4/4/25	Stanford Invitational
7.	5,000 Meters (1)	13:36.29	4/25/25	Payton Jordan Invitational
11.	1,500 Meters	3:45.11	5/9/25	Arkansas Twilight
46.	5,000 Meters (S)	15:17.52	5/30/25	NCAA West Prelims

JAMES EDMOND

15.	800 Meters	1:55.91	4/12/25	Arkansas Spring Inv.
9.	4x400 Relay	3:18.09	4/25/25	John McDonnell Inv.
25.	800 Meters	1:55.71	5/9/25	Arkansas Twilight

AYDEN GRANADOS

1.	5,000 Meters (3)	13:45.10	4/4/25	Stanford Invitational
14.	5,000 Meters (1)	13:42.32	4/25/25	Payton Jordan Invitational
14.	1,500 Meters	3:45.79	5/9/25	Arkansas Twilight
9.	1,500 Meters (P)	3:41.71	5/16/25	Big 12 Championships
9.	1,500 Meters	3:54.86	5/17/25	Big 12 Championships
24.	1,500 Meters (F)	3:46.94	5/28/25	NCAA West Prelims
21.	1,500 Meters (Q)	3:50.35	5/30/25	NCAA West Prelims

ADISU GUADIE

19.	10,000 Meters (1)	28:15.80	4/4/25	Stanford Invitational
9.	10,000 Meters	30:07.03	5/15/25	Big 12 Championships
37.	10,000 Meters (S)	29:47.77	5/28/25	NCAA West Prelims

HAMISH HART

23.	5,000 Meters (4)	14:47.74	4/4/25	Stanford Invitational

ASHDYN KAHOUCH

5.	400 Hurdles	53.97	4/4/25	John Jacobs Invitational
2.	4x400 Relay	3:17.40	4/4/25	John Jacobs Invitational
12.	400 Hurdles	54.35	4/12/25	Arkansas Spring Inv.
5.	4x400 Relay	3:14.47	4/12/25	Arkansas Spring Inv.
12.	400 Hurdles	53.19	4/25/25	John McDonnell Inv.
9.	4x400 Relay	3:18.09	4/25/25	John McDonnell Inv.

LABAN KIPKEMBOI

3.	800 Meters	1:49.29	4/18/25	Oregon Open
5.	1,500 Meters	3:40.37	4/19/25	Oregon Team Invitational
6.	1,500 Meters	3:41.16	5/9/25	Arkansas Twilight
12.	1,500 Meters (P)	3:46.64	5/16/25	Big 12 Championships

2025 Men's Outdoor Results

30.	1,500 Meters (F)	3:51.40	5/28/25	NCAA West Prelims

DENIS KIPNGETICH

9.	10,000 Meters	27:20.10	3/29/25	The TEN
1.	10,000 Meters	28:05.22	4/25/25	Payton Jordan Invitational
7.	1,500 Meters	3:43.39	5/9/25	Arkansas Twilight
4.	10,000 Meters	29:39.96	5/15/25	Big 12 Championships
3.	5,000 Meters	13:30.95	5/17/25	Big 12 Championships
4.	10,000 Meters (S)	28:15.51	5/28/25	NCAA West Prelims
9.	10,000 Meters*	29:11.50	6/11/25	NCAA Championships

HAFEZ MAHADI

2.	800 Meters (Inv.)	1:47.23	4/12/25	Arkansas Spring Inv.
4.	800 Meters	1:49.08	4/19/25	Oregon Team Invitational
4.	800 Meters	1:47.90	5/3/25	Desert Heat Classic
4.	800 Meters (P)	1:49.80	5/16/25	Big 12 Championships
5.	800 Meters	1:46.65	5/17/25	Big 12 Championships
19.	800 Meters (F)	1:48.38	5/28/25	NCAA West Prelims
14.	800 Meters (Q)	1:47.63	5/30/25	NCAA West Prelims

SAM MASON

4.	Hammer Throw	57.40m	3/22/25	Clyde Hart Classic
5.	Hammer Throw	55.76m	4/4/25	John Jacobs Invitational
3.	Hammer Throw	57.38m	4/11/25	KT Woodman Classic
5.	Hammer Throw	59.43m	4/18/25	Oregon Open
8.	Shot Put	14.38m	4/19/25	Oregon Team Invitational
8.	Discus Throw	47.50m	4/19/25	Oregon Team Invitational
6.	Hammer Throw	61.40	5/3/25	Desert Heat Classic
11.	Hammer Throw	59.76m	5/15/25	Big 12 Championships

RILEY MCGOWAN

12.	800 Meters	1:52.05	5/9/25	Arkansas Twilight
26.	800 Meters (P)	1:53.63	5/16/25	Big 12 Championships

FOUAD MESSAOUDI

1.	1,500 Meters	3:36.85	4/18/25	Oregon Open
1.	5,000 Meters	13:28.18	4/19/25	Oregon Team Invitational
1.	1,500 Meters	3:34.34	5/9/25	Arkansas Twilight
1.	1,500 Meters (P)	3:38.01	5/16/25	Big 12 Championships
1.	**1,500 Meters**	**3:37.27**	**5/17/25**	**Big 12 Championships**
6.	5,000 Meters (S)	13:34.34	5/30/25	NCAA West Prelims
8.	5,000 Meters*	13:25.48	6/13/25	NCAA Championships

JERRY MENDEZ

11.	1,500 Meters (Inv.)	3:58.53	4/12/25	Arkansas Spring Inv.
16.	1,500 Meters	3:51.91	4/25/25	John McDonnell Inv.
40.	1,500 Meters	4:05.79	5/9/25	Arkansas Twilight

COOPER MOORE

4.	110 Hurdles	14.87	3/22/25	Clyde Hart Classic
10.	Pole Vault	4.50m	3/22/25	Clyde Hart Classic
6.	Javelin Throw	44.04m	3/22/25	Clyde Hart Classic
10.	400 Meters	53.62	3/29/25	ORU Invitational
3.	Long Jump	6.69m	3/29/25	ORU Invitational
7.	Decathlon	6,427 Points	4/4/25	Jim Click Shootout
	7. 100 Meters	11.15		
	6. Long Jump	6.69m		
	8. Shot Put	11.73m		
	10. High Jump	1.76m		
	12. 400 Meters	52.66		
	2. 110 MH	14.82		
	12. Discus	23.80m		
	5. Pole Vault	4.50m		
	11. Javelin	42.73m		
	7. 1,500 Meters	5:06.48		
7.	110 Hurdles	15.26	4/18/25	Oregon Open
6.	110 Hurdles	14.64	4/19/25	Oregon Team Invitational
9.	Shot Put	12.10m	4/19/25	Oregon Team Invitational
9.	Discus Throw	38.79m	4/19/25	Oregon Team Invitational
7.	Pole Vault	4.65m	4/25/25	John McDonnell Inv.
6.	110 Hurdles	14.96	5/3/25	SMU Invitational
5.	High Jump	1.83m	5/3/25	SMU Invitational
8.	Pole Vault	4.65m	5/9/25	Arkansas Twilight
11.	Decathlon	6,876 Points	5/16/25	Big 12 Championships
	14. 100 Meters	11.20		
	13. Long Jump	6.64m		
	15. Shot Put	11.91m		
	11. High Jump	1.87m		
	19. 400 Meters	53.13		
	10. 110 MH	15.32		
	9. Discus	40.04m		
	4. Pole Vault	4.81m		
	17. Javelin	44.89m		
	7. 1,500 Meters	5:06.20		

DAVID MORA

3.	1,500 Meters (5)	1:52.94	4/4/25	Stanford Invitational
5.	1,500 Meters (Inv.)	3:47.87	4/12/25	Arkansas Spring Inv.
4.	1,500 Meters	3:44.49	4/25/25	John McDonnell Inv.
9.	1,500 Meters	3:44.51	5/9/25	Arkansas Twilight
18.	1,500 Meters (P)	3:49.02	5/16/25	Big 12 Championships
31.	5,000 Meters	14:56.81	5/17/25	Big 12 Championships

BRIAN MUSAU

1.	5,000 Meters	13:35.30	4/25/25	John McDonnell Inv.
2.	5,000 Meters (S)	13:32.05	5/30/25	NCAA West Prelims
1.	**5,000 Meters***	**13:20.59**	**6/13/25**	**NCAA Championships**

MASON PAGE

4.	4x400 Relay (P)	3:05.65	4/4/25	Florida Relays
6.	4x400 Relay	3:06.34	4/5/25	Florida Relays
7.	400 Meters	48.64	4/19/25	Oregon Team Invitational
2.	4x400 Relay	3:08.32	4/19/25	Oregon Team Invitational
11.	400 Meters	46.88	5/3/25	Desert Heat Classic
2.	4x400 Relay	3:09.21	5/3/25	Desert Heat Classic
8.	800 Meters	1:50.30	5/9/25	Arkansas Twilight
22.	400 Meters (P)	47.18	5/16/25	Big 12 Championships
4.	4x400 Relay	3:05.31	5/17/25	Big 12 Championships

OLIVER PATTON

14.	5,000 Meters (3)	14:06.81	4/4/25	Stanford Invitational
30.	1,500 Meters	3:55.61	5/9/25	Arkansas Twilight
21.	1,500 Meters (P)	3:51.85	5/16/25	Big 12 Championships
32.	5,000 Meters	14:57.40	5/17/25	Big 12 Championships

SEBASTIAN PESANTE

16.	400 Meters	48.79	4/12/25	Arkansas Spring Inv.
5.	4x400 Relay	3:14.47	4/12/25	Arkansas Spring Inv.
8.	400 Meters	48.13	5/9/25	Arkansas Twilight

WILL QUINTANA

6.	Long Jump	6.53m	3/29/25	ORU Invitational
-.	High Jump	NH	4/4/25	John Jacobs Invitational
5.	Long Jump	7.09m	4/4/25	John Jacobs Invitational
-.	High Jump	NH	4/12/25	Arkansas Spring Inv.
14.	Long Jump	6.98m	4/12/25	Arkansas Spring Inv.
11.	Javelin Throw	46.61m	4/12/25	Arkansas Spring Inv.
10.	100 Meters	11.09	4/19/25	Oregon Team Invitational
5.	High Jump	1.96m	4/19/25	Oregon Team Invitational
9.	Long Jump	6.21m	4/19/25	Oregon Team Invitational

TRISTON READ

4.	800 Meters	1:53.47	4/4/25	John Jacobs Invitational
2.	4x400 Relay	3:17.40	4/4/25	John Jacobs Invitational
13.	800 Meters (Inv.)	1:52.55	4/12/25	Arkansas Spring Inv.
5.	800 Meters	1:49.69	4/25/25	John McDonnell Inv.

2025 Men's Outdoor Results

9.	4x400 Relay	3:18.09	4/25/25	John McDonnell Inv.
4.	800 Meters	1:48.43	5/9/25	Arkansas Twilight
14.	800 Meters (P)	1:50.40	5/16/25	Big 12 Championships
36.	800 Meters (F)	1:49.90	5/28/25	NCAA West Prelims

RAJAUN RICKETTS

9.	Triple Jump	14.63m	5/17/25	Big 12 Championships

ZAC ROBBINS

3.	Hammer Throw	59.89m	3/22/25	Clyde Hart Classic
1.	Hammer Throw	60.27m	4/4/25	John Jacobs Invitational
11.	Hammer Throw	61.11m	4/17/25	Beach Invite
12.	Hammer Throw	58.86m	4/18/25	Mt. SAC Relays
9.	Hammer Throw	60.30m	5/3/25	Desert Heat Classic
14.	Hammer Throw	58.56m	5/15/25	Big 12 Championships

RYAN SCHOPPE

2.	5,000 Meters	13:28.88	4/19/25	Oregon Team Invitational
4.	1,500 Meters	3:37.18	5/9/25	Arkansas Twilight
12.	5,000 Meters	13:47.28	5/17/25	Big 12 Championships
26.	5,000 Meters (S)	13:51.43	5/30/25	NCAA West Prelims

CRAYTON SHAW

8.	110 Hurdles	15.53	3/22/25	Clyde Hart Classic
-.	Pole Vault	NH	3/22/25	Clyde Hart Classic
4.	Javelin Throw	51.18m	3/22/25	Clyde Hart Classic
8.	Long Jump	6.19m	3/29/25	ORU Invitational
11.	Decathlon	5,266 Points	4/4/25	Jim Click Shootout
	11. 100 Meters	11.45		
	12. Long Jump	5.67m		
	10. Shot Put	11.56m		
	8. High Jump	1.82m		
	10. 400 Meters	52.18		
	10. 110 MH	15.71		
	6. Discus	37.66m		
	-. Pole Vault	NH		
	2. Javelin	55.02m		
	-. 1,500 Meters	NT		
14.	Shot Put	12.01m	4/25/25	John McDonnell Inv.
11.	Discus Throw	36.45m	4/25/25	John McDonnell Inv.
6.	Javelin Throw	48.85m	4/25/25	John McDonnell Inv.
6.	High Jump	1.78m	5/3/25	SMU Invitational
16.	Decathlon	6,466 Points	5/16/25	Big 12 Championships
	18. 100 Meters	11.31		
	20. Long Jump	5.87m		
	7. Shot Put	12.81m		
	17. High Jump	1.72m		
	15. 400 Meters	51.40		
	16. 110 MH	15.92		
	12. Discus	39.14m		
	14. Pole Vault	4.21m		
	15. Javelin	46.62m		
	12. 1,500 Meters	5:02.91		

GABE SIMONSEN

11.	5,000 Meters	15:04.18	4/4/25	John Jacobs Invitational
8.	5,000 Meters	15:11.85	4/25/25	John McDonnell Inv.
33.	1,500 Meters	3:56.49	5/9/25	Arkansas Twilight

JORDON SMITH

4.	4x400 Relay (P)	3:05.65	4/4/25	Florida Relays
6.	400 Meters	47.51	4/12/25	Arkansas Spring Inv.
6.	400 Meters	48.34	4/19/25	Oregon Team Invitational
2.	4x400 Relay	3:08.32	4/19/25	Oregon Team Invitational
10.	400 Meters	46.83	5/3/25	Desert Heat Classic
2.	4x400 Relay	3:09.21	5/3/25	Desert Heat Classic
21.	400 Meters (P)	47.17	5/16/25	Big 12 Championships
4.	4x400 Relay	3:05.31	5/17/25	Big 12 Championships

ALEX STITT

2.	1,500 Meters	3:37.87	4/18/25	Oregon Open
3.	1,500 Meters	3:39.21	4/19/25	Oregon Team Invitational
2.	1,500 Meters	3:36.33	5/9/25	Arkansas Twilight
6.	1,500 Meters (P)	346.30	5/16/25	Big 12 Championships
4.	1,500 Meters	3:38.89	5/17/25	Big 12 Championships
4.	1,500 Meters (F)	3:55.79	5/28/25	NCAA West Prelims
3.	1,500 Meters (Q)	3:40.11	5/30/25	NCAA West Prelims
20.	1,500 Meters (S)	3:52.91	6/11/25	NCAA Championships

ETHAN STOVALL

3.	5,000 Meters	14:36.69	4/4/25	John Jacobs Invitational
3.	5,000 Meters	14:22.29	4/25/25	John McDonnell Inv.
21.	1,500 Meters	3:50.97	5/9/25	Arkansas Twilight

TIM SYNOWIEC

9.	5,000 Meters	14:50.37	4/4/25	John Jacobs Invitational
6.	5,000 Meters	15:00.01	4/25/25	John McDonnell Inv.

KEEGAN THOMAS

9.	1,500 Meters	3:48.85	4/25/25	John McDonnell Inv.
21.	1,500 Meters	3:50.97	5/9/25	Arkansas Twilight

MATTHEW THOMAS

21.	5,000 Meters (4)	14:40.52	4/4/25	Stanford Invitational
11.	1,500 Meters	3:49.74	4/25/25	John McDonnell Inv.
17.	1,500 Meters	3:48.72	5/9/25	Arkansas Twilight

HUNTER VAUGHN

2.	400 Hurdles	52.85	4/4/25	John Jacobs Invitational
2.	4x400 Relay	3:17.40	4/4/25	John Jacobs Invitational
1.	400 Hurdles	52.42	4/12/25	Arkansas Spring Inv.
5.	4x400 Relay	3:14.47	4/12/25	Arkansas Spring Inv.
6.	400 Hurdles	52.32	4/18/25	Oregon Open
9.	110 Hurdles	15.22	4/19/25	Oregon Team Invitational
14.	400 Hurdles	51.90	5/3/25	Desert Heat Classic
24.	800 Meters	1:55.60	5/9/25	Arkansas Twilight
18.	400 Hurdles (P)	51.87	5/16/25	Big 12 Championships

CARTER WILKERSON

11.	100 Meters	11.29	4/4/25	John Jacobs Invitational
24.	100 Meters	10.71	4/12/25	Arkansas Spring Inv.
7.	100 Meters	10.70	4/19/25	Oregon Team Invitational
15.	100 Meters	10.63	4/25/25	John McDonnell Inv.
11.	100 Meters	10.51	5/9/25	Arkansas Twilight
22.	100 Meters (P)	10.78	5/16/25	Big 12 Championships

BLAKE WYNNE

4.	4x400 Relay (P)	3:05.65	4/4/25	Florida Relays
6.	4x400 Relay	3:06.34	4/5/25	Florida Relays
3.	400 Meters	47.20	4/18/25	Oregon Open
7.	Long Jump	7.09m	4/19/25	Oregon Team Invitational
2.	4x400 Relay	3:08.32	4/19/25	Oregon Team Invitational
13.	400 Meters	46.90	5/3/25	Desert Heat Classic
2.	4x400 Relay	3:09.21	5/3/25	Desert Heat Classic
38.	400 Meters (P)	49.36	5/16/25	Big 12 Championships

(A) = Section A
(B) = Section B
(Number) = Section Number
(P) = Preliminary
(Inv.) = Invitational
(F) = First Round
(Q) = Quarterfinal
(S) = Semifinal
* = NCAA Final
(BOLD)= Indicates Big 12/NCAA Champion

HISTORY

Cross Country History/Honor Roll

CROSS COUNTRY COACHING HISTORY

1917-25	Ed Gallagher
1926-29	Max Meadors
1930-34	Roy Wash Kenny
1935-67	Ralph Higgins
1968-82	Ralph Tate
1983-2005	Dick Weis
2006-present	Dave Smith

NCAA CROSS COUNTRY TEAM CHAMPIONS

1954	Coach Ralph Higgins
2009	Coach Dave Smith
2010	Coach Dave Smith
2012	Coach Dave Smith
2023	Coach Dave Smith

CROSS COUNTRY USTFCCCA NATIONAL COACH OF THE YEAR

2009	Dave Smith
2010	Dave Smith
2012	Dave Smith
2023	Dave Smith

NCAA CROSS COUNTRY CHAMPIONSHIPS APPEARANCES

(Scored at NCAA Meet)

Year	Site	Place	Points	Head Coach
1939	East Lansing, Mich.	5th	114	Ralph Higgins
1954	**East Lansing, Mich.**	**1st**	**61**	**Ralph Higgins**
1965	Lawrence, Kan.	5th	185	Ralph Higgins
1966	Lawrence, Kan.	17th	378	Ralph Higgins
1970	Williamsburg, Va.	14th	431	Ralph Tate
1972	Houston, Texas	7th	226	Ralph Tate
1973	Spokane, Wash.	5th	194	Ralph Tate
1993	Bethlehem, Pa.	17th	381	Dick Weis
1994	Fayetteville, Ark.	11th	286	Dick Weis
1995	Ames, Iowa	3rd	150	Dick Weis
1996	Tucson, Ariz.	4th	158	Dick Weis
1997	Greenville, S.C.	14th	346	Dick Weis
1998	Lawrence, Kan.	14th	387	Dick Weis
1999	Bloomington, Ind.	16th	419	Dick Weis
2000	Ames, Iowa	13th	434	Dick Weis
2001	Greenville, S.C.	31st	729	Dick Weis
2003	Waterloo, Iowa	T16th	433	Dick Weis
2004	Terre Haute, Ind.	30th	621	Dick Weis
2005	Terre Haute, Ind.	8th	355	Dick Weis
2006	Terre Haute, Ind.	10th	356	Dave Smith
2007	Terre Haute, Ind.	3rd	180	Dave Smith
2008	Terre Haute, Ind.	8th	305	Dave Smith
2009	**Terre Haute, Ind.**	**1st**	**127**	**Dave Smith**
2010	**Terre Haute, Ind.**	**1st**	**73**	**Dave Smith**
2011	Terre Haute, Ind.	2nd	139	Dave Smith
2012	**Louisville, Ky.**	**1st**	**72**	**Dave Smith**
2013	Terre Haute, Ind.	3rd	230	Dave Smith
2014	Terre Haute, Ind.	9th	296	Dave Smith
2015	Louisville, Ky.	18th	450	Dave Smith
2016	Terre Haute, Ind.	12th	383	Dave Smith
2017	Louisville, Ky.	29th	637	Dave Smith
2018	Madison, Wisc.	13th	378	Dave Smith
2020	Stillwater, Okla.	3rd	142	Dave Smith
2021	Tallahassee, Fla.	3rd	186	Dave Smith
2022	Stillwater, Okla.	2nd	83	Dave Smith
2023	**Charlottesville, Va.**	**1st**	**49**	**Dave Smith**
2024	Madison, Wisc.	8th	256	Dave Smith

CROSS COUNTRY ALL-AMERICANS

Year	Athlete	Finish
1939	Forrest Efaw	11th
1954	Frederick Eckhoff	3rd
1954	Sture Landqvist	15th
1955	Sture Landqvist	7th
1959	Miles Eisenman	12th
1961	Dan Metcalf	9th
1965	Chris McCubbins	5th
1971	Charles Boatright	13th
1972	John Halberstadt	6th
1972	Peter Kaal	23rd
1973	John Halberstadt	27th
1985	Joe Metcalf	21st
1989	Steve Fury	19th
1993	Solomon Kioni	9th
1993	Jon Wild	20th
1994	Jon Wild	5th
1994	Patrick Kiptum	29th
1995	Patrick Kiptum	4th
1995	Jon Wild	10th
1995	Kim Critchley	25th
1996	Christian Nicholson	11th
1996	Christopher Kebenei	13th
2003	Mindaugas Pukstas	11th
2007	Ryan Vail	11th
2007	David Chirchir	21st
2008	John Kosgei	8th
2008	Ryan Vail	21st
2009	Ryan Vail	9th
2009	Colby Lowe	10th
2009	John Kosgei	13th
2009	Girma Mecheso	28th
2010	Girma Mecheso	7th
2010	German Fernandez	8th
2010	Colby Lowe	9th
2010	Tom Farrell	29th
2010	Johnathan Stublaski	36th
2011	Colby Lowe	10th
2011	German Fernandez	11th
2011	Tom Farrell	31st
2012	Girma Mecheso	5th
2012	Tom Farrell	9th
2012	Shadrack Kipchirchir	18th
2012	Joseph Manilafasha	24th
2013	Tom Farrell	16th
2013	Shadrack Kipchirchir	31st
2014	Craig Nowak	16th
2016	Hassan Abdi	16th
2016	Josh Thompson	36th
2018	Isai Rodriguez	4th
2018	Ashenafi Hatte	27th
2020	Isai Rodriguez	8th
2020	Alex Maier	17th
2020	Ryan Smeeton	26th
2020	Victor Shitsama	34th
2021	Isai Rodriguez	22nd
2021	Shea Foster	27th
2021	Victor Shitsama	29th
2022	Alex Maier	5th
2022	Isai Rodriguez	8th
2022	Fouad Messaoudi	12th
2022	Victor Shitsama	31st
2022	Rory Leonard	32nd
2023	Denis Kipngetich	4th
2023	Brian Musau	8th
2023	Fouad Messaoudi	10th
2023	Victor Shitsama	12th
2023	Alex Maier	15th
2024	Brian Musau	5th
2024	Denis Kipngetich	11th

Cross Country History/Honor Roll

FOUR-TIME ALL AMERICANS (3)

Athlete	Year	Finishes
Tom Farrell	2010-13	29-31-9-16
Isai Rodriguez	2018, 2020-22	4-8-22-8
Victor Shitsama	2020-23	34-29-31-12

THREE-TIME ALL AMERICANS (5)

Athlete	Year	Finishes
Jon Wild	1993-95	20-5-10
Ryan Vail	2007-09	11-21-9
Colby Lowe	2009-11	10-9-10
Girma Mecheso	2009-10, 2012	28-7-5
Alex Maier	2020, 2022-23	17-5-15

TWO-TIME ALL AMERICANS (9)

Athlete	Year	Finishes
Sture Landqvist	1954-55	15-7
John Halberstadt	1972-73	6-27
Patrick Kiptum	1994-95	29-4
John Kosgei	2008-09	8-13
German Fernandez	2010-11	8-11
Shadrack Kipchirchir	2012-13	18-31
Fouad Messaoudi	2022-23	12-10
Denis Kipngetich	2023-24	4-11
Brian Musau	2023-24	8-5

SINGLE-SEASON ALL AMERICANS (24)

Athlete	Year	Finishes
Forrest Efaw	1939	11
Frederick Eckhoff	1954	3
Miles Eisenmen	1959	12
Dan Metcalf	1961	9
Chris McCubbins	1965	5
Charles Boatright	1971	13
Peter Kaal	1972	23
Joe Metcalf	1985	21
Steve Fury	1989	19
Solomon Kioni	1993	9
Kim Critchley	1995	25
Christian Nicholson	1996	11
Christopher Kebenei	1996	13
Mindaugas Pukstas	2003	11
David Chirchir	2007	21
Johnathan Stublaski	2010	36
Joseph Manilafasha	2012	24
Craig Nowak	2014	16
Hassan Abdi	2016	16
Josh Thompson	2016	36
Ashenafi Hatte	2018	27
Ryan Smeeton	2020	26
Shea Foster	2021	27
Rory Leonard	2022	32

CROSS COUNTRY MIDWEST REGIONAL TITLES

Year	Site	Finish	Head Coach
1995	Stillwater, Okla.	1st	Dick Weis
1996	Peoria, Ill.	1st	Dick Weis
1997	Ames, Iowa	1st	Dick Weis
1998	Augusta, Kan.	1st	Dick Weis
2000	Cedar Falls, Iowa	1st	Dick Weis
2003	Stillwater, Okla.	1st	Dick Weis
2005	Iowa City, Iowa	1st	Dick Weis
2006	Minneapolis, Minn.	1st	Dave Smith
2007	Peoria, Ill.	1st	Dave Smith
2008	Stillwater, Okla.	1st	Dave Smith
2009	Springfield, Mo.	1st	Dave Smith
2011	Dekalb, Ill.	1st	Dave Smith
2012	Springfield, Ill.	1st	Dave Smith
2013	Ames, Iowa	1st	Dave Smith
2014	Peoria, Ill.	1st	Dave Smith
2015	Lawrence, Kan.	1st	Dave Smith
2016	Iowa City, Iowa	1st	Dave Smith
2021	Iowa City, Iowa	1st	Dave Smith
2023	Stillwater, Okla.	1st	Dave Smith
2024	Peoria, Ill.	1st	Dave Smith

CROSS COUNTRY INDIVIDUAL REGIONAL CHAMPIONS

1999	Chuck Sloan
2003	Mindaugas Pukstas
2010	Colby Lowe
2014	Kirubel Erassa
2022	Isai Rodriguez
2023	Denis Kipngetich
2024	Denis Kipngetich

USTFCCCA MIDWEST REGION CROSS COUNTRY ATHLETE OF THE YEAR

2003	Mindaugas Pukstas
2010	Colby Lowe
2014	Kirubel Erassa
2022	Alex Maier
2023	Denis Kipngetich
2024	Brian Musau

CROSS COUNTRY USTFCCCA MIDWEST REGION COACH OF THE YEAR

1972	Ralph Tate
1973	Ralph Tate
1995	Dick Weis
1996	Dick Weis
1997	Dick Weis
1998	Dick Weis
2000	Dick Weis
2003	Dick Weis
2005	Dick Weis
2006	Dave Smith
2007	Dave Smith
2008	Dave Smith
2009	Dave Smith
2011	Dave Smith
2013	Dave Smith
2014	Dave Smith
2020	Dave Smith
2021	Dave Smith
2022	Dave Smith
2023	Dave Smith

CROSS COUNTRY MIDWEST REGIONALS HISTORY

Year	Site	Finish	Head Coach
1982		5th	Ralph Tate
1983		6th	Dick Weis
1984		3rd	Dick Weis
1985	Stillwater, Okla.	3rd	Dick Weis
1988	Ames, Iowa	9th	Dick Weis
1989	Terre Haute, Ind.	6th	Dick Weis
1990	Springfield, Mo.	7th	Dick Weis
1991	Wichita, Kan.	NTS	Dick Weis
1992	Ames, Iowa	3rd	Dick Weis
1993	Carbondale, Ill.	2nd	Dick Weis
1994	Springfield, Mo.	2nd	Dick Weis
1995	**Stillwater, Okla.**	**1st**	**Dick Weis**
1996	**Peoria, Ill.**	**1st**	**Dick Weis**
1997	**Ames, Iowa**	**1st**	**Dick Weis**
1998	**Augusta, Kan.**	**1st**	**Dick Weis**
1999	Savoy, Ill.	3rd	Dick Weis
2000	**Cedar Falls, Iowa**	**1st**	**Dick Weis**
2001	Carbondale, Ill.	2nd	Dick Weis
2002	Normal, Ill.	9th	Dick Weis
2003	**Stillwater, Okla.**	**1st**	**Dick Weis**
2004	Peoria, Ill.	2nd	Dick Weis

Cross Country History/Honor Roll

2005	**Iowa City, Iowa**	**1st**	**Dick Weis**
2006	**Minneapolis, Minn.**	**1st**	**Dave Smith**
2007	**Peoria, Ill.**	**1st**	**Dave Smith**
2008	**Stillwater, Okla.**	**1st**	**Dave Smith**
2009	**Springfield, Mo.**	**1st**	**Dave Smith**
2010	Peoria, Ill.	2nd	Dave Smith
2011	**Dekalb, Ill.**	**1st**	**Dave Smith**
2012	**Springfield, Ill.**	**1st**	**Dave Smith**
2013	**Ames, Iowa**	**1st**	**Dave Smith**
2014	**Peoria, Ill.**	**1st**	**Dave Smith**
2015	**Lawrence, Kan.**	**1st**	**Dave Smith**
2016	**Iowa City, Iowa**	**1st**	**Dave Smith**
2017	Ames, Iowa	2nd	Dave Smith
2018	Peoria, Ill.	4th	Dave Smith
2019	Stillwater, Okla.	5th	Dave Smith
2020	CANCELLED - COVID-19		
2021	**Iowa City, Iowa**	**1st**	**Dave Smith**
2022	Columbia, Mo.	2nd	Dave Smith
2023	**Stillwater, Okla.**	**1st**	**Dave Smith**
2024	**Peoria, Ill.**	**1st**	**Dave Smith**

CROSS COUNTRY ALL-REGION HONOREES

Year	Athlete	Place
1992	Jon Wild	7th
1993	Jon Wild	5th
1993	Solomon Kariuki	7th
1993	James Morrissey	15th
1993	James Ellis-Smith	17th
1994	Jon WIld	3rd
1994	Patrick Kiptum	5th
1994	James Morrissey	13th
1999	**Chuck Sloan**	**1st**
1999	Bruce Wright	13th
2000	David Vasquez	2nd
2000	Jonas Bergstrom	13th
2000	Ben Lake	16th
2000	Bruce Wright	17th
2000	Jerry Rainey	20th
2001	Jason Woolhouse	7th
2001	Ben Lake	12th
2001	Derek Tate	14th
2001	Chris McWatters	24th
2002	Ben Lake	23rd
2003	**Mindaugas Pukstas**	**1st**
2003	Jason Woolhouse	4th
2003	Scott Rantall	8th
2003	Derek Tate	22nd
2004	Scott Rantall	5th
2004	Greg Rouault	15th
2004	David Jankowski	18th
2004	Joe Gray	19th
2004	Tyler Campbell	22nd
2004	Sean McCabe	25th
2005	Joe Gray	4th
2005	Ryan Vail	6th
2005	Mike Davenport	7th
2005	David Jankowski	9th
2005	Sean McCabe	23rd
2006	Joe Gray	6th
2006	David Janjowski	7th
2006	Daniel Watts	18th
2006	Brian Ehlis	19th
2006	Alejandro Ruiz	22nd
2007	David Chirchir	7th
2007	Ryan Vail	8th
2007	David Jankowski	9th
2007	Daniel Watts	11th
2007	Matt Barnes-Smith	12th
2007	Sean Fleming	19th
2008	John Kosgei	3rd
2008	German Fernandez	5th
2008	Ryan Vail	6th
2008	David Chirchir	7th
2008	Matt Barnes-Smith	22nd
2009	David Chirchir	9th
2009	John Kosgei	10th
2009	Ryan Vail	11th
2009	German Fernandez	12th
2009	Colby Lowe	13th
2009	Girma Mecheso	14th
2009	Daniel Watts	16th
2010	**Colby Lowe**	**1st**
2010	German Fernandez	3rd
2010	Tom Farrell	4th
2010	Joseph Manilafasha	19th
2010	Ryan Prentice	23rd
2011	Colby Lowe	3rd
2011	Shadrack Kipchirchir	4th
2011	German Fernandez	5th
2011	Tom Farrell	6th
2011	Fabian Clarkson	24th
2012	Girma Mecheso	2nd
2012	Tom Farrell	4th
2012	Shane Moskowitz	7th
2012	Joseph Manilafasha	12th
2012	Brian Gohlke	20th
2013	Tom Farrell	7th
2013	Shadrack Kipchirchir	8th
2013	Craig Nowak	9th
2013	Kirubel Erassa	10th
2013	Joseph Manilafasha	11th
2013	Taylor Monaghan	24th
2014	**Kirubel Erassa**	**1st**
2014	Craig Nowak	8th
2014	Shane Moskowitz	11th
2014	Brian Gohlke	21st
2014	David Osborn	22nd
2015	Cerake Geberkidane	3rd
2015	Vegard Oelstad	10th
2015	Josh Thompson	13th
2015	Craig Nowak	16th
2015	Brian Gohlke	17th
2016	Josh Thompson	2nd
2016	Hassan Abdi	4th
2016	Sylvester Barus	15th
2016	Christian Liddell	20th
2016	Anthoney Armstrong	23rd
2017	Hassan Abdi	2nd
2017	Luis Martinez	10th
2017	Christian Liddell	19th
2017	Noah Gade	21st
2017	Ryan Smeeton	22nd
2018	Isai Rodriguez	2nd
2018	Ashenafi Hatte	5th
2018	Luis Martinez	14th
2019	Ryan Smeeton	15th
2019	Adam Dayani	19th
2021	Ryan Smeeton	5th
2021	Alex Maier	6th
2021	Victor Shitsama	8th
2021	Shea Foster	9th
2021	Rory Leonard	15th
2021	Isai Rodriguez	16th
2021	Ryan Schoppe	22nd
2022	**Isai Rodriguez**	**1st**
2022	Victor Shitsama	7th
2022	Alex Maier	12th
2022	Rory Leonard	13th

Cross Country History/Honor Roll

2022	Alex Stitt	16th
2022	Jonas Price	17th
2023	**Denis Kipngetich**	**1st**
2023	Brian Musau	2nd
2023	Fouad Messaoudi	3rd
2023	Adisu Guadie	5th
2023	Alex Maier	8th
2023	Alex Stitt	19th
2024	**Denis Kipngetich**	**1st**
2024	Laban Kipkemboi	2nd
2024	Brian Musau	6th
2024	Victor Shitsama	7th
2024	Adisu Guadie	12th
2024	Alex Stitt	17th

CROSS COUNTRY TEAM CONFERENCE CHAMPIONS

1960	Big Eight	Coach Ralph Higgins
1972	Big Eight	Coach Ralph Tate
1973	Big Eight	Coach Ralph Tate
1995	Big Eight	Coach Dick Weis
2008	Big 12	Coach Dave Smith
2009	Big 12	Coach Dave Smith
2010	Big 12	Coach Dave Smith
2011	Big 12	Coach Dave Smith
2012	Big 12	Coach Dave Smith
2013	Big 12	Coach Dave Smith
2014	Big 12	Coach Dave Smith
2015	Big 12	Coach Dave Smith
2016	Big 12	Coach Dave Smith
2020	Big 12	Coach Dave Smith
2021	Big 12	Coach Dave Smith
2022	Big 12	Coach Dave Smith
2023	Big 12	Coach Dave Smith

CROSS COUNTRY INDIVIDUAL CONFERENCE CHAMPIONS

1959	Miles Eisenman	Big Eight
1966	Chris McCubbins	Big Eight
1972	John Halberstadt	Big Eight
1973	John Halberstadt	Big Eight
2008	German Fernandez	Big 12
2009	Ryan Vail	Big 12
2010	Girma Mecheso	Big 12
2011	German Fernandez	Big 12
2014	Kirubel Erassa	Big 12
2015	Vegard Oelstad	Big 12
2017	Hassan Abdi	Big 12
2022	Alex Maier	Big 12
2023	Brian Musau	Big 12
2024	Brian Musau	Big 12

CROSS COUNTRY BIG 8 COACH OF THE YEAR

1995	Dick Weis

CROSS COUNTRY BIG 12 COACH OF THE YEAR

2008	Dave Smith
2009	Dave Smith
2010	Dave Smith
2011	Dave Smith
2012	Dave Smith
2013	Dave Smith
2014	Dave Smith
2015	Dave Smith
2016	Dave Smith
2020	Dave Smith
2022	Dave Smith
2023	Dave Smith

CROSS COUNTRY BIG 12 RUNNER OF THE YEAR

2016	Hassan Abdi
2022	Alex Maier
2023	Brian Musau
2024	Brian Musau

CROSS COUNTRY BIG 12 SCHOLAR-ATHLETE OF THE YEAR

2015	Craig Nowak
2016	Luis Martinez
2017	Luis Martinez
2018	Luis Martinez
2020	Ryan Smeeton
2022	Alex Maier
2023	Alex Maier

CROSS COUNTRY BIG 8/12 NEWCOMER OF THE YEAR

1994	Patrick Kiptum
2006	Daniel Watts
2007	David Chirchir
2008	German Fernandez
2015	Josh Thompson
2018	Isai Rodriguez
2020	Victor Shitsama
2022	Fouad Messaoudi
2023	Denis Kipngetich

CROSS COUNTRY CONFERENCE MEET HISTORY

Year	Conference	Place	Points	Coach
1957	Big Eight	8th	174	Ralph Higgins
1958	Big Eight	6th	130	Ralph Higgins
1959	Big Eight	6th	112	Ralph Higgins
1960	**Big Eight**	**1st**	**40**	**Ralph Higgins**
1961	Big Eight	2nd	78	Ralph Higgins
1962	Big Eight	7th	163	Ralph Higgins
1963	Big Eight	7th	163	Ralph Higgins
1964	Big Eight	2nd	80	Ralph Higgins
1965	Big Eight	3rd	68	Ralph Higgins
1966	Big Eight	4th	88	Ralph Higgins
1967	Big Eight	7th	150	Ralph Higgins
1968	Big Eight	7th	177	Ralph Tate
1969	Big Eight	5th	99	Ralph Tate
1970	Big Eight	2nd	72	Ralph Tate
1971	Big Eight	7th	147	Ralph Tate
1972	**Big Eight**	**1st**	**37**	**Ralph Tate**
1973	**Big Eight**	**1st**	**53**	**Ralph Tate**
1974	Big Eight	4th	88	Ralph Tate
1975	Big Eight	4th	96	Ralph Tate
1976	Big Eight	7th	143	Ralph Tate
1977	Big Eight	7th	174	Ralph Tate
1978	Big Eight	7th	164	Ralph Tate
1979	Big Eight	5th	139	Ralph Tate
1980	Big Eight	6th	132	Ralph Tate
1981	Big Eight	4th	94	Ralph Tate
1982	Big Eight	4th	108	Ralph Tate
1983	Big Eight	6th	119	Dick Weis
1984	Big Eight	2nd	87	Dick Weis
1985	Big Eight	2nd	72	Dick Weis
1986	Big Eight	4th	88	Dick Weis
1987	Big Eight	7th	155	Dick Weis
1988	Big Eight	4th	111	Dick Weis
1989	Big Eight	6th	128	Dick Weis
1990	Big Eight	5th	111	Dick Weis
1991	Big Eight	7th	146	Dick Weis
1992	Big Eight	3rd	95	Dick Weis
1993	Big Eight	3rd	99	Dick Weis
1994	Big Eight	3rd	77	Dick Weis
1995	**Big Eight**	**1st**	**38**	**Dick Weis**
1996	Big 12	5th	153	Dick Weis
1997	Big 12	3rd	91	Dick Weis
1998	Big 12	2nd	46	Dick Weis

Cross Country History/Honor Roll

1999	Big 12	2nd	102	Dick Weis
2000	Big 12	2nd	85	Dick Weis
2001	Big 12	2nd	93	Dick Weis
2002	Big 12	4th	132	Dick Weis
2003	Big 12	2nd	91	Dick Weis
2004	Big 12	3rd	108	Dick Weis
2005	Big 12	4th	92	Dick Weis
2006	Big 12	4th	108	Dave Smith
2007	Big 12	2nd	48	Dave Smith
2008	**Big 12**	**1st**	**26**	**Dave Smith**
2009	**Big 12**	**1st**	**24**	**Dave Smith**
2010	**Big 12**	**1st**	**19**	**Dave Smith**
2011	**Big 12**	**1st**	**30**	**Dave Smith**
2012	**Big 12**	**1st**	**24**	**Dave Smith**
2013	**Big 12**	**1st**	**33**	**Dave Smith**
2014	**Big 12**	**1st**	**27**	**Dave Smith**
2015	**Big 12**	**1st**	**28**	**Dave Smith**
2016	**Big 12**	**1st**	**36**	**Dave Smith**
2017	Big 12	3rd	44	Dave Smith
2018	Big 12	2nd	40	Dave Smith
2019	Big 12	2nd	58	Dave Smith
2020	**Big 12**	**1st**	**31**	**Dave Smith**
2021	**Big 12**	**1st**	**24**	**Dave Smith**
2022	**Big 12**	**1st**	**21**	**Dave Smith**
2023	**Big 12**	**1st**	**25**	**Dave Smith**
2024	Big 12	2nd	52	Dave Smith

CROSS COUNTRY ALL-BIG 12 HONOREES

1996	Christian Nicolson	4th
1998	Chuck Sloan	2nd
1998	Nathaniel Lane	6th
1999	Chuck Sloan	3rd
2000	Johan Bergstrom	8th
2001	Jason Woolhouse	8th
2002	Jason Woolhouse	3rd
2003	Mindaugas Pukstas	4th
2003	Jason Woolhouse	6th
2004	Scott Rantall	10th
2005	Joe Gray	12th
2006	Joe Gray	10th
2006	Daniel Watts	13th
2007	Ryan Vail	3rd
2007	David Chirchir	8th
2007	Sean Fleming	10th
2007	David Jankowski	12th
2007	Matt Barnes-Smith	15th
2008	**German Fernandez**	**1st**
2008	John Kosgei	3rd
2008	Ryan Vail	4th
2008	Colby Lowe	5th
2008	David Chirchir	13th
2009	**Ryan Vail**	**1st**
2009	John Kosgei	2nd
2009	Colby Lowe	3rd
2009	German Fernandez	4th
2009	Girma Mecheso	14th
2010	**Girma Mecheso**	**1st**
2010	German Fernandez	2nd
2010	Colby Lowe	3rd
2010	Tom Farrell	4th
2010	Joseph Manilafasha	9th
2010	Ryan Prentice	15th
2011	**German Fernandez**	**1st**
2011	Colby Lowe	2nd
2011	Shadrack Kipchirchir	5th
2011	Tom Farrell	8th
2011	Joseph Manilafasha	14th
2012	Girma Mecheso	2nd
2012	Shadrack Kipchirchir	3rd
2012	Tom Farrell	4th
2012	Kirubel Erassa	7th
2012	Shane Moskowitz	8th
2013	Kirubel Erassa	2nd
2013	Shadrack Kipchirchir	3rd
2013	Tom Farrell	5th
2013	Brian Gohlke	11th
2013	Shane Moskowitz	12th
2014	**Kirubel Erassa**	**1st**
2014	Fabian Clarkson	4th
2014	David Osborn	6th
2014	Shane Moskowitz	7th
2014	Craig Nowak	9th
2014	Cerake Geberkidane	11th
2014	Vegard Oelstad	12th
2015	**Vegard Oelstad**	**1st**
2015	Cerake Geberkidane	3rd
2015	Craig Nowak	6th
2015	Chad Noelle	8th
2015	Josh Thompson	10th
2016	Hassan Abdi	3rd
2016	Luis Martinez	5th
2016	Josh Thompson	7th
2016	Anthoney Armstrong	10th
2016	Christian Liddell	11th
2017	**Hassan Abdi**	**1st**
2017	Luis Martinez	2nd
2017	Ryan Smeeton	9th
2017	Noah Gade	15th
2018	Isai Rodriguez	2nd
2018	Ashenafi Hatte	3rd
2018	Luis Martinez	4th
2018	Jorge Perez	15th
2019	Isai Rodriguez	2nd
2019	Ryan Smeeton	3rd
2019	Bryce Quigley	14th
2020	Isai Rodriguez	2nd
2020	Victor Shitsama	5th
2020	Alex Maier	6th
2020	Ryan Smeeton	8th
2020	Ryan Schoppe	10th
2021	Isai Rodriguez	2nd
2021	Alex Maier	3rd
2021	Ryan Smeeton	4th
2021	Ryan Schoppe	6th
2021	Victor Shitsama	9th
2021	Shea Foster	14th
2022	**Alex Maier**	**1st**
2022	Rory Leonard	2nd
2022	Isai Rodriguez	5th
2022	Fouad Messaoudi	6th
2022	Ryan Schoppe	7th
2022	Will Muirhead	11th
2022	Jonas Price	12th
2022	Alex Stitt	14th
2022	Victor Shitsama	15th
2023	**Brian Musau**	**1st**
2023	Alex Maier	2nd
2023	Fouad Messaoudi	5th
2023	Will Muirhead	8th
2023	Jonas Price	9th
2023	Denis Kipngetich	14th
2024	**Brian Musau**	**1st**
2024	Denis Kipngetich	6th
2024	Victor Shitsama	9th

Cross Country History/Honor Roll

USTFCCCA CROSS COUNTRY ATHLETE OF THE WEEK

March 3, 2021*	Isai Rodriguez
Sept. 20, 2021	Isai Rodriguez
Sept. 26, 2022	Alex Maier

*= Cross Country season pushed to the spring due to the COVID-19 Pandemic

CROSS COUNTRY BIG 12 RUNNER OF THE WEEK

Sept. 9, 1998	Brian Young
Oct. 6, 1999	Chuck Sloan
Sept. 19, 2000	Junior Vasquez
Oct. 2, 2000	Junior Vasquez
Sept. 10, 2002	Jason Woolhouse
Sept. 7, 2010	Tom Farrell
Sept. 28, 2010	Girma Mecheso
Sept. 6, 2011	Kirubel Erassa
Oct. 4, 2011	Colby Lowe
Sept. 7, 2013	David Osborn
Sept. 2, 2014	Luis Martinez
Sept. 30, 2014	Kirubel Erassa
Sept. 27, 2016	Sylvester Barus
Oct. 18, 2016	Hassan Abdi
Oct. 3, 2017	Sylvester Barus
Oct. 17, 2017	Hassan Abdi
Oct. 16, 2018	Ashenafi Hatte
Oct. 8, 2019	Ashenafi Hatte
Oct. 21, 2020	Isai Rodriguez
Sept. 7, 2021	Isai Rodriguez
Sept. 21, 2021	Isai Rodriguez
Sept. 6, 2022	Alex Stitt
Sept. 27, 2022	Alex Maier
Sept. 26, 2023	Denis Kipngetich

Denis Kipngetich won his first career XC Race in a Cowboy uniform, defeating the 2023 Cowboy Jamboree field by over 20 seconds

Cross Country Records

Oklahoma State School Records

8,000 Meters (8K)

1.	22:06.9	Brian Musau	Big 12 Championships	2024
2.	22:29.2	Denis Kipngetich	Big 12 Championships	2024
3.	22:30.9	Victor Shitsama	Big 12 Championships	2024
4.	22:49.1	Alex Maier	Big 12 Championships	2023
5.	22:49.3	Isai Rodriguez	Big 12 Championships	2020
6.	22:54.3	Ryan Schoppe	Big 12 Championships	2024
7.	22:58.0	Laban Kipkemboi	Big 12 Championships	2024
8.	22:58.1	Alex Stitt	Big 12 Championships	2024
9.	23:00.4	Fouad Messaoudi	Big 12 Championships	2023
10.	23:04.3	Will Muirhead	Big 12 Championships	2023

10,000 Meters (10K)

1.	28:30.0	Jon Wild	Chile Pepper Invite	1995
2.	28:51.4	Denis Kipngetch	NCAA Midwest Regional	2024
3.	28:58.2	Alex Maier	NCAA Championships	2022
4.	28:58.9	Isai Rodriguez	NCAA Championships	2022
5.	29:02.0	Patrick Kiptum	Chile Pepper Invite	1995
6.	29:06.2	Laban Kipkemboi	NCAA Midwest Regional	2024
7.	29:10.8	Fouad Messaoudi	NCAA Championships	2022
8.	29:10.9	Colby Lowe	Chile Pepper Invite	2010
9.	29:11.0	Brian Musau	NCAA Championships	2023
10.	29:11.2	Hassan Abdi	NCAA Midwest Regional	2017

Greiner Family OSU Cross Country Course Records

8,000 Meters (8K)

1.	22:55.6	Brian Musau, Oklahoma State	Cowboy Jamboree	2024
2.	23:03.6	Habtom Samuel, New Mexico	Cowboy Jamboree	2024
3.	23:05.8	Isai Rodriguez, Oklahoma State	Cowboy Jamboree	2021
4.	23:16.9	Alex Maier, Oklahoma State	Cowboy Jamboree	2022
5.	23:19.0	Laban Kipkemboi, Oklahoma State	Cowboy Jamboree	2024
6.	23:20.0	Charles Hicks, Stanford	Cowboy Jamboree	2022
7.	23:20.5	Victor Shitsama, Oklahoma State	Cowboy Jamboree	2022
8.	23:20.8	Cole Sprout, Stanford	Cowboy Jamboree	2022
9.	23:21.0	Denis Kipngetich, Oklahoma State	Cowboy Jamboree	2024
10.	23:24.4	Nico Young, Northern Arizona	Cowboy Jamboree	2022

10,000 Meters (10K)

1.	28:43.6	Charles Hicks, Stanford	NCAA Championships	2022
2.	28:44.5	Nico Young, Northern Arizona	NCAA Championships	2022
3.	28:55.9	Drew Bosley, Northern Arizona	NCAA Championships	2022
4.	28:58.0	Dylan Jacobs, Tennessee	NCAA Championships	2022
5.	28:58.2	Alex Maier, Oklahoma State	NCAA Championships	2022
6.	28:58.4	Graham Blanks, Harvard	NCAA Championships	2022
7.	28:58.7	Casey Clinger, BYU	NCAA Championships	2022
8.	28:58.9	Isai Rodriguez, Oklahoma State	NCAA Championships	2022
9.	29:00.4	Parker Wolfe, North Carolina	NCAA Championships	2022
10.	29:07.4	Ky Robinson, Stanford	NCAA Championships	2022

Cowboy Jamboree Records

8,000 Meters (8K)

1.	22:55.6	Brian Musau, Oklahoma State	2024
2.	23:03.6	Habtom Samuel, New Mexico	2024
3.	23:05.8	Isai Rodriguez, Oklahoma State	2021
4.	23:16.9	Alex Maier, Oklahoma State	2022
5.	23:19.0	Laban Kipkemboi, Oklahoma State	2024
6.	23:20.0	Charles Hicks, Stanford	2022
7.	23:20.5	Victor Shitsama, Oklahoma State	2022
8.	23:20.8	Cole Sprout, Stanford	2022
9.	23:21.0	Denis Kipngetich, Oklahoma State	2024
10.	23:24.4	Nico Young, Northern Arizona	2022

At the Cross Country Conference Meet

1926 - MISSOURI VALLEY

1.	Iowa State	41
2.	Kansas State	57
3.	Oklahoma	59
4.	Kansas	81
5.	Nebraska	114
6.	Missouri	152
7.	Drake	185
8.	Oklahoma State	190

1957 - BIG EIGHT

1.	Kansas	26
2.	Colorado	52
3.	Iowa State	84
4.	Kansas State	122
5.	Oklahoma	141
6.	Nebraska	155
7.	Missouri	170
8.	Oklahoma State	174

1958 - BIG EIGHT

1.	Kansas	37
2.	Iowa State	92
3.	Colorado	98
4.	Oklahoma	112
5.	Nebraska	117
6.	Oklahoma State	130
7.	Kansas State	138
8.	Missouri	145

1959 - BIG EIGHT

1.	Kansas	51
2.	Iowa State	87
3.	Nebraska	94
4.	Missouri	95
5.	Colorado	98
6.	Oklahoma State	112
7.	Kansas State	152
8.	Oklahoma	178

Individual Champion
Miles Eisenman, OSU 13:55.2

1960 - BIG EIGHT

1.	Oklahoma State	40
2.	Kansas	50
3.	Oklahoma	84
4.	Missouri	85
5.	Kansas State	135
6.	Nebraska	139
7.	Iowa State	161
8.	Colorado	180

1961 - BIG EIGHT

1.	Kansas	26
2.	Oklahoma State	78
	Colorado	78
4.	Missouri	119
5.	Kansas State	128
6.	Oklahoma	144
7.	Nebraska	150
8.	Iowa State	174

1962 - BIG EIGHT

1.	Colorado	60
2.	Kansas	63
3.	Nebraska	76
4.	Missouri	85
5.	Oklahoma	115
6.	Kansas State	123
7.	Oklahoma State	163
8.	Iowa State	198

1963 - BIG EIGHT

1.	Colorado	60
2.	Kansas	63
3.	Nebraska	76
4.	Missouri	85
5.	Oklahoma	115
6.	Kansas State	123
7.	Oklahoma State	163
8.	Iowa State	198

1964 - BIG EIGHT

1.	Kansas	26
2.	Oklahoma State	80
3.	Missouri	82
4.	Colorado	85
5.	Oklahoma	130
6.	Nebraska	143
7.	Kansas State	166
8.	Iowa State	214

1965 - BIG EIGHT

1.	Kansas State	34
2.	Kansas	58
3.	Oklahoma State	68
4.	Colorado	76
5.	Missouri	118
6.	Iowa State	149
7.	Nebraska	216
8.	Oklahoma	222

1966 - BIG EIGHT

1.	Kansas State	51
2.	Colorado	57
3.	Kansas	76
4.	Oklahoma State	88
5.	Missouri	100
6.	Iowa State	135
7.	Oklahoma	185
8.	Nebraska	224

Individual Champion
Chris McCubbins, OSU 14:16.9

1967 - BIG EIGHT

1.	Missouri	52
2.	Colorado	59
3.	Kansas	85
4.	Oklahoma	111
5.	Iowa State	115
6.	Kansas State	122
7.	Oklahoma State	150
8.	Nebraska	187

1968 - BIG EIGHT

1.	Kansas	45
2.	Colorado	61
3.	Kansas State	81
4.	Nebraska	98
5.	Missouri	113
6.	Iowa State	138
7.	Oklahoma State	177
8.	Oklahoma	185

1969 - BIG EIGHT

1.	Kansas	55
2.	Nebraska	72
3.	Missouri	79
4.	Kansas State	82
5.	Oklahoma State	99
6.	Colorado	137
7.	Iowa State	152
8.	Oklahoma	207

1970 - BIG EIGHT

1.	Missouri	60
2.	Oklahoma State	72
3.	Kansas State	82
4.	Colorado	83
5.	Kansas	100
6.	Iowa State	135
7.	Nebraska	152
8.	Oklahoma	161

1971 - BIG EIGHT

1.	Kansas State	49
2.	Kansas	75
3.	Nebraska	77
4.	Colorado	110
5.	Oklahoma	118
6.	Missouri	136
7.	Oklahoma State	147
8.	Iowa State	155

1972 - BIG EIGHT

1.	Oklahoma State	37
2.	Colorado	76
3.	Missouri	83
4.	Kansas	99
5.	Kansas State	102
6.	Nebraska	116
7.	Oklahoma	181
8.	Iowa State	202

Individual Champion
John Halberstadt, OSU 24:22.5

1973 - BIG EIGHT

1.	Oklahoma State	53
2.	Colorado	55
3.	Missouri	96
4.	Kansas	104
5.	Kansas State	107
6.	Nebraska	117
7.	Iowa State	154
8.	Oklahoma	165

Individual Champion
John Halberstadt, OSU 23:57

1974 - BIG EIGHT

1.	Iowa State	49
	Missouri	49
3.	Kansas State	83
4.	Oklahoma State	88
5.	Oklahoma	126
6.	Colorado	133
7.	Kansas	147
8.	Nebraska	234

1975 - BIG EIGHT

1.	Kansas State	25
2.	Colorado	73
3.	Iowa State	87
4.	Oklahoma State	96
5.	Missouri	105
6.	Oklahoma	127
7.	Kansas	136
8.	Nebraska	214

1976 - BIG EIGHT

1.	Colorado	46
2.	Kansas	71
3.	Missouri	80
4.	Kansas State	110
5.	Iowa State	125
6.	Oklahoma	132
7.	Oklahoma State	143
8.	Nebraska	156

1977 - BIG EIGHT

1.	Colorado	21
2.	Iowa State	74
3.	Missouri	79
4.	Nebraska	119
5.	Kansas State	147
6.	Oklahoma	149
7.	Oklahoma State	174

1978 - BIG EIGHT

1.	Colorado	22
2.	Oklahoma	79
3.	Kansas	97
4.	Missouri	111
5.	Kansas State	117
6.	Iowa State	135
7.	Oklahoma State	164
8.	Nebraska	181

1979 - BIG EIGHT

1.	Colorado	22
2.	Kansas	65
3.	Oklahoma	80
4.	Kansas State	119
5.	Oklahoma State	139
6.	Iowa State	142
7.	Missouri	157
8.	Nebraska	169

At the Cross Country Conference Meet

1980 - BIG EIGHT

1.	Colorado	26
2.	Iowa State	62
3.	Missouri	112
4.	Kansas	113
5.	Kansas State	119
6.	Oklahoma State	132
7.	Oklahoma	137
8.	Nebraska	154

1981 - BIG EIGHT

1.	Iowa State	33
2.	Kansas	54
3.	Colorado	65
4.	Oklahoma State	94
5.	Missouri	114
6.	Kansas State	124
7.	Nebraska	208
8.	Oklahoma	234

1982 - BIG EIGHT

1.	Colorado	35
2.	Iowa State	81
3.	Kansas State	84
4.	Oklahoma State	108
5.	Oklahoma	110
6.	Kansas	123
7.	Nebraska	154
8.	Missouri	215

1983 - BIG EIGHT

1.	Iowa State	53
2.	Nebraska	78
3.	Kansas State	84
4.	Kansas	92
5.	Colorado	94
6.	Oklahoma State	119
7.	Missouri	145
8.	Oklahoma	192

1984 - BIG EIGHT

1.	Iowa State	32
2.	Oklahoma State	87
3.	Nebraska	104
4.	Kansas	106
5.	Colorado	114
6.	Kansas State	121
7.	Oklahoma	145
8.	Missouri	155

1985 - BIG EIGHT

1.	Colorado	48
2.	Oklahoma State	72
3.	Kansas State	76
4.	Iowa State	78
5.	Nebraska	99
6.	Oklahoma	130
7.	Kansas	162
8.	Missouri	215

1986 - BIG EIGHT

1.	Colorado	37
2.	Nebraska	64
3.	Iowa State	68
4.	Oklahoma State	88
5.	Kansas State	136
6.	Kansas	138
7.	Missouri	195
8.	Oklahoma	212

1987 - BIG EIGHT

1.	Iowa State	47
2.	Nebraska	51
3.	Colorado	92
4.	Kansas	115
5.	Kansas State	115
6.	Oklahoma	142
7.	Oklahoma State	155
8.	Missouri	177

1988 - BIG EIGHT

1.	Iowa State	34
2.	Colorado	71
3.	Nebraska	101
4.	Oklahoma State	111
5.	Kansas State	113
6.	Kansas	129
7.	Oklahoma	149
8.	Missouri	170

1989 - BIG EIGHT

1.	Iowa State	22
2.	Nebraska	68
3.	Colorado	92
4.	Kansas State	110
5.	Kansas	113
6.	Oklahoma State	128
7.	Oklahoma	182
8.	Missouri	209

1990 - BIG EIGHT

1.	Iowa State	26
2.	Kansas State	52
3.	Nebraska	84
4.	Kansas	103
5.	Oklahoma State	111
6.	Colorado	113
7.	Missouri	195

*Oklahoma did not field 1990 team

1991 - BIG EIGHT

1.	Iowa State	16
2.	Colorado	86
T3.	Kansas State	88
T3.	Kansas	88
5.	Nebraska	124
6.	Oklahoma	128
7.	Oklahoma State	146
8.	Missouri	227

1992 - BIG EIGHT

1.	Colorado	42
2.	Kansas State	70
3.	Oklahoma State	95
4.	Iowa State	106
5.	Kansas	119
6.	Nebraska	139
7.	Oklahoma	174
8.	Missouri	186

1993 - BIG EIGHT

1	Iowa State	27
2	Colorado	49
3	Oklahoma State	99
4	Nebraska	106
5	Oklahoma	151
6	Missouri	165
7	Kansas State	174
8	Kansas	194

1994 - BIG EIGHT

1	Iowa State	29
2	Colorado	49
3	Oklahoma State	77
4	Kansas	112
5	Nebraska	118
6	Missouri	161
7	Kansas State	195
8	Oklahoma	203

1995 - BIG EIGHT

1.	Oklahoma State	38
2.	Colorado	53
3.	Iowa State	64
4.	Kansas State	117
5.	Oklahoma	144
6.	Nebraska	161
7.	Kansas	170
8.	Missouri	171

Coach of the Year: Dick Weis, OSU

1996 - BIG 12

1.	Colorado	66
2.	Nebraska	70
3.	Iowa State	95
4.	Missouri	140
5.	Oklahoma State	153
6.	Kansas State	156
7.	Texas	169
8.	Kansas	171
9.	Baylor	222
10.	Texas A&M	248
11.	Oklahoma	251
12.	Texas Tech	338

OSU All-Big 12: Christian Nicholson (4th)

1997 - BIG 12

1.	Colorado	32
2.	Iowa State	86
3.	Oklahoma State	91
4.	Nebraska	99
5.	Missouri	121
6.	Texas	140
7.	Texas A&M	179
8.	Kansas	193
9.	Kansas State	224
10.	Baylor	321
11.	Texas Tech	338
12.	Oklahoma	344

OSU All-Big 12: None

1998 - BIG 12

1.	Colorado	31
2.	Oklahoma State	46
3.	Missouri	98
4.	Texas	110
5.	Kansas State	153
6.	Kansas	161
7.	Iowa State	169
8.	Nebraska	179
9.	Texas A&M	272
10.	Oklahoma	312
11.	Baylor	329
12.	Texas Tech	335

OSU All-Big 12: Chuck Sloan (2nd), Nathaniel Lane (6th)

1999 - BIG 12

1.	Colorado	22
2.	Oklahoma State	102
3.	Missouri	103
4.	Texas	157
5.	Texas A&M	163
6.	Nebraska	173
7.	Kansas	187
8.	Iowa State	189
9.	Kansas State	202
10.	Texas Tech	240
11.	Baylor	263
12.	Oklahoma	320

OSU All-Big 12: Chuck Sloan (3rd)

2000 - BIG 12

1.	Colorado	16
2.	Oklahoma State	85
3.	Missouri	113
4.	Texas	141
5.	Nebraska	153
6.	Kansas	177
7.	Iowa State	185
8.	Texas A&M	199
9.	Texas Tech	211
10.	Kansas State	241
11.	Baylor	250
12.	Oklahoma	366

OSU All-Big 12: Johan Bergstrom (8th)

At the Cross Country Conference Meet

2001 - BIG 12

1. Colorado	31
2. Oklahoma State	93
3. Texas A&M	104
4. Baylor	125
5. Nebraska	136
6. Texas	138
7. Kansas	147
8. Kansas State	231
9. Missouri	246
10. Oklahoma	254
11. Iowa State	265
12. Texas Tech	346

OSU All-Big 12: Jason Woolhouse (8th)

2002 - BIG 12

1. Colorado	25
2. Texas	90
3. Texas A&M	114
4. Oklahoma State	132
5. Iowa State	141
6. Baylor	148
7. Nebraska	171
8. Kansas	208
9. Missouri	218
10. Kansas State	254
11. Oklahoma	274
12. Texas Tech	329

OSU All-Big 12: Jason Woolhouse (3rd)

2003 - BIG 12

1. Colorado	38
2. Oklahoma State	91
3. Texas A&M	119
4. Kansas	135
5. Baylor	141
6. Texas	150
7. Oklahoma	154
8. Missouri	161
9. Kansas State	233
10. Texas Tech	253
11. Iowa State	284
12. Nebraska	333

OSU All-Big 12: Mindaugas Pukstas (4th), Jason Woolhouse (6th)

2004 - BIG 12

1. Colorado	48
2. Texas	63
3. Oklahoma State	108
4. Kansas	116
5. Missouri	157
6. Iowa State	173
7. Baylor	212
8. Kansas State	230
9. Oklahoma	231
10. Texas Tech	262
11. Texas A&M	279
12. Nebraska	312

OSU All-Big 12: Scott Rantall (10th)

2005 - BIG 12

1. Colorado	44
2. Texas	52
3. Kansas	68
4. Oklahoma State	92
5. Missouri	182
6. Iowa State	188
7. Texas A&M	202
8. Kansas State	234
9. Texas Tech	246
10. Nebraska	288
11. Oklahoma	291
12. Baylor	346

OSU All-Big 12: Joe Gray (12th)

2006 - BIG 12

1. Colorado	36
2. Texas	80
3. Kansas	82
4. Oklahoma State	108
5. Iowa State	114
6. Missouri	156
7. Texas A&M	196
8. Baylor	234
9. Oklahoma	246
10. Texas Tech	254
11. Nebraska	320
12. Kansas State	331

OSU All-Big 12: Joe Gray (10th), Daniel Watts (13th)

2007 - BIG 12

1. Colorado	34
2. Oklahoma State	48
3. Texas	58
4. Iowa State	139
5. Texas A&M	166
6. Missouri	195
7. Kansas	198
8. Texas Tech	204
9. Oklahoma	205
10. Nebraska	230
11. Kansas State	318
12. Baylor	345

OSU All-Big 12: Ryan Vail (3rd), David Chirchir (8th), Sean Fleming (10th), David Jankowski (12th), Matt Barnes-Smith (15th)

2008 - BIG 12

1. Oklahoma State	26
2. Colorado	66
3. Iowa State	67
4. Texas A&M	95
5. Missouri	155
6. Texas	179
7. Nebraska	200
8. Kansas	208
9. Texas Tech	255
10. Baylor	297
11. Kansas State	355
12. Oklahoma	365

OSU All-Big 12: German Fernandez (1st), John Kosgei (3rd), Ryan Vail (4th), Colby Lowe (5th), David Chirchir (13th)

2009 - BIG 12

1. Oklahoma State	24
2. Colorado	56
3. Oklahoma	75
4. Iowa State	107
5. Texas	132
6. Texas A&M	171
7. Nebraska	199
T8. Kansas	237
T8. Missouri	237
10. Texas Tech	278
11. Baylor	282
12. Kansas State	354

OSU All-Big 12: Ryan Vail (1st), John Kosgei (2nd), Colby Lowe (3rd), German Fernandez (4th), Girma Mecheso (14th)

2010 - BIG 12

1. Oklahoma State	19
2. Colorado	46
3. Oklahoma	61
4. Texas	127
5. Iowa State	133
6. Nebraska	195
7. Kansas	200
8. Baylor	234
9. Texas A&M	242
10. Texas Tech	259
11. Missouri	320
12. Kansas State	356

OSU All-Big 12: Girma Mecheso (1st), German Fernandez (2nd), Colby Lowe (3rd), Tom Farrell (4th), Joseph Manilafasha (9th), Ryan Prentice (15th)

2011 - BIG 12

1. Oklahoma State	30
2. Oklahoma	43
3. Texas	87
4. Texas A&M	102
5. Iowa State	137
6. Missouri	170
7. Kansas	185
8. Kansas State	255
9. Baylor	274
10. Texas Tech	314

OSU All-Big 12: German Fernandez (1st), Colby Lowe (2nd), Shadrack Kipchirchir (5th), Tom Farrell (8th), Joseph Manilafasha (14th), Kirubel Erassa (15th)

2012 - BIG 12

1. Oklahoma State	24
2. Texas	56
3. Oklahoma	62
4. Kansas	121
5. Iowa State	137
6. Texas Tech	154
7. Baylor	216
8. Kansas State	233
9. TCU	282

OSU All-Big 12: Girma Mecheso (2nd), Shadrack Kipchirchir (3rd), Tom Farrell (4th), Kirubel Erassa (7th), Shane Moskowitz (8th)

2013 - BIG 12

1. Oklahoma State	33
2. Iowa State	77
3. Texas	80
4. Oklahoma	104
5. Texas Tech	117
6. Kansas	123
7. Baylor	196
8. Kansas State	259
9. TCU	281

OSU All-Big 12: Kirubel Erassa (2nd), Shadrack Kipchirchir (3rd), Tom Farrell (5th), Brian Gohlke (11th), Shane Moskowitz (12th)

2014 - BIG 12

1. Oklahoma State	27
2. Oklahoma	65
3. Iowa State	80
4. Texas	84
5. Kansas	123
6. Baylor	191
7. Texas Tech	200
8. Kansas State	250
9. TCU	294

OSU All-Big 12: Kirubel Erassa (1st), Fabian Clarkson (4th), David Osborn (6th), Shane Moskowitz (7th), Craig Nowak (9th), Cerake Geberkidane (11th), Vegard Oelstad (12th)

At the Cross Country Conference Meet

2015 - BIG 12

1. Oklahoma State	28
2. Oklahoma	50
3. Texas	83
4. Iowa State	93
5. Kansas	111
6. Kansas State	180
7. Baylor	184
8. Texas Tech	200
9. TCU	295

OSU All-Big 12: Vegard Oelstad (1st), Cerake Geberkidane (3rd), Craig Nowak (6th), Chad Noelle (8th), Josh Thompson (10th)

2016 - BIG 12

1. Oklahoma State	36
2. Iowa State	49
3. Texas	100
4. Kansas	104
5. Texas Tech	123
6. Oklahoma	127
7. Baylor	190
8. Kansas State	217
9. TCU	293

OSU All-Big 12: Hassan Abdi (3rd), Luis Martinez (5th), Josh Thompson (7th), Anthoney Armstrong (10th), Christian Liddell (11th)

2017 - BIG 12

1. Iowa State	40
2. Texas	41
3. Oklahoma State	44
4. Kansas State	142
5. Texas Tech	151
6. Baylor	172
7. Kansas	189
8. Oklahoma	194
9. TCU	295

OSU All-Big 12: Hassan Abdi (1st), Luis Martinez (2nd), Ryan Smeeton (9th), Noah Gade (15th)

2018 - BIG 12

1. Iowa State	32
2. Oklahoma State	40
3. Texas	70
4. Kansas	79
5. Kansas State	162
6. Texas Tech	166
7. Oklahoma	182
8. Baylor	217
9. TCU	246

OSU All-Big 12: Isai Rodriguez (2nd), Ashenafi Hatte (3rd), Luis Martinez (4th), Jorge Perez (15th)

2019 - BIG 12

1. Iowa State	34
2. Oklahoma State	58
3. Texas	72
4. Kansas	92
5. Texas Tech	147
6. Kansas State	150
7. Baylor	213
8. Oklahoma	221
9. TCU	287

OSU All-Big 12: Isai Rodriguez (2nd), Ryan Smeeton (3rd), Bryce Quigley (14th)

2020 - BIG 12

1. Oklahoma State*	31
2. Iowa State	31
3. Texas	84
4. Kansas State	103
5. Kansas	136
6. Texas Tech	187
7. Baylor	215
8. Oklahoma	230
9. TCU	265

OSU All-Big 12: Isai Rodriguez (2nd), Victor Shitsama (5th), Alex Maier (6th), Ryan Smeeton (8th), Ryan Schoppe (10th)

**OSU determined winner by Big 12 tie-breaking procedures (head-to-head comparison among top-five finishers)*

2021 - BIG 12

1. Oklahoma State	24
2. Iowa State	31
3. Texas	77
4. Kansas State	121
5. Kansas	169
6. Baylor	192
7. Texas Tech	196
8. Oklahoma	233
9. TCU	256

OSU All-Big 12: Isai Rodriguez (2nd), Alex Maier (3rd), Ryan Smeeton (4th), Ryan Schoppe (6th), Victor Shitsama (9th), Shea Foster (14th)

2022 - BIG 12

1. Oklahoma State	21
2. Iowa State	57
3. Texas	59
4. Kansas State	123
5. Kansas	159
6. Texas Tech	181
7. Baylor	195
8. Oklahoma	220
9. TCU	256

OSU All-Big 12: Alex Maier (1st), Rory Leonard (2nd), Isai Rodriguez (5th), Fouad Messaoudi (6th), Ryan Schoppe (7th), Will Muirhead (11th), Jonas Price (12th), Alex Stitt (14th), Victor Shitsama (15th)

2023 - BIG 12

1. Oklahoma State	25
2. BYU	55
3. Texas	70
4. Iowa State	114
5. Texas Tech	171
6. Kansas	179
7. Cincinnati	204
8. Oklahoma	229
9. Kansas State	266
10. Houston	293
11. TCU	313
12. Baylor	346

OSU All-Big 12: Brian Musau (1st), Alex Maier (2nd), Fouad Messaoudi (5th), Will Muirhead (8th), Jonas Price (9th), Denis Kipngetich (14th)

2024 - BIG 12

1. No. 2 BYU	41
2. No. 1 Oklahoma State	52
3. No. 4 Iowa State	62
4. Texas Tech	101
5. No. 24 Colorado	122
6. TCU	222
7. Kansas	223
8. Cincinnati	234
9. Arizona	280
10. Houston	297
11. Arizona State	318
12. Kansas State	328
12. Baylor	380

OSU All-Big 12: Brian Musau (1st), Denis Kipngetich (6th), Victor Shitsama (9th)

Cross Country Championships

Cross Country Meet Victories - Post 2000

2000 NCAA Midwest Regionals	Cedar Falls, Iowa
2003 NCAA Midwest Regionals	Stillwater, Okla.
2004 Wichita State Gold Classic	Augusta, Kan.
2005 NCAA Midwest Regionals	Iowa City, Iowa
2006 NCAA Midwest Regionals	Falcon Heights, Minn.
2007 Cowboy Jamboree	Stillwater, Okla.
2007 NCAA Midwest Regionals	Peoria, Ill.
2008 Cowboy Jamboree	Stillwater, Okla.
2008 Big 12 Championships	Ames, Iowa
2008 NCAA Midwest Regionals	Stillwater, Okla.
2009 Hurricane Festival	Tulsa, Okla.
2009 Chile Pepper Festival	Fayetteville, Ark.
2009 Big 12 Championships	Columbia, Mo.
2009 NCAA Midwest Regionals	Springfield, Mo.
2009 NCAA Championships	**Terre Haute, Ind.**
2010 Dual vs. John Brown	Tulsa, Okla.
2010 Dual vs. Oklahoma	Tulsa, Okla.
2010 Dual vs. Oklahoma Wesleyan	Tulsa, Okla.
2010 Dual vs. Oral Roberts	Tulsa, Okla.
2010 Dual vs. Tulsa	Tulsa, Okla.
2010 Cowboy Jamboree	Stillwater, Okla.
2010 Chile Pepper Festival	Stillwater, Okla.
2010 Big 12 Championships	Stillwater, Okla.
2010 NCAA Midwest Regionals	Peoria, Ill.
2010 NCAA Championships	**Terre Haute, Ind.**
2011 Dual vs. Tulsa	Tulsa, Okla.
2011 Dual vs. Oklahoma	Tulsa, Okla.
2011 Dual vs. Arkansas-Fort Smith	Tulsa, Okla.
2011 Cowboy Jamboree	Stillwater, Okla.
2011 Chile Pepper Festival	Fayetteville, Ark.
2011 Big 12 Championships	College Station, Texas
2011 NCAA Midwest Regionals	Dekalb, Ill.
2012 Dual vs. Tulsa	Tulsa, Okla.
2012 Dual vs. Oklahoma	Tulsa, Okla.
2012 Dual vs. Northwestern State	Tulsa, Okla.
2012 Dual vs. John Brown	Tulsa, Okla.
2012 Cowboy Jamboree	Stillwater, Okla.
2012 Chile Pepper Festival	Fayetteville, Ark.
2012 Big 12 Championships	Austin, Texas
2012 NCAA Midwest Regionals	Springfield, Mo.
2012 Dual vs. ORU	Stillwater, Okla.
2012 Dual vs. Wichita State	Stillwater, Okla.
2012 NCAA Championships	**Louisville, Ky.**
2013 Dual vs. Tulsa	Tulsa, Okla.
2013 Dual vs. Oklahoma	Tulsa, Okla.
2013 Dual vs. UL-Monroe	Tulsa, Okla.
2013 Cowboy Jamboree	Stillwater, Okla.
2013 Big 12 Championships	Waco, Texas
2013 NCAA Midwest Regionals	Ames, Iowa
2014 Dual vs. Tulsa	Tulsa, Okla.
2014 Dual vs. Oklahoma	Tulsa, Okla.
2014 Dual vs. Arkansas	Tulsa, Okla.
2014 Dual vs. Wichita State	Tulsa, Okla.
2014 Dual vs. UL-Monroe	Tulsa, Okla.
2014 Cowboy Jamboree	Stillwater, Okla.
2014 Santa Clara Bronco Invite	Sunnyvale, Calif.
2014 Big 12 Championships	Lawrence, Kan.
2014 NCAA Midwest Regional	Peoria, Ill.
2015 Dual vs. Arkansas	Stillwater, Okla.
2015 Dual vs. Oklahoma	Stillwater, Okla.
2015 Dual vs. Tulsa	Stillwater, Okla.
2015 Cowboy Jamboree	Stillwater, Okla.
2015 Crimson Classic	Tuscaloosa, Ala.
2015 Big 12 Championships	Stillwater, Okla.

Cross Country Championships

Cross Country Meet Victories - Post 2000

2015 NCAA Midwest Regional	Lawrence, Kan.
2016 Dual vs. Arkansas	Stillwater, Okla.
2016 Dual vs. Oklahoma	Stillwater, Okla.
2016 Dual vs. Tulsa	Stillwater, Okla.
2016 Dual vs. Wichita State	Stillwater, Okla.
2016 Dual vs. Oral Roberts	Stillwater, Okla.
2016 Cowboy Jamboree	Stillwater, Okla.
2016 Penn State National Open	State College, Penn.
2016 Big 12 Championships	Lubbock, Texas
2016 NCAA Midwest Regionals	Iowa City, Iowa
2017 Dual vs. Tulsa	Stillwater, Okla.
2017 Dual vs. Oklahoma	Stillwater, Okla.
2017 Cowboy Jamboree	Stillwater, Okla.
2017 Penn State National Open	State College, Penn.
2019 Hurricane Preview	Tulsa, Okla.
2020 Cowboy Jamboree	Stillwater, Okla.
2020 Big 12 Championships	Lawrence, Kan.
2020 OSU Winter Open	Stillwater, Okla.
2021 Cowboy Preview	Stillwater, Okla.
2021 Big 12 Championships	Stillwater, Okla.
2021 NCAA Midwest Regional	Iowa City, Iowa
2022 Cowboy Preview	Stillwater, Okla.
2022 Big 12 Championships	Lubbock, Texas
2022 NCAA Midwest Regional	Columbia, Mo.
2023 Cowboy Jamboree	Stillwater, Okla.
2023 Big 12 Championships	Waco, Texas
2023 NCAA Midwest Regional	Stillwater, Okla.
2023 NCAA Championships	**Charlottesville, Va.**
2024 Cowboy Jamboree	Stillwater, Okla.
2024 Weis-Crockett Invitational	Stillwater, Okla.

Cross Country Individual Championships - Post 2000

Jason Woolhouse	2001 OU Dual	14:11.59	Three Miles
Jason Woolhouse	2002 Spiked Shoe Invitatonal	25:36.47	8,000m
Mindaugas Pukstas	2003 NCAA Midwest Regionals	30:39	10,000m
Mindaugas Pukstas	2003 Cowboy Jamboree	24:06	8,000m
German Fernandez	2008 Pre-Nationals Open Race	23:34.7	8,000m
German Fernandez	2008 Big 12 Championships	23:47.38	8,000m
Colby Lowe	2009 Chile Pepper Festival	29:30	10,000m
Ryan Vail	2009 Big 12 Championships	24:50	8,000m
Tom Farrell	2010 Hurricane Festival	19:54	Four Miles
Girma Mecheso	2010 Cowboy Jamboree	23:46.17	8,000m
Colby Lowe	2010 Chile Pepper Festival	29:10.97	10,000m
Girma Mecheso	2010 Big 12 Championships	23:56.94	8,000m
Colby Lowe	2010 NCAA Midwest Regionals	29:30.70	10,000m
Kirubel Erassa	2011 Hurricane Festival	20:25	Four Miles
German Fernandez	2011 Big 12 Championships	23:25.4	8,000m
Taylor Monaghan	2012 Hurricane Festival	20:35	Four Miles
Shadrack Kipchirchir	2012 Cowboy Jamboree	24:29.17	8,000m
Kevin Vilhauer	2012 OSU-ORU-WSU Triangular Meet	15:17	5,000m
Neal Smith	2013 Hurricane Festival	20:18	Four Miles
Luis Martinez	2014 Hurricane Festival	20:05	Four Miles
Kirubel Erassa	2014 Cowboy Jamboree	24:19.6	8,000m
Kirubel Erassa	2014 Big 12 Championships	24:08.3	8,000m
Kirubel Erassa	2014 NCAA Midwest Regional	30:09.5	10,000m
Cerake Geberkidane	2015 Cowboy Preview	15:34.5	5,000m
Cerake Geberkidane	2015 Cowboy Jamboree	24:31.3	8,000m
Cerake Geberkidane	2015 Crimson Classic	23:40.78	8,000m
Vegard Oelstad	2015 Big 12 Championships	23:58.9	8,000m
Josh Thompson	2016 Cowboy Duals	15:47.7	5,000m
Sylvester Barus	2016 Cowboy Jamboree	24:33.5	8,000m
Sylvester Barus	2017 Cowboy Jamboree	24:14.9	8,000m
Hassan Abdi	2017 Penn State National Open	25:13	5.2 Miles
Hassan Abdi	2017 Big 12 Championships	24:11.2	8,000m
Ashenafi Hatte	2018 Arturo Barrios Invitational	23:52.7	8,000m
Bryce Quigley	2019 Hurricane Preview	20:13	Four Miles
Isai Rodriguez	2020 OSU Winter Open	23:57.6	8,000m
Isai Rodriguez	2021 Cowboy Preview	15:03.8	5,000m
Isai Rodriguez	2021 Cowboy Jamboree	23:05.8	8,000m
Alex Stitt	2022 Cowboy Preview	14:54.9	5,000m
Alex Maier	2022 Cowboy Jamboree	23:16.9	8,000m
Alex Maier	2022 Big 12 Championships	23:55.3	8,000m
Isai Rodriguez	2022 NCAA Midwest Regional	29:40.1	10,000m
Denis Kipngetich	2023 Cowboy Jamboree	23:21.5	8,000m
Brian Musau	2023 Big 12 Championships	22:46.6	8,000m
Denis Kipngetch	2023 NCAA Midwest Regional	29:39.2	10,000m
Brian Musau	2024 Cowboy Jamboree	22:55.6	8,000m
Denis Kipngetch	2024 Weis-Crockett Invitational	23:26.0	8,000m
Brian Musau	2024 Big 12 Championships	22:06.9	8,000m
Denis Kipngetich	2024 NCAA Midwest Regional	28:51.46	10,000m

Greiner Family OSU Cross Country Course/Course Records

Greiner Family OSU Cross Country Course

Oklahoma State Univeristy hosts a state-of-the-art cross country course that serves as home to the OSU men's and women's cross country teams. The home course of the Pokes is unlike any other in the nation, making it the standard for collegiate cross country competition.

The Oklahoma State Cross Country Course hosted the 2019 NCAA Regionals, which was the course's debut meet. Oklahoma State hosted the 2020 NCAA Cross Country Championships, which was pushed back to the spring of 2021 due to the COVID-19 pandemic. The course also hosted the 2022 NCAA Cross Country Championships with brand new fencing all around the course, allowing for a premier spectator experience. Most recently, the course hosted the 2023 NCAA Midwest Regional and will host the 2025 iteration, as well as the 2026 Big 12 and 2027 NCAA Championships in the coming years.

Construction of the course began on June 12, 2018. The course consists of just under one million square feet of turf. The cross country course contains 1,200 radio-controlled irrigation heads, one for every 35 feet, which keeps the course in pristine condition. Built to last for up to 60 years, high density polyethylene irrigation piping was used to build a stronger, longer-lasting irrigation system for the course.

The course offers four different loop options for the runners: a 10k, 8k, 6k and 5k loop. In collegiate competition, the men will run either the 8k or 10k loop, while the women will run the 6k route. The setup of the course provides unique training opportunities for the teams. The straightaway to the finish box is designed with mounds on each side of the course to offer a view from above, as well as views of multiple race areas.

Stillwater offers challenging conditions that train runners for hot and humid competitions. Besides the Oklahoma State Cross Country Course, Stillwater offers numerous hills, and dirt running trails through wooded sections for the use of running and biking. The Oklahoma State Cross Country programs are eager about the opportunity to host many more races in the future.

Greiner Family OSU Cross Country Course Records*

10,000 Meters (10K)

1.	Charles Hicks	Stanford	28:43.6	2022	NCAA Championships
2.	Nico Young	Northern Arizona	28:44.5	2022	NCAA Championships
3.	Drew Bosley	Northern Arizona	28:55.9	2022	NCAA Championships
4.	Dylan Jacobs	Tennessee	28:58.0	2022	NCAA Championships
5.	Alex Maier	Oklahoma State	28:58.2	2022	NCAA Championships
6.	Graham Blanks	Harvard	28:58.4	2022	NCAA Championships
7.	Casey Clinger	BYU	28:58.7	2022	NCAA Championships
8.	Isai Rodriguez	Oklahoma State	28:59.9	2022	NCAA Championships
9.	Parker Wolfe	North Carolina	29:00.4	2022	NCAA Championships
10.	Ky Robinson	Stanford	29:07.4	2022	NCAA Championships
11.	Dylan Schubert	Furman	29:07.5	2022	NCAA Championships
12.	Fouad Messaoudi	Oklahoma State	29:10.8	2022	NCAA Championships
13.	Brian Fay	Washington	29:11.0	2022	NCAA Championships
14.	Aaron Bienenfeld	Oregon	29:12.2	2022	NCAA Championships
15.	Cormac Dalton	Tulsa	29:16.0	2022	NCAA Championships
16.	Jackson Sharp	Wisconsin	29:16.8	2022	NCAA Championships
17.	Barry Keane	Butler	29:18.0	2022	NCAA Championships
18.	Carter Solomon	Notre Dame	29:18.7	2022	NCAA Championships
19.	Santiago Prosser	Northern Arizona	29:19.5	2022	NCAA Championships
20.	Zach Facioni	Wake Forest	29:21.0	2022	NCAA Championships
21.	Brandon Garnica	BYU	29:21.7	2022	NCAA Championships
22.	Luke Tewalt	Wake Forest	29:22.5	2022	NCAA Championships
23.	Shay McEvoy	Tulsa	29:25.7	2022	NCAA Championships
24.	Conner Mantz	BYU	29:26.1	2020	NCAA Championships
25.	Patrick Kiprop	Arkansas	29:27.1	2022	NCAA Championships

*= On new iteration of course completed in 2019

Cowboy Jamboree History

Year	Team Champion	Individual Champion	OSU Team Finish	OSU Top Individual	Place
1937	Oklahoma State	Forrest Efaw (Oklahoma State)	First	Forrest Efaw	First
1938	North Texas Teachers College	Wayne Rideout (North Texas Teachers College)	Second	Forrest Efaw	Third
1939	Oklahoma State	Forrest Efaw (Oklahoma State)	First	Forrest Efaw	First
1940	--	--	--	--	
1941	--	--	--	--	
1942	--	--	--	--	
1943	--	--	--	--	
1944	--	--	--	--	
1945		College teams did not compete. Only high school teams.			
1946	Oklahoma	--	--	John Teakall	--
1947	Oklahoma	John Teakall (Oklahoma State)	Second	John Teakall	First
1948	Oklahoma State	Paul Efaw (Oklahoma State)	First	Paul Efaw	First
1949	Oklahoma State	Ray Prohaska (Oklahoma State)	First	Ray Prohaska	First
1950	Oklahoma	Jim Wilkinson (Oklahoma)	Second	Ray Prohaska	Third
1951	Oklahoma State	Lonnie Dukin (Oklahoma State)	First	Lonnie Dunkin	First
1952	Wichita State	--	Third	Frederick Eckhoff	Second
1953	Kansas	Wes Santee (Kansas)	Second	Sture Landqvist	Third
1954	Oklahoma State	Frederick Eckhoff (Oklahoma State)	First	Frederick Eckhoff	First
1955	Kansas	Al Frame (Kansas)	Second	Sture Landqvist	Second
1956	Kansas	Jerry McNeal (Kansas)	Third	Paul Dickerson	Sixth
1957*	Oklahoma State	Paul Dickerson (Oklahoma State)	First	Paul Dickerson	First
1958	Oklahoma Baptist	Tom Oakley (Arkansas)	Second	Miles Eisenman	Second
1959	Air Force	Miles Eisenman (Oklahoma State)	Second	Miles Eisenman	First
1960	Oklahoma State	Ray Wilson (Wichita State)	First	John Haraughty	Second
1961	Oklahoma State	Dan Metcalf (Oklahoma State)	First	Dan Metcalf	First
1962	Emporia State	Ireland Sloan (Emporia State)	Fourth	Eddie Winn	Fourth
1963	Oklahoma State	John Camien (Emporia State)	First	Glenn Blakely	Seventh
1964	Oklahoma State	John Camien (Emporia State)	First	Tom Von Ruden	Second
1965	New Mexico	George Scott (New Mexico)	Third	Chris McCubbins	Eighth
1966	Abilene Christian	George Scott (New Mexico)	Fourth	Chris McCubbins	Second
1967	Abilene Christian	John Mason (Ft. Hays)	Fourth	Tom Laubert	Ninth
1968	Kansas	John Mason (Ft. Hays)	Fourth	Peter Kaal	11th
1969	UTEP	Dan McKillip (UTEP)	Fifth	George Stewart	12th
1970	Kansas	George Stewart (Oklahoma State)	Second	George Stewart	First
1971	Wichita State	George Stewart (Unattached)	Third	Peter Kaal	Fourth
1972	Oklahoma State	John Halberstadt (Oklahoma State)	First	John Halberstadt	First
1973	Eastern New Mexico	Philip Ndoo (Eastern New Mexico)	Second	John Halberstadt	Fourth
1974	Oklahoma State/Eastern New Mexico	Philip Ndoo (Eastern New Mexico)	First (Tie)	Trevor Viljoen	Sixth
1975	Arkansas	Mike Boit (Eastern New Mexico)	Third	Colin Cumming	Third
1976	Arkansas	John Kebiro (Eastern New Mexico)	Fifth	Bernard Rose	Third
1977	Arkansas	Nial O'Shaughnessy (Arkansas-Unattached)	Third	Mike Andrews	Sixth
1978	Arkansas	Mark Muggleton (Arkansas)	Ninth	Mike Andrews	12th
1979	Arkansas	Kipsubi Kosgei (New Mexico)	Ninth	Paul Louderback	22nd
1980	Arkansas	Mark Andersen (Arkansas)	Seventh	Dallas Cox	18th
1981	Arkansas	Frank O'Mara (Arkansas)	Fifth	John Sharp	11th
1982	Arkansas	Tony Leonard (Arkansas)	Third	Joe Metcalf	Third
1983	Kansas State	Brent Shiner (Kansas State)	Fourth	Joe Metcalf	Third
1984	Arkansas	David Swain (Arkansas)	Second	Trevor Fieldsend	Fourth
1985	Arkansas	Joe Falcon (Arkansas)	DNF as a Team	Joe Metcalf	Second
1986	Arkansas	Joe Falcon (Arkansas)	Second	Brian Matthews	Eighth
1987	Arkansas	Joe Falcon (Arkansas)	Seventh	Steve Fury	Ninth
1988	Arkansas	Ruben Reina (Arkansas)	Second	Steve Fury	Fourth
1989	Arkansas	Steve Fury (Oklahoma State)	Second	Steve Fury	First
1990	Arkansas	Tjaart Van Nieuwenhuizen (Unattached)	Second	Mike Bennett	Eighth
1991	Wichita State	Paul Donovan (Arkansas)	Third	Mike Bennett	Third
1992	Arkansas	Mornay Annandale (Unattached)	Sixth	Solomon Kariuki	21st
1993	Arkansas	Richard Kosgei (Barton College)	Second	Solomon Kariuki	Seventh
1994	Lubbock Christian	Simeon Sawe (Lubbock Christian)	Fourth	Patrick Kiptum	Third

Cowboy Jamboree History

1995	Oklahoma State	Godfrey Siamusiye' (Arkansas)	First	Jon Wild	Third
1996	Lubbock Christian	Julius Wanjiru (Butler County CC)	Fourth	Rene Carlson	Eighth
1997	Arkansas	Ryan Wilson (Arkansas)	Third	Chuck Sloan	13th
1998	Arkansas	Eliud Njubi (Dodge City CC)	Third	Brian Young	13th
1999	Arkansas	Eliud Njubi (Dodge City CC)	Fourth	Chuck Sloan	14th
2000	Abilene Christian	Alfred Rugema (Abilene Christian)	Third	Junior Vasquez	Seventh
2001	Arkansas	John Kemboi (Abilene Christian)	Third	Jason Woolhouse	Eighth
2002	Arkansas	Alistair Cragg (Arkansas)	Third	Jason Woolhouse	Second
2003	Georgia	Mindaugas Pukstas (Unattached)	Fourth	Jason Woolhouse	Fifth
2004	Arkansas	Josphat Boit (Arkansas)	Second	Scott Rantall	Eighth
2005	Arkansas	Josphat Boit (Arkansas)	Third	Joseph Gray	Ninth
2006	Arkansas	Nicodemus Naimadu (Abilene Christian)	Third	Ryan Vail	Fourth
2007	Oklahoma State	John Kosgei (South Plains)	First	Ryan Vail	Third
2008	Oklahoma State	Daniel Kirwa (Harding)	First	German Fernandez	Third
2009	Northern Arizona	Jordan Chipangama (Northern Arizona)	Fourth	John Kosgei	Third
2010	Oklahoma State	Girma Mecheso (Oklahoma State)	First	Girma Mecheso	First
2011	Oklahoma State	Diego Estrada (Northern Arizona)	First	Colby Lowe	Second
2012	Oklahoma State	Shadrack Kipchirchir (Oklahoma State)	First	Shadrack Kipchirchir	First
2013	Oklahoma State	Kennedy Kithuka (Texas Tech)	First	Kirubel Erassa	Second
2014	Oklahoma State	Kirubel Erassa (Oklahoma State)	First	Kirubel Erassa	First
2015	Oklahoma State	Cerake Geberkidane (Oklahoma State)	First	Cerake Geberkidane	First
2016	Oklahoma State	Sylvester Barus (Oklahoma State)	First	Sylvester Barus	First
2017	Oklahoma State	Sylvester Barus (Oklahoma State)	First	Sylvester Barus	First
2020	Oklahoma State	Wesley Kiptoo (Iowa State)	First	Isai Rodriguez	Second
2021	Northern Arizona	Isai Rodriguez (Oklahoma State)	Second	Isai Rodriguez	First
2022	BYU	Alex Maier (Oklahoma State)	Fourth	Alex Maier	First
2023	Oklahoma State	Denis Kipngetich (Oklahoma State)	First	Denis Kipngetich	First
2024	Oklahoma State	Brian Musau (Oklahoma State)	First	Brian Musau	First

1937- Dual meet vs. Oklahoma; 1938- Dual meet vs. North Texas Teachers College; 1939- Dual meet vs. Oklahoma; 1945 - Only high school teams competed.; 1946- Triangular meet vs. Arkansas and Oklahoma; 1947-Dual meet vs. Oklahoma ; 1948- Dual meet vs. Oklahoma; 1949- Dual meet vs. Texas A&M; 1950 - Dual meet vs. Oklahoma; 1951 - Dual meet vs. Arkansas; 1953 - Triangular meet vs. Kansas and Texas; 1954 - Dual meet vs. Oklahoma; 1955 - Dual meet vs. Kansas; 1956 - Triangular meet vs. Kansas and Texas; 1957 - A five-team meet with Oklahoma State, Wichita State, Fort Hays, Emporia and Pittsburg (The start of the Cowboy Jamboree in its current form)

Cross Country All-Time Results

1982: Head Coach - Ralph Tate

Wichita State Gold Classic	Wichita, KS	1st
OSU-OU-AR Triangular		2nd
Cowboy Jamboree	Stillwater, OK	3rd
Sooner Invitational	Norman, OK	1st
OSU-OU-Kansas Triangular		3rd
Big Eight Championship	Lincoln, NE	4th
District V Championship		5th

1983: Head Coach - Dick Weis

Wichita State Gold Classic	Wichita, KS	6th
Cowboy Jamboree	Stillwater, OK	4th
Sooner Invitational	Norman, OK	2nd
North Texas Invitational	Denton, TX	1st
Big Eight Championship	Lawrence, KS	6th
District V Championship		6th

1984: Head Coach - Dick Weis

OSU Invitational	Stillwater, OK	NTS
OU Triangular	Norman, OK	1st
Cowboy Jamboree	Stillwater, OK	2nd
Arkansas Invitational	Fayetteville, AR	2nd
Big Eight Championship	Boulder, CO	2nd
District V Championship		3rd

1985: Head Coach - Dick Weis

All-Comers Meet		NTS
Missouri Invitational	Columbia, MO	3rd
Cowboy Jamboree	Stillwater, OK	NTS
Sooner Invitational	Norman, OK	3rd
Arkansas Invitational	Fayetteville, AR	3rd
Big Eight Championship	Columbia, MO	2nd
District V Championship		3rd
NCAA Championship	Milwaukee, WI	NTS

1986: Head Coach - Dick Weis

Not Available

1987: Head Coach - Dick Weis

Not Available

1988: Head Coach - Dick Weis

Early Bird Invitational		1st
at SW Missouri State	Springfield, MO	W
Cowboy Jamboree	Stillwater, OK	2nd
Arkansas Invitational	Fayetteville, AR	3rd
Big Eight Championship	Stillwater, OK	4th
District V Championship		9th
NCAA Championship	Ames, IA	NTS

1989: Head Coach - Dick Weis

Wichita State Gold Classic	Wichita, KS	1st
OSU Duals	Stillwater, OK	1st
Cowboy Jamboree	Stillwater, OK	2nd
Arkansas Invitational	Fayetteville, AR	4th
Big Eight Championship	Ames, IA	6th
District V Championship		6th
NCAA Championship	Annapolis, MD	NTS

1990: Head Coach - Dick Weis

Wichita State Gold Classic	Wichita, KS	3rd
at Wichita State	Wichita, KS	W
Cowboy Jamboree	Stillwater, OK	2nd
Arkansas Invitational	Fayetteville, AR	4th
Big Eight Championship	Lincoln, NE	5th
District V Championship	Springfield, MO	7th
NCAA Championship	Knoxville, TN	NTS

1991: Head Coach - Dick Weis

Wichita State Gold Classic	Wichita, KS	5th
vs. Oral Roberts	Stillwater, OK	W
vs. Tulsa	Stillwater, OK	W
vs. Wichita State	Stillwater, OK	L
Cowboy Jamboree	Stillwater, OK	3rd
Arkansas Invitational	Fayetteville, AR	6th
Big Eight Championship	Lawrence, KS	7th

1992: Head Coach - Dick Weis

Wichita State Gold Classic	Wichita, KS	2nd
vs. Oral Roberts	Stillwater, OK	W
vs. Tulsa	Stillwater, OK	W
Cowboy Jamboree	Stillwater, OK	6th
Arkansas Invitational	Fayetteville, AR	5th
Big Eight Championship	Boulder, CO	3rd

1993: Head Coach - Dick Weis

vs. Wichita State	Stillwater, OK	W
SMU Invitational	Dallas, TX	2nd
Cowboy Jamboree	Stillwater, OK	2nd
Razorback Invitational	Fayetteville, AR	6th
Big Eight Championship	Columbia, MO	3rd
Region V Championship	Carbondale, IL	2nd
NCAA Championship	Bethlehem, PA	16th

1994: Head Coach - Dick Weis

Cowboy Jamboree	Stillwater, OK	4th
Chile Pepper Festival	Fayetteville, AR	4th
Big Eight Championship	Manhattan, KS	3rd
Midwest Regional	Springfield, MO	2nd
NCAA Championship	Prairie Grove, AR	11th

1995: Head Coach - Dick Weis

Cowboy Jamboree	Stillwater, OK	1st
Big Eight Championship	Lawrence, KS	1st
Midwest Regional	Stillwater, OK	1st
NCAA Championship	Ames, IA	3rd

1996: Head Coach - Dick Weis

Cowboy Jamboree	Stillwater, OK	4th
OSU Duals	Stillwater, OK	1st
Big 12 Championship	Ames, IA	5th
Midwest Regional	Peoria, IL	1st
NCAA Championship	Tucson, AZ	4th

1997: Head Coach - Dick Weis

Wichita Gold Classic	Wichita, KS	1st
OSU Duals	Stillwater, OK	1st
Cowboy Jamboree	Stillwater, OK	3rd
Chile Pepper Festival	Fayetteville, AR	6th
Big 12 Championship	Stillwater, OK	3rd
Midwest Regional	Ames, IA	1st
NCAA Championship	Greenville, SC	14th

1998: Head Coach - Dick Weis

Wichita Gold Classic	Wichita, KS	1st
Jayhawk Invitational	Lawrence, KS	2nd
Cowboy Jamboree	Stillwater, OK	3rd
Big 12 Championship	Lincoln, NE	2nd
NCAA Midwest Regional	Wichita, KS	1st
NCAA Championship	Lawrence, KS	14th

1999: Head Coach - Dick Weis

Wichita Gold Classic	Wichita, KS	1st
Fordham Fiasco	Bronx, N.Y.	1st
Cowboy Jamboree	Stillwater, OK	4th
Chile Pepper Festival	Fayetteville, AR	3rd
Big 12 Championship	College Station, TX	2nd
NCAA Midwest Regional	Savoy, IL	3rd
NCAA Championship	Bloomington, IN	16th

2000: Head Coach - Dick Weis

Wichita Gold Classic	Wichita, KS	1st
Princeton Invitational	Princeton, NJ	1st
Cowboy Jamboree	Stillwater, OK	3rd
Chile Pepper Festival	Fayetteville, AR	3rd
Big 12 Championship	Boulder, CO	2nd
NCAA Midwest Regional	Cedar Falls, IA	1st
NCAA Championship	Ames, IA	13th

2001: Head Coach - Dick Weis

Wichita Gold Classic	Wichita, KS	1st
Oklahoma Dual	Norman, OK	1st
Cowboy Jamboree	Stillwater, OK	3rd
Chile Pepper Festival	Fayetteville, AR	4th
Big 12 Championship	Norman, OK	2nd
NCAA Midwest Regional	Carbondale, IL	2nd
NCAA Championship	Greenville, SC	31st

2002: Head Coach - Dick Weis

Spiked Shoe Invitational	State College, PA	1st
Missouri Southern Stampede	Joplin, MO	11th
Cowboy Jamboree	Stillwater, OK	3rd
Chile Pepper Festival	Fayetteville, AR	4th
Big 12 Championship	Columbia, MO	4th
NCAA Midwest Regional	Normal, IL	9th
NCAA Championship	Terre Haute, IN	NTS

2003: Head Coach - Dick Weis

John Kornelson Classic	Augusta, KS	3rd
Missouri Southern Stampede	Joplin, MO	7th
Cowboy Jamboree	Stillwater, OK	4th
Chile Pepper Festival	Fayetteville, AR	22nd
Big 12 Championship	Austin, TX	2nd
NCAA Midwest Regional	Stillwater, OK	1st
NCAA Championships	Waterloo, IA	16th

2004: Head Coach - Dick Weis

John Kornelson Classic	Augusta, KS	1st
Missouri Southern Stampede	Joplin, MO	3rd
Cowboy Jamboree	Stillwater, OK	2nd
Chile Pepper Festival	Fayetteville, AR	9th
Big 12 Championship	Topeka, KS	3rd
NCAA Midwest Regional	Peoria, IL	2nd
NCAA Championships	Terre Haute, IN	30th

2005: Head Coach - Dick Weis

Hurricane Invitational	Tulsa, OK	4th
Cowboy Jamboree	Stillwater, OK	3rd
NCAA Pre-Nationals	Terre Haute, IN	9th
Big 12 Championship	Waco, TX	4th
NCAA Midwest Regional	Iowa City, IA	1st
NCAA Championship	Terre Haute, IN	8th

2006: Head Coach - Dave Smith

Hurricane Invitational	Tulsa, OK	3rd
Cowboy Jamboree	Stillwater, OK	3rd
NCAA Pre-Nationals	Terre Haute, IN	8th
Big 12 Championship	Lawrence, KS	4th
NCAA Midwest Regional	Falcon Heights, MN	1st
NCAA Championships	Terre Haute, IN	10th

2007: Head Coach - Dave Smith

Hurricane Invitational	Tulsa, OK	2nd
Cowboy Jamboree	Stillwater, OK	1st
Pre-Nationals	Terre Haute, IN	13th
Big 12 Championships	Lubbock, TX	2nd
NCAA Midwest Regional	Peoria, IL	1st
NCAA Championships	Terre Haute, IN	3rd

2008: Head Coach - Dave Smith

Hurricane Invitational	Tulsa, OK	3rd
Cowboy Jamboree	Stillwater, OK	1st
Pre-Nationals	Terre Haute, IN	13th
Big 12 Championships	Ames, IA	1st
NCAA Midwest Regional	Stillwater, OK	1st
NCAA Championships	Terre Haute, IN	8th

2009: Head Coach – Dave Smith

Hurricane Festival	Tulsa, OK	1st
Cowboy Jamboree	Stillwater, OK	4th
Chile Pepper Festival	Fayetteville, AR	1st
Big 12 Championships	Columbia, MO	1st
NCAA Midwest Regional	Springfield, MO	1st
NCAA Championship	Terre Haute, IN	1st

Cross Country All-Time Results

2010: Head Coach - Dave Smith

Hurricane Festival	Tulsa, OK	1st
Cowboy Jamboree	Stillwater, OK	1st
Chile Pepper Festival	Fayetteville, AR	1st
Big 12 Championships	Stillwater, OK	1st
NCAA Midwest Regional	Peoria, IL	1st
NCAA Championships	Terre Haute, IN	1st

2011: Head Coach – Dave Smith

Hurricane Festival	Tulsa, OK	1st
Cowboy Jamboree	Stillwater, OK	1st
Chile Pepper Festival	Fayetteville, AR	1st
Big 12 Championships	Columbia, MO	1st
NCAA Midwest Regional	Springfield, MO	1st
NCAA Championship	Terre Haute, IN	2nd

2012: Head Coach - Dave Smith

Hurricane Festival	Tulsa, OK	1st
Cowboy Jamboree	Stillwater, OK	1st
Chile Pepper Festival	Fayetteville, AR	1st
Big 12 Championships	Austin, TX	1st
NCAA Midwest Regional	Springfield, MO	1st
NCAA Championships	Louisville, KY	1st

2013: Head Coach - Dave Smith

Hurricane Festival	Tulsa, OK	1st
Bluegrass Invitational	Lexington, KY	2nd
Cowboy Jamboree	Stillwater, OK	1st
Pre National Invitational	Terre Haute, IN	7th
Big 12 Championships	Waco, TX	1st
NCAA Midwest Regional	Ames, IA	1st
NCAA Championships	Terre Haute, IN	3rd

2014: Head Coach - Dave Smith

Hurricane Festival	Tulsa, OK	1st
Bluegrass Invitational	Lexington, KY	2nd
Cowboy Jamboree	Stillwater, OK	1st
Santa Clara Bronco Invite	Sunnyvale, CA	1st
Big 12 Championships	Lawrence, KS	1st
NCAA Midwest Regional	Peoria, IL	1st
NCAA Championships	Terre Haute, IN	9th

2015: Head Coach - Dave Smith

Cowboy Preview	Stillwater, OK	1st
Cowboy Jamboree	Stillwater, OK	1st
Crimson Classic	Tuscaloosa, AL	1st
Big 12 Championships	Stillwater, OK	1st
NCAA Midwest Regional	Lawrence, KS	1st
NCAA Championships	Louisville, KY	18th

2016: Head Coach - Dave Smith

Cowboy Duals	Stillwater, OK	1st
Cowboy Jamboree	Stillwater, OK	1st
Penn State Open	State College, PA	1st
Big 12 Championships	Lubbock, TX	1st
NCAA Midwest Regional	Iowa City, IA	1st
NCAA Championships	Terre Haute, IN	12th

2017: Head Coach - Dave Smith

Cowboy Preview	Stillwater, OK	2nd
Cowboy Jamboree	Stillwater, OK	1st
Penn State Open	State College, PA	1st
Big 12 Championships	Round Rock, TX	3rd
NCAA Midwest Regional	Ames, IA	2nd
NCAA Championships	Louisville, KY	29th

2018: Head Coach - Dave Smith

Hurricane Invitational	Tulsa, OK	4th
Nuttycombe Invitational	Madison, WI	15th
Arturo Barrios Invitational	College Station, TX	2nd
Big 12 Championships	Ames, IA	2nd
NCAA Midwest Regional	Peoria, IL	4th
NCAA Championships	Madison, WI	13th

2019: Head Coach - Dave Smith

Hurricane Preview	Tulsa, OK	1st
Chile Pepper Festival	Fayetteville, AR	3rd
Pre-National Invitational	Terre Haute, IN	11th
Big 12 Championships	Waco, TX	2nd
NCAA Midwest Regional	Stillwater, OK	5th

2020: Head Coach - Dave Smith

Cowboy Jamboree	Stillwater, OK	1st
OSU Invitational	Stillwater, OK	2nd
Big 12 Championships	Lawrence, KS	1st
OSU Winter Open	Stillwater, OK	1st
NCAA Championships	Stillwater, OK	3rd

2021: Head Coach - Dave Smith

Cowboy Preview	Stillwater, OK	1st
Cowboy Jamboree	Stillwater, OK	2nd
Big 12 Championship	Stillwater, OK	1st
NCAA Midwest Regional	Iowa City, IA	1st
NCAA Championship	Tallahassee, FL	3rd

2022: Head Coach - Dave Smith

Cowboy Preview	Stillwater, OK	1st
Cowboy Jamboree	Stillwater, OK	4th
Weis-Crockett Invitational	Stillwater, OK	8th
Big 12 Championship	Lubbock, TX	1st
NCAA Midwest Regional	Columbia, MO	2nd
NCAA Championship	Stillwater, OK	2nd

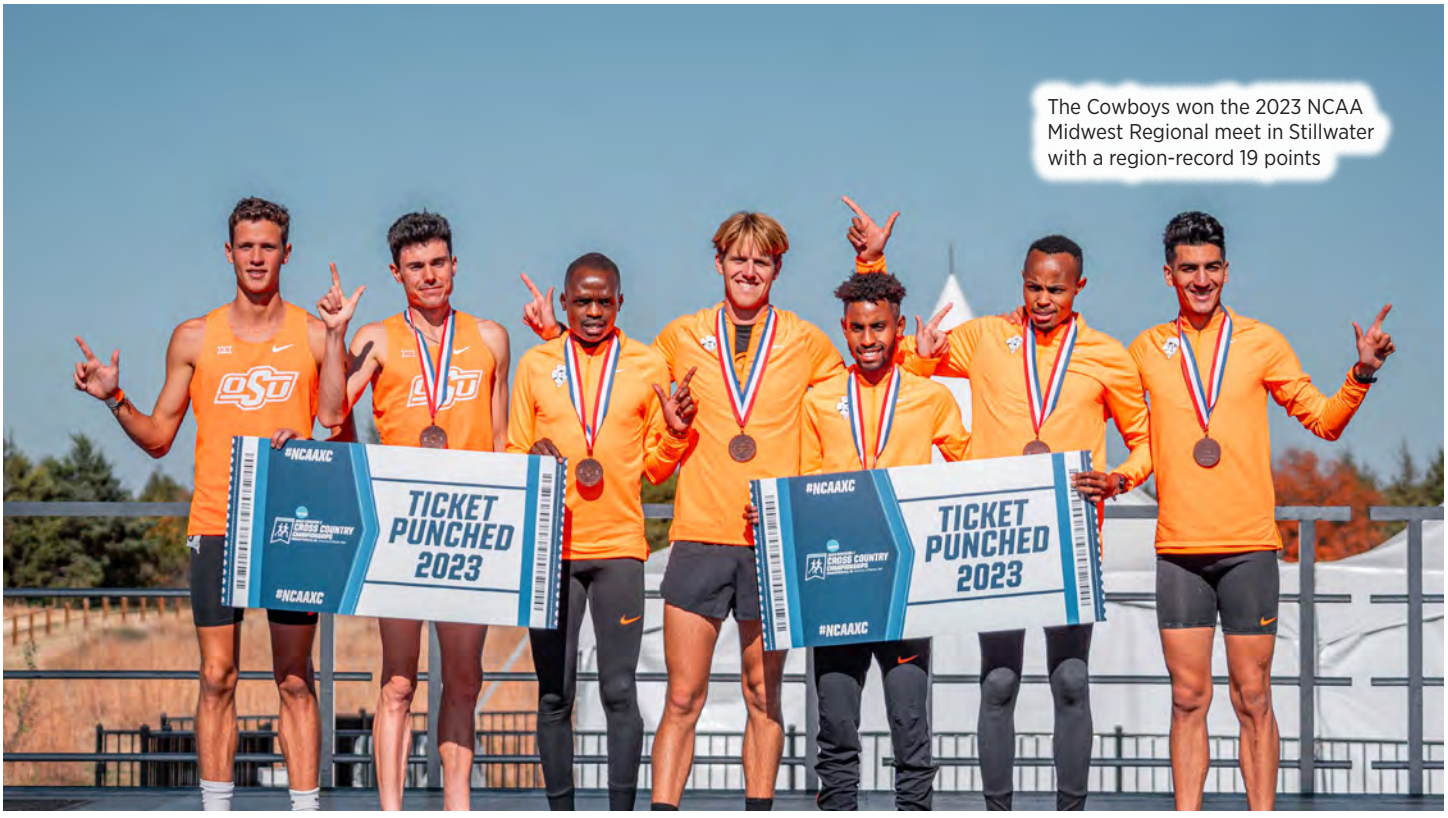
2023: Head Coach - Dave Smith

Cowboy Preview	Stillwater, OK	3rd
Cowboy Jamboree	Stillwater, OK	1st
Big 12 Championship	Ames, IA	1st
NCAA Midwest Regional	Stillwater, OK	1st
NCAA Championship	Charlottesville, VA	1st

2024: Head Coach – Dave Smith

Cowboy Preview	Stillwater, OK	2nd
Cowboy Jamboree	Stillwater, OK	1st
Weis-Crockett Invitational	Stillwater, OK	1st
Big 12 Championships	Waco, TX	2nd
NCAA Midwest Regional	Peoria, IL	1st
NCAA Championship	Madison, WI	8th

NTS - No Team Score
N/A - No Results Available



The Cowboys won the 2023 NCAA Midwest Regional meet in Stillwater with a region-record 19 points

Indoor History/Honor Roll

INDOOR TRACK AND FIELD COACHING HISTORY

1900-07	Dr. L.L. Lewis
1908	Edward E. Parry
1909	Paul Jones Davis
1910-14	Ed Gallagher
1915-16	Claude M. Allen
1917-23	Ed Gallagher
1924-34	Roy Wash Kenny
1935-67	Ralph Higgins
1968-84	Ralph Tate
1985-88	James Bolding
1989-2008	Dick Weis
2009-present	Dave Smith

NCAA INDOOR CHAMPIONSHIPS APPEARANCES

(Scored at Meet)

1965	2nd	12 points	Coach Ralph Higgins
1966	T15th	5 points	Coach Ralph Higgins
1967	T26th	3 points	Coach Ralph Higgins
1969	T20th	4 points	Coach Ralph Tate
1970	T32nd	2 points	Coach Ralph Tate
1971	T16th	6 points	Coach Ralph Tate
1973	T26th	4 points	Coach Ralph Tate
1974	T32nd	4 points	Coach Ralph Tate
1982	T14th	10 points	Coach Ralph Tate
1983	T41st	2 points	Coach Ralph Tate
1984	T7th	15 points	Coach Ralph Tate
1985	T12th	11 points	Coach James Bolding
1986	T13th	10 ppints	Coach James Bolding
1989	T42nd	2 points	Coach Dick Weis
1995	T43rd	3 points	Coach Dick Weis
1996	T18th	12 points	Coach Dick Weis
1997	T39th	5 points	Coach Dick Weis
1999	T56th	1 point	Coach Dick Weis
2001	T55th	1 point	Coach Dick Weis
2003	T54th	2 points	Coach Dick Weis
2004	T29th	6 points	Coach Dick Weis
2010	T60th	1 point	Coach Dave Smith
2012	T61st	1 point	Coach Dave Smith
2013	8th	20 points	Coach Dave Smith
2014	T6th	20 points	Coach Dave Smith
2015	T13th	14 points	Coach Dave Smith
2016	T24th	9 points	Coach Dave Smith
2017	30th	6 points	Coach Dave Smith
2018	T36th	6 points	Coach Dave Smith
2019	41st	5 points	Coach Dave Smith
2022	41st	4 points	Coach Dave Smith
2023	T6th	25 points	Coach Dave Smith
2024	T7th	23 points	Coach Dave Smith
2025	5th	26 points	Coach Dave Smith

NCAA INDOOR INDIVIDUAL CHAMPIONS

1965	Tom von Ruden	880 yards
1965	Jim Metcalf	Two-mile relay
1965	John Perry	Two-mile relay
1965	Tom von Ruden	Two-mile relay
1965	Dave Perry	Two-mile relay
1966	Arnold Droke	Two-mile relay
1966	Jim Metcalf	Two-mile relay
1966	John Perry	Two-mile relay
1966	Tom von Ruden	Two-mile relay
1984	Joe Dial	Pole vault
1985	Joe Dial	Pole vault
1986	Paul Larkins	Mile
2023	Fouad Messaoudi	3,000 Meters
2023	Fouad Messaoudi	Distance Medley Relay
2023	Charlie Bartholomew	Distance Medley Relay
2023	Juan Diego Castro	Distance Medley Relay
2023	Ryan Schoppe	Distance Medley Relay
2024	Brian Musau	Distance Medley Relay
2024	DJ McArthur	Distance Medley Relay
2024	Mehdi Yanouri	Distance Medley Relay
2024	Ryan Schoppe	Distance Medley Relay
2025	Brian Musau	5,000 Meters

INDOOR ALL-AMERICANS

Year	Athlete	Event	Place	Award
1965	**Tom von Ruden**	**880 yards**	**1st**	**First Team**
1965	**Jim Metcalf**	**Two-mile relay**	**1st**	**First Team**
1965	**John Perry**	**Two-mile relay**	**1st**	**First Team**
1965	**Tom von Ruden**	**Two-mile relay**	**1st**	**First Team**
1965	**Dave Perry**	**Two-mile relay**	**1st**	**First Team**
1966	**Arnold Droke**	**Two-mile relay**	**1st**	**First Team**
1966	**Jim Metcalf**	**Two-mile relay**	**1st**	**First Team**
1966	**John Perry**	**Two-mile relay**	**1st**	**First Team**
1966	**Tom von Ruden**	**Two-mile relay**	**1st**	**First Team**
1967	Larry Curts	Pole vault	4th	First Team
1967	Jim Metcalf	1,000 yards	5th	First Team
1971	Larry Rose	1,000 Yards	2nd	First Team
1973	John Holderman	DMR	3rd	First Team
1973	Dennis Schultz	DMR	3rd	First Team
1973	Charles Boatright	DMR	3rd	First Team
1973	Mike Manke	DMR	3rd	First Team
1974	Boyce Chancellor	Two-mile Relay	2nd	First Team
1974	John Holderman	Two-mile Relay	2nd	First Team
1974	Leo Meade	Two-mile Relay	2nd	First Team
1974	Mike Manke	Two-mile Relay	2nd	First Team
1982	Greg Patton	Mile relay	3rd	First Team
1982	Curtis Thomas	Mile relay	3rd	First Team
1982	Sterling Starks	Mile relay	3rd	First Team
1982	James Butler	Mile relay	3rd	First Team
1982	Joe Dial	Pole vault	4th	First Team
1983	Joe Dial	Pole vault	5th	First Team
1984	**Joe Dial**	**Pole vault**	**1st**	**First Team**
1984	Paul Williams	DMR	4th	First Team
1984	Sterling Starks	DMR	4th	First Team
1984	Mike Wood	DMR	4th	First Team
1984	Paul Larkins	DMR	4th	First Team
1984	Eric Forney	Pole vault	6th	First Team
1985	**Joe Dial**	**Pole vault**	**1st**	**First Team**
1985	Paul Larkins	1,000 Meters	6th	First Team
1986	**Paul Larkins**	**Mile**	**1st**	**First Team**
1989	Chris McGowan	800 Meters	5th	First Team
1995	Jon Wild	3000 meters	6th	First Team
1996	Jon Wild	3000 meters	3rd	First Team
1997	Christopher Kebenei	5000 meters	4th	First Team
1999	Andy Hennessy	DMR	8th	First Team
1999	Bryan Young	DMR	8th	First Team
1999	Chuck Sloan	DMR	8th	First Team
1999	Cam Katchuk	DMR	8th	First Team
2001	Junior Vasquez	3,000 meters	8th	First Team
2003	Jason Woolhouse	5000 meters	7th	First Team
2004	Jason Woolhouse	Mile	3rd	First Team
2010	Colby Lowe	5,000 meters	8th	First Team
2011	Tom Farrell	3,000 meters	16th	Second Team
2012	Raul Botezan	Mile	8th	First Team
2012	Tom Farrell	3,000 meters	9th	Second Team
2012	Shadrack Kipchirchir	5,000 meters	9th	Second Team
2012	Kirubel Erassa	Mile	10th	Second Team
2012	Girma Mecheso	5,000 meters	10th	Second Team
2013	Kirubel Erassa	3,000 meters	3rd	First Team
2013	Girma Mecheso	5,000 meters	3rd	First Team
2013	Nick Miller	Weight Throw	4th	First Team
2013	Kirubel Erassa	DMR	6th	First Team
2013	Tyler Payton	DMR	6th	First Team
2013	Raul Botezan	DMR	6th	First Team

Indoor History/Honor Roll

2013	Tom Farrell	DMR	6th	First Team
2013	Shadrack Kipchirchir	5,000 meters	11th	Second Team
2013	Tom Farrell	3,000 meters	13th	Second Team
2014	Kirubel Erassa	3,000 meters	2nd	First Team
2014	Nick Miller	Weight Throw	2nd	First Team
2014	Tyreek Hill	200 meters	5th	First Team
2014	Shane Moskowitz	DMR	12th	Second Team
2014	Tyler Payton	DMR	12th	Second Team
2014	Chad Noelle	DMR	12th	Second Team
2014	Kirubel Erassa	DMR	12th	Second Team
2015	John Teeters	60 Meters	2nd	First Team
2015	Chad Noelle	Mile	5th	First Team
2015	Nick Miller	Weight Throw	7th	First Team
2015	Fabian Clarkson	DMR	9th	Second Team
2015	Matthew Fayers	DMR	9th	Second Team
2015	Vegard Oelstad	DMR	9th	Second Team
2015	Brandon Singleton	DMR	9th	Second Team
2015	Fabian Clarkson	3,000 meters	15th	Second Team
2016	John Teeters	60 meters	4th	First Team
2016	Chad Noelle	DMR	5th	First Team
2016	Brandon Singleton	DMR	5th	First Team
2016	Tre'Tez Kinnaird	DMR	5th	First Team
2016	Josh Thompson	DMR	5th	First Team
2017	Josh Thompson	Mile	6th	First Team
2017	Hassan Abdi	DMR	6th	First Team
2017	Bradley Johnson	DMR	6th	First Team
2017	Craig Nowak	DMR	6th	First Team
2017	Brandon Singleton	DMR	6th	First Team
2017	Jacob Fincham-Dukes	Long Jump	10th	Second Team
2017	Matthew Fayers	Mile	14th	Second Team
2018	Hassan Abdi	5,000 Meters	3rd	First Team
2019	Jacob Fincham-Dukes	Long Jump	4th	First Team
2019	Ashton Hicks	400 Meters	14th	Second Team
2021	Juan Diego Castro	800 Meters	14th	Second Team
2022	DJ McArthur	DMR	5th	First Team
2022	Juan Diego Castro	DMR	5th	First Team
2022	Fouad Messaoudi	DMR	5th	First Team
2022	Ryan Schoppe	DMR	5th	First Team
2022	Alex Maier	5,000 Meters	16th	Second Team
2023	**Fouad Messaoudi**	**DMR**	**1st**	**First Team**
2023	**Charlie Bartholomew**	**DMR**	**1st**	**First Team**
2023	**Juan Diego Castro**	**DMR**	**1st**	**First Team**
2023	**Ryan Schoppe**	**DMR**	**1st**	**First Team**
2023	**Fouad Messaoudi**	**3,000 Meters**	**1st**	**First Team**
2023	Alex Maier	3,000 Meters	5th	First Team
2023	Alex Maier	5,000 Meters	8th	First Team
2023	Ryan Schoppe	3,000 Meters	14th	Second Team
2023	Isai Rodriguez	5,000 Meters	16th	Second Team
2024	**Brian Musau**	**DMR**	**1st**	**First Team**
2024	**DJ McArthur**	**DMR**	**1st**	**First Team**
2024	**Mehdi Yanouri**	**DMR**	**1st**	**First Team**
2024	**Ryan Schoppe**	**DMR**	**1st**	**First Team**
2024	Alex Maier	3,000 Meters	3rd	First Team
2024	Alex Maier	5,000 Meters	6th	First Team
2024	Brian Musau	3,000 Meters	6th	First Team
2024	Ryan Schoppe	3,000 Meters	8th	First Team
2024	Denis Kipngetich	5,000 Meters	13th	Second Team
2025	**Brian Musau**	**5,000 Meters**	**1st**	**First Team**
2025	Fouad Messaoudi	Mile	4th	First Team
2025	Brian Musau	3,000 Meters	5th	First Team
2025	Denis Kipngetich	5,000 Meters	5th	First Team
2025	Alex Stitt	DMR	6th	First Team
2025	Jordon Smith	DMR	6th	First Team
2025	Mehdi Yanouri	DMR	6th	First Team
2025	Ryan Schoppe	DMR	6th	First Team

(BOLD) = NCAA Champion

USTFCCCA NATIONAL ATHLETE OF THE WEEK

March 3, 2014	Kirubel Erassa
Jan. 20, 2015	John Teeters
Feb. 21, 2023	Men's DMR (F. Messaoudi, D. McArthur, H. Mahadi, R. Schoppe)

USTFCCCA MIDWEST REGION INDOOR TRACK ATHLETE OF THE YEAR

2009	German Fernandez
2014	Kirubel Erassa
2016	Josh Thompson
2023	Fouad Messaoudi
2025	Brian Musau

USTFCCCA MIDWEST REGION INDOOR TRACK COACH OF THE YEAR

2014	Dave Smith
2016	Dave Smith
2023	Dave Smith
2025	Dave Smith

INDOOR TEAM CONFERENCE CHAMPIONS

2014	Big 12	Coach Dave Smith
2016	Big 12	Coach Dave Smith

INDOOR CONFERENCE MEET HISTORY

Year	Conference	Place	Points
1926	Missouri Valley	10th	2 points
1927	Missouri Valley	10th	2 points
1928	Missouri Valley	10th	0 points
1929	Missouri Valley	2nd	29 points
1930	Missouri Valley	4th	18.33 points
1931	Missouri Valley	3rd	25.67 points
1935	Missouri Valley	4th	22.85 points
1936	Missouri Valley	4th	13 points
1937	Missouri Valley	2nd	27 points
1958	Big Eight	6th	12.25 points
1959	Big Eight	7th	13.08 points
1960	Big Eight	3rd	21.50 points
1961	Big Eight	3rd	32 points
1962	Big Eight	3rd	27.50 points
1963	Big Eight	5th	24.50 points
1964	Big Eight	3rd	27 points
1965	Big Eight	4th	25 points
1966	Big Eight	6th	18 points
1967	Big Eight	6th	14 points
1968	Big Eight	7th	9 points
1969	Big Eight	7th	11 points
1970	Big Eight	5th	20 points
1971	Big Eight	4th	27 points
1972	Big Eight	4th	29 points
1973	Big Eight	4th	31 points
1974	Big Eight	6th	20 points
1975	Big Eight	6th	19 points
1976	Big Eight	8th	11 points
1977	Big Eight	8th	7 points
1978	Big Eight	8th	24 points
1979	Big Eight	8th	21 points
1980	Big Eight	4th	63 points
1981	Big Eight	5th	62 points
1982	Big Eight	3rd	79 points
1983	Big Eight	7th	50 points
1984	Big Eight	4th	70 points
1985	Big Eight	5th	48 points
1986	Big Eight	4th	67 points
1987	Big Eight	7th	44 points
1988	Big Eight	8th	6 points
1989	Big Eight	6th	29 points
1990	Big Eight	8th	18 points
1991	Big Eight	8th	16 points

Indoor History/Honor Roll

1992	Big Eight	8th	12 points
1993	Big Eight	8th	18 points
1994	Big Eight	7th	19 points
1995	Big Eight	8th	21 points
1996	Big Eight	8th	36 points
1997	Big 12	12th	19 points
1998	Big 12	12th	22 points
1999	Big 12	7th	55 points
2000	Big 12	11th	20 points
2001	Big 12	11th	31 points
2002	Big 12	12th	20 points
2003	Big 12	10th	36 points
2004	Big 12	11th	37 points
2005	Big 12	12th	2 points
2006	Big 12	12th	21 points
2007	Big 12	12th	18 points
2008	Big 12	12th	22 points
2009	Big 12	8th	51 points
2010	Big 12	11th	24 points
2011	Big 12	7th	47 points
2012	Big 12	6th	52 points
2013	Big 12	7th	73 points
2014	**Big 12**	**1st**	**112.5 points**
2015	Big 12	3rd	94 points
2016	**Big 12**	**1st**	**130 points**
2017	Big 12	4th	93 points
2018	Big 12	7th	57 points
2019	Big 12	4th	72.5 points
2020	Big 12	8th	46 points
2021	Big 12	4th	75 points
2022	Big 12	5th	63 points
2023	Big 12	2nd	111 points
2024	Big 12	2nd	92 points
2025	Big 12	2nd	90 points

INDIVIDUAL INDOOR CONFERENCE CHAMPIONS

1929	John Faulkner	Missouri Valley	Mile
1929	John Faulkner	Missouri Valley	Two-mile
1930	Raymond Adair	Missouri Valley	880 yards
1931	Peyton Glass, Jr.	Missouri Valley	50 yards
1935	Ralph Gray	Missouri Valley	440 yards
1935	Beuford Barnum	Missouri Valley	Long jump
1936	Ray Bradley	Missouri Valley	440 yards
1938	Forrest Efaw	Missouri Valley	Mile
1938	Forrest Efaw	Missouri Valley	Two-mile
1938	Cleve Tate	Missouri Valley	50 yards
1939	W.L. Clapham	Missouri Valley	50 yard HH
1958	Aubrey Dooley	Big Eight	Pole vault
1959	Miles Eisenman	Big Eight	Two-mile
1960	Miles Eisenman	Big Eight	Two-mile
1961	Charles Strong	Big Eight	440 yards
1961	Bill Stone	Big Eight	880 yards
1961	Sam Pegues	Big Eight	High jump
1961	G. Krause	Big Eight	Mile relay
1961	J. Miller	Big Eight	Mile relay
1961	B. Stone	Big Eight	Mile relay
1961	C. Strong	Big Eight	Mile relay
1961	George Davies	Big Eight	Pole vault
1962	Charles Strong	Big Eight	440 yards
1962	G. Krause	Big Eight	Mile relay
1962	J. Miller	Big Eight	Mile relay
1962	B. Stone	Big Eight	Mile relay
1962	C. Strong	Big Eight	Mile relay
1963	Charles Strong	Big Eight	440 yards
1963	Charles Strong	Big Eight	Long jump
1963	Mickey Baller	Big Eight	Pole vault
1964	Jack Miller	Big Eight	440 yards
1964	J. Miller	Big Eight	Mile relay
1964	D. Perry	Big Eight	Mile relay
1964	J. Perry	Big Eight	Mile relay
1964	R. Bothwell	Big Eight	Mile relay
1966	Tom von Ruden	Big Eight	1000 yards
1966	Jim Metcalf	Big Eight	880 yards
1967	Larry Curts	Big Eight	Pole vault
1967	Chris McCubbins	Big Eight	Two-mile
1969	Larry Curts	Big Eight	Pole vault
1970	Jim Bolding	Big Eight	60 yard LH
1971	Peter Kaal	Big Eight	Mile
1972	Jim Bolding	Big Eight	60 yard HH
1972	Jim Bolding	Big Eight	60 yard LH
1972	John Halberstadt	Big Eight	Two-mile
1973	Steve Pettes	Big Eight	60 yards
1973	Mike Manke	Big Eight	Mile
1973	John Halberstadt	Big Eight	Two-mile
1974	Mike Marks	Big Eight	Shot put
1975	Trevor Viljoen	Big Eight	Two-mile
1980	James Butler	Big Eight	60 yards
1980	K. Staggs	Big Eight	DMR
1980	G. Rozell	Big Eight	DMR
1980	J. Mathiason	Big Eight	DMR
1980	J. Sharp	Big Eight	DMR
1981	James Butler	Big Eight	300 yards
1982	Joe Dial	Big Eight	Pole vault
1982	G. Patton	Big Eight	Mile relay
1982	S. Starks	Big Eight	Mile relay
1982	C. Thomas	Big Eight	Mile relay
1982	J. Butler	Big Eight	Mile relay
1982	James Butler	Big Eight	300 yards
1984	Joe Dial	Big Eight	Pole vault
1984	Steve Patterson	Big Eight	600 yards
1984	Paul Williams	Big Eight	880 yards
1985	Paul Larkins	Big Eight	Mile
1986	Damon Polk	Big Eight	60 yd hurdles
1986	Paul Larkins	Big Eight	Mile
1987	Chris McGowan	Big Eight	600 yards
1991	Joe Weis	Big Eight	1000 meters
1992	Joe Weis	Big Eight	1000 meters
1995	Jon Wild	Big Eight	Mile
1996	Jon Wild	Big Eight	3000 meters
1998	Brian Young	Big 12	1000 meters
1999	Chuck Sloan	Big 12	3000 meters
1999	Chuck Sloan	Big 12	DMR
2000	Chuck Sloan	Big 12	3000 meters
2000	Chuck Sloan	Big 12	DMR
2000	Ben Lake	Big 12	DMR
2000	Cameron Katchuk	Big 12	DMR
2000	David Greenshields	Big 12	DMR
2001	Junior Vasquez	Big 12	5000 meters
2003	Jason Woolhouse	Big 12	Mile
2004	Jason Woolhouse	Big 12	Mile
2008	Ryan Vail	Big 12	3000 meters
2009	German Fernandez	Big 12	Mile
2009	German Fernandez	Big 12	3000 meters
2009	John Kosgei	Big 12	5000 meters
2010	Colby Lowe	Big 12	3000 meters
2011	German Fernandez	Big 12	Mile
2011	Tom Farrell	Big 12	3000 meters
2012	Shadrack Kipchirchir	Big 12	5000 meters
2013	Nick Miller	Big 12	Weight Throw
2014	Tyreek Hill	Big 12	200 meters
2014	Kirubel Erassa	Big 12	Mile
2014	Kirubel Erassa	Big 12	3,000 meters
2014	Kirubel Erassa	Big 12	5,000 meters
2014	Nick Miller	Big 12	Weight Throw
2015	Fabian Clarkson	Big 12	5,000 meters
2015	Nick Miller	Big 12	Weight Throw

Indoor History/Honor Roll

2015	Matthew Fayers	Big 12	DMR
2015	Chad Noelle	Big 12	DMR
2015	Vegard Oelstad	Big 12	DMR
2015	Brandon Singleton	Big 12	DMR
2016	Tre'Tez Kinnaird	Big 12	800 meters
2016	Josh Thompson	Big 12	1,000 meters
2016	Josh Thompson	Big 12	Mile
2016	Cerake Geberkidane	Big 12	5,000 meters
2016	Craig Nowak	Big 12	3,000 meters
2017	Josh Thompson	Big 12	1,000 meters
2017	Josh Thompson	Big 12	Mile
2017	Craig Nowak	Big 12	3,000 meters
2017	Matthew Fayers	Big 12	DMR
2017	Bradley Johnson	Big 12	DMR
2017	Craig Nowak	Big 12	DMR
2017	Brandon Singleton	Big 12	DMR
2018	Hassan Abdi	Big 12	5,000 Meters
2019	Jacob Fincham-Dukes	Big 12	Long Jump
2021	Juan Diego Castro	Big 12	DMR
2021	Justin Long	Big 12	DMR
2021	Alex Stitt	Big 12	DMR
2021	Ryan Schoppe	Big 12	DMR
2022	Alex Maier	Big 12	DMR
2022	Cash Merutka	Big 12	DMR
2022	Isaiah Priddey	Big 12	DMR
2022	Alex Stitt	Big 12	DMR
2022	Alex Maier	Big 12	3,000 Meters
2023	Alex Maier	Big 12	5,000 Meters
2023	Fouad Messaoudi	Big 12	Mile
2023	Juan Diego Castro	Big 12	1,000 Meters
2023	Alex Maier	Big 12	3,000 Meters
2023	Fouad Messaoudi	Big 12	DMR
2023	Charlie Bartholomew	Big 12	DMR
2023	Juan Diego Castro	Big 12	DMR
2023	Ryan Schoppe	Big 12	DMR
2024	Brian Musau	Big 12	DMR
2024	Ben Currence	Big 12	DMR
2024	Laban Kipkemboi	Big 12	DMR
2024	Ryan Schoppe	Big 12	DMR
2024	Ryan Schoppe	Big 12	Mile
2024	Alex Maier	Big 12	3,000 Meters
2025	Blair Anderson	Big 12	Long Jump
2025	Alex Stitt	Big 12	DMR
2025	Jordon Smith	Big 12	DMR
2025	Laban Kipkemboi	Big 12	DMR
2025	Fouad Messaoudi	Big 12	DMR
2025	Laban Kipkemboi	Big 12	Mile
2025	Brian Musau	Big 12	3,000 Meters

BIG 12 INDOOR PERFORMER OF THE YEAR

2009	German Fernandez
2014	Kirubel Erassa

BIG 12 INDOOR COACH OF THE YEAR

2014	Dave Smith
2016	Dave Smith

BIG 8/12 INDOOR NEWCOMER/FRESHMAN OF THE YEAR

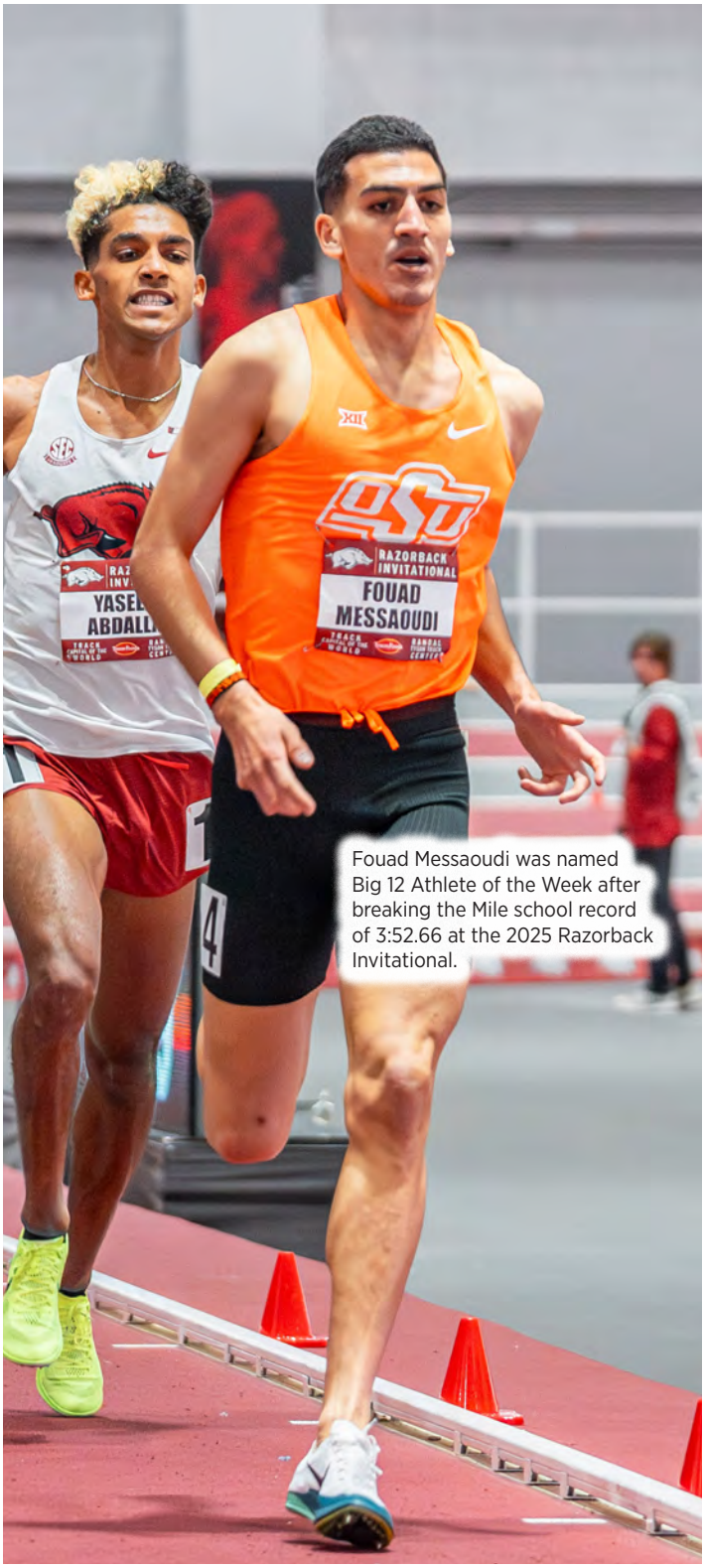
2009	German Fernandez
2014	Tyreek Hill
2024	Denis Kipngetich

INDOOR BIG 12 HIGH-POINT AWARD

2014	Kirubel Erassa
2017	Craig Nowak
2023	Alex Maier

INDOOR BIG 12 ATHLETE OF THE WEEK

Jan. 27, 2009	German Fernandez
Feb. 26, 2014	Tyreek Hill
Jan. 21, 2015	John Teeters
Feb. 15, 2023	Fouad Messaoudi
Feb. 5, 2025	Fouad Messaoudi



Fouad Messaoudi was named Big 12 Athlete of the Week after breaking the Mile school record of 3:52.66 at the 2025 Razorback Invitational.

Indoor History/Honor Roll

MOST INDIVIDUAL CONFERENCE INDOOR TITLES

1.	Charles Strong (1961-63)	6
2.	Alex Maier (2022-24)	5
T3.	Ryan Schoppe (2021-24)	4
T3.	Josh Thompson (2016-17)	4
T3.	Chuck Sloan (1999-2000)	4
T3.	James Butler (1980-82)	4
T3.	Jack Miller (1961-62)	4
T8.	Laban Kipkemboi (2024-25)	3
T8.	Fouad Messaoudi (2023-25)	3
T8.	Alex Stitt (2021-25)	3
T8.	Juan Diego Castro (2021-23)	3
T8.	Craig Nowak (2016-17)	3
T8.	Nick Miller (2013-15)	3
T8.	Kirubel Erassa (2014)	3
T8.	German Fernandez (2009-11)	3
T8.	Jim Bolding (1970-72)	3
T8.	Bill Stone (1961-62)	3

MULTIPLE INDIVIDUAL CONFERENCE INDOOR TITLES IN ONE SEASON

Kirubel Erassa (2014)	3
Laban Kipkemboi (2025)	2
Ryan Schoppe (2024)	2
Juan Diego Castro (2023)	2
Alex Maier (2023)	2
Fouad Messaoudi (2023)	2
Alex Maier (2022)	2
Craig Nowak (2017)	2
Josh Thompson (2017)	2
Josh Thompson (2016)	2
German Fernandez (2009)	2
Chuck Sloan (2000)	2
Chuck Sloan (1999)	2
James Butler (1982)	2
Jim Bolding (1972)	2
Jack Miller (1964)	2
Charles Strong (1963)	2
Charles Strong (1962)	2
Charles Strong (1961)	2
Bill Stone (1961)	2
Forrest Efaw (1938)	2
John Faulkner (1929)	2

SEASONS WITH MULTIPLE INDIVIDUAL CONFERENCE CHAMPIONS

2023	5 (J.D. Castro, A. Maier x2, F. Messaoudi, DMR)
2016	5 (C. Geberkidane, T. Kinnaird, C. Nowak, J. Thompson x2)
2014	5 (K. Erassa x3, T. Hill, N. Miller)
1961	5 (C. Strong, B. Stone, S. Pegues, G. Davies, Mile Relay)
2025	4 (B. Anderson, L. Kipkemboi, B. Musau, DMR)
2017	4 (C. Nowak, J. Thompson x2, DMR)
2024	3 (A. Maier, R. Schoppe, DMR)
2015	3 (F. Clarkson, N. Miller, DMR)
2009	3 (G. Fernandez x2, J. Kosgei)
1984	3 (J. Dial, S. Patterson, P. Williams)
1982	3 (J. Dial, J. Butler, Mile Relay)
1973	3 (S. Pettes, M. Manke, J. Halberstadt)
1972	3 (J. Bolding x2, J. Halberstadt)
1963	3 (C. Strong x2, M. Baller)
1938	3 (F. Efaw x2, C. Tate)
2022	2 (A. Maier, DMR)
2011	2 (T. Farrell, G. Fernandez)
2000	2 (C. Sloan, DMR)
1999	2 (C. Sloan, DMR)
1986	2 (D. Polk, P. Larkins)
1980	2 (J. Butler, DMR)
1967	2 (L. Curts, C. McCubbins)
1966	2 (T. Von Ruden, J. Metcalf)
1964	2 (J. Miller, Mile Relay)
1962	2 (C. Strong, Mile Relay)
1935	2 (R. Gray, B. Barnum)
1929	2 (J. Faulkner x2)

MOST POINTS SCORED AT BIG 12 CONFERENCE MEET (SEASON)

1. Kirubel Erassa (2014)	30
2. Craig Nowak (2017)	20.5
T3. Alex Maier (2023)	20
T3. Josh Thompson (2017)	20
T3. Josh Thompson (2016)	20
T3. German Fernandez (2009)	20
7. Fouad Messaoudi (2023)	18.5
T8. Fabian Clarkson (2015)	18
T8. Tyreek Hill (2014)	18
T8. German Fernandez (2011)	18
T8. John Kosgei (2009)	18

At the Indoor Conference Meet

1926 - MISSOURI VALLEY

1. Nebraska	36.75
2. Missouri	16.65
3. Kansas	16.25
4. Kansas State	14.25
5. Oklahoma	9.50
6. Iowa State	8.20
7. Drake	6.20
8. Grinnell	6
9. Washington	5.20
10. Oklahoma State	2

1927 - MISSOURI VALLEY

1. Oklahoma	27.50
2. Nebraska	26.20
3. Iowa State	26
4. Kansas	16.20
5. Missouri	12.20
6. Kansas State	8
7. Drake	7.20
8. Grinnell	5
9. Washington	3.70
10. Oklahoma State	2

1928 - MISSOURI VALLEY

1. Oklahoma	35.50
2. Missouri	22
3. Kansas	19.50
4. Nebraska	18
5. Kansas State	13
6. Iowa State	8.50
7. Drake	8
8. Grinnell	7
9. Washington	0.50
10. Oklahoma State	0

1929 - MISSOURI VALLEY

1. Grinnell	42
2. Oklahoma State	29
3. Drake	25
4. Washington	23
5. Creighton	13

OSU Champs: John Faulkner, Mile & Two-Mile

1930 - MISSOURI VALLEY

1. Grinnell	41.67
2. Drake	38
3. Washington	26
4. Oklahoma State	18.33
5. Creighton	8

OSU Champs: Raymond Adair, 880 Yards

1931 - MISSOURI VALLEY

1. Drake	55.33
2. Grinnell	36.67
3. Oklahoma State	25.67
4. Washington	9.33
5. Creighton	5

OSU Champs: Peyton Glass Jr., 50 Yards

1935 - MISSOURI VALLEY

1. Drake	55.75
2. Washington	24.60
3. Grinnell	23.20
4. Oklahoma State	22.85
5. Tulsa	5.60

OSU Champs: Ralph Gray, 440 Yards; Beuford Barnum, Long Jump

1936 - MISSOURI VALLEY

1. Drake	64
2. Washington	18.50
3. Grinnell	16.50
4. Oklahoma State	13
5. Tulsa	11.25
6. Washburn	5
7. Creighton	0

OSU Champs: Ray Bradley, 440 Yards

1937 - MISSOURI VALLEY

1. Drake	44
2. Oklahoma State	27
3. Washington	26.50
4. Grinnell	23
5. Washburn	5
6. St. Louis	3
7. Tulsa	2.50

1958 - BIG 8

1. Kansas	58.25
2. Nebraska	35.25
3. Oklahoma	23.50
4. Missouri	19.50
5. Kansas State	14.25
6. Oklahoma State	12.25
7. Colorado	10.00
8. Iowa State	6.00

OSU Champs: Aubrey Dooley, Pole Vault

1959 - BIG 8

1. Kansas	70.33
2. Oklahoma	30.00
3. Kansas State	26.00
4. Colorado	25.00
5. Missouri	18.50
6. Nebraska	16.00
7. Oklahoma State	13.08
8. Iowa State	10.08

OSU Champs: Miles Eisenman, two-mile

1960 - BIG 8

1. Oklahoma	61.50
2. Kansas	58.00
3. Oklahoma State	21.50
4. Colorado	20.00
5. Nebraska	18.00
6. Missouri	12.50
7. Iowa State	10.00
8. Kansas State	8.00

OSU Champs: Miles Eisenman, two-mile

1961 - BIG 8

1. Kansas	61.00
2. Oklahoma	34.50
3. Oklahoma State	32.00
4. Missouri	32.00
5. Colorado	15.50
6. Kansas State	15.50
7. Nebraska	12.50
8. Iowa State	6.50

OSU Champs: Charles Strong, 440 yards, Bill Stone, 880 yards, Sam Pegues, high jump, G. Krause, J. Miller, B. Stone, C. Strong, mile relay, George Davies, pole vault

1962 - BIG 8

1. Kansas	53.25
2. Nebraska	52.33
3. Oklahoma State	27.50
4. Missouri	27.33
5. Oklahoma	22.50
6. Colorado	10.50
7. Kansas State	10.00
8. Iowa State	7.00

OSU Champs: Charles Strong, 440 yards. G. Krause, J. Miller, B. Stone, C. Strong, mile relay

1963 - BIG 8

1. Nebraska	47.00
2. Missouri	35.50
3. Kansas	34.50
4. Colorado	32.50
5. Oklahoma State	24.50
6. Oklahoma	17.00
7. Iowa State	10.00
8. Kansas State	9.00

OSU Champs: Charles Strong, 440 yards, long jump, Mickey Baller, pole vault

1964 - BIG 8

1. Missouri	57.00
2. Kansas	47.00
3. Oklahoma State	27.00
4. Oklahoma	25.00
5. Colorado	19.00
6. Nebraska	17.00
7. Iowa State	9.00
7. Kansas State	9.00

OSU Champs: Jack Miller, 440 yards, D. Perry, J. Perry, R. Bothwell, J. Miller, mile relay

1965 - BIG 8

1. Missouri	52.00
2. Kansas	47.00
3. Nebraska	26.00
4. Oklahoma State	25.00
5. Kansas State	18.00
5. Oklahoma	18.00
7. Colorado	16.00
8. Iowa State	8.00

OSU Champs: none

1966 - BIG 8

1. Kansas	41.00
2. Nebraska	37.00
3. Oklahoma	33.00
4. Kansas State	28.00
5. Missouri	25.00
6. Iowa State	18.00
6. Oklahoma State	18.00

OSU Champs: Tom von Ruden, 1000 yards, Jim Metcalf, 880 yards

1967 - BIG 8

1. Kansas	64.00
2. Missouri	31.00
2. Nebraska	31.00
4. Kansas State	25.00
5. Oklahoma	21.00
6. Oklahoma State	14.00
7. Iowa State	13.00
8. Colorado	11.00

OSU Champs: Larry Curts, pole vault, Chris McCubbins, two-mile

1968 - BIG 8

1. Kansas	69.00
2. Oklahoma	41.00
3. Missouri	35.00
4. Nebraska	33.00
5. Kansas State	22.00
6. Colorado	15.00
7. Oklahoma State	9.00
8. Iowa State	0.00

OSU Champs: none

1969 - BIG 8

1. Kansas	60.00
2. Kansas State	44.00
3. Nebraska	29.00
3. Oklahoma	29.00
5. Missouri	24.00
6. Colorado	20.00
7. Oklahoma State	11.00
8. Iowa State	7.00

OSU Champs: Larry Curts, pole vault

1970 - BIG 8

1. Kansas	68.00
2. Kansas State	37.00
3. Missouri	34.00
4. Nebraska	29.00
5. Oklahoma State	20.00
6. Oklahoma	18.00
7. Iowa State	10.00
8. Colorado	8.00

OSU Champs: Jim Bolding, 60 yard low hurdles

1971 - BIG 8

1. Kansas	51.00
2. Colorado	39.00
3. Kansas State	36.00
4. Oklahoma State	27.00
5. Nebraska	26.00
6. Oklahoma	21.00
7. Missouri	18.00
8. Iowa State	5.00

OSU Champs: Peter Kaal, mile

1972 - BIG 8

1. Nebraska	46.33
2. Colorado	44.00
3. Kansas	40.33
4. Oklahoma State	29.00
5. Oklahoma	22.00
6. Kansas State	21.33
7. Missouri	16.00
8. Iowa State	5.00

OSU Champs: Jim Bolding, 60 yard high hurdles, 60 yard low hurdles, John Halberstadt, two-mile

At the Indoor Conference Meet

1973 - BIG 8

1. Nebraska	52.00
2. Kansas	44.00
3. Missouri	31.50
4. Oklahoma State	31.00
5. Colorado	30.50
6. Kansas State	26.00
7. Oklahoma	16.00
8. Iowa State	12.00

OSU Champs: Steve Pettes, 60 yards, Mike Manke, mile, John Halberstadt, two-mile

1974 - BIG 8

1. Kansas State	55.00
2. Missouri	48.00
3. Colorado	46.50
4. Nebraska	22.00
5. Kansas	21.00
6. Oklahoma State	20.00
7. Oklahoma	15.50
8. Iowa State	12.00

OSU Champs: Mike Marks, shot put

1975 - BIG 8

1. Kansas	63.00
2. Kansas State	53.00
3. Oklahoma	45.00
4. Colorado	27.00
5. Missouri	22.00
6. Oklahoma State	19.00
7. Iowa State	7.00
8. Nebraska	3.00

OSU Champs: Trevor Viljoen, two-mile

1976 - BIG 8

1. Kansas State	54.00
2. Kansas	52.00
3. Oklahoma	50.00
4. Missouri	29.00
5. Nebraska	19.00
6. Colorado	13.00
7. Iowa State	12.00
8. Oklahoma State	11.00

OSU Champs: none

1977 - BIG 8

1. Kansas	69.00
2. Oklahoma	64.00
3. Nebraska	44.00
4. Missouri	28.00
5. Kansas State	24.00
6. Colorado	10.00
7. Iowa State	8.00
8. Oklahoma State	7.00

OSU Champs: none

1978 - BIG 8

1. Nebraska	91.20
2. Missouri	82.60
3. Kansas	81.60
4. Oklahoma	77.00
5. Kansas State	68.00
6. Colorado	34.00
7. Iowa State	31.60
8. Oklahoma State	24.00

OSU Champs: none

1979 - BIG 8

1. Missouri	91.00
2. Kansas	83.50
3. Nebraska	79.00
4. Kansas State	65.50
5. Iowa State	44.00
6. Colorado	43.00
7. Oklahoma	39.00
8. Oklahoma State	21.00

OSU Champs: none

1980 - BIG 8

1. Kansas	121.0
2. Nebraska	80.00
3. Iowa State	67.00
4. Oklahoma State	63.00
5. Kansas State	53.00
6. Colorado	46.00
6. Oklahoma	46.00
8. Missouri	28.00

1980 OSU Champs: James Butler, 60 yards, K. Staggs, G. Rozell, J. Mathiason, J. Sharp, distance medley relay

1981 - BIG 8

1. Kansas	98.00
2. Nebraska	86.00
3. Kansas State	68.00
4. Iowa State	63.00
5. Oklahoma State	62.00
6. Missouri	55.00
7. Oklahoma	47.00
7. Colorado	47.00

OSU Champs: James Butler, 300 yards

1982 - BIG 8

1. Kansas	94.00
2. Iowa State	80.00
3. Oklahoma State	79.00
4. Oklahoma	73.00
5. Nebraska	65.00
6. Missouri	57.00
7. Colorado	41.00
8. Kansas State	37.00

OSU Champs: Joe Dial, pole vault, G. Patton, S. Starks, C. Thomas, J. Butler, mile relay, James Butler, 300 yards

1983 - BIG 8

1. Kansas	95.00
2. Missouri	80.00
3. Iowa State	77.00
4. Kansas State	64.00
5. Oklahoma	62.00
6. Colorado	54.00
7. Oklahoma State	50.00
8. Nebraska	45.00

OSU Champs: none

1984 - BIG 8

1. Iowa State	123.00
2. Missouri	95.00
3. Nebraska	87.00
4. Oklahoma State	70.00
5. Oklahoma	60.00
6. Kansas State	47.00
7. Colorado	28.00
8. Kansas	14.00

OSU Champs: Joe Dial, pole vault, Steve Patterson, 600 yards, Paul Williams, 880 yards

1985 - BIG 8

1. Nebraska	109.00
2. Iowa State	93.50
3. Kansas State	83.50
4. Missouri	70.00
5. Oklahoma State	48.00
6. Kansas	47.00
6. Oklahoma	47.00
8. Colorado	28.00

OSU Champs: Paul Larkins, mile

1986 - BIG 8

1. Iowa State	118.00
2. Oklahoma	92.00
3. Nebraska	77.00
4. Oklahoma State	67.00
4. Kansas	67.00
6. Kansas State	42.00
7. Missouri	40.00
8. Colorado	23.00

OSU Champs: Damon Polk, 60 yard hurdles, Paul Larkins, mile

1987 - BIG 8

1. Nebraska	118.00
2. Oklahoma	87.00
3. Kansas State	80.00
4. Kansas	65.00
5. Iowa State	49.00
5. Colorado	49.00
7. Oklahoma State	44.00
8. Missouri	35.00

OSU Champs: Chris McGowan, 600 yards

1988 - BIG 8

1. Nebraska	114.67
2. Iowa State	96.33
3. Oklahoma	81.33
4. Kansas State	69.00
5. Kansas	63.67
6. Missouri	50.00
7. Colorado	46.00
8. Oklahoma State	6.00

OSU Champs: none

1989 - BIG 8

1. Nebraska	123.00
2. Iowa State	105.00
2. Kansas State	105.00
4. Kansas	77.00
5. Colorado	54.00
6. Oklahoma State	29.00
7. Oklahoma	28.00
8. Missouri	6.00

OSU Champs: none

1990 - BIG 8

1. Iowa State	156.00
2. Nebraska	120.00
3. Kansas State	73.00
4. Oklahoma	55.50
5. Kansas	47.00
6. Colorado	36.00
7. Missouri	20.50
8. Oklahoma State	18.00

OSU Champs: none

1991 - BIG 8

1. Iowa State	168.00
2. Nebraska	90.00
3. Oklahoma	68.00
4. Kansas State	61.50
5. Kansas	44.00
6. Missouri	42.00
7. Colorado	37.50
8. Oklahoma State	16.00

OSU Champs: Joe Weis, 1000 meters

1992 - BIG 8

1. Nebraska	116.00
2. Iowa State	103.00
3. Oklahoma	99.00
4. Kansas State	68.00
5. Kansas	60.00
6. Colorado	43.00
7. Missouri	26.00
8. Oklahoma State	12.00

OSU Champs: Joe Weis, 1000 meters

1993 - BIG 8

1. Iowa State	145.00
2. Nebraska	112.00
3. Kansas State	82.00
4. Oklahoma	57.50
5. Missouri	55.00
6. Colorado	38.00
7. Kansas	19.50
8. Oklahoma State	18.00

OSU Champs: none

1994 - BIG 8

1. Nebraska	143.00
2. Iowa State	119.00
3. Colorado	75.00
4. Kansas	73.00
5. Oklahoma	62.00
6. Missouri	35.00
7. Oklahoma State	19.00
8. Kansas State	DNC

OSU Champs: none

1995 - BIG 8

1. Nebraska	168.50
2. Iowa State	148.00
3. Oklahoma	105.00
4. Kansas	88.00
5. Colorado	81.00
6. Kansas State	72,50
6. Missouri	53.00
8. Oklahoma State	21.00

OSU Champs: Jon Wild, mile

1996 - BIG 8

1. Nebraska	192.00
2. Oklahoma	137.00
3. Iowa State	117.00
4. Colorado	75.00
5. Kansas	71.00
6. Kansas State	62.00
7. Missouri	49.00
8. Oklahoma State	36.00

OSU Champs: Jon Wild, 3000 meters

At the Indoor Conference Meet

1997 - BIG 12

1. Nebraska	132.00
2. Iowa State	102.00
3. Colorado	98.00
4. Texas	80.00
5. Baylor	64.00
6. Oklahoma	55.50
7. Kansas State	51.00
8. Kansas	36.00
8. Texas Tech	36.00
10. Missouri	34.50
11. Texas A&M	32.00
12. Okahoma State	19.00

OSU Champs: none

1998 - BIG 12

1. Nebraska	106.50
2. Texas A&M	99.00
3. Texas	93.00
4. Colorado	72.00
5. Baylor	71.00
6. Kansas State	71.00
7. Missouri	66.00
8. Oklahoma	43.50
9. Kansas	34.00
9. Texas Tech	34.00
11. Iowa State	29.00
12. Oklahoma State	22.00

OSU Champs: Brian Young, 1000 meters

1999 - BIG 12

1. Texas	113.00
2. Colorado	81.00
3. Baylor	78.00
4. Nebraska	73.50
5. Kansas State	64.00
6. Kansas	60.50
7. Oklahoma State	55.00
8. Iowa State	53.00
9. Texas A&M	42.00
10. Oklahoma	40.00
11. Texas Tech	16.00

OSU Champs: Chuck Sloan, 3000 meters, distance medley relay

2000 - BIG 12

1. Nebraska	115.00
2. Texas	101.00
3. Missouri	86.00
4. Baylor	80.00
5. Texas A&M	78.50
6. Colorado	63.00
7. Iowa State	57.00
8. Oklahoma	45.50
9. Kansas State	40.00
10. Kansas	34.00
11. Oklahoma State	20.00
12. Texas Tech	19.00

OSU Champs: Chuck Sloan, 3000 meters, distance medley relay

2001 - BIG 12

1. Nebraska	124.00
2. Texas A&M	86.00
3. Texas	78.50
4. Kansas State	75.00
5. Baylor	74.00
6. Missouri	53.50
7. Colorado	52.00
8. Oklahoma	47.00
9. Kansas	46.00
10. Texas Tech	43.00
11. Oklahoma State	31.00
12. Iowa State	29.00

OSU Champs: Junior Vasquez, 5000m

2002 - BIG 12

1. Nebraska	105.50
2. Texas	97.00
3. Kansas State	93.50
4. Baylor	69.00
5. Missouri	66.00
6. Colorado	65.00
7. Kansas	60.00
8. Texas A&M	57.00
9. Oklahoma	41.50
10. Texas Tech	39.50
11. Iowa State	22.00
12. Oklahoma State	20.00

OSU Champs: none

2003 - BIG 12

1. Nebraska	132.00
2. Texas	131.50
3. Kansas State	86.00
4. Missouri	81.00
5. Texas A&M	57.83
6. Baylor	57.00
7. Texas Tech	50.33
8. Colorado	38.00
9. Kansas	36.33
10. Oklahoma State	36.00
11. Oklahoma	22.00
12. Iowa State	12.00

OSU Champs: Jason Woolhouse, mile

2004 - BIG 12

1. Nebraska	141.66
2. Kansas State	77.00
3. Baylor	72.00
4. Texas	67.00
5. Texas Tech	60.33
6. Oklahoma	58.50
7. Texas A&M	56.00
8. Colorado	50.00
9. Kansas	36.33
10. Iowa State	44.00
11. Oklahoma State	37.00
12. Missouri	31.30

OSU Champs: Jason Woolhouse, mile

2005 - BIG 12

1. Nebraska	132.00
2. Texas	87.33
3. Kansas State	80.50
4. Texas Tech	76.00
5. Oklahoma	67.33
6. Missouri	66.50
7. Colorado	62.00
8. Kansas	57.00
9. Baylor	46.00
10. Texas A&M	35.33
11. Iowa State	28.00
12. Oklahoma State	2.00

OSU Champs: none

2006 - BIG 12

1. Texas	127.00
2. Nebraska	100.00
3. Baylor	79.00
4. Texas Tech	72.00
5. Kansas State	67.00
6. Kansas	63.00
7. Colorado	61.00
8. Missouri	43.00
9. Texas A&M	41.00
10. Oklahoma	40.00
11. Iowa State	26.00
12. Oklahoma State	21.00

OSU Champs: none

2007 - BIG 12

1. Nebraska	93.00
1. Texas	93.00
3. Oklahoma	80.50
4. Missouri	79.00
5. Baylor	75.00
6. Texas Tech	70.50
7. Kansas	57.00
8. Colorado	51.00
9. Texas A&M	50.00
10. Iowa State	43.00
11. Kansas State	30.00
12. Oklahoma State	18.00

OSU Champs: none

2008 - BIG 12

1. Texas	106.00
2. Nebraska	104.00
3. Texas Tech	93.00
4. Texas A&M	76.00
5. Missouri	67.00
6. Oklahoma	65.50
7. Colorado	54.00
8. Kansas State	46.00
9. Baylor	38.00
10. Kansas	37.50
11. Iowa State	32.00
12. Oklahoma State	22.00

OSU Champs: Ryan Vail, 3000 meters

2009 - BIG 12

1. Texas	115.00
2. Nebraska	102.50
3. Texas A&M	84.00
4. Baylor	71.00
5. Oklahoma	66.00
6. Texas Tech	62.00
7. Missouri	56.00
8. Oklahoma State	51.00
9. Iowa State	49.00
10. Kansas State	35.00
11. Kansas	32.50
12. Colorado	16.00

OSU Champs: German Fernandez, Mile, 3000 meters; John Kosgei, 5000 meters

2010 - BIG 12

1. Oklahoma	114.00
2. Nebraska	110.00
3. Texas A&M	99.50
4. Baylor	80.00
5. Texas Tech	74.50
6. Texas	71.00
7. Iowa State	50.00
8. Kansas State	44.50
9. Missouri	39.00
10. Kansas	31.50
11. Oklahoma State	24.00
12. Colorado	1.00

OSU Champs: Colby Lowe, 3000 Meters

2011 - BIG 12

1. Texas A&M	134.00
2. Oklahoma	106.00
3. Nebraska	99.50
4. Texas	95.00
5. Texas Tech	57.50
6. Baylor	53.00
7. Oklahoma State	47.00
8. Kansas State	42.50
9. Missouri	40.00
10. Iowa State	24.00
11. Kansas	23.50
12. Colorado	17.00

OSU Champs: German Fernandez, mile; Tom Farrell, 3000 meters

2012 - BIG 12

1. Texas A&M	154.00
2. Texas	133.50
3. Oklahoma	98.00
4. Kansas State	64.00
5. Baylor	53.00
6. Oklahoma State	52.00
7. Texas Tech	48.00
8. Missouri	47.00
9. Iowa State	45.00
10. Kansas	44.50

OSU Champs: Shadrack Kipchirchir, 5000 meters

2013 - BIG 12

1. Texas	135.00
2. Oklahoma	108.50
3. Kansas State	96.00
4. Baylor	79.00
5. Texas Tech	76.00
6. Kansas	74.50
7. Oklahoma State	73.00
8. Iowa State	61.00
9. TCU	38.00

OSU Champs: Nick Miller, Weight Throw

2014 - BIG 12

1. Oklahoma State	**112.5**
2. Texas	108.5
3. Kansas State	93
4. Texas Tech	92
5. Oklahoma	91
6. Iowa State	71
7. Baylor	67
8. Kansas	52.5
9. TCU	45.5

OSU Champs: Nick Miller, Weight Throw; Kirubel Erassa, mile, 3,000 meters, 5,000 meters; Tyreek Hill, 200 meters

At the Indoor Conference Meet

2015 - BIG 12

1. Texas	140
2. Texas Tech	95.5
3. Oklahoma State	94
4. Oklahoma	89
5. Iowa State	81
6. Kansas	80.5
7. Baylor	69
8. TCU	49
9. Kansas State	43

OSU Champs: Fabian Clarkson, 5,000 meters; Nick Miller, Weight Throw; Chad Noelle, Mile; DMR (Matthew Fayers, Chad Noelle, Vegard Oelstad, Brandon Singleton)

2016 - BIG 12

1. Oklahoma State	**130**
2. Texas	128.5
3. Kansas State	98.5
4. Texas Tech	97.5
5. Oklahoma	82
6. Iowa State	71
7. Kansas	51
8. Baylor	44.5
9. TCU	34

OSU Champs: Tre'Tez Kinnaird (800 meters), Josh Thompson (1,000 meters & mile), Cerake Geberkidane (5,000 meters), Craig Nowak (3,000 meters)

2017 - BIG 12

1. Texas	123.5
2. Kansas	110.5
3. Texas Tech	99.5
4. Oklahoma State	93
5. Iowa State	73.5
6. Kansas State	71.5
7. Baylor	68
8. Oklahoma	65.5
9. TCU	35

OSU Champs: Josh Thompson (1,000 meters & mile), Craig Nowak (3,000 meters) DMR (Fayers, Singleton, Johnson, Nowak)

2018 - BIG 12

1. Texas Tech	143
2. Texas	129
3. Iowa State	115
4. TCU	74
5. Kansas	63
6. Kansas State	59.5
7. Oklahoma State	57
8. Baylor	51.5
9. Oklahoma	48

OSU Champs: Hassan Abdi (5,000 Meters)

2019 - BIG 12

1. Texas Tech	179
2. Iowa State	109
3. Kansas	87
4. Oklahoma State	72.5
5. Texas	69.5
6. Baylor	68
7. Oklahoma	57
8. Kansas State	56
9. TCU	39

OSU Champs: Jacob Fincham-Dukes (long jump)

2020 - BIG 12

1. Iowa State	137
2. Texas Tech	127
3. Texas	118
4. Oklahoma	87
5. Kansas State	76
6. TCU	53
7. Baylor	50
8. Oklahoma State	46
9. Kansas	45

OSU Champs: none

2021 - BIG 12

1. Texas	141
2. Texas Tech	133
3. Oklahoma	89
4. Oklahoma State	75
5. TCU	70
6. Kansas State	66
7. Iowa State	62
8. Baylor	51
8. Kansas	51

OSU Champs: DMR (Diego Castro, Long, Stitt, Schoppe)

2022 - BIG 12

1. Texas	171
2. Texas Tech	155
3. Oklahoma	84
4. Iowa State	68
5. Oklahoma State	63
6. Kansas State	61
7. Kansas	51
8. Baylor	48
9. TCU	40

OSU Champs: Alex Maier, 3,000 Meters; DMR (Maier, Merutka, Priddey, Stitt)

2023 - BIG 12

1. Texas Tech	159
2. Oklahoma State	111
3. Texas	105
4. Kansas	96
5. Iowa State	76
6. Oklahoma	75
7. Baylor	60
8. Kansas State	29
9. TCU	27

OSU Champs: Alex Maier, 3,000 Meters, 5,000 Meters; DMR (Messaoudi, Bartholomew, Mahadi, Schoppe); Fouad Messaoudi, Mile; Juan Diego Castro, 1,000 Meters

2024 - BIG 12

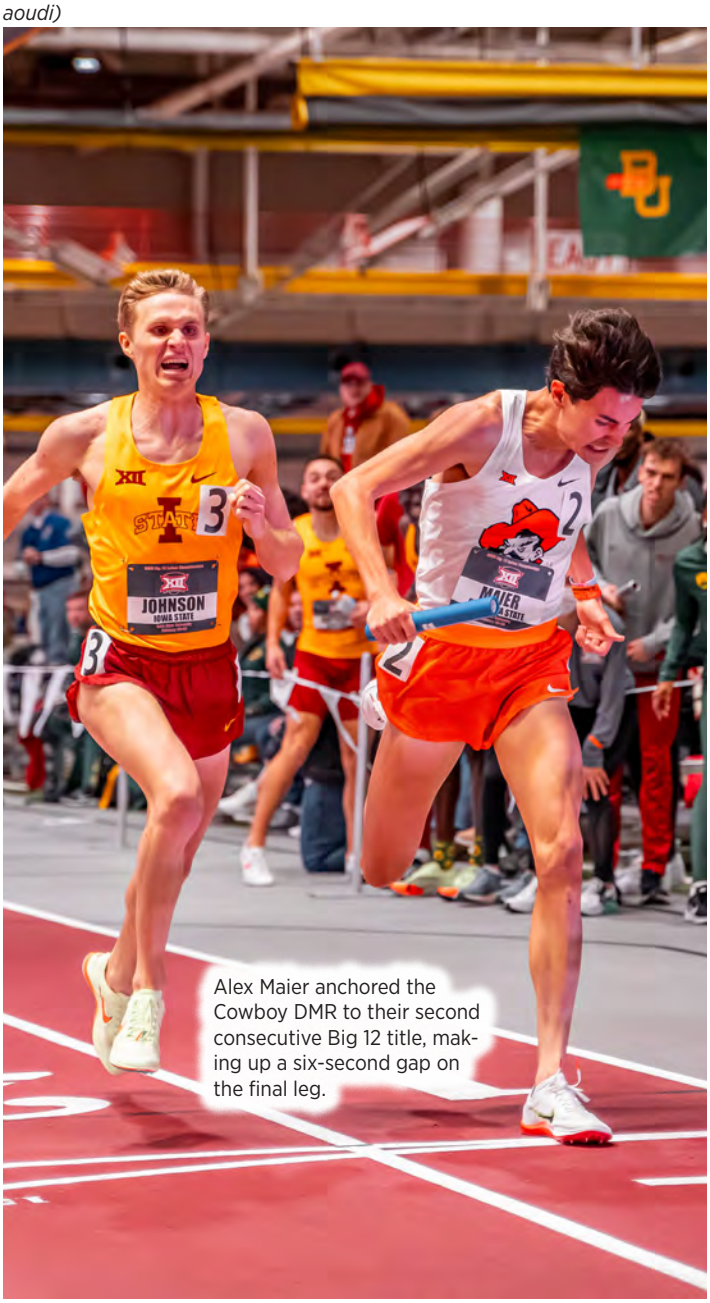
1. Texas Tech	152
2. Oklahoma State	92
3. Texas	89
4. Kansas	81
5. Iowa State	67.5
6. Houston	55
7. BYU	45
8. Oklahoma	41.5
9. Kansas State	34
10. Baylor	31
10. TCU	31
12. Cincinnati	19

OSU Champs: Ryan Schoppe (Mile), Alex Maier (3,000 Meters), DMR (Musau, Currence, Kipkemboi, Schoppe)

2025 - BIG 12

1. Texas Tech	130
2. Oklahoma State	90
3. BYU	89
4. Iowa State	82
5. Houston	72
6. Kansas	55
7. Arizona	51.5
8. TCU	45
9. Baylor	42
10. Cincinnati	27
11. Arizona State	26
12. Colorado	16
13. Kansas State	14.5

OSU Champs: Blair Anderson (Long Jump), Laban Kipkemboi (Mile), Brian Musau (3,000 Meters), DMR (Stitt, Jo. Smith, Kipkemboi, Messaoudi)



Alex Maier anchored the Cowboy DMR to their second consecutive Big 12 title, making up a six-second gap on the final leg.

Indoor School Records

60 Meters

1.	6.52	John Teeters	Tyson Invitational	2015
2.	6.64	Tyreek Hill	Big 12 Championships	2014
3.	6.67	Koryee Wyatt	Arkansas Invitational	2024
T4.	6.70	Daniel McLemore	Jayhawk Invite	2004
T4.	6.70	Malik Givens	Holiday Inn Invitational	2016
6.	6.82	Kurtis Cotton	Texas Tech Shootout	2019
7.	6.83	Carter Wilkerson	Arkansas Qualifier	2024
8.	6.85	Sharod Selph	KSU Invitational	2015
9.	6.87	Arlando Brewer-Johnson	Big 12 Championships	2015
T10.	6.89	Logan Daily	Tyson Invitational	2017
T10.	6.89	Wyatt Duvall	Big 12 Championships	2019

200 Meters

1.	20.57	Tyreek Hill	NCAA Championships	2014
2.	20.86	John Teeters	Big 12 Championships	2015
3.	21.39	Harold Green	Big 8 Championships	1989
T4.	21.80	Greg Harjo	Iowa State Classic	1995
T4.	21.80	Malik Givens	Tyson Invitational	2017
6.	21.83	Tyler Jackson	Big 12 Championships	2017
7.	21.84	Kwame Donyinah	Texas Tech Corky Classic	2018
8.	21.86	Vadesta Jones	Big 8 Championships	1990
9.	21.88	William Shirley	Oklahoma All-Comers	1990
10.	21.89	Timmy Thomas	Big 8 Championships	1990

400 Meters

1.	45.60	Ashton Hicks	Big 12 Championships	2019
2.	46.85	Will Bynum	Big 12 Championships	2025
3.	46.94	Timmy Thomas	Iowa State Meet	1991
4.	47.03	Harold Green	Big 8 Championships	1989
5.	47.07	Chris McGowan	NCAA Championships	1989
6.	47.12	DJ McArthur	Eagle Elite Invitational	2024
7.	47.15	Charlie Bartholomew	Big 12 Championships	2023
8.	47.17	Jordon Smith	Big 12 Championships	2025
9.	47.33	LaKyron Mays	Big 12 Championships	2019
10.	47.67	Shannon Atkinson	Big 8 Championships	1993

600 Yards

1.	1:07.88	DJ McArthur	Big 12 Championships	2024
2.	1:07.95	Ty Cook	Big 12 Championships	2025
3.	1:08.30	James Kurrasch	West Texas State	1972
4.	1:08.53	Ashton Hicks	Texas Tech Shootout	2021
5.	1:09.27	Elijah Berry	Big 12 Championships	2022
6.	1:09.39	Mason Page	Big 12 Championships	2025
T7.	1:09.40	Jordon Smith	DeLoss Dodds Invitational	2024
T7.	1:09.40	Steve Patterson	Big 8 Championships	1984
9.	1:09.41	Darian Tarver	Big 12 Championships	2024
10.	1:09.47	Justin Smith	Big 12 Championships	2024

600 Meters

1.	1:16.75	DJ McArthur	Arkansas Invitational	2024
2.	1:17.12	Hafez Mahadi	Arkansas Invitational	2025
3.	1:18.71	Triston Read	Arkansas Invitational	2024
4.	1:18.82	Ty Cook	Arkansas Invitational	2025
5.	1:18.85	Blake Wynne	Arkansas Invitational	2025
6.	1:18.93	Mason Page	Arkansas Invitational	2025
7.	1:19.32	Ashton Hicks	Arkansas Invitational	2019
8.	1:19.33	Justin Smith	Arkansas Invitational	2022
9.	1:19.36	Riley McGowan	Arkansas Invitational	2025
10.	1:19.37	Cash Merutka	Arkansas Invitational	2020

800 Meters

1.	1:47.12	Mehdi Yanouri	Razorback Invitational	2025
2.	1:47.32	Hafez Mahadi	Tyson Invitational	2025
3.	1:48.29	Juan Diego Castro	Texas Tech Shootout	2021
4.	1:48.30	Chris Stoves	Iowa State Last Chance	2004
5.	1:48.51	Tre'Tez Kinnaird	Big 12 Championships	2016
T6.	1:48.54	Laban Kipkemboi	Razorback Invitational	2025
T6.	1:48.54	Tom Von Ruden	NCAA Championships	1966
8.	1:48.66	Ty Cook	Arkansas Qualifier	2025
9.	1:49.14	John Perry	Big 8 Championships	1965
10.	1:49.22	Raul Botezan	Alex Wilson Invite	2010

1,000 Meters

1.	2:20.29	Juan Diego Castro	Big 12 Championships	2023
2.	2:20.83	Alex Stitt	Big 12 Championships	2025
3.	2:22.00	Mehdi Yanouri	Arkansas Invitational	2025
4.	2:22.07	Joshua Thompson	Big 12 Championships	2017
5.	2:22.45	Mehdi Yanouri	Arkansas Invitational	2024
6.	2:22.55	Chad Noelle	Big 12 Championships	2014
7.	2:22.88	Chris Stoves	Big 12 Championships	1985
8.	2:23.00	Raul Botezan	Big 12 Championships	2013
9.	2:23.04	Paul Larkins	NCAA Championships	1985
10.	2:23.20	Hafez Mahadi	Arkansas Invitational	2024

Mile

1.	3:52.66	Fouad Messaoudi	Razorback Invitational	2025
2.	3:53.29	Laban Kipkemboi	Arkansas Qualifier	2025
3.	3:54.20	Alex Stitt	Arkansas Qualifier	2025
4.	3:54.78	Brian Musau	Razorback Invitational	2025
5.	3:55.02	German Fernandez	Big 12 Championships	2009
6.	3:55.63	Ryan Schoppe	Razorback Invitational	2023
7.	3:56.44	Alex Maier	Husky Classic	2022
8.	3:56.89	Joshua Thompson	Husky Classic	2017
T9.	3:57.78	Chad Noelle	Iowa State Classic	2015
T9.	3:57.78	Juan Diego Castro	ATL Meet No. 3	2021

3,000 Meters

1.	7:38.04	Brian Musau	Boston U Season Opener	2024
2.	7:38.80	Ryan Schoppe	Boston U Season Opener	2024
3.	7:41.63	Fouad Messaoudi	Husky Classic	2023
4.	7:42.04	Denis Kipngetich	Tyson Invitational	2025
5.	7:43.05	Alex Maier	Millrose Games	2023
6.	7:47.97	German Fernandez	Husky Classic	2009
7.	7:49.17	Kirubel Erassa	NCAA Championships	2013
8.	7:50.49	Fabian Clarkson	Husky Classic	2015
9.	7:50.72	Isaiah Priddey	Husky Classic	2023
10.	7:51.77	Tom Farrell	Husky Classic	2013

5,000 Meters

1.	13:11.29	Brian Musau	Boston U Season Opener	2025
2.	13:11.80	Alex Maier	Boston U Season Opener	2023
3.	13:13.71	Denis Kipngetich	NCAA Championships	2025
4.	13:25.84	Isai Rodriguez	Boston U Season Opener	2023
5.	13:38.57	Shadrack Kipchirchir	Husky Classic	2013
6.	13:40.28	Girma Mecheso	NCAA Championships	2013
7.	13:41.91	Hassan Abdi	Husky Classic	2018
8.	13:45.01	Colby Lowe	Husky Invite	2010
9.	13:49.79	Shea Foster	Big 12 Championships	2022
10.	13:52.10	Patrick Kiptum	NCAA Championships	1996

60 Meter Hurdles

1.	8.03	Hunter Vaughn	Steve Miller Invitational	2025
2.	8.11	Philip Frank	Big 12 Championships	2024
3.	8.23	Cooper Moore	Tyson Invitational	2025
4.	8.32	Jacob Fincham-Dukes	Arkansas Invitational	2019
5.	8.37	Donovan Nunley	DeLoss Dodds Invitational	2017
6.	8.51	Will Quintana	Big 12 Championships	2024
7.	8.55	Justin McBride	Razorback Invitational	2015
8.	8.56	Crayton Shaw	DeLoss Dodds Invitational	2025
9.	8.57	Mace Metcalf	Texas Tech Corky Classic	2018
10.	8.65	Max Braht	Razorback Invitational	2022

Indoor School Records

4x400 Meter Relay

1.	3:06.55	W. Bynum, M. Page T. Cook, Jo. Smith	Big 12 Championships	2025
T2.	3:07.37	C. Almeida, Jo. Smith D. McArthur, Ju. Smith	Eagle Elite Invitational	2024
T2.	3:07.37	C. Bartholomew, E. Berry D. McArthur, C. Merutka	Big 12 Championships	2023
4.	3:07.59	C. Almeida, Jo. Smith B. Currence, D. McArthur	Big 12 Championships	2024
5.	3:07.80	J. Bolding, C. Martin, D. Schultz, S. Stolpe	Astrodome Relays	1971
6.	3:08.76	C. Merutka, A. Hicks, D. McArthur, L. Mays	Alex Wilson Invitational	2020
T7.	3:08.84	A. Hicks, D. McArthur, C. Merutka, J. Long	Big 12 Championships	2020
T7.	3:08.84	E. Berry, D. McArthur C. Merutka, Ju. Smith	Big 12 Championships	2022
9.	3:08.90	C. Bartholomew, E. Berry K. Wyatt, D. McArthur	Arkansas Qualifier	2022
10.	3:08.91	B. Wynne, T. Cook Jo. Smith, W. Bynum	Arkansas Qualifier	2025

Distance Medley Relay

1.	9:16.24	B. Musau, Jo. Smith M. Yanouri, R. Schoppe	Arkansas Qualifier	2025
2.	9:16.40	F. Messaoudi, D. McArthur H. Mahadi, R. Schoppe	Arkansas Qualifier	2023
3.	9:19.74	B. Musau, D. McArthur M. Yanouri, R. Schoppe	Arkansas Qualifier	2024
4.	9:22.70	F. Messaoudi, Ju. Smith, J. Castro, R. Schoppe	Arkansas Qualifier	2022
5.	9:26.60	C. Noelle, B. Singleton T. Kinnaird, J. Thompson	Alex Wilson Invitational	2016
6.	9:28.11	F. Messaoudi, D. McArthur J. Diego Castro, R. Schoppe	NCAA Championships	2022
7.	9:28.38	K. Erassa, T. Payton, R. Botezan, T. Farrell	Alex Wilson Invitational	2013
8.	9:28.77	F. Messaoudi, C. Bartholomew J. Castro, R. Schoppe	NCAA Championships	2023
9.	9:28.83	C. Nowak, B. Singleton, B. Johnson, J. Thompson	Alex Wilson Invitational	2017
10.	9:29.08	R. Schoppe, D. McArthur F. Messaoudi, A. Maier	Razorback Invitational	2023

High Jump

T1.	2.17m/7-1.5	Curtis Mayfield	Big 8 Championships	1987
T1.	2.17/m7-1.5	Greg Brewer	Sooner Relays	1983
3.	2.12m/6-11.5	Oliver McDade	Big 8 Championships	1989
4.	2.10m/6-10.75	Jeff Brown	Big 8 Championships	1981
5.	2.09m/6-10.25	Rich Geske	West Texas Indoor	1975
T6.	2.08m/6-9.75	Kade Benjamin	Big 12 Championships	2025
T6.	2.08m/6-9.75	Taylor Buck	Sooner Invitational	2013
8.	2.06m/6-9	George Holland	Big 8 Championships	1972
T9.	2.03m/6-8	Leslie Arnold	Sooner Relays	1983
T9.	2.03m/6-8	Russell Laverty	Texas Tech Invite	1965

Long Jump

1.	7.99m/26-2.75	Jacob Fincham-Dukes	Big 12 Championships	2019
2.	7.62m/25-0	Blair Anderson	Big 12 Championships	2025
3.	7.59m/24-10.75	Earl Harris	Kansas Dual	1969
4.	7.47m/24-6	Charles Strong	Big 8 Championships	1963
5.	7.39m/24-3	Alex Dzitrie	KSU Invite	1996
6.	7.36m/24-1.75	Jerel Morrow	Tyson Invitational	2014
7.	7.33m/24-0.75	Blake Wynne	Steve Miller Invitational	2025
8.	7.31m/23-11.75	Rajaun Ricketts	DeLoss Dodds Invitational	2025
9.	7.30m/23-11.50	Arlando Brewer-Johnson	Big 12 Championships	2016
10.	7.29m/23-11	Simon Imagbe	Arkansas Qualifier	2018

Triple Jump

1.	15.34m/50-4	Mark Hanna	Kansas Relays	1987
2.	15.20m/49-10.5	Rajaun Ricketts	Arkansas Invitational	2025
3.	14.95m/49-0.5	Reginald Asare	Sooner Invitational	1977
4.	14.69m/48-2.5	E.B. Schaffer	Big 8 Championships	1978
5.	14.42m/47-3.75	Joshua Anadu	Big 12 Championships	2018
6.	14.26m/46-9.5	Bart Breithaupt	Big 8 Championships	1990
7.	14.25m/46-9	Richard Smith	KSU Winter Invitational	2014
8.	14.19m/46-6.75	Ryan Finnie	Husky Classic	2014
9.	13.96m/45-9.75	Alex Dzitrie	KSU Wildcat Invite	1997

Weight Throw

1.	23.07m/75-8.25	Nick Miller	NCAA Championships	2014
2.	20.59m/67-6.75	Sam Mason	Big 12 Championships	2024
3.	19.18m/62-11.25	Zac Robbins	Arkansas Qualifier	2025
4.	15.87m/52-1	Zachary Andrew	DeLoss Dodds Invitational	2018
5.	15.73m/51-7.25	Itamar Levi	KSU Winter Invitational	2014
6.	15.48m/50-9.5	Charles Kammiller	KSU Winter Invitational	2014
7.	15.13m/49-7.75	Torrey Hickel	KSU Winter Invitational	2017

Pole Vault

1.	5.68m/18-7.25	Joe Dial	Potts Invitational	1985
2.	5.33m/17-6	Eric Forney	Oklahoma Classic	1983
3.	5.23m/17-1.75	Blake Scott	Big 12 Championships	2019
4.	5.03m/16-6	Larry Curts	OKC Jaycee Indoor	1969
5.	4.83m/15-10	Mace Metcalf	Big 12 Championships	2019
6.	4.81m/15-9.25	Cooper Moore	Big 12 Championships	2025
T7.	4.80m/15-9	Crayton Shaw	DeLoss Dodds Invitational	2025
T7.	4.80m/15-9	Max Braht	Arkansas Qualifier	2022
9.	4.72m/15-6	Mickey Baller	Milwaukee Indoor	1964
T10.	4.67m/15-4	Preston Holsinger	Big 8 Championships	1964
T10.	4.67m/15-4	George Davies	Big 8 Championships	1961

Shot Put

1.	18.92m/62-1	Randall Naas	Big 8 Championships	1982
2.	18.77m/61-7	Mike Marks	Big 8 Championships	1974
3.	17.93m/58-10	Mike Releford	Red Raider Open	2022
4.	17.74m/58-2.5	Dale Pierce	Big 8 Championships	1980
5.	17.72m/58-1.75	Itamar Levi	KSU Winter Invitational	2014
6.	17.43m/57-2.2	Torrey Hickel	Big 12 Championsips	2021
7.	17.32m/56-10	Bob Ringwall	Big 8 Championships	1975
8.	17.04m/55-11	Bruce Wilhelm	KU/KSU Triangular	1966
9.	16.89m/55-5	Sam Mason	Big 12 Championships	2024
10.	16.36m/53-8	Jim Benein	OKC Indoor Jaycee	1970

Heptathlon

1.	5,687	Philip Frank	Big 12 Championships	2024
2.	5,366	Max Braht	Razorback Invitational	2022
T3.	5,222	Cooper Moore	Big 12 Championships	2025
T3.	5,222	William Edmonds	Big 12 Championships	2021
5.	5,103	Will Quintana	Big 12 Championships	2024
6.	5,046	Crayton Shaw	DeLoss Dodds Invitational	2025
7.	4,999	Mace Metcalf	Big 12 Championships	2019
8.	4,956	Cole Verble	Big 12 Championships	2017
9.	4,897	Donovan Nunley	Big 12 Championships	2017
10.	4,736	Jake Dyer	Big 12 Championships	2020

Outdoor History/Honor Roll

OLYMPIANS

1952	Helsinki	J.W. Mashburn	4x400-meter relay	Did not race
1952	Helsinki	Sture Landqvist	1,500 Meters	Prelims
1956	**Melbourne**	**J.W. Mashburn**	**4x400-meter relay**	**Gold Medal**
1968	Mexico City	Tom Von Ruden	1,500 Meters	9th
1976	Montreal	Chris McCubbins*	10,000 Meters	12th
1976	Montreal	Jim Bolding	400 Meter Hurdles	Did not race
2004	Athens	Mindaugas Pukstas	Marathon	74th
2016	Rio de Janeiro	Shadrack Kipchirchir	10,000 meters	19th
2016	Rio de Janeiro	Tom Farrell	5,000 meters	20th
2016	Rio de Janeiro	Nick Miller	Hammer Throw	22nd
2020	Tokyo	Nick Miller	Hammer Throw	6th
2024	Paris	Jacob Fincham-Dukes	Long Jump	5th

WORLD ATHLETICS CHAMPIONSHIPS QUALIFIERS

Year	Athlete	Nation	Event	Finish
2015	Nick Miller	Great Britain	Hammer Throw	10th
2015	Tom Farrell	Great Britain	5,000 Meters	15th
2015	Shadrack Kipchirchir	United States	10,000 Meters	16th
2017	Nick Miller	Great Britain	Hammer Throw	6th
2017	Shadrack Kipchirchir	United States	10,000 Meters	9th
2019	Nick Miller	Great Britain	Hammer Throw	10th
2019	Shadrack Kipchirchir	United States	10,000 Meters	10th
2022	Nick Miller	Great Britain	Hammer Throw	11th
2022	Josh Thompson	United States	1,500 Meters	12th
2025	Fouad Messaoudi	Morocco	1,500 Meters	29th

(BOLD) = Indicates World Champion

PAN AMERICAN CHAMPIONSHIPS QUALIFIERS

Year	Athlete	Nation	Event	Finish
1967	Chris McCubbins	United States	Steeplechase	1st
2023	Isai Rodriguez	United States	10,000 Meters	1st

* - Chris McCubbins competed internationally for Canada at the 1976 Olympics

TRACK AND FIELD COACHING HISTORY

1900-07	Dr. L.L. Lewis
1908	Edward E. Parry
1909	Paul Jones Davis
1910-14	Ed Gallager
1915-16	Claude M. Allen
1917-23	Ed Gallagher
1924-34	Roy Wash Kenny
1935-67	Ralph Higgins
1968-84	Ralph Tate
1985-88	James Bolding
1989-2008	Dick Weis
2009-present	Dave Smith

USTFCCCA PROGRAM OF THE YEAR FINISHES

(Scored at all three Championships)

Year	Place	Points	Coach
2009-10	14th	96.5 points	Coach Dave Smith
2011-12	20th	134 points	Coach Dave Smith
2012-13	10th	78.5 points	Coach Dave Smith
2013-14	2nd	23 points	Coach Dave Smith
2014-15	4th	45.5 points	Coach Dave Smith
2015-16	7th	58.5 points	Coach Dave Smith
2016-17	15th	99 points	Coach Dave Smith
2018-19	T10th	75 points	Coach Dave Smith
2021-22	11th	66.5 points	Coach Dave Smith
2022-23	4th	36.5 points	Coach Dave Smith
2023-24	3rd	37 points	Coach Dave Smith
2024-25	2nd	25 points	Coach Dave Smith

NCAA OUTDOOR CHAMPIONSHIPS APPEARANCES

(Scored at Meet)

Year	Place	Points	Coach
1929	T38th	1 point	Coach Roy Wash Kenny
1931	19th	9 points	Coach Roy Wash Kenny
1932	T35th	2 points	Coach Roy Wash Kenny
1938	T26th	2 points	Coach Ralph Higgins
1939	T14th	10 points	Coach Ralph Higgins
1940	31st	2.33 points	Coach Ralph Higgins
1941	T28th	3 points	Coach Ralph Higgins
1942	17th	8.20 points	Coach Ralph Higgins
1946	T24th	6 points	Coach Ralph Higgins
1955	T17th	10 points	Coach Ralph Higgins
1956	9th	19 points	Coach Ralph Higgins
1957	T38th	2 points	Coach Ralph Higgins
1958	T42nd	0.43 point	Coach Ralph Higgins
1959	5th	22.1 points	Coach Ralph Higgins
1960	T35th	3 points	Coach Ralph Higgins
1961	T24th	8 points	Coach Ralph Higgins
1963	T15th	10 points	Coach Ralph Higgins
1964	57th	0.5 point	Coach Ralph Higgins
1965	T55th	1 point	Coach Ralph Higgins
1966	T11th	16 points	Coach Ralph Higgins
1967	18th	11 points	Coach Ralph Higgins
1970	T37th	5 points	Coach Ralph Tate
1971	T29th	6 points	Coach Ralph Tate
1972	T12th	12 points	Coach Ralph Tate
1973	T36th	6 points	Coach Ralph Tate
1980	11th	16 points	Coach Ralph Tate
1981	T36th	4 points	Coach Ralph Tate
1982	16th	29 points	Coach Ralph Tate
1983	39th	13.5 points	Coach Ralph Tate
1984	9th	46 points	Coach Ralph Tate
1985	T22nd	11 points	Coach James Bolding
1986	T34th	8 points	Coach James Bolding
1994	T48th	5 points	Coach Dick Weis
1995	T70th	1 point	Coach Dick Weis
1996	T58th	3 points	Coach Dick Weis
1997	T40th	7 points	Coach Dick Weis
1998	T56th	3 points	Coach Dick Weis
1999	T51st	4 points	Coach Dick Weis
2000	T53rd	3 points	Coach Dick Weis
2008	T50th	4 points	Coach Dick Weis
2009	T25th	10 points	Coach Dave Smith
2010	T32nd	8 points	Coach Dave Smith
2012	T66th	1 point	Coach Dave Smith
2013	T65th	2 points	Coach Dave Smith
2014	T13th	16 points	Coach Dave Smith
2015	T19th	10 points	Coach Dave Smith
2016	15th	14 points	Coach Dave Smith
2017	51st	5 points	Coach Dave Smith
2019	T18th	16 points	Coach Dave Smith
2021	37th	6 points	Coach Dave Smith
2022	T18th	13 points	Coach Dave Smith
2023	T27th	9 points	Coach Dave Smith
2024	T27th	11 points	Coach Dave Smith
2025	T11th	19 points	Coach Dave Smith

Outdoor History/Honor Roll

NCAA OUTDOOR INDIVIDUAL CHAMPIONS

1955	J.W. Mashburn	440 yards
1956	J.W. Mashburn	440 yards
1956	J.W. Mashburn	400 meters
1956	Jim Graham	Pole vault
1959	Jim Graham	Pole vault
1961	George Davies	Pole vault
1967	Chris McCubbins	Steeplechase
1972	John Halberstadt	10,000 meters
1982	James Butler	200 meters
1984	Joe Dial	Pole vault
1985	Joe Dial	Pole vault
2009	German Fernandez	1,500 meters
2015	Chad Noelle	1,500 meters
2016	Nick Miller	Hammer Throw
2025	Brian Musau	5,000 Meters

OUTDOOR ALL-AMERICANS

Year	Athlete	Event	Place	Award
1943	Ralph Tate	Long Jump	3rd	First Team
1946	Ralph Tate	120 yard hurdles	3rd	First Team
1955	**J.W. Mashburn**	**440 yards**	**1st**	**First Team**
1956	**J.W. Mashburn**	**400 meters**	**1st**	**First Team**
1956	**Jim Graham**	**Pole vault**	**1st**	**First Team**
1959	**Jim Graham**	**Pole vault**	**1st**	**First Team**
1959	Miles Eisenman	Three-mile	2nd	First Team
1961	**George Davies**	**Pole vault**	**1st**	**First Team**
1963	Charles Strong	440 yards	3rd	First Team
1963	Charles Strong	220 yards	4th	First Team
1966	Tom Van Ruden	Mile	2nd	First Team
1966	John Perry	880 yards	4th	First Team
1966	Chris McCubbins	Steeplechase	4th	First Team
1967	**Chris McCubbins**	**Steeplechase**	**1st**	**First Team**
1970	Jeffrey Litvak	440 yard relay	4th	First Team
1970	Hal Oswalt	440 yard relay	4th	First Team
1970	Dennis Schultz	440 yard relay	4th	First Team
1970	James Bolding	440 yard relay	4th	First Team
1972	**John Halberstadt**	**10,000 meters**	**1st**	**First Team**
1980	James Butler	200 meters	2nd	First Team
1980	James Butler	4x100 meter relay	2nd	First Team
1980	Sterling Starks	4x100 meter relay	2nd	First Team
1980	Donald Lee Briggs	4x100 meter relay	2nd	First Team
1980	Ron Ingram	4x100 meter relay	2nd	First Team
1982	**James Butler**	**200 meters**	**1st**	**First Team**
1983	Joe Dial	Pole Vault	2nd	First Team
1983	Albert Jones	110 Meter Hurdles	11th	First Team
1984	**Joe Dial**	**Pole Vault**	**1st**	**First Team**
1984	Eric Forney	Pole Vault	3rd	First Team
1984	Paul Larkins	1,500 meters	5th	First Team
1984	Albert Jones	110 meter hurdles	5th	First Team
1984	Sterling Starks	4x400 Meter Relay	8th	First Team
1984	Curtis Thomas	4x400 Meter Relay	8th	First Team
1984	Steve Patterson	4x400 Meter Relay	8th	First Team
1984	Desmond Ross	4x400 Meter Relay	8th	First Team
1985	**Joe Dial**	**Pole Vault**	**1st**	**First Team**
1985	Eric Forney	Pole Vault	8th	First Team
1986	Paul Larkins	1,500 meters	2nd	First Team
1995	Jon Wild	1,500 meters	8th	First Team
1997	Jon Wild	5,000 meters	4th	First Team
1997	Christopher Kebenei	10,000 meters	7th	First Team
1998	Chuck Sloan	Steeplechase	6th	First Team
1999	Chuck Sloan	Steeplechase	5th	First Team
2000	Chuck Sloan	Steeplechase	6th	First Team
2008	Ryan Vail	5,000 meters	5th	First Team
2009	**German Fernandez**	**1,500 meters**	**1st**	**First Team**
2009	Ryan Vail	5,000 meters	9th	First Team
2010	John Kosgei	10,000 meters	2nd	First Team
2011	Colby Lowe	10,000 meters	10th	Second Team
2011	Tom Farrell	5,000 meters	15th	Second Team
2012	Girma Mecheso	5,000 meters	8th	First Team
2012	German Fernandez	1,500 meters	10th	Second Team
2012	Nick Miller	Hammer Throw	14th	Second Team
2012	Fabian Clarkson	Steeplechase	15th	Second Team
2013	Girma Mecheso	10,000 meters	7th	First Team
2013	Kirubel Erassa	5,000 meters	9th	Second Team
2013	Nick Miller	Hammer Throw	9th	Second Team
2013	Fabian Clarkson	Steeplechase	24th	Hon. Mention
2014	Shadrack Kipchirchir	10,000 meters	2nd	First Team
2014	Nick Miller	Hammer Throw	2nd	First Team
2014	Shadrack Kipchirchir	5,000 meters	9th	Second Team
2014	Kirubel Erassa	5,000 meters	18th	Hon. Mention
2014	John Teeters	100 meters	21st	Hon. Mention
2015	**Chad Noelle**	**1,500 meters**	**1st**	**First Team**
2015	Tyler Jackson	4x100 meter relay	22nd	Hon. Mention
2015	Arlando Brewer-Johnson	4x100 meter relay	22nd	Hon. Mention
2015	Sharod Selph	4x100 meter relay	22nd	Hon. Mention
2015	Brandon Singleton	4x100 meter relay	22nd	Hon. Mention
2015	Kirubel Erassa	5,000 Meters	24th	Hon. Mention
2016	**Nick Miller**	**Hammer Throw**	**1st**	**First Team**
2016	John Teeters	100 meters	5th	First Team
2016	Cerake Geberkidane	5,000 neters	11th	Second Team
2016	Vegard Oelstad	5,000 meters	16th	Second Team
2017	Josh Thompson	1,500 meters	4th	First Team
2017	Jacob Fincham-Dukes	Long Jump	9th	Second Team
2017	Craig Nowak	1,500 meters	12th	Second Team
2017	Sylvester Barus	10,000 meters	23rd	Hon. Mention
2017	Hassan Abdi	10,000 meters	24th	Hon. Mention
2018	Blake Scott	Pole Vault	15th	Second Team
2018	Jacob Fincham-Dukes	Long Jump	17th	Hon. Mention
2019	Ryan Smeeton	Steeplechase	2nd	First Team
2019	Hassan Abdi	10,000 meters	5th	First Team
2019	Jacob Fincham-Dukes	Long Jump	5th	First Team
2019	Ashton Hicks	400 meters	19th	Hon. Mention
2021	Ryan Smeeton	Steeplechase	3rd	First Team
2021	Isai Rodriguez	10,000 meters	10th	Second Team
2021	Ashton Hicks	400 meters	22nd	Hon. Mention
2021	Victor Shitsama	10,000 meters	22nd	Hon. Mention
2022	Alex Maier	10,000 meters	2nd	First Team
2022	Ryan Smeeton	Steeplechase	4th	First Team
2022	Ryan Schoppe	1,500 meters	12th	Second Team
2023	Isai Rodriguez	10,000 Meters	5th	First Team
2023	Mehdi Yanouri	800 Meters	6th	First Team
2023	Victor Shitsama	Steeplechase	7th	First Team
2023	Fouad Messaoudi	1,500 Meters	9th	Second Team
2023	Chris Middleton-Pearson	1,500 Meters	22nd	Hon. Mention
2023	Alex Stitt	1,500 Meters	24th	Hon. Mention
2023	Alex Maier	10,000 Meters	21st	Hon. Mention
2024	Denis Kipngetich	10,000 Meters	3rd	First Team
2024	Brian Musau	5,000 Meters	4th	First Team
2024	Alex Maier	10,000 Meters	9th	Second Team
2024	Alex Stitt	1,500 Meters	14th	Second Team
2024	Victor Shitsama	Steeplechase	14th	Second Team
2024	Jordon Smith	4x400 Meter Relay	14th	Second Team
2024	Blake Wynne	4x400 Meter Relay	14th	Second Team
2024	Caio Almeida	4x400 Meter Relay	14th	Second Team
2024	DJ McArthur	4x400 Meter Relay	14th	Second Team
2024	Alex Maier	5,000 Meters	17th	Hon. Mention
2024	Mehdi Yanouri	800 Meters	19th	Hon. Mention
2024	Adisu Guadie	10,000 Meters	22nd	Hon. Mention
2025	Brian Musau	5,000 Meters	1st	First Team
2025	Blair Anderson	Long Jump	2nd	First Team
2025	Fouad Messaoudi	5,000 Meters	8th	First Team
2025	Denis Kipngetich	10,000 Meters	9th	Second Team
2025	Alex Stitt	1,500 Meters	20th	Hon. Mention

Outdoor History/Honor Roll

OUTDOOR TEAM CONFERENCE CHAMPIONS

1900	Oklahoma Intercollegiate	Coach L.L. Lewis
1901	Oklahoma Intercollegiate	Coach L.L. Lewis
1902	Oklahoma Intercollegiate	Coach L.L. Lewis
1906	Oklahoma Intercollegiate	Coach L.L. Lewis
1908	Oklahoma Intercollegiate	Coach Edward E. Parry
1908	Southwest Conference	Coach Edward E. Parry
1909	Oklahoma Intercollegiate	Coach Paul Jones Davis
1910	Oklahoma Intercollegiate	Coach Ed Gallagher
1911	Oklahoma Intercollegiate	Coach Ed Gallagher
1920	Oklahoma Intercollegiate	Coach Ed Gallagher
1921	Oklahoma Intercollegiate	Coach Ed Gallagher
1922	Oklahoma Intercollegiate	Coach Ed Gallagher
1923	Oklahoma Intercollegiate	Coach Ed Gallagher
1929	Oklahoma Intercollegiate	Coach Roy Wash Kenny
1929	Missouri Valley	Coach Roy Wash Kenny
1932	Missouri Valley	Coach Roy Wash Kenny
1934	Missouri Valley	Coach Roy Wash Kenny
1938	Missouri Valley	Coach Ralph Higgins
1939	Missouri Valley	Coach Ralph Higgins
1940	Missouri Valley	Coach Ralph Higgins
1941	Missouri Valley	Coach Ralph Higgins
1942	Missouri Valley	Coach Ralph Higgins
1943	Missouri Valley	Coach Ralph Higgins
1944	Missouri Valley	Coach Ralph Higgins
1945	Missouri Valley	Coach Ralph Higgins
1946	Missouri Valley	Coach Ralph Higgins
1947	Missouri Valley	Coach Ralph Higgins
1948	Missouri Valley	Coach Ralph Higgins
1949	Missouri Valley	Coach Ralph Higgins
1950	Missouri Valley	Coach Ralph Higgins
1951	Missouri Valley	Coach Ralph Higgins
1952	Missouri Valley	Coach Ralph Higgins
1953	Missouri Valley	Coach Ralph Higgins
1954	Missouri Valley	Coach Ralph Higgins
1955	Missouri Valley	Coach Ralph Higgins
1956	Missouri Valley	Coach Ralph Higgins
1957	Missouri Valley	Coach Ralph Higgins

OUTDOOR CONFERENCE MEET HISTORY

Year	Conference	Place	Points
1921	Missouri Valley	9th	1 point
1925	Missouri Valley	10th	1 point
1926	Missouri Valley	10th	1 point
1927	Missouri Valley	7th	16.83 points
1928	Missouri Valley	7th	16.83 points
1929	**Missouri Valley**	**1st**	**60.5 points**
1930	Missouri Valley	4th	21 points
1931	Missouri Valley	3rd	53 points
1932	**Missouri Valley**	**1st**	**65 points**
1933	Missouri Valley	2nd	51.95 points
1934	**Missouri Valley**	**1st**	**61.5 points**
1935	Missouri Valley	3rd	28.5 points
1936	Missouri Valley	4th	26 points
1937	Missouri Valley	3rd	44 points
1938	**Missouri Valley**	**1st**	**54.7 points**
1939	**Missouri Valley**	**1st**	**70.83 points**
1940	**Missouri Valley**	**1st**	**74.6 points**
1941	**Missouri Valley**	**1st**	**84.5 points**
1942	**Missouri Valley**	**1st**	**88 points**
1943	-		
1944	-		
1945	-		
1946	**Missouri Valley**	**1st**	**125 points**
1947	**Missouri Valley**	**1st**	**86.83 points**
1948	**Missouri Valley**	**1st**	**103 points**
1949	**Missouri Valley**	**1st**	**93.25 points**
1950	**Missouri Valley**	**1st**	**97 points**
1951	**Missouri Valley**	**1st**	**90.5 points**
1952	**Missouri Valley**	**1st**	**121 points**
1953	**Missouri Valley**	**1st**	**105 points**
1954	**Missouri Valley**	**1st**	**74.16 points**
1955	**Missouri Valley**	**1st**	**96.5 points**
1956	**Missouri Valley**	**1st**	**96.5 points**
1957	**Missouri Valley**	**1st**	**69.75 points**
1958	Big Eight	3rd	65.2 points
1959	Big Eight	2nd	90 points
1960	Big Eight	2nd	73.63 points
1961	Big Eight	3rd	84.5 points
1962	Big Eight	5th	57 points
1963	Big Eight	5th	73 points
1964	Big Eight	5th	58 points
1965	Big Eight	4th	70 points
1966	Big Eight	3rd	80 points
1967	Big Eight	4th	58 points
1968	Big Eight	7th	38 points
1969	Big Eight	5th	45.5 points
1970	Big Eight	5th	47 points
1971	Big Eight	3rd	77 points
1972	Big Eight	3rd	82.5 points
1973	Big Eight	3rd	79 points
1974	Big Eight	7th	38 points
1975	Big Eight	5th	53 points
1976	Big Eight	7th	39 points
1977	Big Eight	8th	28 points
1978	Big Eight	8th	36 points
1979	Big Eight	8th	25 points
1980	Big Eight	3rd	76 points
1981	Big Eight	3rd	75 points
1982	Big Eight	5th	64 points
1983	Big Eight	4th	89 points
1984	Big Eight	5th	62 points
1985	Big Eight	4th	64 points
1986	Big Eight	5th	66 points
1987	Big Eight	8th	16 points
1988	Big Eight	8th	7 points
1989	Big Eight	8th	15 points
1990	Big Eight	8th	28 points
1991	Big Eight	8th	9 points
1992	Big Eight	8th	10 points
1993	Big Eight	8th	22 points
1994	Big Eight	6th	38 points
1995	Big Eight	8th	20 points
1996	Big Eight	8th	28 points
1997	Big 12	11th	29 points
1998	Big 12	12th	25 points
1999	Big 12	11th	41 points
2000	Big 12	12th	11 points
2001	Big 12	12th	17 points
2002	Big 12	12th	15 points
2003	Big 12	12th	8 points
2004	Big 12	9th	38 points
2005	Big 12	12th	5 points
2006	Big 12	12th	21 points
2007	Big 12	12th	8 points
2008	Big 12	12th	11 points
2009	Big 12	8th	53 points
2010	Big 12	9th	47 points
2011	Big 12	12th	15.5 points
2012	Big 12	T7th	64 points
2013	Big 12	8th	56 points
2014	Big 12	3rd	96 points
2015	Big 12	6th	69 points
2016	Big 12	6th	84 points
2017	Big 12	6th	75 points
2018	Big 12	9th	50 Points
2019	Big 12	7th	59.5 points
2021	Big 12	8th	53 points

Outdoor History/Honor Roll

2022	Big 12	6th	72 points
2023	Big 12	6th	82 points
2024	Big 12	8th	56 points
2025	Big 12	7th	50 points

BOWERMAN AWARD FINALIST

2009	German Fernandez

BOWERMAN AWARD SEMIFINALIST

2016	Nick Miller
2025	Brian Musau

USTFCCCA NATIONAL OUTDOOR ATHLETE OF THE WEEK

May 12, 2025	Fouad Messaoudi

USTFCCCA MIDWEST REGION OUTDOOR TRACK ATHLETE OF THE YEAR

2009	German Fernandez
2022	Alex Maier
2025	Brian Musau

USTFCCCA MIDWEST REGION OUTDOOR FIELD ATHLETE OF THE YEAR

2014	Nick Miller

OUTDOOR BIG 12 PERFORMER OF THE YEAR

2009	German Fernandez
2010	John Kosgei

OUTDOOR BIG 12 NEWCOMER/FRESHMAN OF THE YEAR

2009	German Fernandez
2016	Cerake Geberkidane
2024	Brian Musau

OUTDOOR BIG 12 ATHLETE OF THE WEEK

April 18, 2013	Nick Miller
May 14, 2014	Nick Miller
May 6, 2015	Chad Noelle
April 6, 2022	Ryan Smeeton
April 17, 2024	Brian Musau

OUTDOOR BIG 12 SCHOLAR ATHLETE OF THE YEAR

2017	Craig Nowak
2024	Alex Maier

OUTDOOR INDIVIDUAL CONFERENCE CHAMPIONS

1901	Bobby Burns	Okla. Intercollegiate	220 yards
1901	Datus Sater	Okla. Intercollegiate	Mile
1901	Wallace Thornberry	Okla. Intercollegiate	Hammer throw
1903	Ed Gallagher	Okla. Intercollegiate	100 yards
1908	Ed Gallagher	Southwestern	100 yards
1908	Ed Gallagher	Okla. Intercollegiate	100 yards
1908	Ed Gallagher	Okla. Intercollegiate	220 yard hurdles
1908	A.C. Clark	Okla. Intercollegiate	Shot put
1908	Walter B. Jesse	Southwestern	120 yard hurdles
1909	Ed Gallagher	Okla. Intercollegiate	100 yards
1910	Will Potter	Okla. Intercollegiate	880 yards
1912	Dover Trent	Okla. Intercollegiate	440 yards
1912	O.C. Hueston	Okla. Intercollegiate	Pole vault
1912	Dover Trent	Okla. Intercollegiate	880 yards
1913	Guy Hopgood	Okla. Intercollegiate	Two-mile
1913	Henry Barnes	Okla. Intercollegiate	Mile
1913	Dover Trent	Okla. Intercollegiate	880 yards
1913	C.C. Claridge	Okla. Intercollegiate	Long jump
1914	O.C. Hueston	Okla. Intercollegiate	Pole vault
1915	Charles Brewer	Okla. Intercollegiate	Long jump
1916	Pete Fenema	Okla. Intercollegiate	Mile
1916	O.C. Hueston	Okla. Intercollegiate	Pole vault
1916	Clarence Percival	Okla. Intercollegiate	Two-mile
1916	E.E. Horton	Okla. Intercollegiate	880 yards
1916	Porter	Okla. Intercollegiate	High jump
1916	Roy Kenny	Okla. Intercollegiate	Shot put
1918	Jackson	Southwestern	Long jump
1918	Roy Kenny	Okla. Intercollegiate	Shot put
1920	Floyd Beanblossom	Southwestern	Long jump
1920	Lewis Dickerson	Okla. Intercollegiate	Two-mile
1921	Oklahoma A&M	Southwestern	Mile relay
1921	Lewis Dickerson	Southwestern	Mile
1921	Leon McDonald	Southwestern	Javelin throw
1922	Jack Jester	Okla. Intercollegiate	100 yards
1922	Dorris McCullough	Okla. Intercollegiate	880 yards
1922	W.D. Finney	Okla. Intercollegiate	Shot put
1922	W.D. Finney	Okla. Intercollegiate	Two-mile
1922	Oklahoma A&M	Okla. Intercollegiate	Mile relay
1924	Oklahoma A&M	Okla. Intercollegiate	Mile relay
1925	Ralph Higgins	Southwestern	440 yards
1925	Joe Bull	Okla. Intercollegiate	220 yards
1928	John Faulkner	Missouri Valley	880 yards
1928	Hugh Cloud	Missouri Valley	Javelin throw
1929	Raymond Adair	Missouri Valley	880 yards
1929	John Faulkner	Missouri Valley	Mile
1929	John Faulkner	Missouri Valley	Two-mile
1929	Leo Best	Missouri Valley	220 yard hurdles
1929	Austin Parker	Missouri Valley	880 yard relay
1929	Howard Roy	Missouri Valley	880 yard relay
1929	C. Cobb	Missouri Valley	880 yard relay
1929	Leo Best	Missouri Valley	880 yard relay
1929	Ray Swartz	Missouri Valley	Discus throw
1931	Alvin Jenkins	Missouri Valley	Two-mile
1933	Carl Rigney	Missouri Valley	Javelin throw
1934	Ken Gallagher	Missouri Valley	220 yard hurdles
1934	Ken Gallagher	Missouri Valley	880 yard relay
1934	Ralph Gray	Missouri Valley	880 yard relay
1934	Clarence Bunch	Missouri Valley	880 yard relay
1934	Ira Littlejohn	Missouri Valley	880 yard relay
1934	Ira Littlejohn	Missouri Valley	220 yards
1934	Ken Gallagher	Missouri Valley	100 yards
1934	Beuford Barnum	Missouri Valley	Long jump
1934	Jim Tichenor	Missouri Valley	Shot put
1934	Carl Rigney	Missouri Valley	Javelin throw
1935	Jim Tichenor	Missouri Valley	Shot put
1936	Steve Romine	Missouri Valley	880 yards
1938	R.V. Wright	Missouri Valley	120 yard hurdles
1938	Cleve Tate	Missouri Valley	440 yards
1938	Herschell Burrus	Missouri Valley	880 yards
1938	Forrest Efaw	Missouri Valley	Two-mile
1939	Glennis Stice	Missouri Valley	100 yards
1939	R.V. Wright	Missouri Valley	120 yard hurdles
1939	R.V. Wright	Missouri Valley	220 yard hurdles
1939	Frank Dial	Missouri Valley	880 yards
1939	Harry Gordon	Missouri Valley	Mile
1939	Forrest Efaw	Missouri Valley	Two-mile
1939	W.L. Clapham	Missouri Valley	Long jump
1939	Bentley Yoakum	Missouri Valley	High jump
1939	Clarence Odell	Missouri Valley	Javelin throw
1940	Bill Munn	Missouri Valley	120 yard hurdles
1940	Forrest Efaw	Missouri Valley	Two-mile
1940	Herschell Burrus	Missouri Valley	880 yards
1940	Herschell Burrus	Missouri Valley	440 yards
1940	Forrest Efaw	Missouri Valley	Mile
1940	Don Boydston	Missouri Valley	High jump
1940	Edward Fowler	Missouri Valley	Javelin throw
1940	Ralph Tate	Missouri Valley	Long jump
1940	Chester Stewart	Missouri Valley	Pole vault
1940	C. Morgan	Missouri Valley	Mile relay
1940	Harold Burke	Missouri Valley	Mile relay
1940	Harold Metcalf	Missouri Valley	Mile relay
1940	Herschell Burrus	Missouri Valley	Mile relay
1941	Bill Munn	Missouri Valley	120 yard hurdles
1941	Bill Munn	Missouri Valley	220 yard hurdles

Outdoor History/Honor Roll

1941	Jack Taylor	Missouri Valley	220 yards
1941	Don Boydston	Missouri Valley	High jump
1941	Vance Deaton	Missouri Valley	Discus throw
1941	Bill Crimmins	Missouri Valley	Shot put
1942	Harold Burke	Missouri Valley	440 yards
1942	Jim Hafner	Missouri Valley	Mile
1942	Don Boydston	Missouri Valley	High jump
1942	Gene Hoeman	Missouri Valley	Pole vault
1946	Ralph Tate	Missouri Valley	120 yard hurdles
1946	Ralph Tate	Missouri Valley	220 yard hurdles
1946	Cliff Dean, Jr.	Missouri Valley	Pole vault
1947	Dick Stolpe	Missouri Valley	440 yards
1947	Cliff Dean, Jr.	Missouri Valley	Pole vault
1947	John Voight	Missouri Valley	Mile relay
1947	A.J. Fritz	Missouri Valley	Mile relay
1947	Dick Stolpe	Missouri Valley	Mile relay
1947	Maurice Fuquay	Missouri Valley	Mile relay
1949	Paul Efaw	Missouri Valley	Two-mile
1949	John Teakall	Missouri Valley	Mile
1949	Jim Kurz	Missouri Valley	Shot put
1950	Dick Stolpe	Missouri Valley	100 yards
1950	John Voight	Missouri Valley	440 yards
1950	Harold Tarrant	Missouri Valley	880 yards
1950	B. Gilchrist	Missouri Valley	Mile relay
1950	R. Taylor	Missouri Valley	Mile relay
1950	J. Voight	Missouri Valley	Mile relay
1950	D. Stolpe	Missouri Valley	Mile relay
1950	Jim Kurz	Missouri Valley	Shot put
1951	Lonnie Dunkin	Missouri Valley	Two-mile
1951	Wayne Kroutil	Missouri Valley	Javelin throw
1951	Wayne Kroutil	Missouri Valley	Shot put
1952	Paul Wells	Missouri Valley	100 yards
1952	Roy Reudy	Missouri Valley	120 yard hurdles
1952	Roy Reudy	Missouri Valley	220 yard hurdles
1952	Frederick Eckhoff	Missouri Valley	Mile
1952	B. Williams	Missouri Valley	Mile relay
1952	J.D. Berry	Missouri Valley	Mile relay
1952	T. Rice	Missouri Valley	Mile relay
1952	T. Elliott	Missouri Valley	Mile relay
1952	Lonnie Dunkin	Missouri Valley	Two-mile
1952	Roscoe Vrooman	Missouri Valley	High jump
1952	Wayne Kroutil	Missouri Valley	Javelin throw
1952	Delbert Grassman	Missouri Valley	Pole vault
1953	Paul Wells	Missouri Valley	100 yards
1953	Paul Wells	Missouri Valley	220 yards
1954	G. Firth	Missouri Valley	Mile relay
1954	C. Hollar	Missouri Valley	Mile relay
1954	F. Ashmore	Missouri Valley	Mile relay
1954	B. Heard	Missouri Valley	Mile relay
1954	Frederick Eckhoff	Missouri Valley	Two-mile
1955	J.W. Mashburn	Missouri Valley	440 yards
1955	Bill Heard	Missouri Valley	880 yards
1955	F. Schermerhorn	Missouri Valley	Mile relay
1955	J. Hays	Missouri Valley	Mile relay
1955	B. Heard	Missouri Valley	Mile relay
1955	J.W. Mashburn	Missouri Valley	Mile relay
1955	Kim Ellis	Missouri Valley	Long jump
1955	Delane Woolfolk	Missouri Valley	Javelin throw
1956	Ed Ray Roberts	Missouri Valley	120 yard hurdles
1956	J.W. Mashburn	Missouri Valley	440 yards
1956	Larry Graham	Missouri Valley	880 yards
1956	Delane Woolfolk	Missouri Valley	Javelin throw
1956	Kim Ellis	Missouri Valley	Long jump
1957	J.W. Mashburn	Missouri Valley	440 yards
1957	Reed Ferguson	Missouri Valley	Mile
1957	Reed Ferguson	Missouri Valley	Two-mile
1957	Jerry Looper	Missouri Valley	High jump
1957	Kim Ellis	Missouri Valley	Long jump
1958	Aubrey Dooley	Big Eight	Pole vault
1959	Orlando Hazley	Big Eight	220 yards
1959	K. Covert	Big Eight	440 yard relay
1959	T. Harlan	Big Eight	440 yard relay
1959	O. Hazley	Big Eight	440 yard relay
1959	V. Haddox	Big Eight	440 yard relay
1959	T. Harlan	Big Eight	Mile relay
1959	T. Burch	Big Eight	Mile relay
1959	K. Covert	Big Eight	Mile relay
1959	O. Hazley	Big Eight	Mile relay
1959	Miles Eisenman	Big Eight	Two-mile
1959	Sam Pegues	Big Eight	High jump
1959	Jim Graham	Big Eight	Pole vault
1960	T. Harlan	Big Eight	Mile relay
1960	D. Farquharson	Big Eight	Mile relay
1960	B. Stone	Big Eight	Mile relay
1960	T. Burch	Big Eight	Mile relay
1960	Miles Eisenman	Big Eight	Two-mile
1961	Charles Strong	Big Eight	220 yards
1961	George Davies	Big Eight	Pole vault
1962	Charles Strong	Big Eight	220 yards
1962	Charles Strong	Big Eight	440 yards
1962	Charles Strong	Big Eight	Long jump
1963	Charles Strong	Big Eight	220 yards
1963	Charles Strong	Big Eight	440 yards
1963	John Anderson	Big Eight	Discus throw
1963	J. Winningham	Big Eight	Mile relay
1963	E. Winn	Big Eight	Mile relay
1963	J. Miller	Big Eight	Mile relay
1963	C. Strong	Big Eight	Mile relay
1964	Russell Laverty	Big Eight	High jump
1964	Preston Holsinger	Big Eight	Pole vault
1965	John Perry	Big Eight	880 yards
1966	John Perry	Big Eight	880 yards
1966	Chris McCubbins	Big Eight	Three-mile
1967	Miles Lister	Big Eight	Discus throw
1967	Bruce Wilhelm	Big Eight	Shot put
1967	Chris McCubbins	Big Eight	Three-mile
1970	J. Litvak	Big Eight	440 yard relay
1970	H. Oswalt	Big Eight	440 yard relay
1970	D. Schultz	Big Eight	440 yard relay
1970	J. Bolding	Big Eight	440 yard relay
1970	Peter Kaal	Big Eight	Mile
1971	Jim Bolding	Big Eight	440 yard hurdles
1972	Jim Bolding	Big Eight	440 yard hurdles
1972	Dennis Schultz	Big Eight	220 yards
1972	John Halberstadt	Big Eight	Three-mile
1973	J. Kurrasch	Big Eight	440 yard relay
1973	J. Litvak	Big Eight	440 yard relay
1973	H. Oswalt	Big Eight	440 yard relay
1973	D. Schultz	Big Eight	440 yard relay
1973	S. Stolpe	Big Eight	Mile relay
1973	G. Shumski	Big Eight	Mile relay
1973	J. Kurrasch	Big Eight	Mile relay
1973	D. Schultz	Big Eight	Mile relay
1974	Mike Marks	Big Eight	Shot put
1974	Gary Shumski	Big Eight	440 yard hurdles
1975	Chuck Roberts	Big Eight	440 yard hurdles
1975	L. Thompson	Big Eight	440 yard relay
1975	G. Martin	Big Eight	440 yard relay
1975	K. Yehle	Big Eight	440 yard relay
1975	K. Walker	Big Eight	440 yard relay
1975	Trevor Viljoen	Big Eight	Three-mile
1977	Chuck Roberts	Big Eight	400 meter hurdles
1980	J. Butler	Big Eight	4x100 meter relay
1980	S. Starks	Big Eight	4x100 meter relay
1980	D. Briggs	Big Eight	4x100 meter relay
1980	R. Ingram	Big Eight	4x100 meter relay
1980	James Butler	Big Eight	100 meters
1980	James Butler	Big Eight	200 meters

Outdoor History/Honor Roll

1981	J. Butler	Big Eight	4x100 meter relay
1981	C. Thomas	Big Eight	4x100 meter relay
1981	S. Starks	Big Eight	4x100 meter relay
1981	R. Ingram	Big Eight	4x100 meter relay
1981	Ron Ingram	Big Eight	100 meters
1982	Joe Dial	Big Eight	Pole vault
1982	J. Evans	Big Eight	4x100 meter relay
1982	S. Starks	Big Eight	4x100 meter relay
1982	J. Butler	Big Eight	4x100 meter relay
1982	R. Ingram	Big Eight	4x100 meter relay
1982	James Butler	Big Eight	200 meters
1983	Randall Naas	Big Eight	Shot put
1983	Paul Williams	Big Eight	800 meters
1984	Joe Dial	Big Eight	Pole vault
1984	Paul Larkins	Big Eight	1500 meters
1985	Desmond Ross	Big Eight	200 meters
1985	Paul Larkins	Big Eight	1500 meters
1986	Joe Dial	Big Eight	Pole vault
1986	Paul Larkins	Big Eight	1500 meters
1990	V. Jones	Big Eight	4x100 meter relay
1990	W. Shirley	Big Eight	4x100 meter relay
1990	D. Gordon	Big Eight	4x100 meter relay
1990	J. King	Big Eight	4x100 meter relay
1996	Jon Wild	Big Eight	5000 meters
1997	Jon Wild	Big 12	1500 meters
1997	Christopher Kebenei	Big 12	10000 meters
1998	Chuck Sloan	Big 12	Steeplechase
1999	Nathaniel Lane	Big 12	10000 meters
1999	Chuck Sloan	Big 12	Steeplechase
2000	Chuck Sloan	Big 12	Steeplechase
2004	Jason Woolhouse	Big 12	1500 meters
2004	Scott Rantall	Big 12	10000 meters
2009	German Fernandez	Big 12	1500 meters
2009	German Fernandez	Big 12	5000 meters
2009	Ryan Vail	Big 12	10000 meters
2010	Johnathan Stublaski	Big 12	1500 meters
2010	John Kosgei	Big 12	5000 meters
2010	John Kosgei	Big 12	10000 meters
2011	Tom Farrell	Big 12	1500 meters
2012	Nick Miller	Big 12	Hammer Throw
2013	Kirubel Erassa	Big 12	5,000 meters
2013	Nick Miller	Big 12	Hammer Throw
2014	Chad Noelle	Big 12	1,500 meters
2014	Nick Miller	Big 12	Hammer Throw
2015	Kirubel Erassa	Big 12	5,000 meters
2015	Kirubel Erassa	Big 12	10,000 meters
2015	Chad Noelle	Big 12	1,500 meters
2016	Craig Nowak	Big 12	1,500 meters
2016	Nick Miller	Big 12	Hammer Throw
2016	Cerake Geberkidane	Big 12	5,000 meters
2016	Cerake Geberkidane	Big 12	10,000 meters
2017	Josh Thompson	Big 12	1,500 meters
2017	Hassan Abdi	Big 12	10,000 meters
2017	Jacob Fincham-Dukes	Big 12	Long Jump
2019	Ryan Smeeton	Big 12	Steeplechase
2019	Hassan Abdi	Big 12	10,000 meters
2022	Alex Maier	Big 12	5,000 meters
2022	Fouad Messaoudi	Big 12	1,500 meters
2022	Ryan Smeeton	Big 12	Steeplechase
2023	Fouad Messaoudi	Big 12	1,500 Meters
2023	Victor Shitsama	Big 12	Steeplechase
2024	Alex Maier	Big 12	5,000 Meters
2025	Fouad Messaoudi	Big 12	1,500 Meters

German Fernandez at the 2009 NCAA Midwest Regional Championships

At the Outdoor Conference Meet

1921 - MISSOURI VALLEY

1. Nebraska	37.00
2. Kansas	29.00
2. Missouri	29.00
4. Iowa State	28.00
5. Grinnell	27.00
6. Washington	15.00
7. Kansas State	13.00
8. Pittsburgh Teachers College	5.00
9. Oklahoma	1.00
9. Oklahoma A&M	1.00
9. Hendrix	1.00

OSU Champs: none

1925 - MISSOURI VALLEY

1. Missouri	44.75
2. Nebraska	40.50
3. Oklahoma	25.25
4. Grinnell	24.00
5. Kansas	14.50
6. Iowa State	14.00
7. Kansas State	6.00
8. Washington	5.00
9. Drake	1.00
10. Oklahoma A&M	1.00

OSU Champs: None

1926 - MISSOURI VALLEY

1. Nebraska	50.10
2. Missouri	35.10
3. Oklahoma	33.60
4. Kansas	17.60
5. Iowa State	13.60
6. Drake	8.80
7. Grinnell	8.00
8. Washington	4.20
9. Kansas State	4.00
10. Oklahoma A&M	1.00

OSU Champs: none

1927 - MISSOURI VALLEY

1. Kansas	45.33
2. Oklahoma	38.83
3. Nebraska	37.00
4. Drake	22.50
5. Missouri	18.50
6. Kansas State	18.00
7. Oklahoma A&M	16.83
8. Iowa State	16.00
9. Grinnell	15.00
10. Washington	12.00

OSU Champs: none

1928 - MISSOURI VALLEY

1. Kansas	46.50
2. Nebraska	44.50
3. Oklahoma	35.00
4. Drake	28.50
5. Missouri	18.50
6. Kansas State	18.00
7. Oklahoma A&M	16.83
8. Iowa State	16.00
9. Grinnell	15.00
10. Washington	12.00

OSU Champs: John Faulkner, 880 yards; Hugh Cloud, javelin throw

1929 - MISSOURI VALLEY

1. Oklahoma A&M	60.50
2. Washington	42.00
3. Grinnell	33.00
4. Drake	32.50
5. Creighton	8.00

OSU Champs: Raymond Adair, 880 yards; John Faulkner, mile, two-mile; Leo Best, 220-yard hurdles; Austin Parker, Howard Roy, C. Cobb, Leo Best, 880-yard relay; Ray Swartz, discus throw

1930 - MISSOURI VALLEY

1. Grinnell	60.50
2. Drake	42.00
3. Washington	38.50
4. Oklahoma A&M	21.00
5. Creighton	10.00

OSU Champs: none

1931 - MISSOURI VALLEY

1. Drake	57.00
2. Grinnell	54.00
3. Oklahoma A&M	53.00
4. Creighton	9.00
5. Washington	3.00

OSU Champs: Alvin Jenkins, two-mile

1932 - MISSOURI VALLEY

1. Oklahoma A&M	65.00
2. Drake	45.00
3. Grinnell	38.00
4. Butler	16.00
5. Washington	9.00
6. Creighton	3.00

OSU Champs: none

1933 - MISSOURI VALLEY

1. Drake	66.35
2. Oklahoma A&M	51.95
3. Grinnell	24.75
4. Butler	19.20
5. Creighton	6.00

OSU Champs: Carl Rigney, javelin throw

1934 - MISSOURI VALLEY

1. Oklahoma A&M	61.50
2. Drake	52.00
3. Grinnell	40.00
4. Washington	16.50
5. Creighton	6.00

OSU Champs: Ken Gallagher, 220-yard hurdles; Ken Gallagher, Ralph Gray, Clarence Bunch, Ira Littlejohn, 880-yard relay; Ira Littlejohn, 220 yards; Ken Gallagher, 100 yards; Beuford Barnum, long jump; Jim Tichenor, shot put; Carl Rigney, javelin throw

1935 - MISSOURI VALLEY

1. Drake	55.50
2. Grinnell	38.50
3. Oklahoma A&M	28.50
4. Washington	22.50
5. Tulsa	21.00
6. Washburn	5.00

OSU Champs: Jim Tichenor, shot put

1936 - MISSOURI VALLEY

1. Drake	58.00
2. Washington	50.00
3. Grinnell	30.50
4. Oklahoma A&M	26.00
5. Washburn	6.00
6. Tulsa	5.50

OSU Champs: Steve Romine, 880 yards

1937 - MISSOURI VALLEY

1. Washington	46.50
2. Drake	46.00
3. Oklahoma A&M	44.00
4. Grinnell	30.00
5. St. Louis	4.00
6. Tulsa	3.00
7. Washburn	1.50

OSU Champs: None

1938 - MISSOURI VALLEY

1. Oklahoma A&M	54.70
2. Drake	46.00
3. Washington	31.40
4. Grinnell	17.00
5. Tulsa	8.70
6. St. Louis	5.00
7. Washburn	2.20

OSU Champs: R.V. Wright, 120-yard hurdles; Cleve Tate, 440 yards; Herschell Burrus, 880 yards; Forrest Efaw, two-mile

1939 - MISSOURI VALLEY

1. Oklahoma A&M	70.83
2. Washington	31.50
3. Drake	29.25
4. Grinnell	12.00
5. Tulsa	7.00
6.Creighton	6.00
7. St. Louis	5.00
8. Washburn	4.00

OSU Champs: Glennis Stice, 100 yards; R.V. Wright, 120-yard hurdles, 220-yard hurdles; Frank Dial; 880 yards; Harry Gordon, mile; Forrest Efaw, two-mile; W.L. Clapham, long jump; Bentley Yoakum, high jump; Clarence Odell, javelin throw

1940 - MISSOURI VALLEY

1. Oklahoma A&M	74.60
2. Drake	51.50
3. Washington	38.20
4. Tulsa	6.00
5. Washburn	2.50

OSU Champs: Bill Munn, 120-yard hurdles; Forrest Efaw, mile, two-mile; Herschell Burrus, 440 yards, 880 yards; Don Boydston, high jump; Edward Fowler, javelin throw; Ralph Tate, long jump; Chester Stewart, pole vault; C. Morgan, Harold Burke, Harold Metcalf, Herschell Burrus, mile relay

1941 - MISSOURI VALLEY

1. Oklahoma A&M	84.50
2. Drake	51.50
3. Washington	13.00
4. Tulsa	12.00
5. St. Louis	3.00

OSU Champs: Bill Munn, 120-yard hurdles, 220-yard hurdles; Jack Taylor, 220 yards; Don Boydston, high jump; Vance Deaton, discus throw; Bill Crimmins, shot put

1942 - MISSOURI VALLEY

1. Oklahoma A&M	88.00
2. Drake	37.50
3. Washington	15.50
4. Tulsa	14.00
5. St. Louis	6.00
6. Creighton	4.00

OSU Champs: Harold Burke, 440 yards; Jim Hafner, mile; Don Boydston, high jump; Gene Hoeman, pole vault

1943-1945

No Contest, World War II

1946 - MISSOURI VALLEY

1. Oklahoma A&M	125.00
2. Wichita	22.50
3. Washington	10.50
4. Tulsa	6.00

OSU Champs: Ralph Tate, 120-yard hurdles, 220 yard hurdles; Cliff Dean Jr., pole vault

1947 - MISSOURI VALLEY

1. Oklahoma A&M	86.83
2. Drake	54.83
3. Wichita	16.16
4. Washington	7.50

OSU Champs: Dick Stolpe, 440 yards; Cliff Dean Jr., pole vault; John Voight, A.J. Fritz, Dick Stolpe, Maurice Fuquay, mile relay

At the Outdoor Conference Meet

1948 - MISSOURI VALLEY

1. Oklahoma A&M	103.0
2. Wichita	72.00
3. Drake	45.00
4. Creighton	7.00
5. Saint Louis	5.00
6. Tulsa	5.00

OSU Champs: None

1949 - MISSOURI VALLEY

1. Oklahoma A&M	93.25
2. Wichita	45.25
3. Drake	41.25
4. Bradley	35.50
5. Detroit	15.00
6. Tulsa	7.00
7. Saint Louis	2.75

OSU Champs: Paul Efaw, two-mile; John Teakall, mile; Jim Kurz, shot put

1950 - MISSOURI VALLEY

1. Oklahoma A&M	97.00
2. Bradley	55.50
3. Wichita	40.00
4. Drake	31.00
5. Detroit	10.00
6. Tulsa	5.00
7. Saint Louis	1.50

OSU Champs: Dick Stolpe, 100 yards; John Voight, 440 yards; Harold Tarrant, 880 yards; B. Gilchrist, R. Taylor, J. Voight, D. Stolpe, Mile relay; Jim Kurz, shot put

1951 - MISSOURI VALLEY

1. Oklahoma A&M	90.50
2. Wichita	45.00
3. Drake	42.50
4. Bradley	39.50
5. Houston	10.50
6. Tulsa	8.00
7. Detroit	1.00

OSU Champs: Lonnie Dunkin, Two-mile; Wayne Kroutil, Javelin throw, shot put

1952 - MISSOURI VALLEY

1. Oklahoma A&M	121.00
2. Houston	65.00
3. Tulsa	25.50
4. Wichita	23.50
5. Detroit	5.00

OSU Champs: Wayne Kroutil, javelin throw, Delbert Grassman, pole vault

1953 - MISSOURI VALLEY

1. Oklahoma A&M	105.00
2. Houston	54.00
3. Wichita	47.00
4. Tulsa	18.50
5. Detroit	2.00

OSU Champs: Paul Wells, 100 yards, 220 yards

1954 - MISSOURI VALLEY

1. Oklahoma A&M	74.16
2. Houston	73.00
3. Wichita	22.00
4. Tulsa	4.83
5. Detroit	2.00

OSU Champs: G. Firth, C. Hollar, F. Ashmore, B. Heard, mile relay, Frederick Eckhoff, two-mile

1955 - MISSOURI VALLEY

1. Oklahoma A&M	96.50
2. Houston	48.00
3. Wichita	23.50
4. Bradley	7.50
5. Tulsa	7.00

OSU Champs: J.W. Mashburn, 440 yards, Bill Heard, 880 yards, F. Schermerhorn, J. Hays, B. Heard, J.W. Mashburn, mile relay, Kim Ellis, long jump, Delane Woolfolk, javelin throw

1956 - MISSOURI VALLEY

1. Oklahoma A&M	96.50
2. Houston	33.00
3. Wichita	27.50
4. Bradley	12.00
5. Drake	6.00

OSU Champs: Ed Ray Roberts, 120 yard hurdles, J.W. Mashburn, 440 yards, Larry Graham, 880 yards, Delane Woolfolk, javelin throw, Kim Ellis, long jump

1957 - MISSOURI VALLEY

1. Oklahoma A&M	69.75
2. Houston	66.75
3. North Texas	40.50
4. Wichita	26.25
5. Drake	17.25
6. Bradley	13.00
7. Tulsa	3.50
8. Cincinnati	3.00

OSU Champs: J.W. Mashburn, 440 yards, Reed Ferguson, mile, two-mile, Jerry Looper, high jump, Kim Ellis, long jump

1958 - BIG 8

1. Kansas	145.20
2. Nebraska	70.20
3. Oklahoma State	65.20
4. Kansas State	60.20
5. Oklahoma	56.00
6. Missouri	52.20
7. Colorado	41.20
8. Iowa State	6.00

OSU Champs: Aubrey Dooley, pole vault

1959 - BIG 8

1. Kansas	125.00
2. Oklahoma State	90.00
3. Oklahoma	70.25
4. Kansas State	66.75
5. Missouri	55.25
6. Colorado	40.00
7. Nebraska	20.75
8. Iowa State	6.00

OSU Champs: Orlando Hazley, 220 yards, K. Covert, T. Harlan, O. Hazley, V. Haddox, 440 yard relay, T. Harlan, T. Burch, K. Covert, O. Hazley, mile relay, Miles Eisenman, two-mile, Sam Pegues, high jump, Jim Graham, pole vault

1960 - BIG 8

1. Kansas	150.00
2. Oklahoma State	73.63
3. Oklahoma	68.88
4. Missouri	61.50
5. Colorado	46.50
6. Kansas State	37.25
7. Nebraska	30.63
8. Iowa State	27.63

OSU Champs: T. Harlan, D. Farquharson, B. Stone, T. Burch, mile relay, Miles Eisenman, two mile

1961 - BIG 8

1. Oklahoma	99.00
2. Kansas	88.25
3. Oklahoma State	84.50
4. Missouri	58.75
5. Kansas State	50.75
6. Colorado	49.00
7. Nebraska	41.75
8. Iowa State	23.00

OSU Champs: Charles Strong, 220 yards, George Davies, pole vault

1962 - BIG 8

1. Oklahoma	101.00
2. Nebraska	85.00
3. Colorado	77.50
4. Kansas	77.42
5. Oklahoma State	57.00
6. Missouri	45.33
7. Kansas State	35.13
8. Iowa State	22.00

OSU Champs: Charles Strong, 220 yards, 440 yards, long jump

1963 - BIG 8

1. Kansas	102.50
2. Missouri	98.50
3. Nebraska	93.00
4. Colorado	86.00
5. Oklahoma State	73.00
6. Oklahoma	35.00
7. Iowa State	20.50
8. Kansas State	18.50

OSU Champs: Charles Strong, 220 yards, 440 yards, John Anderson, discus throw, J. Winningham, E. Winn, J. Miller, C. Strong, mile relay

1964 - BIG 8

1. Kansas	126.00
2. Nebraska	105.00
3. Missouri	86.00
4. Oklahoma	63.00
5. Oklahoma State	58.00
6. Colorado	57.00
7. Kansas State	17.00
8. Iowa State	12.00

OSU Champs: Russell Laverty, high jump, Preston Holsinger, pole vault

1965 - BIG 8

1. Kansas	100.00
2. Oklahoma	91.00
3. Missouri	84.00
4. Oklahoma State	70.00
5. Nebraska	64.00
6. Colorado	63.00
7. Kansas State	42.00
8. Iowa State	13.00

OSU Champs: John Perry, 880 yards

1966 - BIG 8

1. Nebraska	113.00
2. Oklahoma	103.00
3. Oklahoma State	80.00
4. Kansas	77.00
5. Colorado	48.00
5. Missouri	48.00
7. Kansas State	37.00
8. Iowa State	21.00

OSU Champs: John Perry, 880 yards, Chris McCubbins, three mile

1967 - BIG 8

1. Kansas	112.00
2. Nebraska	99.00
3. Oklahoma	88.00
4. Oklahoma State	58.00
5. Colorado	52.00
6. Missouri	46.00
7. Kansas State	37.50
8. Iowa State	21.00

OSU Champs: Miles Lister, discus throw, Bruce Wilhelm, shot put, Chris McCubbins, three mile

1968 - BIG 8

1. Kansas	126.00
2. Kansas State	100.00
3. Missouri	74.00
4. Nebraska	72.00
5. Oklahoma	60.00
6. Colorado	55.00
7. Oklahoma State	38.00
8. Iowa State	2.00

OSU Champs: none

At the Outdoor Conference Meet

1969 - BIG 8

1. Kansas	180.50
2.Missouri	78.00
3. Nebraska	69.00
4. Kansas State	55.00
5. Oklahoma State	45.50
6. Colorado	42.00
7. Oklahoma	30.00
8. Iowa State	25.00

OSU Champs: none

1970 - BIG 8

1. Kansas	150.00
2. Nebraska	84.00
3. Kansas State	83.00
4. Missouri	72.00
5. Oklahoma State	47.00
6. Oklahoma	41.00
7. Colorado	32.00
8. Iowa State	17.00

OSU Champs: J. Litvak, H. Oswalt, D. Schultz, J. Bolding, 440 yard relay, Peter Kaal, mile

1971 - BIG 8

1. Kansas	128.00
2. Kansas State	99.00
3. Oklahoma State	77.00
4. Nebraska	67.00
5. Colorado	63.00
6. Oklahoma	40.00
7. Missouri	27.00
8. Iowa State	24.00

OSU Champs: Jim Bolding, 440 yard hurdles

1972 - BIG 8

1. Kansas	100.50
2. Kansas State	87.00
3. Oklahoma State	82.50
4. Colorado	73.00
5. Oklahoma	40.00
6. Missouri	55.00
7. Nebraska	41.00
8. Iowa State	18.00

OSU Champs: Jim Bolding, 440 yard hurdles, Dennis Schultz, 220 yards, John Halberstadt, three mile

1973 - BIG 8

1. Kansas	137.00
2. Kansas State	110.00
3. Oklahoma State	79.00
4. Nebraska	70.00
5. Colorado	66.00
6. Missouri	50.00
7. Iowa State	24.00
8. Oklahoma	22.00

OSU Champs: J. Kurrasch, J. Litvak, H. Oswalt, D. Schultz, 440 yard relay, S. Stolpe, G. Shumski, J. Kurrasch, D. Schultz, mile relay

1974 - BIG 8

1. Kansas	140.00
2. Kansas State	117.00
3. Colorado	75.00
4. Missouri	56.00
5. Nebraska	54.00
6. Oklahoma	44.50
7. Oklahoma State	38.00
8. Iowa State	33.50

OSU Champs: Mike Marks, shot put, Gary Shumski, 440 yard hurdles

1975 - BIG 8

1. Kansas	158.00
2. Kansas State	101.00
3. Oklahoma	88.00
4. Colorado	75.00
5. Oklahoma State	53.00
6. Missouri	34.00
7. Iowa State	29.00
8. Nebraska	20.00

OSU Champs: Chuck Roberts, 440 yard hurdles, L. Thompson, G. Martin, K. Yehle, K. Walker, 440 yard relay, Trevor Viljoen, three mile

1976 - BIG 8

1. Kansas	177.00
2. Missouri	91.00
3. Oklahoma	63.00
4. Colorado	61.00
5. Kansas State	60.00
6. Nebraska	42.00
7. Oklahoma State	39.00
8. Iowa State	23.00

OSU Champs: none

1977 - BIG 8

1. Oklahoma	126.00
2. Kansas	111.00
3. Missouri	93.00
4. Kansas State	70.00
5. Nebraska	53.50
6. Iowa State	40.00
7. Colorado	33.50
8. Oklahoma State	28.00

OSU Champs: Chuck Roberts, 400 meter hurdles

1978 - BIG 8

1. Oklahoma	117.50
2. Kansas State	82.00
3. Missouri	82.00
4. Nebraska	71.50
5. Iowa State	67.00
6. Kansas	60.00
7. Colorado	38.00
8. Oklahoma State	36.00

OSU Champs: none

1979 - BIG 8

1. Kansas	143.00
2. Missouri	109.50
3. Kansas State	66.50
4. Nebraska	60.00
5. Colorado	59.00
6. Oklahoma	53.50
7. Iowa State	41.50
8. Oklahoma State	25.00

OSU Champs: none

1980 - BIG 8

1. Kansas	150.00
2. Oklahoma	79.00
3. Oklahoma State	76.00
4. Kansas State	72.00
5. Iowa State	71.00
6. Colorado	55.00
7. Missouri	45.00
8. Nebraska	41.00

OSU Champs: J. Butler, S. Starks, D. Briggs, R. Ingram, 4x100 meter relay, James Butler, 100 meters, 200 meters

1981 - BIG 8

1. Iowa State	125.00
2. Nebraska	86.00
3. Oklahoma State	75.00
4. Missouri	68.00
4. Oklahoma	68.00
6. Kansas	64.00
7. Kansas State	59.00
8. Colorado	44.00

OSU Champs: J. Butler, C. Thomas, S. Starks, R. Ingram, 4x100 meter relay, Ron Ingram, 100 meters

1982 - BIG 8

1. Kansas	106.00
2. Oklahoma	104.00
3. Missouri	81.00
4. Kansas State	70.00
5. Oklahoma State	64.00
6. Iowa State	62.00
7. Nebraska	43.00
8. Colorado	39.00

OSU Champs: Joe Dial, pole vault, J. Evans, S. Starks, J. Butler, R. Ingram, 4x100 meter relay, James Butler, 200 meters

1983 - BIG 8

1. Iowa State	127.25
2. Kansas	115.00
3. Kansas State	98.25
4. Oklahoma State	89.00
5. Missouri	82.00
6. Nebraska	38.50
7. Colorado	34.00
8. Oklahoma	5.00

OSU Champs: Randall Naas, shot put, Paul Williams, 800 meters

1984 - BIG 8

1. Iowa State	146.00
2. Nebraska	105.00
3. Missouri	84.00
4. Oklahoma	80.00
5. Oklahoma State	62.00
6. Kansas State	51.00
7. Kansas	31.00
8. Colorado	30.00

OSU Champs: Joe Dial, pole vault, Paul Larkins, 1,500 meters

1985 - BIG 8

1. Iowa State	161.00
2. Missouri	109.00
3. Nebraska	100.00
4. Oklahoma State	64.00
5. Kansas	54.00
6. Kansas State	51.00
7. Oklahoma	28.00
8. Colorado	22.00

OSU Champs: Desmond Ross, 200 meters, Paul Larkins, 1,500 meters

1986 - BIG 8

1. Iowa State	109.00
2. Nebraska	86.00
3. Oklahoma	69.00
4. Colorado	68.00
5. Oklahoma State	66.00
6. Missouri	65.00
7. Kansas State	64.00
8. Kansas	62.00

OSU Champs: Joe Dial, pole vault, Paul Larkins, 1,500 meters

1987 - BIG 8

1. Nebraska	146.00
2. Kansas State	122.00
3. Kansas	97.00
4. Iowa State	86.00
5. Missouri	68.00
6. Oklahoma	54.00
7. Colorado	31.00
8. Oklahoma State	16.00

OSU Champs: none

1988 - BIG 8

1. Iowa State	113.50
2. Kansas State	108.50
3. Nebraska	98.00
4. Oklahoma	92.00
5. Missouri	76.00
6. Kansas	72.00
7. Colorado	50.00
8. Oklahoma State	7.00

OSU Champs: none

At the Outdoor Conference Meet

1989 - BIG 8

1. Nebraska	191.00
2. Kansas State	133.00
3. Iowa State	94.00
4. Kansas	59.00
5. Colorado	54.00
6. Oklahoma	44.00
7. Missouri	29.00
8. Oklahoma State	15.00

OSU Champs: none

1990 - BIG 8

1. Nebraska	159.00
2. Iowa State	140.50
3. Kansas State	80.00
4. Colorado	73.50
5. Oklahoma	58.00
6. Kansas	46.00
7. Missouri	35.00
8. Oklahoma State	28.00

OSU Champs: V. Jones, W. Shirley, D. Gordon, J. King, 4x100 meter relay

1991 - BIG 8

1. Iowa State	178.00
2. Nebraska	170.00
3. Kansas State	102.00
4. Oklahoma	68.00
5. Kansas	44.00
6. Colorado	25.00
7. Missouri	24.00
8. Oklahoma State	9.00

OSU Champs: none

1992 - BIG 8

1. Iowa State	155.00
2. Nebraska	142.83
3. Oklahoma	103.00
4. Kansas State	81.00
5. Colorado	64.33
6. Kansas	33.33
7. Missouri	29.50
8. Oklahoma State	10.00

OSU Champs: none

1993 - BIG 8

1. Iowa State	177.50
2. Nebraska	114.00
3. Colorado	86.50
4. Kansas State	71.00
5. Oklahoma	63.00
6. Kansas	52.00
7. Missouri	34.00
8. Oklahoma State	22.00

OSU Champs: none

1994 - BIG 8

1. Iowa State	176.00
2. Nebraska	171.00
3. Kansas	96.00
4. Colorado	72.00
5. Oklahoma	43.00
6. Oklahoma State	38.00
7. Missouri	18.00
8. Kansas State	DNC

OSU Champs: none

1995 - BIG 8

1. Nebraska	159.00
2. Iowa State	140.50
3. Oklahoma	108.00
4. Kansas	89.00
5. Kansas State	78.00
6. Colorado	63.00
7. Missouri	49.00
8. Oklahoma State	20.00

OSU Champs: none

1996 - BIG 8

1. Nebraska	213.50
2. Iowa State	145.50
3. Colorado	125.00
4. Oklahoma	114.00
5. Kansas	82.00
6. Kansas State	60.00
7. Missouri	48.00
8. Oklahoma State	28.00

OSU Champs: Jon Wild, 5,000 meters

1997 - BIG 12

1. Texas	130.00
2. Nebraska	112.50
3. Kansas State	84.00
4. Texas A&M	83.50
5. Oklahoma	72.50
6. Iowa State	64.00
7. Baylor	58.00
8. Missouri	52.00
9. Colorado	49.00
10. Texas Tech	46.50
11. Oklahoma State	29.00
12. Kansas	28.00

OSU Champs: Jon Wild, 1,500 meters, Christopher Kebenei, 10,000 meters

1998 - BIG 12

1. Nebraska	155.00
2. Baylor	101.00
3. Texas	93.50
4. Oklahoma	68.50
5. Kansas State	66.50
6. Colorado	63.00
7. Missouri	59.00
8. Kansas	57.00
8. Texas A&M	57.00
10. Iowa State	35.50
11. Texas Tech	34.00
12. Oklahoma State	25.00

OSU Champs: Chuck Sloan, 3,000 meter steeplechase

1999 - BIG 12

1. Texas	151.00
2. Nebraska	128.00
3. Texas A&M	84.00
4. Baylor	75.00
5. Colorado	67.00
6. Kansas	55.00
7. Iowa State	54.00
8. Kansas State	50.00
9. Oklahoma	41.00
10. Missouri	42.00
11. Oklahoma State	41.00
12. Texas Tech	27.00

OSU Champs: Nathaniel Lane, 10,000 meters, Chuck Sloan, 3,000 meter steeplechase

2000 - BIG 12

1. Nebraska	134.00
2. Texas	127.00
3. Texas A&M	97.50
4. Missouri	91.00
5. Baylor	81.50
6. Kansas	76.00
7. Oklahoma	59.50
8. Iowa State	44.50
9. Kansas State	30.00
10. Texas Tech	28.00
10. Colorado	28.00
12. Oklahoma State	11.00

OSU Champs: Chuck Sloan, 3,000 meter steeplechase

2001 - BIG 12

1. Texas A&M	159.00
2. Texas	120.50
3. Missouri	91.00
4. Baylor	88.00
5. Kansas State	75.00
6. Oklahoma	65.00
7. Nebraska	59.00
8. Colorado	46.00
9. Iowa State	41.00
10. Texas Tech	35.00
11. Kansas	21.50
12. Oklahoma State	17.00

OSU Champs: none

2002 - BIG 12

1. Nebraska	143.00
2. Texas	95.50
3. Missouri	75.00
4. Kansas	72.00
5. Kansas State	67.00
5. Texas A&M	67.00
7. Texas Tech	66.00
8. Colorado	63.00
9. Iowa State	55.50
10. Baylor	53.00
11. Oklahoma	47.00
12. Oklahoma State	15.00

OSU Champs: none

2003 - BIG 12

1. Texas	132.00
2. Texas A&M	115.00
3. Nebraska	113.00
4. Texas Tech	90.00
5. Missouri	80.00
6. Oklahoma	59.00
7. Colorado	56.00
8. Baylor	52.00
9. Kansas	43.00
10. Kansas State	42.00
11. Iowa State	27.00
12. Oklahoma State	8.00

OSU Champs: none

2004 - BIG 12

1. Nebraska	177.00
2. Texas Tech	106.50
3. Texas A&M	104.50
4. Texas	96.00
5. Kansas State	78.00
6. Baylor	58.00
7. Oklahoma	56.00
8. Iowa State	48.00
9. Oklahoma State	38.00
10. Colorado	35.00
11. Missouri	20.00
12. Kansas	6.00

OSU Champs: Jason Woolhouse, 1,500 meters, Scott Rantall, 10,000 meters

2005 - BIG 12

1. Texas Tech	149.50
2. Nebraska	136.00
3. Texas	100.50
4. Kansas	85.00
5. Kansas State	71.00
6. Texas A&M	52.50
7. Colorado	48.00
7. Iowa State	48.00
9. Missouri	44.50
10. Oklahoma	41.00
11. Baylor	37.00
12. Oklahoma State	5.00

OSU Champs: none

2006 - BIG 12

1. Texas	135.00
2. Nebraska	90.50
3. Missouri	79.00
4. Colorado	78.00
5. Oklahoma	74.00
6. Texas A&M	73.00
7. Baylor	67.00
8. Texas Tech	62.00
9. Kansas	56.00
10. Kansas State	51.50
11. Iowa State	30.00
12. Oklahoma State	21.00

OSU Champs: none

At the Outdoor Conference Meet

2007 - BIG 12

1. Oklahoma	110.50
2. Texas Tech	100.00
3. Texas	96.00
4. Colorado	92.00
5. Nebraska	86.00
6. Kansas	73.00
7. Baylor	67.00
8. Missouri	59.00
9. Texas A&M	50.00
10. Kansas State	42.00
11. Iowa State	34.50
12. Oklahoma State	8.00

OSU Champs: none

2008 - BIG 12

1. Colorado	138.00
2. Texas A&M	121.00
3. Texas	96.00
4. Nebraska	95.00
5. Texas Tech	76.00
6. Baylor	72.00
7. Oklahoma	55.00
8. Missouri	49.00
9. Kansas	41.00
10. Kansas State	38.00
11. Iowa State	26.00
12. Oklahoma State	11.00

OSU Champs: None

2009 - BIG 12

1. Nebraska	148.00
2. Texas A&M	126.00
3. Texas	83.50
4. Texas Tech	75.00
5. Missouri	74.00
6. Kansas State	71.00
7. Baylor	54.00
8. Oklahoma State	53.00
9. Iowa State	43.00
9. Oklahoma	43.00
11. Colorado	34.00
12. Kansas	12.50

OSU Champs: German Fernandez, 1,500 meters, 5,000 meters; Ryan Vail, 10,000 meters

2010 - BIG 12

1. Nebraska	118.00
2. Oklahoma	114.00
3. Texas A&M	110.00
4. Texas Tech	77.00
5. Baylor	63.00
6. Colorado	57.00
7. Texas	56.00
8. Kansas	53.00
9. Oklahoma State	47.00
10. Missouri	44.00
11. Kansas State	40.00
12. Iowa State	39.00

OSU Champs: Johnathan Stublaski, 1500 meters; John Kosgei, 5,000 meters, 10,000 meters

2011 - BIG 12

1. Texas A&M	175.00
2. Texas	103.50
3. Oklahoma	90.00
4. Nebraska	84.50
5. Texas Tech	74.00
6. Kansas	64.00
7. Baylor	57.50
8. Colorado	52.00
9. Missouri	35.00
10. Iowa State	34.00
11. Kansas State	33.00
12. Oklahoma State	15.50

OSU Champs: Tom Farrell, 1,500 meters

2012 - BIG 12

1. Texas A&M	150.00
2. Texas	131.00
3. Oklahoma	91.00
4. Kansas State	75.00
5. Texas Tech	72.00
6. Baylor	65.00
7. Kansas	64.00
7. Oklahoma State	64.00
9. Iowa State	54.00
10. Missouri	52.00

OSU Champs: Nick Miller, Hammer Throw

2013 - BIG 12

1. Texas	146.50
2. Oklahoma	133.00
3. Texas Tech	117.50
4. Kansas State	96.00
5. Kansas	82.50
6.TCU	75.00
7. Baylor	61.00
8. Oklahoma State	56.00
9. Iowa State	54.00

OSU Champs: Kirubel Erassa, 1,500 meters; Nick Miller, Hammer Throw

2014 - BIG 12

1. Texas Tech	160.5
2. Texas	125
3. Oklahoma State	96
4. Baylor	93
5. Oklahoma	90
6. Kansas State	83
7. Kansas	67
8. TCU	51
9. Iowa State	50.5

OSU Champs: Chad Noelle, 1,500 meters; Nick Miller, Hammer Throw

2015 - BIG 12

1. Texas	151
2. Texas Tech	126.75
3. Oklahoma	107
4. Baylor	93
5. Kansas	85.25
6. Oklahoma State	69
7. TCU	67
8. Kansas State	62
9. Iowa State	58

OSU Champs: Kirubel Erassa, 5,000 meters, 10,000 meters; Chad Noelle, 1,500 meters

2016 - BIG 12

1. Texas	134
2. Kansas	116
3. Texas Tech	112
4. Oklahoma	103
5. Kansas State	94
6. Oklahoma State	84
7. Baylor	64
8. Iowa State	59
9. TCU	49

OSU Champs: Craig Nowak (1,500m), Nick Miller (Hammer Throw), Cerake Geberkidane (5,000m & 10,000m)

2017 - BIG 12

1. Texas	153.5
2. Kansas	143
3. Texas Tech	110
4. Oklahoma	96
5. Baylor	79
6. Oklahoma State	75
7. Iowa State	56
8. TCU	53
9. Kansas State	52.5

OSU Champs: Josh Thompson (1,500 meters), Hassan Abdi (10,000 meters), Jacob Fincham-Dukes (Long Jump)

2018 - BIG 12

1. Texas Tech	165
2. Texas	117
T3. Kansas	101
T3. Kansas State	101
5. TCU	76
6. Iowa State	75
7. Oklahoma	71
8. Baylor	63
9. Oklahoma State	50

OSU Champs: None

2019 - BIG 12

1. Texas Tech	164
2. Iowa State	126
3. Texas	120.5
4. Kansas State	85
5. Kansas	79
6. Oklahoma	75
7. Oklahoma State	59.5
8. Baylor	57
9. TCU	53

OSU Champs: Ryan Smeeton (3,000-meter steeplechase), Hassan Abdi (10,000 meters)

2021 - BIG 12

1. Texas	173
2. Iowa State	144
3. Oklahoma	105
4. Kansas State	88
5. Texas Tech	85
6. TCU	65
7. Kansas	63
8. Oklahoma State	53
9. Baylor	41

OSU Champs: None

2022 - BIG 12

1. Texas	161
2. Oklahoma	127
3. Texas Tech	118
4. Baylor	86
5. Kansas	74
6. Oklahoma State	72
7. Iowa State	67
8. Kansas State	56
9. TCU	49

OSU Champs: Alex Maier (5,000 meters), Fouad Messaoudi (1,500 meters), Ryan Smeeton (3,000m Steeplechase)

2023 - BIG 12

1. Texas Tech	179
2. Texas	125.5
3. Kansas	117
4. Oklahoma	93
5. Iowa State	85
6. Oklahoma State	82
7. Baylor	70
8. Kansas State	39
9. TCU	25.5

OSU Champs: Fouad Messaoudi (1,500 meters), Victor Shitsama (3,000m Steeplechase)

2024 - BIG 12

1. Texas	134
2. Texas Tech	115
3. Iowa State	90
4. BYU	83
5. Houston	77.5
6. Kansas	65.5
7. Baylor	63
8. Oklahoma State	56
9. Oklahoma	52
10. Kansas State	35
11. Cincinnati	24
11. TCU	24

OSU Champs: Alex Maier (5,000 Meters)

2025 - BIG 12

1. Texas Tech	136
2. BYU	100.66
3. Houston	96
4. Kansas	73
5. Iowa State	72
6. TCU	64
7. Oklahoma State	50
8. Arizona	48
9. Baylor	47
10. Arizona State	40
11. Kansas State	39
12. Cincinnati	34.33
13. Colorado	18

OSU Champs: Fouad Messaoudi (1,500 Meters)

Outdoor Records

100 Meters

1.**	9.91**	John Teeters	Big 12 Championships	2014
1.	10.00	John Teeters	U.S.A. Olympic Trials	2016
2.	10.14	James Butler	NCAA Championships	1982
3.	10.27	Desmond Ross	Manhattan, Kansas	1985
4.	10.31	Ron Ingram	Kansas Relays	1981
5.	10.35	Daniel Osafo	Dallas Invitational	1978
6.	10.36	Paul Jackson	Dallas Invitational	1978
7.	10.37	Ken Zachary	Drake Relays	1984
T8.	10.40	Greg Harjo	Arlington Open	1995
T8.	10.40	Joe King	Ralph Higgins Invitational	1991
T8.	10.40	Peyton Glass Jr.	District Trials	1932

200 Meters

1.**	19.86**	James Butler	Texas Relays	1979
1.	20.23	James Butler	NCAA Championships	1982
2.	20.65	Curtis Thomas	Arlington, Texas	1984
3.	20.75	Sterling Starks	OSU Invitational	1981
4.	20.90	Ira Littlejohn	District Trials	1932
T5.	20.98	John Teeters	Arkansas Twilight	2014
T5.	20.98	Timmy Thomas	Big 8 Championships	1990
7.	21.03	David Rhodes	Big 8 Championships	1986
8.	21.07	Greg Harjo	Big 8 Championships	1995
9.	21.16	Koryee Wyatt	Tom Jones Memorial	2022
T10.	21.30	James Cole	Big 8 Championships	1993
T10.	21.30	Pat Johnson	Ralph Higgins Invitational	1993

400 Meters

1.	45.40	Charlie Bartholomew	USA U20 Championships	2022
2.	45.60	Dennis Schultz	LSU Relays	1972
3.	45.68	Ashton Hicks	National Relay Championships	2019
4.	46.00	Guy McGraw	Big 8 Championships	1978
5.	46.05	DeJuana McArthur	Tom Jones Memorial	2023
6.	46.29	Sterling Starks	Big 8 Championships	1982
7.	46.30	Charles Strong	Big 8 Championships	1962
8.	46.36	Desmond Ross	Norman, Oklahoma	1985
9.	46.39	Curtis Thomas	Arlington, Texas	1984
T10.	46.40	Jim Bolding	LSU Relays	1971
T10.	46.40	J.W. Mashburn	NCAA Championships	1956

800 Meters

1.	1:45.97	Mehdi Yanouri	Flanders Cup (Belgum)	2024
2.	1:46.65	Hafez Mahadi	Big 12 Championships	2025
3.	1:47.13	Paul Larkins	Texas Relays	1986
4.	1:47.89	DJ McArthur	Arkansas Twilight	2024
5.	1:48.06	Juan Diego Castro	Big 12 Championships	2021
6.	1:48.12	Matthew Fayers	BMC Stretford	2014
7.	1:48.20	Ty Cook	Oregon Open	2025
T8.	1:48.43	Triston Read	Arkansas Twilight	2025
T8.	1:48.43	Tre'Tez Kinnaird	Mt. SAC Relays	2016
10.	1:48.62	Chad Noelle	Arkansas Invite	2014

1,500 Meters

1.	3:33.93	Fouad Messaoudi	Portland Track Festival	2025
2.	3:35.71	Alex Stitt	Portland Track Festival	2025
3.	3:36.13	Ryan Schoppe	Sunset Tour	2025
4.	3:37.76	German Fernandez	Team Indiana Invitational	2012
5.	3:38.02	Paul Larkins	England vs. Belgium	1986
6.	3:38.21	Joshua Thompson	Bryan Clay Invite	2017
7.	3:38.35	Chad Noelle	Payton Jordan Invitational	2015
8.	3:39.05	Kirubel Erassa	Payton Jordan Invitational	2015
9.	3:39.64	Craig Nowak	Portland Track Festival	2017
10.	3:40.02	Jon Wild	Arkansas Invite	1997

5,000 Meters

1.	12:59.82	Brian Musau	Sunset Tour	2025
2.	13:15.31	Tom Farrell	Payton Jordan Invite	2012
3.	13:25.46	German Fernandez	USATF, Eugene	2009
4.	13:26.81	Alex Maier	Bryan Clay Invitational	2022
5.	13:27.55	Kirubel Erassa	Payton Jordan Invite	2014
6.	13:28.17	Fouad Messaoudi	Oregon Team Invitational	2025
7.	13:28.88	Ryan Schoppe	Oregon Team Invitational	2025
8	13:30.95	Denis Kipngetich	Big 12 Championships	2025
9.	13:34.83	Girma Mecheso	Stanford Invitational	2012
10.	13:36.29	Henry Dover	Payton Jordan Invitational	2025

10,000 Meters

1.	27:20.10	Denis Kipngetich	The TEN	2025
2.	27:36.79	Shadrack Kipchirchir	Payton Jordan Invite	2014
3.	27:52.38	Girma Mecheso	Payton Jordan Invite	2013
4.	27:52.92	Isai Rodriguez	NCAA Championships	2021
5.	28:10.06	Adisu Guadie	Stanford Invitational	2024
6.	28:12.68	Alex Maier	NCAA Championships	2022
7.	28:21.30	Rory Leonard	Stanford Invitational	2023
8.	28:25.44	Shea Foster	Stanford Invitational	2022
9.	28:42.39	Brian Musau	FISU World University Games	2025
10.	28:45.91	Colby Lowe	Stanford Invite	2011

110 Meter Hurdles

1.	13.46	Jim Kelly	Big 8 Championships	1979
2.	13.60	Albert Jones	NCAA Championships	1980
3.	13.82	Damon Polk	Ralph Higgins Invitational	1986
4.	14.23	Kelly Brooks	Wichita State Duel	1981
5.	14.31	Bruce Kahoe	Texas Relays	1980
6.	14.43	Donald Gordon	Ralph Higgins Invitational	1990
7.	14.52	Jeremy Kendal	Big 8 Championships	1995
8.	14.60	Steve Graham	Ralph Higgins Invitational	1991
9.	14.64	Cooper Moore	Oregon Team Invitational	2025
10.	14.74	Philip Frank	John McDonnell Invitational	2024

400 Meter Hurdles

1.	49.50	Jim Bolding	Olympic Trials	1972
2.	49.90	Chris McGowan	Big 8 Championships	1989
3.	50.15	Chuck Roberts	Big 8 Championships	1977
4.	50.22	Caio Almeida	Tom Jones Memorial	2024
5.	50.37	Steve Patterson	Big 8 Championships	1986
6.	51.00	Greg Patton	Big 8 Championships	1979
7.	51.33	Terry Josserand	Arkansas Twilight	2007
8.	51.73	Ben Currence	Desert Heat Classic	2025
9.	51.75	Calahan Newsome	Big 12 Championships	2019
10.	51.83	Steve Graham	Big 8 Championships	1991

3,000 Meter Steeplechase

1.	8:20.06	Ryan Smeeton	NCAA Championships	2022
2.	8:26.66	Chuck Sloan	U.S.A. Olympic Trials	2000
3.	8:29.89	Victor Shitsama	Big 12 Championships	2024
4.	8:32.64	Josh Thompson	Portland Track Festival	2017
5.	8:38.2 ht	Chris McCubbins	PanAm Games	1967
6.	8:39.71	Andrew Hennessey	Cardinal Invite	1999
7.	8:43.73	Fabian Clarkson	NCAA West Regional	2013
8.	8:44.73	Joe Gray	Stanford Invite	2007
9.	8:46.49	Trevor Fieldsend	R. Higgins Invite	1985
10.	8:46.77	Jonas Price	Payton Jordan Invitational	2023

4x100 Meter Relay

1.	39.04	J. Butler, J. Evans, R.Ingram, S. Starks	NCAA Championships	1982
2.	39.40	C. Thomas, S. Starks, R. Ingram, J. Butler	Texas Relays	1982
3.	39.51	J. Butler, S. Starks, D. Briggs, R. Ingram	NCAA Championships	1980
4.	39.64	S. Selph, T. Jackson, A. Brewer-Johnson, J. Teeters	NCAA West Prelims	2015
5.	39.80	V. Bugg, C. Thomas, S. Starks, R. Ingram	Ralph Higgins Invitational	1981
6.	39.85	K. Zachary, C. Thomas, S. Starks, R. Ingram	John Jacobs Invitational	1984
7.	39.96	L. Daily, A. Grogan Jr., T. Jackson, J. Fincham-Dukes	NCAA West Prelims	2017
8.	39.98	S. Selph, J. Teeters, A. Brewer-Johnson, A. Grogan Jr.	Jim Click Invitational	2016
9.	40.00	S. Starks, D. Briggs, C. Thomas, R. Ingram	John Jacobs Invitational	1981
10.	40.08	M. Givens, A. Grogan Jr., A. Brewer-Johnson, J. Teeters	Big 12 Championships	2016

Outdoor Records

4x400 Meter Relay

1.	3:05.23	Jo. Smith, B. Wynne C. Almeida, D. McArthur	NCAA West Prelims	2024
2.	3:05.31	Jo. Smith, W. Bynum T. Cook, M. Page	Big 12 Championships	2025
3.	3:05.51	E. Berry, K. Wyatt, C. Bartholomew, D. McArthur	Texas Relays	2022
4.	3:05.64	K. Hohmann, S. Patterson, C. Thomas, P. Williams	NCAA Championships	1983
5.	3:05.70	Jo. Smith, D. Tarver C. Almeida, D. McArthur	Arkansas Twilight	2024
6.	3:05.88	E. Berry, C. Bartholomew, C. Merutka, D. McArthur	Jim Click Shootout	2023
7.	3:06.01	J. Long, D. McArthur E. Berry, C. Bartholomew	Big 12 Championships	2023
8.	3:06.47	D. Tarver, Jo. Smith B. Wynne, D. McArthur	Tom Jones Memorial	2024
9.	3:06.59	E. Berry, K. Wyatt C. Merutka, D. McArthur	Texas Relays	2022
10.	3:06.77	A. Hicks, C. Newsome, C. Merutka, D. McArthur	NCAA West Prelims	2021

High Jump

1.	2.21m/7-3.25	Greg Brewer	Drake Relays	1983
2.	2.16m/7-1	Rich Geske	Big 8 Championships	1975
3.	2.15m/7-0.5	Kade Benjamin	Big 12 Championships	2025
4.	2.14m/7-0.25	Taylor Buck	Arkansas Twilight	2011
5.	2.13m/7-0	Jeff Brown	John Jacobs Relays	1981
6.	2.11m/6-11	Paul Martell	Big 8 Championships	1979
T7.	2.08m/6-10	Oliver McDade	Ralph Higgins Invitational	1989
T7.	2.08m/6-10	George Holland	UTEP Invitational	1970
T7.	2.08m/6-10	Russell Laverty	T&FF Meet	1964
10.	2.04m/6-8.25	Don Boydston	Fort Worth Carnival	1940

Long Jump

1.**	8.03m/26-3.75	Jacob Fincham-Dukes	Horned Frogs Invitational	2017
1.	8.00m/26-3	Jacob Fincham-Dukes	NCAA Championships	2019
2.	7.93m/26-0.25	Blair Anderson	NCAA West Prelims	2025
3.	7.72m/25-4	Hal Oswalt	Houston Meet of Champs	1969
4.	7.61m/24-11.75	W.L. Clapham	San Antonio Invite	1941
5.	7.60m/24-11	Ralph Tate	Oklahoma Dual	1943
6.	7.58m/24-10.25	John Voight	Texas Relays	1950
7.	7.57m/24-10	E.B. Schaeffer	Big 8 Championships	1978
8.	7.56m/24-9.75	Kim Ellis	Texas Relays	1955
9.	7.48m/24-6.50	Jack Wright	Big 8 Championships	1972
10.	7.44m/24-4.75	Charles Strong	Arkansas Relays	1963

Triple Jump

1.	15.55m/51-0	E.B. Schaeffer	Drake Relays	1978
2.	15.34m/50-4	Mark Hanna	Kansas Relays	1987
3.	15.05m/49-4.5	Bart Breithaupt	North Texas Dual	1991
4.	15.01m/49-3	Larry Gunther	Big 8 Championships	1971
5.	14.83m/48-8	Floyd Beanblossom	AAU Championships	1921
6.	14.75m/48-4.75	Richard Smith	Big 12 Championships	2015
7.	14.63m/48-0	Rajaun Ricketts	Big 12 Championships	2025
8.	14.62m/47-11.5	Ralph Tate	Oklahoma AAU	1946
9.	14.46m/47-5.25	Ryan Finnie	Big 12 Championships	2014
10.	14.38m/47-5.25	Butch Boggs	Kansas Relays	1974

Shot Put

1.	19.90m/65-3.75	Randy Naas	Big 8 Championships	1983
2.	18.77m/61-7	Mike Marks	State Federation Meet	1974
3.	18.21m/59-9	Itamar Levi	John McDonnell Invite	2014
4.	17.95m/58-10.75	Michael Releford	Texas Invitational	2021
5.	17.86m/58-7.25	Torrey Hickel	Baylor Invitational	2021
6.	17.74m/58-2.25	Dale Pierce	Big 8 Championships	1980
7.	17.52m/57-5.75	Bruce Wilhelm	AAU State	1967
8.	17.44m/57-2.5	Bob Ringwell		1974
9.	17.07m/56-0	Jim Benien		1971
10.	16.64m/54-7	Milton Hardaway	Southern Illinois Dual	1975

Discus Throw

1.	56.19m/184-4	Jim Benien	Federation Nationals	1971
2.	56.05m/183-10.5	Randy Naas	Oklahoma	1983
3.	55.35m/181-7	John Anderson	Arkansas Relays	1963
4.	54.69m/179-5.25	Dale Pierce	OSU	1983
5.	54.59m/179-1	Kirk Hardin	Wichita State Dual	1976
6.	54.32m/178-2.5	Clyde Northrup	Arkansas Relays	1960
7.	53.95m/177-0	Miles Lister	Oklahoma	1965
8.	53.52m/175-7	Andrew Hudson	John Jacobs Invitational	2012
9.	53.11m/174-3	Sam Mason	Sooner Invitational	2022
10.	52.44m/172-0.5	Clyde Northrup	Nebraska Dual	1959

Hammer Throw

1.	77.55m/254-5	Nick Miller	Commonwealth Games	2015
2.	61.40m/201-5	Sam Mason	Desert Heat Classic	2025
3.	61.11m/200-6	Zac Robbins	Beach Invitational	2025
4.	54.45m/178-7	Zach Andrew	John Jacobs Invitational	2018
5.	48.60m/159-5	Patrick Michaels	North Texas Classic	2021
6.	47.94m/157-3	Torrey Hickel	ORU Invitational	2018
7.	47.52m/155-11	Ralph Havenstrite	Interclass Track Meet	1915
8.	37.06m/121-7	Lee Minton	Field Day Track & Field	1913
9.	34.87m/114-5	J.K. Ross	Field Day Track & Field	1909
10.	30.94m/101-6	Francis	Field Day Track & Field	1908

New Rule Javelin Throw

1.	58.61m/192-3	Max Braht	Sooner Invitational	2021
2.	57.80m/189-7	Crayton Shaw	Big 12 Championships	2024
3.	55.74m/182-10	Nate Nuthman	Big 12 Championships	2023
4.	53.94m/177-0	Wesley Hallof	Arkansas Spring Invitational	2018
5.	53.90m/176-10	Jason Isaacson	SMU	1991
6.	52.88m/173-6	Sean Casey	Jim Click Invitational	2016
7.	49.27m/161-8	Sam Mason	John Jacobs Invitational	2023
8.	46.70m/153-2	Cole Verble	Big 12 Championships	2019
9.	45.78/150-2	Philip Frank	Big 12 Championships	2024
10.	45.70/149-11	Will Quintana	John McDonnell Invitational	2024

Pole Vault

1.	5.86m/19-2.5	Joe Dial	John Jacobs Invitational	1985
2.	5.45m/17-10.5	Terry Womack	Austin Texas Open	1985
3.	5.40m/17-8.75	Eric Forney	Texas Relays	1984
4.	5.36m/17-7	David Swezey	Big 8 Championships	1982
5.	5.30m/17-4.5	Blake Scott	NCAA Championships	2018
6.	5.07m/16-7.50	Greg Pickett	Dallas Invitational	1978
7.	5.03m/16-6	Larry Curts	Oklahoma Invite	1968
8.	5.00m/16-4	Max Braht	John Jacobs Invitational	2022
9.	4.83m/15-10.25	George Davies	Big 8 Championships	1961
10.	4.79m/15-8.75	Preston Holsinger	Oklahoma Federation	1964

Decathlon

1.	7,450 pts.	Philip Frank	Big 12 Championships	2023
2.	7,042 pts.	Max Braht	Big 12 Championships	2022
3.	6,876 pts.	Cooper Moore	Big 12 Championships	2025
4.	6,830 pts.	William Edmonds	Sooner Invitational	2021
5.	6,717 pts.	Crayton Shaw	Jim Click Shootout	2024
6.	6,570 pts.	Jake Dyer	Big 12 Championship	2021
7.	6,221 pts.	Cole Verble	John McDonnell Invitational	2019
8.	6,192 pts	Mace Metcalf	Big 12 Championships	2018
9.	5,806 pts.	Jacob Belin	Sooner Invitational	2022
10.	5,377 pts.	Hootie Hurley	John McDonnell Invitational	2019

** Wind-aided mark. All-conditions school record

Outstanding Academic Performers

NCAA ELITE 90 AWARD

2016	Christian Liddell	Cross Country
2017	Noah Gade	Cross Country
2022	Ryan Schoppe	Indoor Track

CSC ACADEMIC ALL-AMERICA

2007	Michael Breshears	Second Team
2008	Ryan Vail	First Team
2009	Ryan Vail	First Team
2010	Ryan Vail	First Team
2014	Nick Miller	First Team
2015	Fabian Clarkson	Second Team
2018	Noah Gade	First Team
2019	Joshua Anadu	Third Team
2020	Joshua Anadu	Third Team
2021	Jake Dyer	Second Team
2022	Ryan Smeeton	First Team
2023	Alex Maier	Second Team
2023	Fouad Messaoudi	Third Team
2024	Alex Maier	First Team
2024	Ryan Schoppe	Third Team
2025	Ryan Schoppe	Third Team

CSC ACADEMIC ALL-DISTRICT

2002	Ben Lake	First Team
2003	Greg Rouault	First Team
2003	Ben Lake	Second Team
2004	Greg Rouault	First Team
2007	Michael Breshears	First Team
2008	David Jankowski	First Team
2008	Ryan Vail	First Team
2009	Ryan Vail	First Team
2010	Ryan Vail	First Team
2014	Nick Miller	First Team
2015	Fabian Clarkson	First Team
2018	Noah Gade	First Team
2019	Joshua Anadu	First Team
2020	Cole Verble	First Team
2021	Jake Dyer	First Team
2022	Ryan Smeeton	First Team
2023	Alex Maier	First Team
2023	Sam Mason	First Team
2023	Fouad Messaoudi	First Team
2023	Jonas Price	First Team
2023	Ryan Schoppe	First Team
2024	Philip Frank	First Team
2024	Alex Maier	First Team
2024	Triston Rea	First Team
2024	Zac Robbins	First Team
2024	Ryan Schoppe	First Team
2025	Kade Benjamin	First Team
2025	Adisu Guadie	First Team
2025	Sam Mason	First Team
2025	Zac Robbins	First Team
2025	Ryan Schoppe	First Team

USTFCCCA ALL-ACADEMIC TEAM (CROSS COUNTRY)

1998	Team Coached By Dick Weis
1999	Team Coached By Dick Weis
2000	Team Coached By Dick Weis
2001	Team Coached By Dick Weis
2002	Team Coached By Dick Weis
2003	Team Coached By Dick Weis
2004	Team Coached By Dick Weis
2005	Team Coached By Dick Weis
2006	Team Coached By Dave Smith
2007	Team Coached By Dave Smith
2008	Team Coached By Dave Smith
2009*	Team Coached By Dave Smith
2010	Team Coached By Dave Smith
2011	Team Coached By Dave Smith
2012*	Team Coached By Dave Smith
2013	Team Coached By Dave Smith
2015	Team Coached By Dave Smith
2016	Team Coached By Dave Smith
2017	Team Coached By Dave Smith
2018	Team Coached By Dave Smith
2019	Team Coached By Dave Smith
2021	Team Coached By Dave Smith
2022	Team Coached By Dave Smith
2023*	Team Coached By Dave Smith
2024	Team Coached By Dave Smith

* 2009, 2012 and 2023 teams were honored as the USTFCCCA National Scholar Team of the Year

USTFCCCA ALL-ACADEMIC INDIVIDUALS (CROSS COUNTRY)

1989	Mike Bennett
1990	Mike Bennett
1995	Iain Don-Wauchope
1998	Nathaniel Lane
1998	Andrew Hennessey
1998	Rene Carlsen
2000	Ben Lake
2001	Jason Woolhouse
2001	Derek Tate
2001	Ben Lake
2003	Mindaugas Pukstas
2004	Greg Rouault
2005	Ryan Vail
2005	David Jankowski
2006	David Jankowski
2006	Joe Gray
2007	Ryan Vail
2007	David Jankowski
2008	Ryan Vail
2009	German Fernandez
2009	Colby Lowe
2009	Ryan Vail
2010	German Fernandez
2010	Colby Lowe
2011	German Fernandez
2011	Shadrack Kipchirchir
2011	Colby Lowe
2012	Shadrack Kipchirchir
2012	Joseph Manilafasha
2013	Joseph Manilafasha
2013	Craig Nowak
2015	Vegard Oelstad
2015	Craig Nowak
2015	Brian Gohlke
2016	Sylvester Barus
2016	Christian Liddell
2017	Noah Gade
2017	Luis Martinez
2017	Christian Liddel
2017	Ryan Smeeton
2018	Isai Rodriguez
2018	Ashenafi Hatte
2018	Luis Martinez
2019	Ryan Smeeon
2020	Alex Maier
2020	Kevin Mulcaire
2020	Jonas Price
2020	Isai Rodriguez
2020	Ryan Schoppe
2020	Ryan Smeeton
2021	Shea Foster
2021	Alex Maier
2021	Isai Rodriguez
2021	Ryan Schoppe
2021	Ryan Smeeton
2022	Alex Maier
2022	Fouad Messaoudi
2022	Jonad Price
2022	Isai Rodriguez
2022	Alex Stitt
2023	Adisu Guadie
2023	Alex Maier
2023	Fouad Messaoudi
2023	Alex Stitt
2024	Adisu Guadie
2024	Alex Stitt

ACADEMIC ALL-BIG 12 (CROSS COUNTRY)

1996	Erik Framme	First Team
1996	Scott Gray	First Team
1996	Christian Nicholson	First Team
1996	Chris Kebenei	Hon. Mention
1996	Lawrence Shortbull	Hon. Mention
1997	Rene Carlsen	First Team
1997	Erik Framme	First Team
1997	Aaron Hamburger	First Team
1998	Michael Cliff	First Team
1998	Nathaniel Lane	First Team
1998	Rene Carlsen	Hon. Mention
1998	Bruce Wright	Hon. Mention
1999	David Greenshields	First Team
1999	Ben Lake	First Team
1999	Jerry Rainey	First Team
1999	Ben Sigle	First Team
1999	Staffan Stegmark	First Team
1999	Derek Tate	First Team
1999	Trey Vernon	First Team
1999	Mike Cliff	Second Team
1999	Chuck Sloan	Second Team
2000	Kevin Connolly	First Team
2000	Matt Hart	First Team
2000	Ben Lake	First Team
2000	Greg Rouault	First Team
2000	Ben Sigle	First Team
2000	Trey Vernon	First Team
2000	Chris McWatters	Second Team
2001	Kevin Connolly	First Team
2001	Jon Cordes	First Team
2001	Ben Lake	First Team
2001	Chris McWatters	First Team
2001	Greg Rouault	First Team
2001	Ben Sigle	First Team
2001	Derek Tate	First Team
2001	Jason Woolhouse	Second Team
2002	Jon Cordes	First Team
2002	Ben Lake	First Team
2002	James Lake	First Team
2002	Ben Sigle	First Team
2002	Derek Tate	First Team
2002	Trey Vernon	First Team
2002	Jason Woolhouse	First Team
2002	Chris McWatters	Second Team
2002	Matt Thompson	Second Team
2003	Marcus Hershberger	First Team
2003	Greg Rouault	First Team
2003	Jason Woolhouse	First Team
2003	Charlie Bromley	Second Team
2003	Chris McWatters	Second Team
2004	J.R. Lake	First Team
2004	Greg Rouault	First Team
2004	Sean McCabe	Second Team
2005	Brian Ehlis	First Team
2005	Brian Gosnell	First Team
2005	Joe Gray	First Team
2005	David Jankowski	First Team
2005	David Pomies	First Team
2005	Alex Ruiz	First Team
2005	Ryan Vail	First Team

Outstanding Academic Performers

2005	Ryan Ripley	Second Team
2006	Brian Ehlis	First Team
2006	Brian Gosnell	First Team
2006	Joe Gray	First Team
2006	David Jankowski	First Team
2006	David Pomies	First Team
2006	Ryan Ripley	First Team
2006	Alex Ruiz	First Team
2006	Ryan Vail	First Team
2006	Daniel Watts	Second Team
2007	Matt Barnes-Smith	First Team
2007	Ryan Birkholz	First Team
2007	Brian Gosnell	First Team
2007	David Jankowski	First Team
2007	Ryan Vail	First Team
2007	Daniel Watts	First Team
2007	Tucker Weems	First Team
2008	Ryan Vail	First Team
2008	Matt Barnes-Smith	First Team
2008	Ryan Birkholz	First Team
2008	Brian Gosnell	First Team
2008	Alejandro Ruiz	First Team
2008	Peter Wood	First Team
2008	Daniel Watts	Second Team
2009	Colby Lowe	First Team
2009	Ryan Vail	First Team
2009	Daniel Watts	First Team
2009	Peter Wood	First Team
2009	John Kosgei	Second Team
2009	Ryan Prentice	Second Team
2010	German Fernandez	First Team
2010	Colby Lowe	First Team
2010	Joseph Manilafasha	First Team
2010	Taylor Monaghan	First Team
2011	Kirubel Erassa	First Team
2011	Tom Farrell	First Team
2011	German Fernandez	First Team
2011	Colby Lowe	First Team
2011	Mark Nelson	First Team
2011	David Osborn	First Team
2011	Nick Thorp	First Team
2011	Taylor Monaghan	Second Team
2011	Klaus Schmidt	Second Team
2012	Fabian Clarkson	First Team
2012	Kirubel Erassa	First Team
2012	Tom Farrell	First Team
2012	Brian Gohlke	First Team
2012	Shadrack Kipchirchir	First Team
2012	Joseph Manilafasha	First Team
2012	Shane Moskowitz	First Team
2012	David Osborn	First Team
2012	Nick Thorp	First Team
2012	Zach Wills	First Team
2012	Kevin Colon	Second Team
2012	Girma Mecheso	Second Team
2012	Taylor Monaghan	Second Team
2013	Shadrack Kipchirchir	First Team
2013	Joseph Manilafasha	First Team
2013	Taylor Monaghan	First Team
2013	Kevin Colon	Second Team
2013	Neal Smith	Second Team
2014	Matthew Fayers	First Team
2014	Noah Gade	First Team
2014	Brian Gohlke	First Team
2014	Luis Martinez	First Team
2014	Craig Nowak	First Team
2014	David Osborn	First Team
2014	Nick Thorp	First Team
2014	Brigham Hedges	Second Team
2014	Alexander Johansson	Second Team
2015	Brian Gohlke	First Team
2015	Craig Nowak	First Team
2015	Vegard Oelstad	First Team
2015	Brigham Hedges	Second Team
2015	Chad Noelle	Second Team
2016	Christian Liddell	First Team
2016	Noah Gade	First Team
2016	Luis Martinez	First Team
2016	Matthew Fayers	Second Team
2016	Josh Thompson	Second Team
2017	Hassan Abdi	First Team
2017	Bryce Balenseifen	First Team
2017	Sylvester Barus	First Team
2017	Matthew Fayers	First Team
2017	Noah Gade	First Team
2017	Alec Haines	First Team
2017	Christian Liddell	First Team
2017	Luis Martinez	First Team
2017	Ryan Smeeton	First Team
2018	Alec Haines	First Team
2018	Nicholas Kenville	First Team
2018	Sukhi Khosla	First Team
2018	Owen Krewson	First Team
2018	Luis Martinez	First Team
2018	Isai Rodriguez	First Team
2018	Ryan Smeeton	First Team
2018	Garrett Calhoun	Second Team
2018	Bryce Quigley	Second Team
2019	Juan Diego Castro	First Team
2019	Ashenafi Hatte	First Team
2019	Nicholas Kenville	First Team
2019	Ayrton Ledesma Fuentes	First Team
2019	Isai Rodriguez	First Team
2019	Garrett Calhoun	Second Team
2019	Alec Haines	Second Team
2019	Sukhi Khosla	Second Team
2019	Bryce Quigley	Second Team
2020	Alex Maier	First Team
2020	Kevin Mulcaire	First Team
2020	Daniel Nickell	First Team
2020	Isaiah Priddey	First Team
2020	Ryan Smeeton	First Team
2020	Adam Dayani	Second Team
2020	Alec Haines	Second Team
2020	Nicholas Kenville	Second Team
2020	Wyatt Landis	Second Team
2020	Isai Rodriguez	Second Team
2020	Victor Shitsama	Second Team
2021	Kian Davis	First Team
2021	Alex Maier	First Team
2021	Will Muirhead	First Team
2021	Kevin Mulcaire	First Team
2021	Jonas Price	First Team
2021	Isaiah Priddey	First Team
2021	Isai Rodriguez	First Team
2021	Ryan Schoppe*	First Team
2021	Ryan Smeeton	First Team
2021	Grant Wilcox	First Team
2021	Nicholas Kenville	Second Team
2021	Wyatt Landis	Second Team
2021	Daniel Nickell	Second Team
2022	Ben Calusinksi	First Team
2022	Alex Maier	First Team
2022	Will Muirhead	First Team
2022	Jonas Price	First Team
2022	Isaiah Priddey	First Team
2022	Isai Rodriguez	First Team
2022	Ryan Schoppe	First Team
2022	Grant Wilcox	First Team
2022	Juan Diego Castro	Second Team
2022	Chris Middleton-Pearson	Second Team
2022	Alex Stitt	Second Team
2023	Tate Barr	First Team
2023	Loann Brelivet	First Team
2023	Ben Calusinski	First Team
2023	Kian Davis	First Team
2023	Wyatt Landis	First Team
2023	Alex Maier	First Team
2023	Fouad Messaoudi	First Team
2023	Daniel Nickell	First Team
2023	Jonas Price	First Team
2023	Ryan Schoppe	First Team
2023	Victor Shitsama	First Team
2023	Gabe Simonsen	First Team
2023	Alex Stitt	First Team
2023	Grant Wilcox	First Team
2023	Will Muirhead	Second Team
2024	Tate Barr	First Team
2024	Ben Calusinski	First Team
2024	Kian Davis	First Team
2024	Jacob Deacon	First Team
2024	Hamish Hart	First Team
2024	Triston Read	First Team
2024	Ryan Schoppe	First Team
2024	Victor Shitsama	First Team
2024	Gabe Simonsen	First Team
2024	Alex Stitt	First Team
2024	Tim Synowiec	First Team
2024	Matt Thomas	First Team
2024	Grant Wilcox	First Team
2024	Mehdi Yanouri	First Team

USTFCCCA ALL-ACADEMIC TEAM (TRACK AND FIELD)

2002	Team Coached By Dick Weis
2003	Team Coached By Dick Weis
2005	Team Coached By Dick Weis
2006	Team Coached By Dick Weis
2007	Team Coached By Dick Weis
2008	Team Coached By Dick Weis
2009	Team Coached By Dave Smith
2010	Team Coached By Dave Smith
2012	Team Coached By Dave Smith
2013	Team Coached By Dave Smith
2014	Team Coached By Dave Smith
2015	Team Coached By Dave Smith
2016	Team Coached By Dave Smith
2017	Team Coached By Dave Smith
2018	Team Coached By Dave Smith
2019	Team Coached By Dave Smith
2020	Team Coached By Dave Smith
2021	Team Coached By Dave Smith
2022	Team Coached By Dave Smith
2023	Team Coached By Dave Smith
2024	Team Coached by Dave Smith
2025	Team Coached by Dave Smith

USTFCCCA ALL-ACADEMIC INDIVIDUALS (TRACK AND FIELD)

2002	Jason Woolhouse
2003	Derek Tate
2003	Greg Rouault
2005	David Pomies
2005	Brian Ehlis
2006	Ryan Vail
2006	David Pomies
2006	David Jankowski
2007	Daniel Watts
2007	Ryan Vail
2007	Ryan Ripley
2007	Joe Gray
2007	Michael Breshears
2008	Ryan Vail
2008	Terry Josserand
2008	David Jankowski
2008	Matt Barnes-Smith

Outstanding Academic Performers

2009	Matt Barnes-Smith
2009	German Fernandez
2009	Colby Lowe
2009	Alejandro Ruiz
2009	Ryan Vail
2010	Colby Lowe
2011	Taylor Buck
2011	Kirubel Erassa
2011	German Fernandez
2011	Andrew Hudson
2011	Colby Lowe
2011	Shane Moskowitz
2012	Kirubel Erassa
2012	German Fernandez
2012	Andrew Hudson
2012	Shadrack Kipchirchir
2012	Nick Miller
2012	Shane Moskowitz
2012	Nick Thorp
2013	Taylor Buck
2013	Fabian Clarkson
2013	Brian Gohlke
2013	Nick Miller
2016	Vegard Oelstad
2016	Bradley Johnson
2016	Craig Nowak
2016	Nick Miller
2017	Anthony Grogan
2017	Brad Johnson
2017	Craig Nowak
2017	Ryan Smeeton
2018	Kwame Donyinah
2018	Tanner Green
2018	Christian Liddell
2018	Luis Martinez
2018	Kevin Mulcaire
2018	Blake Scott
2019	Kurtis Cotton
2019	Mace Metcalf
2019	Blake Scott
2019	Ryan Smeeton
2020	Juan Diego Castro
2020	Alex Maier
2020	DeJuana McArthur
2020	Cash Merutka
2020	Blake Scott
2021	Max Braht
2021	Torrey Hickel
2021	Stephen Mackenzie
2021	Alex Maier
2021	Cash Merutka
2021	Jonas Price
2021	Isai Rodriguez
2021	Ryan Schoppe
2021	Ryan Smeeton
2021	Alex Stitt
2022	Max Braht
2022	Kian Davis
2022	Shea Foster
2022	Alex Maier
2022	Cash Merutka
2022	Fouad Messaoudi
2022	Isaiah Priddey
2022	Isai Rodriguez
2022	Ryan Schoppe
2022	Ryan Smeeton
2023	Philip Frank
2023	Hafez Mahadi
2023	Alex Maier
2023	Sam Mason
2023	Fouad Messaoudi
2023	Jonas Price
2023	Isaiah Priddey
2023	Isai Rodriguez
2023	Ryan Schoppe
2023	Alex Stitt
2024	Kian Davis
2024	Philip Frank
2024	Adisu Guadie
2024	Alex Maier
2024	Sam Mason
2024	Ryan Schoppe
2025	Kade Benjamn
2025	Kian Davis
2025	Adisu Guadie
2025	Sam Mason
2025	Fouad Messaoudi
2025	Cooper Moore
2025	Triston Read
2025	Ryan Schoppe
2025	Alex Stitt

ACADEMIC ALL-BIG 12 (TRACK AND FIELD)

1997	Erik Framme	First Team
1997	Scott Gray	First Team
1997	Christian Nicholson	First Team
1997	Chris Kebenei	Hon. Mention
1997	Lawrence Shortbull	Hon. Mention
1998	Erik Framme	First Team
1998	David Greenshields	First Team
1998	Aaron Hamburger	First Team
1998	Nathaniel Lane	First Team
1998	Rene Carlsen	Hon. Mention
1999	Rene Carlsen	First Team
1999	David Greenshields	First Team
1999	Andrew Hennesey	First Team
1999	Cameron Katchuk	First Team
1999	Nathaniel Lane	First Team
1999	Chris Nuttle	First Team
1999	David Metzger	First Team
1999	Staffan Stegmark	First Team
1999	Scott Gray	Hon. Mention
1999	Ben Phillips	Hon. Mention
1999	Jerry Rainey	Hon. Mention
2000	Jon Cordes	First Team
2000	David Greenshields	First Team
2000	Matt Hart	First Team
2000	Ben Lake	First Team
2000	Chris McWatters	First Team
2000	Greg Rouoult	First Team
2000	Ben Sigle	First Team
2000	Derek Tate	First Team
2000	Junior Vasquez	First Team
2000	Trey Vernon	First Team
2000	Chuck Sloan	Second Team
2001	Michael Cliff	First Team
2001	Kevin Connolly	First Team
2001	Jon Cordes	First Team
2001	Matt Hart	First Team
2001	Ben Lake	First Team
2001	Ben Sigle	First Team
2001	Derek Tate	First Team
2001	Trey Vernon	First Team
2001	Cameron Katchuk	Second Team
2001	Chris McWatters	Second Team
2001	Jason Woolhouse	Second Team
2002	Kevin Connolly	First Team
2002	Jon Cordes	First Team
2002	Ben Lake	First Team
2002	Chris McWatters	First Team
2002	Greg Rouault	First Team
2002	Ben Sigle	First Team
2002	Derek Tate	First Team
2002	Trey Vernon	First Team
2002	Jason Woolhouse	Second Team
2003	Ben Lake	First Team
2003	Sean McCabe	First Team
2003	Andrew Rihn	First Team
2003	Greg Rouault	First Team
2003	Ben Sigle	First Team
2003	Trey Vernon	First Team
2003	Justin Nobles	Second Team
2003	Cassidy Smith	Second Team
2003	Matt Thomson	Second Team
2003	Jason Woolhouse	Second Team
2004	Jason Woolhouse	First Team
2004	Sean McCabe	Second Team
2004	Ryan Ripley	Second Team
2005	Brian Ehlis	First Team
2005	David Foster	First Team
2005	Chris Lewis	First Team
2005	Justin Nobles	First Team
2005	David Pomies	First Team
2005	Luke Sigle	First Team
2005	Sean McCabe	Second Team
2006	Brian Gosnell	First Team
2006	Marcus Hershberger	First Team
2006	David Jankowski	First Team
2006	Terry Josserand	First Team
2006	Ibrahim Niankara	First Team
2006	David Pomies	First Team
2006	Alejandro Ruiz	First Team
2006	Ryan Vail	First Team
2006	Joe Gray	Second Team
2006	Justin Nobles	Second Team
2006	Ryan Ripley	Second Team
2006	Aaron Rivera	Second Team
2007	Matt Barnes-Smith	First Team
2007	Ryan Birkholz	First Team
2007	Brian Ehlis	First Team
2007	Joe Gray	First Team
2007	Ben Histand	First Team
2007	Ryan Ripley	First Team
2007	Alex Ruiz	First Team
2007	Ryan Vail	First Team
2007	Daniel Watts	First Team
2007	Tucker Weems	First Team
2007	Peter Wood	First Team
2007	Terry Josserand	Second Team
2007	Aaron Rivera	Second Team
2007	Marshall Summa	Second Team
2008	Matt Barnes-Smith	First Team
2008	Brian Ehlis	First Team
2008	Brian Gosnell	First Team
2008	David Jankowski	First Team
2008	Terry Josserand	First Team
2008	Alejandro Ruiz	First Team
2008	Ryan Vail	First Team
2009	Matt Barnes-Smith	First Team
2009	Brian Gosnell	First Team
2009	Alejandro Ruiz	First Team
2009	Ryan Vail	First Team
2009	Tucker Weems	First Team
2009	Daniel Watts	Second Team
2010	John Kosgei	First Team
2010	Colby Lowe	First Team
2010	Mark Nelson	First Team
2010	Tucker Weems	First Team
2010	Peter Wood	First Team
2010	David Chirchir	Second Team
2010	Daniel Watts	Second Team
2011	Raul Botezan	First Team
2011	Tom Farrell	First Team
2011	German Fernandez	First Team
2011	Colby Lowe	First Team
2011	Joseph Manilafasha	First Team

Outstanding Academic Performers

2011	Taylor Monaghan	First Team
2011	Mark Nelson	First Team
2012	Raul Botezan	First Team
2012	Taylor Monaghan	First Team
2012	Kirubel Erassa	First Team
2012	German Fernandez	First Team
2012	Andrew Hudson	First Team
2012	Colby Lowe	First Team
2012	Shane Moskowitz	First Team
2012	Neal Smith	First Team
2012	Nick Thorp	First Team
2013	Raul Botezan	First Team
2013	Taylor Buck	First Team
2013	Fabian Clarkson	First Team
2013	Kevin Colon	First Team
2013	Tom Farrell	First Team
2013	Brian Gohlke	First Team
2013	Shadrack Kipchirchir	First Team
2013	Nick Miller	First Team
2013	David Osborn	First Team
2013	Klaus Schmidt	First Team
2013	Neal Smith	First Team
2013	Zach Wills	First Team
2013	Tommy Casey	Second Team
2013	Kirubel Erassa	Second Team
2013	Cody Kenny	Second Team
2013	Taylor Monaghan	Second Team
2014	Taylor Buck	First Team
2014	Brian Gohlke	First Team
2014	Lance Gray	First Team
2014	Alexander Johansson	First Team
2014	Shadrack Kipchirchir	First Team
2014	Nick Miller	First Team
2014	David Osborn	First Team
2014	Nick Thorp	First Team
2014	Kevin Colon	Second Team
2014	Kirubel Erassa	Second Team
2014	Shane Moskowitz	Second Team
2014	Tyler Payton	Second Team
2015	Fabian Clarkson	First Team
2015	Brian Gohlke	First Team
2015	Lance Gray	First Team
2015	Brigham Hedges	First Team
2015	Cody Kenny	First Team
2015	Luis Martinez	First Team
2015	Nick Miller	First Team
2015	Craig Nowak	First Team
2015	Nick Thorp	First Team
2015	Chad Noelle	First Team
2016	Trenton Daniels	First Team
2016	Cerake Geberkidane	First Team
2016	Brian Gohlke	First Team
2016	Luis Martinez	First Team
2016	Nick Miller	First Team
2016	Craig Nowak	First Team
2016	Vegard Oelstad	First Team
2016	Brandon Singleton	First Team
2016	Cole Verble	First Team
2016	Ryan Wheatley	First Team
2016	Brigham Hedges	Second Team
2017	Bryce Balenseifen	First Team
2017	Tanner Green	First Team
2017	Anthony Grogan Jr.	First Team
2017	Bradley Johnson	First Team
2017	Craig Nowak	First Team
2017	Heinrich van Niekerk	First Team
2017	Cole Verble	First Team
2017	Ryan Wheatley	First Team
2017	Jacob Fincham-Dukes	Second Team
2017	Cole Norton	Second Team
2017	Brandon Singleton	Second Team
2017	Josh Thompson	Second Team
2018	Hassan Abdi	First Team
2018	Zachary Andrew	First Team
2018	Sylvester Barus	First Team
2018	Ben Butler	First Team
2018	Garrett Calhoun	Frist Team
2018	Dustan Davidson	First Team
2018	Noah Gade	First Team
2018	Eugene Grayson	First Team
2018	Tanner Green	First Team
2018	Alec Haines	First Team
2018	Wesley Hallof	First Team
2018	Torrey Hickel	First Team
2018	Brad Johnson	First Team
2018	Christian Liddell	First Team
2018	Luis Martinez	First Team
2018	Mace Metcalf	First Team
2018	Kevin Mulcaire	First Team
2018	Blake Scott	First Team
2018	Cole Verble	First Team
2018	Sean Casey	Second Team
2018	Logan Daily	Second Team
2018	Matthew Fayers	Second Team
2018	Jacob Fincham-Dukes	Second Team
2018	Temitope Olonisakin	Second Team
2018	Brandon Singleton	Second Team
2019	Joshua Anadu*	First Team
2019	Kurtis Cotton	First Team
2019	Wyatt Duvall	First Team
2019	Jake Dyer*	First Team
2019	William Edmonds	First Team
2019	Jacob Fincham-Dukes	First Team
2019	Noah Gade*	First Team
2019	Tanner Green*	First Team
2019	Alec Haines	First Team
2019	Wesley Hallof	First Team
2019	Torrey Hickel	First Team
2019	Harrison Hurley	First Team
2019	Nicholas Kenville	First Team
2019	Sukhi Khosla	First Team
2019	Owen Krewson	First Team
2019	Mace Metcalf	First Team
2019	Bryce Quigley	First Team
2019	Isai Rodriguez	First Team
2019	Blake Scott	First Team
2019	Ryan Smeeton	First Team
2019	Cole Verble*	First Team
2019	Garrett Calhoun	Second Team
2020	Josh Anadu	First Team
2020	Max Braht*	First Team
2020	Juan Diego Castro	First Team
2020	Kobe Christiansen	First Team
2020	KJ Cotton	First Team
2020	Wyatt Duvall	First Team
2020	Jake Dyer*	First Team
2020	Ashenafi Hatte	First Team
2020	Torrey Hickel	First Team
2020	Ayrton Ledesma Fuentes	First Team
2020	Mace Metcalf	First Team
2020	Kevin Mulcaire	First Team
2020	Isaiah Priddey	First Team
2020	Nick Roof	First Team
2020	Blake Scott	First Team
2020	Ryan Smeeton	First Team
2020	Will Edmonds	Second Team
2020	Alec Haines	Second Team
2020	Nicholas Kenvile	Second Team
2020	Sukhi Khosla	Second Team
2020	LaKyron Mays	Second Team
2020	Jorge Perez	Second Team
2020	Isai Rodriguez	Second Team
2021	Josh Anadu*	First Team
2021	Max Braht*	First Team
2021	Juan Diego Castro	First Team
2021	Kobe Christiansen	First Team
2021	K.J. Cotton	First Team
2021	Jake Dyer	First Team
2021	Will Edmonds	First Team
2021	Torrey Hickel	First Team
2021	Nick Kenville	First Team
2021	Sukhi Khosla	First Team
2021	Alex Maier	First Team
2021	Cash Merutka	First Team
2021	Kevin Mulcaire	First Team
2021	Isaiah Priddey	First Team
2021	Isai Rodriguez	First Team
2021	Ryan Smeeton	First Team
2021	Alec Haines	Second Team
2021	Ashton Hicks	Second Team
2022	Max Braht*	First Team
2022	Juan Diego Castro	First Team
2022	Kobe Christiansen	First Team
2022	Kian Davis	First Team
2022	Alex Maier	First Team
2022	Sam Mason	First Team
2022	Cash Merutka	First Team
2022	Calahan Newsome	First Team
2022	Isaiah Priddey	First Team
2022	Triston Read	First Team
2022	Isai Rodriguez	First Team
2022	Ryan Schoppe	First Team
2022	Ryan Smeeton*	First Team
2022	Alex Stitt	First Team
2022	Wyatt Landis	Second Team
2022	Will Muirhead	Second Team
2022	Cooper Newsome	Second Team
2022	Daniel Nickell	Second Team
2023	Kian Davis	First Team
2023	Wyatt Landis	First Team
2023	Hafez Mahadi	First Team
2023	Alex Maier	First Team
2023	Sam Mason	First Team
2023	Cash Merutka	First Team
2023	Fouad Messaoudi	First Team
2023	Nate Nuthman	First Team
2023	Jonas Price	First Team
2023	Isaiah Priddey	First Team
2023	Triston Read	First Team
2023	Isai Rodriguez	First Team
2023	Ryan Schoppe	First Team
2023	Crayton Shaw	First Team
2023	Victor Shitsama	First Team
2023	Alex Stitt	First Team
2023	Grant Wilcox	First Team
2023	Blair Anderson	Second Team
2023	EJ Berry	Second Team
2023	Ben Calusinski	Second Team
2023	Juan Diego Castro	Second Team
2023	Chris Middleton-Pearson	Second Team
2023	Will Muirhead	Second Team
2023	Daniel Nickell	Second Team
2023	Koryee Wyatt	Second Team
2024	Blair Anderson	First Team
2024	Tate Barr	First Team
2024	Kade Benjamin*	First Team
2024	Ben Calusinski	First Team
2024	Kian Davis	First Team
2024	James Edmond	First Team
2024	Philip Frank*	First Team
2024	Wyatt Landis	First Team
2024	Alex Maier	First Team
2024	Sam Mason	First Team
2024	Riley McGowan	First Team
2024	Daniel Nickell	First Team
2024	Jonas Price	First Team

Outstanding Academic Performers

2024	Triston Read	First Team
2024	Zac Robbins	First Team
2024	Ryan Schoppe	First Team
2024	Crayton Shaw	First Team
2024	Victor Shitsama	First Team
2024	Alex Stit	First Team
2024	Grant Wilcox	First Team
2024	Hafez Mahadi	Second Team
2024	Fouad Messaoudi	Second Team
2024	Will Muirhead	Second Team
2024	Sebastian Pesante	Second Team
2024	Mehdi Yanouri	Second Team
2025	Caio Almeida	First Team
2025	Blair Anderson	First Team
2025	Tate Barr	First Team
2025	Kade Benjamin	First Team
2025	Ty Cook	First Team
2025	Ben Currence	First Team
2025	Kian Davis	First Team
2025	Jacob Deacon	First Team
2025	James Edmond	First Team
2025	Adisu Guadie	First Team
2025	Hamish Hart	First Team
2025	Hafez Mahadi	First Team
2025	Sam Mason*	First Team
2025	Riley McGowan	First Team
2025	Fouad Messaoudi	First Team
2025	Will Muirhead	First Team
2025	Triston Read*	First Team
2025	Zac Robbins	First Team
2025	Ryan Schoppe	First Team
2025	Crayton Shaw	First Team
2025	Gabe Simonsen	First Team
2025	Alex Stitt	First Team
2025	Tim Synowiec	First Team
2025	Matt Thomas	First Team
2025	Carter Wilkerson	First Team
2025	Blake Wynne	First Team

* Indicates nominated with a 4.0 GPA

NCAA POST-GRADUATE SCHOLARSHIP

2008	David Jankowski
2012	Mark Nelson
2014	Taylor Monaghan

BIG 8/BIG 12 POST-GRADUATE SCHOLARSHIP

1986	Joe Metcalf
2004	Jason Woolhouse
2005	J.R. Lake
2008	Brian Ehlis
2009	Alejandro Ruiz
2019	Cole Verble

ARTHUR ASHE, JR. SPORTS SCHOLARS

2006	Terry Josserand	Third Team
2006	Alejandro Ruiz	Second Team
2006	Brian Gosnell	Second Team
2006	Ibrahim Niankara	First Team
2007	Alejandro Ruiz	Third Team
2007	Joe Gray	First Team
2007	Brian Gosnell	First Team
2008	Alejandro Ruiz	Third Team
2008	Terry Josserand	First Team
2008	Brian Gosnell	First Team
2009	Brian Gosnell	First Team
2009	Alejandro Ruiz	Third Team
2010	German Fernandez	Third Team
2011	German Fernandez	Second Team
2011	Joseph Manilafasha	Second Team
2012	Jacob Benn	Third Team
2012	Kirubel Erassa	Second Team
2012	German Fernandez	Second Team
2012	Joseph Manilafasha	Second Team
2012	Shane Moskowitz	First Team
2013	Shane Moskowitz	Third Team
2013	Shadrack Kipchirchir	Second Team
2013	Joseph Manilafasha	Second Team
2013	Austin Wright	Second Team
2014	Lance Gray	First Team
2014	Joseph Manilafasha	Second Team
2014	Alexander Johansson	Third Team
2014	Shadrack Kipchirchir	Third Team
2015	Lance Gray	First Team
2015	Luis Martinez	First Team
2016	Luis Martinez	First Team
2016	Brandon Singleton	Third Team
2024	Gabe Simonsen	Second Team

OSU MALE STUDENT-ATHLETE OF THE YEAR

2009	Ryan Vail
2012	Colby Lowe
2019	Cole Verble
2023	Fouad Messaoudi

Letterwinners

Abdi, Hassan	2016-19
Adair, Jeff	1984-87
Adair, Raymond	1931
Akers, Dale	1938-40
Aldridge, Ben	1948-50
Allison, Audley	1939
Almeida, Caio	2024-25
Alspaugh, Martin	1928
Anderson, Bill	1948-49
Anderson, Blair	2023-25
Anderson, Eric	1987
Anderson, John	1962-63
Andrews, Mike	1977-80
Appleman, Ron	1952-55
Armstrong, Anthoney	2015-17
Armstrong, Neil	1948
Arnold, Leslie	1983-84
Ashmore, Fred	1953-55
Ashworth, Ralph	1944-47
Atkinson, Shannon	1992-93
Babers, Don	1954
Balfour, A.	1925-26
Baller, Mickey	1963-64
Barnes, Henry	1911-14
Barnes-Smith, Matt	2005-09
Barnum, Beauford	1935
Bartholomew, Charlie	2022-23
Bartlett, Bob	1949
Barus, Sylvester	2016-18
Bass, Marvin	1931
Bates	1913
Bausch, Michael	1994-95
Bay, Hubert	1947-50
Beanblossom, Floyd	1918-22
Beck, Alan	1980
Benjamin, Kade	2025
Bell, Henry	1965-66
Benein, James	1970-72
Bennett, Mike	1987, 89-91
Bergstrom, Bjorn	2000
Bergstrom, Johan	2000
Berry, Elijah	2022-23
Berry, J.D.	1952
Bessette, Steve	1978
Bessire, Thomas	1921-22
Best, Leo	1927-29
Beyer, Frank	1946-48
Biggs, Jon	1984
Bilbo, John	1965-66
Birkholz, Ryan	2005-09
Blackburn, Evan	2002
Blackburn, Orlando	1929-30
Blackwell, C.D.	1910
Blakely, Glenn	1964-66
Boatright, Charles	1970-73
Boerner, Carl	1919
Bogerud, Bjorn	1955
Boggs, Butch	1973-75
Bokorney, Wayne	1951
Bolding, Jim	1968-72
Bolyard, Wayne	1919
Botezan, Raul	2010-13
Bothwell, Ray	1964
Bottger, Howard	1917-18
Bowers, Bill	1947-48
Bowles, Bill	1939-41
Bowman, Bill	1931
Boydston, Don	1940-42
Bradley, Ray	1936
Braht, Max	2021-22
Brandeberry, Bob	1950-51
Brazda, Jim	1942
Breshears, Michael	2005-06
Brewer, Charles	1914-15
Brewer, Greg	1983
Brewer-Johnson, Arlando	2015-16
Brewton, Maurice	1945-46
Briggs, Don	1980
Bringham, Robert	1932
Brisco, Jack	1916
Brock, Kirby	1970-71
Brooks, Garth	1981-84
Brooks, Kelley	1981-82
Brown, Jeff	1981
Brown, William	1992-93
Buck, Taylor	2011, 13
Bugg, Victor	1981
Bulger, Mack	1949
Bunch, Clarence	1933
Burke, Harold	1940-42
Burks, Randall	1972-73
Burns, Jack	1935
Burrus, Herschell	1938-40
Burrus, Ray	1966-68
Buser, Jim	1981-83, 85
Butler, Gram	1920
Butler, James	1979-82
Butler, Joe	1914-15
Bynum, Will	2025
Byrd, Andre	1992-93
Caldwell, Richard	1945
Calhoun, Garrett	2019-21
Calhoun, Robert	1928-30
Calmes, William	1922
Campbell, Don	1948-50
Campbell, Gary	1970
Campbell, Tyler	2003
Campbell, Walter	1922-23
Carberry, Roy	1958
Carden, Kevin	1986-87
Carlsen, Rene`	1996-97
Carroll, Ron	1958-59
Carson, Louis	1976
Casey, Henry	1938
Casey, Tommy	2013
Castro, Juan Diego	2019-23
Chancellor, Royce	1973-76
Chapman, Dale	1968-69
Childs, Don	1987
Chirchir, David	2007-09
Choate, Jim	1930
Christopher, Jim	1949
Churu, Gitogo	1996-97
Clapham, W.L.	1937-41
Claridge, C.C.	1913
Clark, Art	1942
Clarkson, Fabian	2011-15
Cleghorn, Jim	1940
Clemshire, Mark	1979
Cliff, Michael	1999
Clifford, Isbell	1943
Cloud, Hugh	1927-28, 31
Coldiron, Reed	1917
Cole, James	1992-93
Cole, Mike	1972-75
Coleman, Howard	1949
Coleman, James	1976, 78-80
Collins, Findley	1925
Collins, Glen	1970-73
Collins, Henry	1931-33
Collins, Merle	1931-33
Connolly, Kevin	2000-02
Cook, John	1967-68
Cook, Ty	2025
Cooper, Roarce	1985-87
Corbin, Carleton	1927
Cordes, Jonathan	2001
Cotton, Kurtis	2019
Cotton, Emory M.	1934
Coulter, Royce	1972-74
Covert, Ken	1956-59
Covert, Terry	1960-61
Cox, Dallas	1981
Crimmins, Bill	1941
Crissup, Jack	1968
Critchley, Kim	1995-96
Crowe, Bill	1943-46
Crutchfield, Joe	1956-57
Cue, Noel	1946-47
Culver, James	1981
Cumming, Colin	1973-76
Cumming, Ian	1974
Cummins, Terry	1983
Cundiff, Ellsworth	1936-37
Curb, Charles M.	1934
Curley, Elphonso	1995-96
Currence, Ben	2024
Curts, Larry	1967-69
Dale, Thomas	1919-21
Davidson, Dustan	2018
Davidson, James	1951
Davies, George	1961
Davis, Darrell	1961-63
Davis, Frank	1923-24
Davis, Kian	2022, 2024
Dayani, Adam	2019-20
Dean, Clifford	1921-22
Dean, Williams	1930
Dean Jr., Clifford	1946-48
Deaton, Vance	1941
DeLaCerda, Paul	1995-96
Delucia, Mario	1954
Devine, Joe John	1931
Dial, Frank	1937-39
Dial, Joe	1982-85
Dickerson, Lewis	1921-22
Dickerson, Paul	1957-58
Dickey, Daniel	1981
Diehl, Clarence	1910
Dodge, David	1930-31
Don-Wauchope, Iain	1995-96
Donnell, Leonard	1922
Donyinah, Kwame	2018
Donovan, Dennis	1918-22
Dooley, Aubrey	1958-60
Dorman, Verne	1913
Doroshuk, Peter	2005-08
Doty, Harold E.	1915
Droke, Arnold	1963-66
Duck, Lawerence	1930
Dunkin, Lonnie	1950-52
DuPont, Cedric	2000
Duvall, Wyatt	2019
Dyer, Jake	2021
Eckhoff, Frederick	1952-55
Edwards, H.C.	1940-41
Edwards, Randy	1979
Edwards, Randy	1979
Efaw, Forest	1938-40
Efaw, Paul	1947-50
Eggleston, L.J.	1940-41
Ehlis, Brian	2003-07
Eisenman, Bruce	1963-64
Eisenman, Miles	1959-60
Elder, Arthur	1936
Elliot, Tom	1951-52
Ellis, Kermit	1955-57
Ellis-Smith, James	1993-94
Elmore, John	1968-69
Engel, Richard	1966
English, Geoffrey	1972
Enlow, Russell	1922
Epperson, Jessee	1911
Erassa, Kirubel	2011-15
Ervin, Charles	1983
Evans, Jim	1982
Evans, Michael	1967-69
Face, Pascal	1991-92
Falls, Martino	2019
Farmer, Larry	1964-66
Farnsworth, Sean	1987-88
Farnsworth, Sean	1987
Farquharson, Glen	1959-60
Farrar, George	1944
Farrell, Tom	2010-13
Farrington, Olin M.	1920-21
Faulkner, John	1928-30
Fayers, Matthew	2014-18
Felkins, Floyd C.	1935
Fenimore, Bob	1944-46
Fennema, Pete	1916-18
Ferguson, Don	1962-63
Ferguson, F.	1911
Ferguson, Greg	1973-74
Ferguson, Reed	1955-57
Fernandez, German	2008-12
Fetzer, Dale C.	1917-19
Field, David	1964-66
Fieldsend, Trevor	1983-85
Fincham-Dukes, Jacob	2016-19
Finney, Jim	1922-23
Finnie, Ryan	2014
Firth, Eugene	1953-54
Fischel, Robert	1957
Fleming, Garwin	1928-30
Fleming, Sean	2007-10
Flood, Randall	1971
Floyd, Leroy	1940-41
Folk, John B.	1917-19
Foreman, Wayland	1977
Forney, Eric	1983-85
Foster, Anthony	1974
Foster, Ed	1930
Foster, Fay	1913-14
Foster, Shea	2021-22
Fowler, Ed	1940
Framme, Erik	1996-97
Frank, Philip	2023-24

Letterwinners

Franks, Charles	1949
Free, Winn	1949
Freel, Mark	1991-92
French, Joe	1932-33
Fretz, Mike	1986-89
Fritz, A.J.	1946-48
Frizzell, William A.	1930
Fuquay, Maurice	1943, 46-48
Fury, Steve	1987-89
Gaasch, Glen M.	1908-09
Gade, Noah	2014, 2018
Gallagher, Clarence	1932-34
Gallagher, Cliff	1916
Gallagher, E.C.	1908-09
Gallagher, Kenneth	1933-34
Gary, Gary	1972-75
Gattis, John	1945
Geberkidane, Cerake	2014-16
Geller, Henri	1952-55
George, Herbert	1942
Gerkin, Steve	1968-70
Geske, Rich	1975-76
Gibson, Dorey	1984
Gibson, George	1938-40
Gilchrist, Bill	1950-51
Givens, Malik	2016-17
Glasgow, Jeff	1967-68
Glass Jr., Peyton	1931-33
Goetz, John	1983
Gohlke, Brian	2012-16
Gordon, Harry	1937-39
Gosnell, Brian	2006-08
Govaerts, Ken	1961
Goza, J.C.	1990-91, 93
Graham, Herbert	1921
Graham, James	1955-56,59
Graham, Larry	1956-58
Graham, Ray	1960-62
Granados, Ayden	2024
Grassman, Delbert	1951-53
Gray, Clarence	1936
Gray, Joe	2004-07
Gray, Lance	2013
Gray, Ralph	1936
Gray, Scott	1997-98
Green, Tanner	2016-19
Greenshields, David	1999
Greer, John	1946
Grimes, Bill	1948
Groesbeck, James	1969-70
Grogan Jr., Anthony	2016-17
Guadie, Adisu	2023-24
Gungol, Walter	1923-24
Gungoli, Henry	1926
Gunther, Larry	1969-72
Gwinn, Stanley	1949
Haas, Bismark	1925
Haas, Samuel C.	1924
Haddox, Vernon	1958-60
Hafner, James	1941-43
Haines, Alec	2018-20
Halberstadt, John	1971-73
Hale	1915
Hall, Ross	1934
Hallof, Wesley	2016-17
Hamilton, Don	1973
Hankins, Cecil	1945
Haraughty, John	1961-62
Hardaway, Milton	1975
Hardin, Kirk	1976
Harlan, Tom	1958-60
Harlow, William	1964
Harrington, Foster	1932
Harrington, Richard	1933
Harris, Earl	1969-70
Hart, Matthew	2000
Harter, Reid	1971-73
Hastings, Joel H.	1928
Hatte, Ashenafi	2018
Havenstrite, Ralph	1912-15
Hays, Jack	1955-56
Hazley, Orlando	1957-59
Heard, Bill	1952-55
Hedges, Brigham	2014-16
Heidlage, Norvel	1936-37
Helmer, Soren	1994-95
Hennessy, Andrew	1999
Hershberger, Marcus	2002
Hester, Calvin	1966-68
Hibeman, William	1984-85
Hickel, Torrey	2019-21
Hicks, Ashton	2019-21
Higgens, Arthur	1910
Higgins, Ralph M.	1923-25
Hill, Greg	1980
Hill, Russell	1987-89
Hill, Tyreek	2014
Hoart, Roger	1946
Hobart, Roger	1947
Hobgood, Guy	1913
Hoeman, Gene	1942,47
Hohmann, Kyle	1983-84
Hohnson, Don Ed	1943
Holderman, John	1971-74
Holland, George	1969-72
Hollar, Charles	1954
Hollingshead, Estell	1919
Holsinger, Preston	1962-64
Horgan, Matthew	1992-93
Hornbostel, William	1969-70
Horner, Jack	1939-40
Horton, E.E.	1915
Hudson, Andrew	2011
Hudson, Jerry	1961-62
Hueston, O.C.	1913-16
Hull, David	1970
Hull, Michael	1969
Hunt, Llewellyn	1981-82, 84
Hurley, Harrison	2018
Hutcheson, Jamie	1978
Hutchinson, Bill	1949
Imagbe, Simon	2016-17
Ingram, Ron	1979-82
Inman, Wade	1981
Innis, Joe	1953
Ivory, Matt	1989-90
Jack, Floyd	1950-52
Jacks, Ted	1953
Jackson, Troy	1921
Jackson	1917
Jackson, Tyler	2015-18
Jacquet, Tom	1949
Jankowski, David	2004-07
Jarvis, Ed	1946-48
Jeffords	1908-10
Jenkins, Alvin	1930-32
Jensen, Brian	1995-96
Jessee, Walter B.	1909-11
Jester, Jack	1924
Johns, John	1929-31
Johnson, Art	1939-40
Johnson, Bradley	2016-17
Johnson, Don E.	1942
Johnson, Foster	1941-43
Johnson, John	1942-43
Johnson, John	1920
Johnson, Theo	1921
Johnston, Willis	1946
Jones, Albert	1981-84
Jones, Earl	1950
Jones, Kinnith	2002
Jones, S.C.	1909
Jones, Stephen	1979-80
Jones, Timauntay	2015
Josserand, Terry	2007-08
Kaal, Peter	1969-72
Kahoe, Bruce	1980-82
Karjalainen, Ossi	1990-91
Keas, Ron	1969
Kebenei, Chris	1996-97
Keen, Paul V.	1917-19
Kellert, Frank	1949
Kelley, Jim	1976-79
Kenny, Roy W.	1916
Kerbo, Elton	1946
Kerr, Bill	1955
Kewpa, Frank	1949
Khosla, Sukhi	2017, 2019
Kiernan, Neil	1992-93
King, Ron	1958
Kingman, Arthur	1928
Kingsolver, Jim	1957-58
Kinnaird, Tre'Tez	2016
Kioni-Kariuki, Solomon	1992-93
Kipchirchir, Shadrack	2011-14
Kipkemboi, Laban	2024-25
Kipngetich, Denis	2023-25
Kiptum, Patrick	1994-95
Kirch, Frederick	1927
Kirk, Phillip	1988-89
Kirtley, Gary	1958
Knight, Eugene	1919
Knight, Ralph O.	1931
Koerber, John	1968
Kosgei, John	2008-10
Kraft, Art	1952
Kratzer, R.E.	1919
Krause, Gary	1962
Krewson, Owen	2018
Krotzer, Korey	2013
Kroutil, Wayne	1950-52
Kurland, Bob	1945
Kurrsach, James	1972-73
Kurz, Jim	1950
Kuykendall, James	1967-69
Lacy, Aaron	1992-93
Ladner, Christian	1988-89
Lain, Taylor	1931
Lake, Ben	1999-2000
Lake, James	2001
Landquist, Sture	1954-56
Lane, Nathaniel	1997-98
Larkins, Paul	1983-86
Larue, Bob	1953-55
Laubert, Tom	1967-69
Lavelle, Dermathe	1984-85
Laverty, Russell	1963-65
Ledesma Fuentes, Ayrton	2018-19
Lee, Cook	1942
Leonard, John	1931
Leonard, Rory	2021-23
Levi, Itamar	2014-15
Liddell, Christian	2015-18
Linn, Larry	1964-66
Lister, Miles	1965-67
Little, Ryan	2008-10
Littlejohn, Ira	1932-34
Littlejohn, Paul	1992-93
Livingstone, Noyes	1912
London, Merlin E.	1949
Long, Justin	2019-20, 2023
Long, William	1919-20
Looper, Jerry	1956-58
Louderback, Paul	1981
Lowe, Colby	2008-12
Lowery, Keith	1914-15
Lowery, Phillip	1915
Lowman, Ed	1910-11
Lucas, Mike	1970
Lundgaard, Kris	1980
Lynch, David	1975-76
Lytle, Albert E.	1909
Madamba, Jorge	1957
Mahadi, Hafez	2023-25
Maier, Alex	2019-24
Maltby, Phil	1972-73
Manilafasha, Joseph	2010-11
Manke, Mike	1971-74
Mann, Louie	1961
Manwarring, Charles	1954-55
Marks, Ferrell	1952
Marks, Mike	1972-74
Marshall, Jon	1978
Martell, Paul	1978-80
Martin, Chris	1969-72
Martin, Gabe	1928
Martin, Gary	1975-76
Martin, Hal	1978-82
Martin, James	1942
Martinez, Luis	2014-18
Mashburn, Jesse	1955-57
Mason, Sam	2022-24
Mathiason, Jon	1978-81
Matthews, Brian	1985-87
Mayer, R.L.	1955-56
Mayes, Clay	2008
Mayfield, Curtis	1987
Mayfield, Rodney	1983
Mays, LaKyron	2019
McArthur, DeJuana	2020-24
McCabe, Sean	2002
McCain, Tom	1976
McCarroll, Tony	1984
McCoy, Carroll	1942
McCoy, Claire	1928
McCubbins, Chris	1965-67
McCubbins, Tipton	1966
McCullough, Dorris	1921-23

Letterwinners

McCullough, Lloyd 1919-21
McDonald, Leon 1920-22
McDoughall, Doug 1965-67
McElroy, Claud E. 1915
McElroy, Matt 2010
McFarling, Bob 1958
McGowan, Chris 1986-89
McGraw, Guy 1978-80
McGuire, Marcus 1930
McKinley, Kyle 1977-78
McPhail, Jack 1960-61
McWatters, Chris 2000
Meade, Leo 1974-78
Meadors, Max 1924-26
Meadors, William 1930
Mecheso, Girma 2009-10, 2012-13
Merutka, Andrew "Cash" 2020-23
Messaoudi, Fouad 2022-25
Metcalf, Dan 1961-62
Metcalf, Harold 1939-40
Metcalf, Jim 1942-43, 47
Metcalf, Jim 1965-67
Metcalf, Joe 1982-86
Metcalf, Kent 1958
Metcalf, Mace 2018-19
Metcalf, Wayne 1959-60
Middleton-Pearson, Chris 2020-23
Milfeld, Dwight 1939-40
Miller, Harold 1965
Miller, Jack 1962-64
Miller, Myron 1946-48
Miller, Nick 2012-16
Mincher, John 1951
Minor, Nelson 1915
Minton, Lee 1913
Mitchell, Mickey 1965-66
Mitschrick, Melville 1911-13
Monaghan, Taylor 2010-14
Moore, Ray 1962
Morgan, Clem 1940
Morris, Michael 1968
Morrissey, James 1991-94
Moseley, Melvin 1952-55
Moskowitz, Shane 2010-14
Muirhead, Will 2020-24
Mulcaire, Kevin 2018-21
Mullman, Robert 1965
Muncrief, Marion 1953-55
Munn, Bill 1940-42
Murphy, Patrick 1984
Murray, Jerhoemee 2007-08
Musau, Brian 2023-25
Mutai, Daniel 1994-95
Myers, Darnell 1976
Naas, Randall 1979-81, 83
Nash, Stuart 1990-91
Neighbors, Morris 1949
Newsome, Calahan 2018-19
Newsome, Cooper 2021
Nicholls, Ross 1941-43, 47
Nichter, Don 1969-71
Nicolson, Christian 1996-97
Nobles, Justin 2003, 05
Noelle, Chad 2014-16
Noll, Don 1969
North, Ewan 2001-02
Northrup, Clyde 1958-60
Norwood, Randall 1959
Nowak, Craig 2012-17
Nunley, Donovan 2017
Nuthman, Nate 2023
O'Donnell, Fred S. 1933
Odell, Clarence 1937-39
Oelstad, Vegard 2014-16
Olsen, Brian 1982-83
Olsen, Foster 1977
Orthwein, Bill 1978-79
Osafo, Dan 1976-78
Osborn, David 2011, 2014
Oswalt, Henry 1968
Page, Mason 2025
Parker, Austin W. 1926-27
Patillo, Julius 1940-41
Patterson, H. 1923
Patterson, John 1936
Patterson, Miller 1926-28
Patterson, Steve 1982-86
Patton, Glen 1975
Patton, Greg 1978-80, 82
Payne, Loyal F. 1913
Payton, Tyler 2011, 13-14
Pearson, Russell 1911-13
Peery, Jerald 1951-53
Pegues, Sam 1959-61
Pemberton, Marvin 1922-23
Pembroke, Hal 1968-70
Peoples, Brock 1994-95
Percival, Charles 1916
Perez, Jorge 2018
Perry, David 1964-66
Perry, John 1964-66
Perry, Frederick 1968
Pesante, Sebastian 2024
Pettes, Steve 1973-74
Pickett, Greg 1976-79
Pierce, Dale 1981-83
Pierson, Russell 1933
Pinocci, Mike 1975-76
Pipestem, Wilson 1988-91
Platt, Mike 1984
Plummer, Floyd 1955
Plummer, Gene 1958
Polk, Damon 1986-87
Pomies, David 2005-06
Potter, Bill 1908-10
Potts, John 1970-71
Powell, Ralph L. 1925-26
Prentice, Ryan 2009-11
Preston, John 1964-66
Price, Don 1984-85
Price, Jonas 2020-24
Priddey, Isaiah 2019-20, 2022-23
Prohaska, Ray 1950
Pukstas, Mindaugas 2003
Quigley, Bryce 2018-19
Quillen, Gary 1985
Rafter, Mark 1976-79
Rainey, Jerry 1999
Rakoczy, Frank 1973-74
Randlath 1919
Rantall, Scott 2001-02
Rapp, Workman 1933
Ray, David 1977
Redcorn, Wakon 1978
Regier, Sam 1942-43, 46
Reid, Lynn 1923
Renfrow, Robert 1968-69
Rethwisch 1923
Reudy, Roy 1951-53
Rhodd, Earl 1957
Rhodes, David 1985-86
Rice, Brooks 1951-53
Rice, Ernest 1968-69
Ricketts, Andrew 1986
Rigney, Carl 1933-34
Rihn, Andrew 2003
Ringwall, Bob 1974-75, 78
Ripley, Ryan 2003-06
Roach, Mike 1976-78
Robbins, Zac 2022
Roberts, Charles 1976-79
Roberts, Ed Ray 1956-57
Robertson, Richard 1950-51
Rodriguez, Isai 2018-23
Rollins, Matt 1980-81
Roof, Ken 1947-50
Rose, Bernard 1975-77
Rose, Steve 1968-69
Ross, Desmond 1984-86
Ross, Doug 1980
Ross, J.K. 1908-10
Rouault, Greg 2002
Roy, Howard 1927-28
Rozell, Greg 1979-81
Ruiz, Alejandro 2005-06
Rutledge, Howard 1931-32
Sanders, Bob 1952
Sanders, William 1975
Sartain, Randall 1974
Schermerhorn, Fred 1955-56
Schooley, Brent 1975-76, 79
Schoppe, Ryan 2020-25
Schroeder, Angus 1941-42
Schultz, Dennis 1970-73
Scott, Blake 2018-19
Scruggins, M. 1923
Shade, Larry 1969-71
Shaeffer, Emile 1978
Sharp, John 1980-83
Shavers, Mike 1978
Shields, Clarence 1936
Shitsama, Victor 2019-24
Shumski, Gary 1973-74
Sigle, Ben 2000
Simeroth, Bill 1950
Simeroth, Harold 1943, 46-47
Simmons, Tracy 1989-92
Singleton, Brandon 2015-18
Singleton, Eleck 1938-40
Sloan, Chuck 1996-99
Smeeton, Ryan 2017-22
Smith, Bernard 1957-61
Smith, Cassidy 2002
Smith, Harold 1960-62
Smith, J.H. 1911
Smith, Joe 1910-11
Smith, Jordon 2024-25
Smith, Justin 2022, 2024
Smith, Keith 1949
Smith, Ray 1965-67
Smith, Richard 1968-70
Snow, Lewis 1917-19
Sober, John 1963-65
Sooter, Clarence 1931-33
Spoon, L. 1926
Staggs, Kendall 1977-80
Starks, Sterling 1980-82, 84
Stebbings, Simon 1992-93
Stebbins, Robert 1909-10
Steele, Milam G. 1921
Stegmark, Staffan 1998-99
Stephens, Brian 1981-84
Stevens, George 1970-74
Stewart, Chet 1937-38, 40
Stice, Glennis 1937-39
Stilley, Charles 1973-75
Stites, Troy 1950
Stitt, Alex 2022-25
Stolpe, John 1963
Stolpe, Richard 1947-48, 50
Stone, Stan 1969-71
Stover, Curtis 1952-54
Stratton, Sam A. 1924-26
Strong, Bill 1960-62
Strong, Charles 1961-63
Stoves, Chris 2004
Stublaski, Johnathan 2009-11
Surrell, John 1952-54
Sutton, Eddie 1951
Swezey, David 1980-82
Swim, Herbert C. 1927-28
Tabor, John 1949
Talbot, A.E. 1909-12
Tarrant, Harold 1947-48, 50
Tarver, Darian 2024
Tate, Cleve 1936-38
Tate, Derek 2000-02
Tate, Ralph 1941-43, 46
Tate, Rickey 1974-76
Taton, Bob 1931-33
Taylor, C. 1926
Taylor, Jack 1941-42
Taylor, Ralph 1948, 50-51
Teakall, J.R. 1946-48
Teeters, John 2014-16
Terranova, Edward 1951
Thomas, Bill 1948
Thomas, Curtis 1981-84
Thompson, Bryan 1929-30
Thompson, Claude 1945
Thompson, Joshua 2015-17
Thompson, Leonard 1974-75
Thompson, Lloyd 1928
Thomson, Matt 2002
Thornton, Sam 1971-72
Thorp, Nick 2014
Tier, Jess 1963-65
Tomlinson, B.L. 1949
Turnbull, John 1969-70
Turner, Clay 1977
Twinting, Mark 1972
Vail, Ryan 2005-09
Vance, Albert 1914
Vance, Leon R. 1912-14
Vasquez, David 1999-2000
Vasquez, Mark 1982-83
Verble, Cole 2019
Vernon, Trey 2000

Letterwinners

Vezeay, Bill	1939
Vezey, Earl	1910
Vilhauer, Justin	2013-14
Vilijoen, Trevor	1974-77
Voegeli, Daniel	2000
Voight, John	1947-50
Von Ruden, Tom	1964-66
Voyles, Carl	1920
Vrooman, Roscoe	1952-54
Wade, Frank	1959
Walker, Ken	1975
Waller, Steve	1987-88
Wallis, John	1922
Wanjiku, James	2004
Ward, Jim	1949
Warren, Bill	1954
Warren, Randolph	1942
Watson, H.C.	1949
Watson, Wayne	1911-13
Watts, Daniel	2006-09
Webster, Don	1948
Webster, Ronald	1993-94
Weis, Joe	1990-93
Welch, Doug	1979
Wells, Paul	1951-53
Wheatley, Ryan	2014, 16
Whiteside, C.A.	1912
Widjedal, Hakan	1988-89
Wilborn, Mickey	1952-54
Wild, Jon	1992-95
Wile, Otis	1925
Wilhelm, Bruce	1967
Wilkinson, Dean	1959-60
Wilkinson, Tary	1956-58
Williams, Bill	1951-53
Williams, Carl	1933
Williams, Clinton	1927-28
Williams, David	1986
Williams, John	1969-71
Williams, Paul	1983-84
Williams, Quentin	1927-28
Williams, Ron	1984
Williams, W.	1921
Wilson, Greg	1992-93
Winn, Ed	1962-64
Winningham, John	1963-65
Witt, Henry	1924
Witt, Ron	1956
Womack, Terry	1984
Wood, Peter	2009
Wood, John	1991-92
Wood, Mike	1982-85
Woods, Ed	1916
Woodson, Mort	1914-15
Woolfolk, Delane	1955-56
Woolhouse, Jason	2000
Wooten, Norman	1973
Workman, David	1979-80
Wortham, Wesley	1974
Wright, Bill	1952-53
Wright, Bruce	1998-99
Wright, Clifford	1936
Wright, Elmer	1938
Wright, Jack	1971-72
Wright, R.V.	1937-39
Wyatt, Koryee	2022
Wyatt, Williams	1934
Wynne, Blake	2024
Yanouri, Mehdi	2023-25
Yehle, Ken	1975-76
Yoakum, Bentley	1936-39
Yost, W.M.	1910
Young, Brian	1996-97
Zachary, Ken	1984

NATIONAL CHAMPION
CAMPUS OF CHAMPIONS

Oklahoma State University

A land-grant institution with more than 35,000 students across a five-campus system, we've graduated more than 290,000 students to serve the state of Oklahoma, the nation and the world.

A bold aspiration

Oklahoma State University intends to become the nation's preeminent land-grant university

From their founding in the 19th century, land-grant universities have carried a distinctly American charge captured in the words of the Morrill Act of 1862:

"to promote the liberal and practical education of the industrial classes in the several pursuits and professions in life."

Through teaching, research and Extension, the Land-Grant institutions steward a timeless responsibility: to raise successive generations of servant-leaders; to engage as vital members of their communities; to bring research and new knowledge to better prepare students for the world they will enter; and to extend critical knowledge and expertise to meet society's most pressing problems — the "grand challenges" facing civilization.

Three Pillars

Instruction
OSU provides the highest quality education in a variety of different majors using the latest teaching methods.

Research
OSU is creating the next generation of scientists, thinkers and scholars through its tradition of research excellence.

Extension
OSU's Cooperative Extension connects people across the nation and world with the latest research and practical solutions.

Core Values

Community
Foster a strong sense of community based on shared governance among student, faculty, staff and administration.

Respect
Respect and value all individuals, beliefs and opinions.

Service
Serving others is a noble and worthy endeavor and distinguishing feature of a land-grant institution.

Steward of Resources
Dedicated to the efficient and effective use of resources and sustainability.

Excellence
Seek excellence in all endeavors and commitment to continuous improvement.

Integrity
Commitment to the principles of truth and honesty.

Intellectual Freedom
Believe in ethical and scholarly questioning that respects the rights of all to freely pursue knowledge.

OSU/A&M Board of Regents

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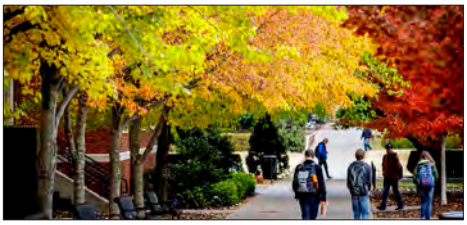
Oklahoma State University

Hailing from all 50 states and more than 100 countries, we are united by the Cowboy Code.

- We end the day knowing we gave it everything we had.
- We dream as big as the sky.
- We know challenges come with pain, but pain will not win.
- We have a passion to do what's right, even when it's hard.
- We stand for what matters, even if we stand alone.
- We finish what we start.
- Being a Cowboy isn't in our clothes, it's in our character.

- Inspired by James P. Owen's 2004 book "Cowboy Ethics: What Wall Street Can Learn from The Code of the West."



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Fast Facts

Size
- 27,241 students
- 35% out-of-state students
- 19:1 student-to-faculty ratio

Location & transportation
Stillwater, Oklahoma
- 60 miles from Oklahoma City and Tulsa
- Average temperature: 59°F (Average high in August: 93°F; average low in January: 26°F)
- Stillwater Regional Airport (SWO) provides daily nonstop flights to and from Dallas/Fort Worth International Airport
- 49,525 residents in Stillwater
- Community buses and transit are free to OSU students, faculty and staff with a valid OSU ID card

Academics
- Six academic colleges, plus the College of Veterinary Medicine and the OSU College of Osteopathic Medicine at the Cherokee Nation
- 300+ undergraduate majors and options
- 79 master's programs
- 45 doctoral programs

Student life
- 400+ student organizations
- 32 residence halls
- 13 living-learning communities
- 45 fraternities and sororities

What we're known for
America's Brightest Orange
- America's Greatest Homecoming, which welcomes over 80,000 Cowboys and visitors
- Famous alumni: Garth Brooks (country music singer), T. Boone Pickens (business magnate and financier), Barry Sanders (NFL hall-of-famer), Anita Hill (attorney, professor)
- Cowboy family
- Leader in research impacting health, engineering and the world around us
- Oklahoma's first Truman Honor Institution
- One of the largest comprehensive university student unions in the world
- Edmon Low Library — one of the top 100 academic research libraries

University President

Dr. Jim Hess

University President
First Year | Northeastern State | Ed.D. from OSU

An educator who puts students first, Dr. Jim Hess brings over four decades of transformative leadership to his role as Oklahoma State University's president. His remarkable journey from small-town Oklahoma to the presidency demonstrates the power of education to change lives.

Born in Henryetta, Oklahoma, Hess earned his bachelor's and master's degrees at Northeastern State University before completing his doctorate at OSU. Hess was named president by the Board of Regents in April 2025 after serving as interim president since February 2025.

Known for his commitment to student experience and innovative approach to education, Hess has consistently led transformational change. At OSU-Tulsa, he doubled enrollment and created the popular Big Orange Bus shuttle service connecting Tulsa and Stillwater campuses. At the OSU Center for Health Sciences, he expanded the OSU Physicians Group tenfold while championing innovative online graduate programs that made OSU-CHS the only institution in Oklahoma's higher education system to achieve consecutive enrollment growth for a decade.

Despite his administrative responsibilities, Hess remained dedicated to teaching, carrying a full graduate course load each semester. His pioneering work establishing new graduate programs — including degrees in Healthcare Administration, Global Health, Medical Sciences and Forensic Sciences — reflects his belief that education should evolve to meet students' changing needs.

One of his most significant achievements came in securing OSU Medical Center as the nation's only osteopathic teaching hospital, creating unprecedented opportunities for medical students. This accomplishment, along with his many others, led to his induction into the Oklahoma Higher Education Hall of Fame in 2023.

Hess brings a unique blend of visionary leadership, financial acumen and authentic connection to students to the presidency. His ability to transform institutions while maintaining their core missions makes him exceptionally qualified to lead OSU's next chapter.

He and his wife, Angela, have two children, John and Bonnie, and four grandchildren: Johnny, Brooklyn, Billie and Bradley.

Athletic Director Chad Weiberg

Chad Weiberg

Athletics Director
Fifth Year | Oklahoma State, 1994

Chad Weiberg assumed the role of Oklahoma State Vice President and Athletic Director in July of 2021 after having spent the previous four years as OSU's Deputy Athletic Director.

The timing of his promotion to athletic director lined up with seismic shifts in national landscape of college sports. Realignment within the Big 12 Conference and the emergence of Name, Image and Likeness both occurred within a month of Weiberg's start date. The transformative House settlement also happened with Weiberg at the helm.

With that as the backdrop, in the modernized world of college athletics, Weiberg's OSU has been a force in competition. A sampling of Oklahoma State's accomplishments during his four years as athletic director:

- Oklahoma State won team national championships in equestrian (2022), men's cross country (2023) and men's golf (2025).
- OSU won 18 Big 12 team conference championships across its 18 varsity sports.
- Oklahoma State finished in the top 30 of the Learfield Directors' Cup standings each year. Its average national finish of 24.0 during Weiberg's tenure leads the Big 12 and represents the second-best four-year run of performance for OSU since the Learfield Directors Cup launched in 1993-94.
- Oklahoma State won the all-sports Phillips 66 Bedlam Series over in-state rival Oklahoma three times and tied the Bedlam Series once.
- The Cowboy Football team beat No. 5 Notre Dame in the 2021 Fiesta Bowl, had a winning record over Oklahoma and twice appeared in the Big 12 Championship Game.
- Oklahoma State produced 178 All-Americans across all sports, the highest four-year total in school history.

Chad Weiberg Career Path

1994-99	Oklahoma State Athletics	Director of Corporate Sales and Donor Relations
1999-2002	Oklahoma State Alumni Association	Senior Director of Field Operations
2002-03	Oklahoma State Foundation/ College of Business Administration	Director of Development
2003-04	Oklahoma State Athletics	Director of Development
2004-05	Kansas State Foundation	Director of Corporate Relations
2005-15	Kansas State Athletics	Director of Major Gifts from 2005-09 Associate A.D./Development from 2009-15
2015-17	Texas Tech Athletics	Deputy Athletic Director
2017-pres.	Oklahoma State Athletics	Deputy Athletic Director from 2017-21 Athletic Director from 2021-present

Athletic Director Chad Weiberg

As athletic director, Chad Weiberg hired head coaches Jacie Hoyt (women's basketball), Steve Lutz (men's basketball) and David Taylor (wrestling).

OSU's broad-based success reflects how the department has evolved in ways that produce a meaningful advantage. Some of the key initiatives developed within OSU Athletics under Weiberg:

- Implementing revenue share for student-athletes.
- The creation of a name, image and likeness department with a dedicated full-time director and assistant director.
- A partnership between OSU Athletics and the Spears School of Business to create the innovative Brand Squad, which pairs the best and brightest students in OSU's famed Spears School of Business with student-athletes for the purpose of creating a personal brand and managing NIL opportunities, as well as coordinating with supporters establishing new collectives to provide NIL opportunities for OSU student-athletes.
- The creation of the POSSE STAR Fund to provide student-athletes financial rewards for achieving academic success in accordance with the Supreme Court ruling on Alston vs. NCAA.
- The creation of a student-athlete leadership and professional development program with a dedicated full-time director and assistant director to help position student-athletes for success beyond sports.
- Numerous structural and cosmetic upgrades to Boone Pickens Stadium geared toward improving the fan experience.
- Innovative forms of revenue generation that included making Oklahoma State one of the first schools to sell a football field logo sponsorship and to add football field-level suites.
- A partnership with Sport and Story to create OSU's own streaming service, OSU Max.
- Converting Boone Pickens Stadium into a world-class concert venue for The Boys from Oklahoma four-day event in the spring of 2025.

Weiberg has made four head coach hires, successfully recruiting Jacie Hoyt (women's basketball), Steve Lutz (men's basketball) and David Taylor (wrestling) to Stillwater and elevating Annie Young (women's golf) from OSU assistant coach to head coach.

Oklahoma State hosted NCAA Championship events in men's and women's cross country (2022), wrestling (2023) and men's and women's tennis (2024) under Weiberg, providing the Cowboys and Cowgirls with added visibility on the national level.

Also on the national level, Weiberg was on the College Football Playoff Future Format Athletic Directors Focus Group and in September of 2024, he joined the NCAA Division I men's basketball committee for a five-year term.

In 2023-24, he served as chair of the Big 12 Athletic Directors.

Prior to his elevation to athletic director, Weiberg served as OSU's Deputy Athletic Director from 2017-21. In that role, Weiberg was the chief operating officer, second-in-command and responsible for the day-to-day operations of the athletics department. He served as Athletic Director Mike Holder's administrative liaison for football and men's basketball and was responsible for football scheduling.

During his time as Deputy AD, he played a significant role in successfully navigating OSU Athletics through the COVID pandemic. Notably, he developed a partnership with the Oklahoma State University Center for Health Sciences that helped produce the planning and resources to keep Cowboy and Cowgirl student-athletes healthy, safe and ready for competition.

Weiberg was a key figure in several important initiatives that benefited student-athletes and fans alike. A little more than one year after Weiberg's arrival, OSU added a director of counseling and sport psychology position within the athletic department to better serve the mental health of student-athletes.

He also played a key part in improving OSU's gameday experience. Highlights include the addition of one of the largest video boards at a college-only football stadium, the addition of alcohol sales at OSU athletic venues and expanded concession offerings.

Weiberg is a 1994 OSU graduate with a degree in business administration. He earned a master's degree in business administration from OSU in 2002. After earning his undergraduate degree, he served as the director of corporate sales and donor relations for OSU Athletics until 1999. He served as senior director of field operations for the OSU Alumni Association from 1999-2002 before becoming the director of development for the OSU Foundation/College of Business Administration from 2002-03. He held a similar role for OSU Athletics from 2003-04 before moving to Kansas State.

At K-State, Weiberg served the KSU Foundation as Director of Corporate Relations for a year before becoming the Director of Major Gifts for K-State Athletics in 2005. Weiberg assumed the lead role for K-State Athletics' Ahearn Fund in 2009 and, for his team's efforts, was recognized as the National Fundraiser of the Year by the National Association of Athletic Development Directors in 2014. Weiberg was the Senior Associate Athletic Director for Development when he left K-State in 2015 to become Deputy Director of Athletics at Texas Tech University, a role in which he served for two years before returning to his alma mater in 2017.

College athletics have played a key role in Weiberg's life from an early age. His father, Mick, and brother, Brett were both college basketball head coaches and his brother, Jared, played basketball at OSU under Eddie Sutton for a year before moving into the role of team manager. Weiberg's uncle, Kevin, served as Big 12 commissioner.

Weiberg and his wife, Jodi, have two children, Ella and Grant.

Team National Championships

Oklahoma State leads the Big 12 and is sixth nationally with 54 NCAA team titles.

Most NCAA Team Championships *(Entering 2025-26)*		
	Stanford	136
	UCLA	123
	USC	114
	Texas	60
	Penn State	55
	Oklahoma State	54
	Arkansas	52
	North Carolina	52
	LSU	48
	Florida	44
	California	43

BIG 12 CONFERENCE NCAA TEAM CHAMPIONSHIPS ENTERING 2025-26

Data according to the NCAA Historical Championships Dashboard

Oklahoma State Team National Championships

Year	*Sport*	*Coach*
1928	Wrestling	Ed Gallagher - Coach
1929	Wrestling	Ed Gallagher - Coach
1930	Wrestling	Ed Gallagher - Coach
1931	Wrestling	Ed Gallagher - Coach
1933	Wrestling	Ed Gallagher - Coach
1934	Wrestling	Ed Gallagher - Coach
1935	Wrestling	Ed Gallagher - Coach
1937	Wrestling	Ed Gallagher - Coach
1938	Wrestling	Ed Gallagher - Coach
1939	Wrestling	Ed Gallagher - Coach
1940	Wrestling	Ed Gallagher - Coach
1941	Wrestling	Art Griffith - Coach
1942	Wrestling	Art Griffith - Coach
1945	Football (AFCA)	Jim Lookabaugh - Coach
1945	Men's Basketball	Henry Iba - Coach
1946	Men's Basketball	Henry Iba - Coach
1946	Wrestling	Art Griffith - Coach
1948	Wrestling	Art Griffith - Coach
1949	Wrestling	Art Griffith - Coach

Year	*Sport*	*Coach*
1954	Men's Cross Country	Ralph Higgins - Coach
1954	Wrestling	Art Griffith - Coach
1955	Wrestling	Art Griffith - Coach
1956	Wrestling	Art Griffith - Coach
1958	Wrestling	Myron Roderick - Coach
1959	Baseball	Toby Greene - Coach
1959	Wrestling	Myron Roderick - Coach
1961	Wrestling	Myron Roderick - Coach
1962	Wrestling	Myron Roderick - Coach
1963	Men's Golf	Labron Harris - Coach
1964	Wrestling	Myron Roderick - Coach
1966	Wrestling	Myron Roderick - Coach
1968	Wrestling	Myron Roderick - Coach
1971	Wrestling	Tommy Chesbro - Coach
1976	Men's Golf	Mike Holder - Coach
1978	Men's Golf	Mike Holder - Coach
1980	Men's Golf	Mike Holder - Coach
1983	Men's Golf	Mike Holder - Coach
1987	Men's Golf	Mike Holder - Coach

Year	*Sport*	*Coach*
1989	Wrestling	Joe Seay - Coach
1990	Wrestling	Joe Seay - Coach
1991	Men's Golf	Mike Holder - Coach
1994	Wrestling	John Smith - Coach
1995	Men's Golf	Mike Holder - Coach
2000	Men's Golf	Mike Holder - Coach
2003	Wrestling	John Smith - Coach
2004	Wrestling	John Smith - Coach
2005	Wrestling	John Smith - Coach
2006	Wrestling	John Smith - Coach
2006	Men's Golf	Mike McGraw - Coach
2009	Men's Cross Country	Dave Smith - Coach
2010	Men's Cross Country	Dave Smith - Coach
2012	Men's Cross Country	Dave Smith - Coach
2018	Men's Golf	Alan Bratton - Coach
2022	Equestrian (NCEA)	Larry Sanchez - Coach
2023	Men's Cross Country	Dave Smith - Coach
2025	Men's Golf	Alan Bratton - Coach

Individual National Championships

NCAA Individual Championships	
Wrestling	145
Women's Track and Field - Indoors	5
Men's Track and Field - Indoors	22
Women's Track and Field - Outdoors	3
Men's Track and Field - Outdoors	17
Women's Golf	1
Men's Golf	9
Total across all sports	**202**

Oklahoma State has won 202 individual NCAA championships

OSU student-athletes have won individual national titles in wrestling, men's and women's track and field and men's and women's golf

Year	Champion	Sport	Classification
1928	Harold DeMarsh	Wrestling	125 pounds
1928	Melvin Clodfelter	Wrestling	145 pounds
1928	George Rule	Wrestling	175 pounds
1928	Earl McCready	Wrestling	Heavyweight
1929	George Bancroft	Wrestling	135 pounds
1929	Jack VanBebber	Wrestling	165 pounds
1929	Conrad Caldwell	Wrestling	175 pounds
1929	Earl McCready	Wrestling	Heavyweight
1930	Jack VanBebber	Wrestling	165 pounds
1930	Conrad Caldwell	Wrestling	175 pounds
1930	Earl McCready	Wrestling	Heavyweight
1931	Bobby Pearce	Wrestling	126 pounds
1931	Leroy McGuirk	Wrestling	155 pounds
1931	Jack VanBebber	Wrestling	165 pounds
1931	Conrad Caldwell	Wrestling	175 pounds
1933	Rex Peery	Wrestling	118 pounds
1933	Ross Flood	Wrestling	126 pounds
1933	Alan Kelley	Wrestling	145 pounds
1934	Rex Peery	Wrestling	118 pounds
1934	Ross Flood	Wrestling	126 pounds
1934	Alan Kelly	Wrestling	145 pounds
1935	Rex Peery	Wrestling	118 pounds
1935	Ross Flood	Wrestling	126 pounds
1935	Frank Lewis	Wrestling	155 pounds
1936	Harley (Doc) Strong	Wrestling	145 pounds
1937	Joe McDaniel	Wrestling	118 pounds
1937	Stanley Henson	Wrestling	145 pounds
1937	Harvey Base	Wrestling	165 pounds
1937	Loyd Ricks	Wrestling	Heavyweight
1938	Joe McDaniel	Wrestling	118 pounds
1938	Stanley Henson	Wrestling	145 pounds
1938	Dale Scriven	Wrestling	155 pounds
1939	Joe McDaniel	Wrestling	121 pounds
1939	Stanley Henson	Wrestling	155 pounds
1939	John Harrell	Wrestling	Heavyweight
1940	Al Whitehurst	Wrestling	136 pounds
1940	Vernon Logan	Wrestling	155 pounds
1941	Al Whitehurst	Wrestling	136 pounds
1941	David Arndt	Wrestling	145 pounds
1941	Earl VanBebber	Wrestling	155 pounds
1941	Virgil Smith	Wrestling	165 pounds
1942	David Arndt	Wrestling	145 pounds
1942	Vernon Logan	Wrestling	155 pounds
1942	Virgil Smith	Wrestling	165 pounds
1942	Loyd Arms	Wrestling	Heavyweight
1946	David Arndt	Wrestling	136 pounds
1946	George Dorsch	Wrestling	175 pounds
1947	Richard Hutton	Wrestling	Heavyweight
1948	Jack St. Clair	Wrestling	155 pounds
1948	Richard Hutton	Wrestling	Heavyweight
1949	Charles Hetrick	Wrestling	128 pounds
1949	Jim Gregson	Wrestling	175 pounds
1950	Richard Hutton	Wrestling	Heavyweight
1951	George Layman	Wrestling	137 pounds
1951	Grover Rains	Wrestling	177 pounds
1952	George Layman	Wrestling	137 pounds
1952	Gene Nicks	Wrestling	Heavyweight
1953	Earl Moeller	Men's Golf	Men's Golf
1953	Ned Blass	Wrestling	177 pounds
1954	Myron Roderick	Wrestling	137 pounds

Individual National Championships

Year	Champion	Sport	Classification
1954	Ned Blass	Wrestling	177 pounds
1954	Gene Nicks	Wrestling	Heavyweight
1955	J.W. Mashburn	Men's Outdoor Track and Field	440 yards
1955	Myron Roderick	Wrestling	130 pounds
1955	Fred Davis	Wrestling	167 pounds
1956	J.W. Mashburn	Men's Outdoor Track and Field	400 meters
1956	J.W. Mashburn	Men's Outdoor Track and Field	440 yards
1956	Jim Graham	Men's Outdoor Track and Field	Pole vault
1956	Myron Roderick	Wrestling	130 pounds
1957	Doug Blubaugh	Wrestling	157 pounds
1958	Richard Beattie	Wrestling	157 pounds
1958	Duane Murty	Wrestling	167 pounds
1959	Jim Graham	Men's Outdoor Track and Field	Pole vault
1959	Richard Beattie	Wrestling	157 pounds
1959	Ted Ellis	Wrestling	Heavyweight
1961	George Davies	Men's Outdoor Track and Field	Pole vault
1961	Phil Kinyon	Wrestling	157 pounds
1961	Bob Johnson	Wrestling	177 pounds
1962	Masaaki Hatta	Wrestling	123 pounds
1962	Ronnie Clinton	Wrestling	167 pounds
1962	Bob Johnson	Wrestling	177 pounds
1964	Yojiro Uetake	Wrestling	130 pounds
1964	Joe James	Wrestling	Heavyweight
1965	Tom von Ruden	Men's Indoor Track and Field	880 yards
1965	Jim Metcalf	Men's Indoor Track and Field	Two-mile relay
1965	John Perry	Men's Indoor Track and Field	Two-mile relay
1965	Tom von Ruden	Men's Indoor Track and Field	Two-mile relay
1965	Dave Perry	Men's Indoor Track and Field	Two-mile relay
1965	Tadaaki Hatta	Wrestling	115 pounds
1965	Yojiro Uetake	Wrestling	130 pounds
1965	Jack Brisco	Wrestling	191 pounds
1966	Arnold Droke	Men's Indoor Track and Field	Two-mile relay
1966	Jim Metcalf	Men's Indoor Track and Field	Two-mile relay
1966	John Perry	Men's Indoor Track and Field	Two-mile relay
1966	Tom von Ruden	Men's Indoor Track and Field	Two-mile relay
1966	Yojiro Uetake	Wrestling	130 pounds
1966	Gene Davis	Wrestling	137 pounds
1966	Bill Harlow	Wrestling	190 pounds
1967	Chris McCubbins	Men's Outdoor Track and Field	Steeplechase
1967	Fred Fozzard	Wrestling	177 pounds
1968	Grier Jones	Men's Golf	Men's Golf
1968	Dwayne Keller	Wrestling	123 pounds
1970	Dwayne Keller	Wrestling	126 pounds
1970	Darrell Keller	Wrestling	134 pounds
1970	Geoff Baum	Wrestling	190 pounds
1971	Yoshiro Fujita	Wrestling	126 pounds
1971	Darrell Keller	Wrestling	142 pounds
1971	Geoff Baum	Wrestling	177 pounds
1972	John Halberstadt	Men's Outdoor Track and Field	10000 meters
1972	Jim Bolding	Men's Outdoor Track and Field	400 meter hurdles
1972	Jim Bolding	Men's Outdoor Track and Field	440 meter hurdles
1975	Ron Ray	Wrestling	167 pounds
1976	Jimmy Jackson	Wrestling	Heavyweight
1977	Steve Barrett	Wrestling	142 pounds
1977	Jimmy Jackson	Wrestling	Heavyweight
1978	David Edwards	Men's Golf	Men's Golf
1978	Jimmy Jackson	Wrestling	Heavyweight
1979	Eric Wais	Wrestling	190 pounds
1980	Lee Roy Smith	Wrestling	142 pounds
1980	Ricky Stewart	Wrestling	158 pounds
1981	Ricky Stewart	Wrestling	158 pounds
1982	James Butler	Men's Outdoor Track and Field	200 meters
1983	Clar Anderson	Wrestling	134 pounds
1983	Mike Sheets	Wrestling	167 pounds
1984	Joe Dial	Men's Indoor Track and Field	Pole vault
1984	Joe Dial	Men's Outdoor Track and Field	Pole vault
1984	Kenny Monday	Wrestling	150 pounds
1984	Mike Sheets	Wrestling	167 pounds

Individual National Championships

Year	Champion	Sport	Classification
1985	Joe Dial	Men's Indoor Track and Field	Pole vault
1985	Joe Dial	Men's Outdoor Track and Field	Pole vault
1985	Christine McMiken	Women's Indoor Track and Field	3,000 meter run
1986	Scott Verplank	Men's Golf	Men's Golf
1986	Paul Larkins	Men's Indoor Track and Field	Mile
1987	Brian Watts	Men's Golf	Men's Golf
1987	John Smith	Wrestling	134 pounds
1988	E.J. Pfister	Men's Golf	Men's Golf
1988	John Smith	Wrestling	134 pounds
1989	Jackie Goodman	Women's Indoor Track and Field	5,000 meter run
1989	Jackie Goodman	Women's Outdoor Track and Field	10,000 meter run
1989	Kendall Cross	Wrestling	126 pounds
1989	Chris Barnes	Wrestling	177 pounds
1990	Pat Smith	Wrestling	158 pounds
1990	Chris Barnes	Wrestling	177 pounds
1991	Pat Smith	Wrestling	158 pounds
1992	Pat Smith	Wrestling	158 pounds
1994	Alan Fried	Wrestling	142 pounds
1994	Pat Smith	Wrestling	158 pounds
1994	Mark Branch	Wrestling	167 pounds
1995	J.J. McGrew	Wrestling	190 pounds
1997	Eric Guerrero	Wrestling	126 pounds
1997	Mark Branch	Wrestling	167 pounds
1998	Teague Moore	Wrestling	118 pounds
1998	Eric Guerrero	Wrestling	126 pounds
1999	Eric Guerrero	Wrestling	133 pounds
2000	Charles Howell	Men's Golf	Men's Golf
2001	Mark Muñoz	Wrestling	197 pounds
2002	Siri Alfheim	Women's Indoor Track and Field	5,000 meter run
2002	Johnny Thompson	Wrestling	133 pounds
2003	Johnny Thompson	Wrestling	133 pounds
2003	Jake Rosholt	Wrestling	184 pounds
2004	Chris Pendleton	Wrestling	174 pounds
2005	Zack Esposito	Wrestling	149 pounds
2005	Johny Hendricks	Wrestling	165 pounds
2005	Chris Pendleton	Wrestling	174 pounds
2005	Jake Rosholt	Wrestling	197 pounds
2005	Steve Mocco	Wrestling	285 pounds
2006	Jonathan Moore	Men's Golf	Men's Golf
2006	Johny Hendricks	Wrestling	165 pounds
2006	Jake Rosholt	Wrestling	197 pounds
2008	Coleman Scott	Wrestling	133 pounds
2009	German Fernandez	Men's Outdoor Track and Field	1,500 meters
2010	Caroline Hedwall	Women's Golf	Women's Golf
2011	Jordan Oliver	Wrestling	133 pounds
2013	Natalja Piliusina	Women's Outdoor Track and Field	1,500 meter run
2013	Jordan Oliver	Wrestling	149 pounds
2013	Chris Perry	Wrestling	174 pounds
2014	Alex Dieringer	Wrestling	157 pounds
2014	Chris Perry	Wrestling	174 pounds
2015	Chad Noelle	Men's Outdoor Track and Field	1,500 meters
2015	Alex Dieringer	Wrestling	165 pounds
2016	Nick Miller	Men's Outdoor Track and Field	Hammer Throw
2016	Kaela Edwards	Women's Indoor Track and Field	Mile
2016	Dean Heil	Wrestling	141 pounds
2016	Alex Dieringer	Wrestling	165 pounds
2017	Dean Heil	Wrestling	141 pounds
2019	Matthew Wolff	Men's Golf	Men's Golf
2019	Sinclaire Johnson	Women's Outdoor Track and Field	1,500 meters
2021	A.J. Ferrari	Wrestling	197 Pounds
2022	Taylor Roe	Women's Indoor Track and Field	3,000 meter run
2023	Fouad Messaoudi	Men's Indoor Track and Field	3,000 meter run
2023	Fouad Messaoudi	Men's Indoor Track and Field	DMR
2023	Charlie Bartholomew	Men's Indoor Track and Field	DMR
2023	Juan Diego Castro	Men's Indoor Track and Field	DMR
2023	Ryan Schoppe	Men's Indoor Track and Field	DMR
2024	Brian Musau	Men's Indoor Track and Field	DMR
2024	DJ McArthur	Men's Indoor Track and Field	DMR
2024	Mehdi Yanouri	Men's Indoor Track and Field	DMR
2024	Ryan Schoppe	Men's Indoor Track and Field	DMR
2025	Brian Musau	Men's Indoor Track and Field	5,000 meter run
2025	Dean Hamiti	Wrestling	174 pounds
2025	Wyatt Hendrickson	Wrestling	285 pounds
2025	Brian Musau	Men's Outdoor Track and Field	5,000 meters run

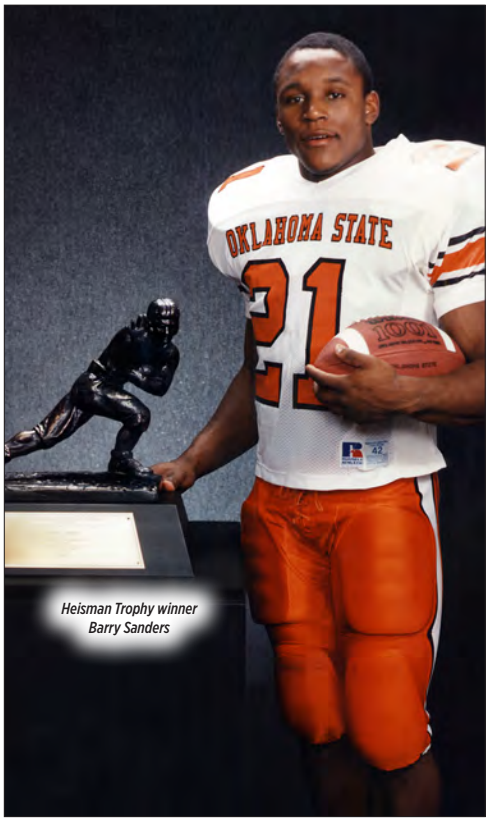
Andrea Riley

Ruby Meylan

Performing at an Elite Level

With nearly 1,500 All-Americans across its sports through the years, it has been proven time and again that the greats play for Oklahoma State.

All-Americans by Sport	
Entering the 2025-26 academic year	
Fall Sports	
Men's Cross Country	70
Women's Cross Country	24
Soccer	12
Football	98
Winter Sports	
Men's Track and Field - Indoors	111
Women's Track and Field - Indoors	74
Wrestling	492
Women's Basketball	4
Men's Basketball	30
Equestrian	49
Spring Sports	
Women's Tennis	29
Men's Tennis	22
Women's Golf	30
Men's Golf	142
Softball	53
Men's Track and Field - Outdoors	85
Women's Track and Field - Outdoors	66
Baseball	83
Total across all sports	1,474


Heisman Trophy winner Barry Sanders

Katarina Adamovic

Oleksandr Nedovyesov

Team Conference Championships

342

TEAM CONFERENCE CHAMPIONSHIPS ACROSS ALL SPORTS

Team Conference Titles Breakdown

Entering 2025-26

Fall Sports	*Total*	*Missouri Valley*	*Big Eight*	*Big 12*
Men's Cross Country	17	0	4	13
Women's Cross Country	5	0	1	4
Soccer	7	0	0	7
Football	11	9	1	1
Winter Sports	*Total*	*Missouri Valley*	*Big Eight*	*Big 12*
Men's Indoor Track and Field	2	0	0	2
Women's Indoor Track and Field	1	0	0	1
Wrestling	56	10*	24	22
Women's Basketball	3	0	3	0
Men's Basketball	23	16^	4	3
Equestrian	11	0	0	11
Spring Sports	*Total*	*Missouri Valley*	*Big Eight*	*Big 12*
Men's Tennis	24	3	21	0
Women's Tennis	29	0	22	7
Women's Golf	25	0	14	11
Men's Golf	57	9	36	12
Softball	16	0	15	1
Men's Outdoor Track and Field	20	20	0	0
Women's Outdoor Track and Field	0	0	0	0
Baseball	35	5	24	6
All Sports Total	**342**	**72#**	**169**	**101**

* Includes six Southwest Conference team titles
^ Includes one Southwest Conference team title
# Includes seven Southwest Conference team titles

14 DIFFERENT OSU SPORTS HAVE COMBINED TO WIN

101

BIG 12 TEAM TITLES SINCE THE LEAGUE WAS FORMED IN 1996-97.

Individual Conference Championships

Maddison Hinson-Tolchard

Middle distance star Fouad Messaoudi is a six-time Big 12 individual champion.

Daton Fix is the first person to win five Big 12 wrestling titles

Individual Conference Titles Breakdown

Entering 2025-26

Fall Sports	*Total*	*Missouri Valley*	*Big Eight*	*Big 12*
Men's Cross Country	14	0	4	10
Women's Cross Country	8	0	6	2
Winter Sports	*Total*	*Missouri Valley*	*Big Eight*	*Big 12*
Women's Track and Field - Indoors	79	0	15	64
Men's Track and Field - Indoors	145	11	62	72
Wrestling	297	24*	151	122
Spring Sports	*Total*	*Missouri Valley*	*Big Eight*	*Big 12*
Women's Golf	27	0	16	11
Men's Golf	50	7	31	12
Women's Tennis	157	0	123	34
Men's Tennis	201	0	160	41
Men's Track and Field - Outdoors	295	162^	94	39
Women's Track and Field - Outdoors	54	0	24	30
Total across all sports	1327	204	686	437

** Includes one Southwestern Conference Title*
^ Includes 33 Oklahoma Intercollegiate Conference titles and eight Southwestern Conference titles

Golfer Preston Stout won the Big 12 individual title in 2024 and 2025

Olympic Medalists

Oklahoma State and the Olympic Games

Oklahoma State has produced 129 Olympians all-time, highlighted by 34 medalists - 20 gold, six silver and eight bronze.

OSU has been represented at every Olympic Summer Games in which the United States has competed in since 1924.

Oklahoma State has produced at least one medalist in 19 of the last 20 Olympic Summer Games in which the United States has competed since 1932. The lone exception was in 1972, when the Henry Iba-coached Team USA men's basketball team chose to not accept silver medals following a controversial result against the Soviet Union in the gold medal game.

Included among Oklahoma State's Olympic gold medalists are a quartet of two-time winners - wrestlers Yojiro Uetake and John Smith, men's basketball star Bob Kurland and softball pitching ace Michele Smith.

Two-time Gold Medalist John Smith

Gold Medalists (20)					
Year	*Site*	*Person*	*Country*	*Sport*	*Class*
1932	Los Angeles	Bobby Pearce	United States	Wrestling	123
1932	Los Angeles	Jack Van Bebber	United States	Wrestling	158.5
1936	Berlin	Frank Lewis	United States	Wrestling	158.5
1948	London	Bob Kurland	United States	Men's Basketball	Team
1948	London	Jesse "Cab" Renick	United States	Men's Basketball	Team
1952	Helsinki	Bob Kurland	United States	Men's Basketball	Team
1956	Melbourne	J.W. Mashburn	United States	Men's Track & Field	1600m Relay
1960	Rome	Shelby Wilson	United States	Wrestling	147.5
1960	Rome	Doug Blubaugh	United States	Wrestling	160.5
1964	Tokyo	Yojiro Uetake	Japan	Wrestling	125.5
1968	Mexico City	James King	United States	Men's Basketball	Team
1968	Mexico City	Yojiro Uetake	Japan	Wrestling	125.5
1984	Los Angeles	Bruce Baumgartner	United States	Wrestling	286
1988	Seoul	Robin Ventura	United States	Baseball	Team
1988	Seoul	Kenny Monday	United States	Wrestling	163
1988	Seoul	John Smith	United States	Wrestling	136.5
1992	Barcelona	John Smith	United States	Wrestling	136.5
1996	Atlanta	Kendall Cross	United States	Wrestling	125.5
1996	Atlanta	Michele Smith	United States	Softball	Team
2000	Sydney	Michele Smith	United States	Softball	Team

Silver Medalists (6)					
Year	*Site*	*Person*	*Country*	*Sport*	*Class*
1936	Berlin	Ross Flood	United States	Wrestling	123
1992	Barcelona	Kenny Monday	United States	Wrestling	163
2004	Athens	Jamill Kelly	United States	Wrestling	145.5
2004	Athens	Melanie Roche	Australia	Softball	Team
2016	Rio De Janeiro*	Cassie Mitchell	United States	Discus	F51/52
2020	Tokyo*	Cassie Mitchell	United States	Club Throw	F51

Bronze Medalists (8)					
Year	*Site*	*Person*	*Country*	*Sport*	*Class*
1976	Montreal	Gene Davis	United States	Wrestling	136.5
1996	Atlanta	Melanie Roche	Australia	Softball	Team
2000	Sydney	Melanie Roche	Australia	Softball	Team
2008	Beijing	Melanie Roche	Australia	Softball	Team
2012	London	Coleman Scott	United States	Wrestling	60kg
2016	Rio De Janeiro*	Cassie Mitchell	United States	Club Throw	F51
2020	Tokyo	Lauren Bay Regula	Canada	Softball	Team
2020	Tokyo	Adrianna Franch	United States	Women's Soccer	Goalkeeper

* Paralympics

Olympians

Rickie Fowler

Gabija Galvydyte

Year	City	Person	Sport	Classification	Country	Placement
1924	Paris	Guy H. Lookabaugh	Men's Wrestling	158.5	United States	Fourth
1924	Paris	Orion Stuteville	Men's Wrestling	174	United States	Alternate
1928	Amsterdam	Clarence Berryman	Men's Wrestling	145	United States	Sixth
1928	Amsterdam	Earl McCready	Men's Wrestling	Hwt	Canada	
1928	Amsterdam	George Rule	Men's Wrestling	174	United States	Sixth
1928	Amsterdam	Charles Strack	Men's Wrestling	191.5	United States	Reserve
1932	Los Angeles	Conrad Caldwell	Men's Wrestling	191.5	United States	Alternate
1932	Los Angeles	Melvin Clodfelter	Men's Wrestling	145	United States	Third Round
1932	Los Angeles	Bobby Pearce	Men's Wrestling	123	United States	Gold Medal
1932	Los Angeles	Jack Van Bebber	Men's Wrestling	158.5	United States	Gold Medal
1936	Berlin	George Chiga	Men's Wrestling	Hwt	Canada	DNP
1936	Berlin	Roy Dunn	Men's Wrestling	Hwt	United States	First Round
1936	Berlin	Ross Flood	Men's Wrestling	123	United States	Silver Medal
1936	Berlin	Clarence Gallagher	Men's Wrestling	Trainer	United States	N/A
1936	Berlin	Ed Gallagher	Men's Wrestling	Honorary Coach	United States	N/A
1936	Berlin	Frank Lewis	Men's Wrestling	158.5	United States	Gold Medal
1936	Berlin	Fred Parkey	Men's Wrestling	134	United States	Reserve
1936	Berlin	Harley Strong	Men's Wrestling	145	United States	First Round
1948	London	Bob Kurland	Men's Basketball	Team	United States	Gold Medal
1948	London	Jesse "Cab" Renick	Men's Basketball	Team	United States	Gold Medal
1948	London	Art Griffith	Men's Wrestling	Coach	United States	N/A
1948	London	Richard Hutton	Men's Wrestling	Hwt	United States	First Round
1948	London	William Jernigan	Men's Wrestling	114.5	United States	Second Round
1948	London	Cliff Keen	Men's Wrestling	Manager	United States	N/A
1948	London	Hal Moore	Men's Wrestling	136.5	United States	Sixth
1952	Helsinki	Bob Kurland	Men's Basketball	Team	United States	Gold Medal
1952	Helsinki	J.W. Mashburn	Men's Track & Field	1600m Relay	United States	DNC
1952	Helsinki	Buel Patterson	Men's Wrestling	Manager	United States	N/A
1952	Helsinki	Raymond Swartz	Men's Wrestling	Coach	United States	N/A
1956	Melbourne	J.W. Mashburn	Men's Track & Field	1600m Relay	United States	Gold Medal
1956	Melbourne	Dick Beattie	Men's Wrestling	160.5	United States	DNC (Illness)
1956	Melbourne	Myron Roderick	Men's Wrestling	136.5	United States	Fourth
1960	Rome	Doug Blubaugh	Men's Wrestling	160.5	United States	Gold Medal
1960	Rome	Shelby Wilson	Men's Wrestling	147.5	United States	Gold Medal
1964	Tokyo	Henry Iba	Men's Basketball	Coach	United States	N/A

Olympians

Year	City	Person	Sport	Classification	Country	Placement
1964	Tokyo	Fendley Collins	Men's Wrestling	Manager	United States	N/A
1964	Tokyo	Bobby Douglas	Men's Wrestling	138.5	United States	Fourth
1964	Tokyo	Rex Perry	Men's Wrestling	Coach	United States	N/A
1964	Tokyo	Myron Roderick	Men's Wrestling	Coach	United States	N/A
1964	Tokyo	Yojiro Uetake	Men's Wrestling	125.5	Japan	Gold Medal
1968	Mexico City	Dr. Donald Cooper	Men's Basketball	Doctor	United States	N/A
1968	Mexico City	Henry Iba	Men's Basketball	Coach	United States	N/A
1968	Mexico City	James King	Men's Basketball	Team	United States	Gold Medal
1968	Mexico City	Tom Von Ruden	Men's Track & Field	1,500m	United States	Ninth
1968	Mexico City	Bobby Douglas	Men's Wrestling	138.5	United States	DNC (Illness)
1968	Mexico City	Yojiro Uetake	Men's Wrestling	125.5	Japan	Gold Medal
1972	Munich	Henry Iba	Men's Basketball	Coach	United States	N/A
1972	Munich	Gene Davis	Men's Wrestling	136.5	United States	Third Round
1972	Munich	Harry Geris	Men's Wrestling	Hwt	Canada	DNP
1972	Munich	Jerry Robinson	Men's Wrestling	180.5 (GR)	United States	DNP
1976	Montreal	Paul Nash	Men's Swimming	1500m Freestyle	Australia	11th
1976	Montreal	Ross Seymour	Men's Swimming	100m Butterfly	Australia	24th
1976	Montreal	Gene Davis	Men's Wrestling	136.5	United States	Bronze Medal
1976	Montreal	Harry Geris	Men's Wrestling	Hwt	Canada	DNP
1976	Montreal	Jimmy Jackson	Men's Wrestling	Hwt	United States	DNP
1984	Los Angeles	Gary Green	Baseball (Demonstration)	Team	United States	N/A
1984	Los Angeles	Henry Iba	Men's Basketball	Coach	United States	N/A
1984	Los Angeles	Bill McDaniel	Men's Basketball	Doctor	United States	N/A
1984	Los Angeles	Bruce Baumgartner	Men's Wrestling	286	United States	Gold Medal
1984	Los Angeles	Lee Roy Smith	Men's Wrestling	136.5	United States	DNC-Arbitration
1988	Seoul	Robin Ventura	Baseball	Team	United States	Gold Medal
1988	Seoul	Kenny Monday	Men's Wrestling	163	United States	Gold Medal
1988	Seoul	Joe Seay	Men's Wrestling	Coach	United States	N/A
1988	Seoul	John Smith	Men's Wrestling	136.5	United States	Gold Medal
1988	Seoul	Christine McMiken	Women's Track & Field	10,000m	New Zealand	First Round
1992	Barcelona	Kendall Cross	Men's Wrestling	125.5	United States	Sixth
1992	Barcelona	Bobby Douglas	Men's Wrestling	Coach	United States	N/A
1992	Barcelona	Kenny Monday	Men's Wrestling	163	United States	Silver Medal
1992	Barcelona	John Smith	Men's Wrestling	136.5	United States	Gold Medal

Coleman Scott

Lauren Bay

AD Franch

Olympians

Year	City	Person	Sport	Classification	Country	Placement
1992	Barcelona	Lee Roy Smith	Men's Wrestling	Coach	United States	N/A
1996	Atlanta	Kendall Cross	Men's Wrestling	125.5	United States	Gold Medal
1996	Atlanta	Kenny Monday	Men's Wrestling	163	United States	Sixth
1996	Atlanta	Melanie Roche	Softball	Team	Australia	Bronze Medal
1996	Atlanta	Michele Smith	Softball	Team	United States	Gold Medal
2000	Sydney	John Smith	Men's Wrestling	Coach	United States	N/A
2000	Sydney	Melanie Roche	Softball	Team	Australia	Bronze Medal
2000	Sydney	Michele Smith	Softball	Team	United States	Gold Medal
2004	Athens	Jeff Guiel	Baseball	Team	Canada	Fourth
2004	Athens	David Rollandini	Baseball	Team	Italy	Eighth
2004	Athens	Mindaugas Pukstas	Men's Track & Field	Marathon	Lithuania	74th
2004	Athens	Daniel Cormier	Men's Wrestling	211.5	United States	Fourth
2004	Athens	Eric Guerrero	Men's Wrestling	132	United States	First Round
2004	Athens	Jamill Kelly	Men's Wrestling	145.5	United States	Silver Medal
2004	Athens	Lauren Bay	Softball	Team	Canada	Preliminary
2004	Athens	Melanie Roche	Softball	Team	Australia	Silver Medal
2006	Turin^	Kathrin Lehmann	Women's Ice Hockey	Forward	Switzerland	Group Stage
2008	Beijing	Daniel Cormier	Men's Wrestling	211.5	United States	DNC-Injury
2008	Beijing	Steve Mocco	Men's Wrestling	132	United States	Quarterfinals
2008	Beijing	Lauren Bay	Softball	Team	Canada	Semifinals
2008	Beijing	Melanie Roche	Softball	Team	Australia	Bronze Medal
2010	Vancouver^	Kathrin Lehmann	Women's Ice Hockey	Forward	Switzerland	Group Stage
2012	London	Coleman Scott	Men's Wrestling	60kg	United States	Bronze Medal
2012	London	John Smith	Men's Wrestling	Coach	United States	N/A
2012	London*	Cassie Mitchell	Women's Track & Field	100m T52	United States	Fourth
2012	London*	Cassie Mitchell	Women's Track & Field	200m T52	United States	Fourth
2012	London*	Cassie Mitchell	Women's Track & Field	Discus Throw F51-53	United States	Fourth
2016	Rio de Janeiro	Rickie Fowler	Men's Golf	Individual	United States	T-37th
2016	Rio de Janeiro	Tom Farrell	Men's Track & Field	5000 m	Great Britain	40th
2016	Rio de Janeiro	Shadrack Kipchirchir	Men's Track & Field	10,000 m	United States	19th
2016	Rio de Janeiro	Nick Miller	Men's Track & Field	Hammer Throw	Great Britain	22nd
2016	Rio de Janeiro	John Smith	Men's Wrestling	TV Analyst	United States	N/A
2016	Rio de Janeiro	Pernilla Lindberg	Women's Golf	Individual	Sweden	T-31st
2016	Rio de Janeiro	Caroline Masson	Women's Golf	Individual	Germany	T-21st
2016	Rio de Janeiro	Ingeborg Loevnes	Women's Track & Field	3000 m Steeplechase	Norway	33rd
2016	Rio de Janeiro*	Cassie Mitchell	Women's Swimming	50m Backstroke S2	United States	Seventh
2016	Rio de Janeiro*	Cassie Mitchell	Women's Track & Field	Club Throw F51	United States	Bronze Medal
2016	Rio de Janeiro*	Cassie Mitchell	Women's Track & Field	100m T52	United States	DNS
2016	Rio de Janeiro*	Cassie Mitchell	Women's Track & Field	Discus Throw F51/52	United States	Silver Medal
2020	Tokyo	Viktor Hovland	Men's Golf	Individual	Norway	T-14th
2020	Tokyo	Alex Noren	Men's Golf	Individual	Sweden	T-16th
2020	Tokyo	Nick Miller	Men's Track & Field	Hammer Throw	Great Britain	Sixth
2020	Tokyo	Lauren Bay Regula	Softball	Team	Canada	Bronze Medal
2020	Tokyo	Caroline Masson	Women's Golf	Individual	Germany	T-40th
2020	Tokyo	Adrianna Franch	Women's Soccer	Goalkeeper	United States	Bronze Medal
2020	Tokyo*	Cassie Mitchell	Women's Track & Field	Discus Throw F53	United States	Fourth
2020	Tokyo*	Cassie Mitchell	Women's Track & Field	Club Throw F51	United States	Silver Medal
2024	Paris	Wyndham Clark	Men's Golf	Individual	United States	T-14th
2024	Paris	Viktor Hovland	Men's Golf	Individual	Norway	T-30th
2024	Paris	Alex Noren	Men's Golf	Individual	Sweden	T-45th
2024	Paris	Kris Ventura	Men's Golf	Individual	Norway	T-43rd
2024	Paris	Aleksandr Nedovyesov	Men's Tennis	Doubles	Kazakhstan	First Round
2024	Paris	Jacob Fincham-Dukes	Men's Track & Field	Long jump	Great Britain	Fifth
2024	Paris	Maja Stark	Women's Golf	Individual	Sweden	T-10th
2024	Paris	Grace Neville	Women's Soccer	Team	New Zealand	Group Stage
2024	Paris	Ariadni Adamopoulou	Women's Track & Field	Pole vault	Greece	Qualification Stage
2024	Paris	Chase Ealey Jackson	Women's Track & Field	Shot put	United States	Qualification Stage
2024	Paris	Gabija Galvydyte	Women's Track & Field	800 meters	Lithuania	Qualification Stage
2024	Paris	Ieva Zarankaite Gumbs	Women's Track & Field	Discus throw	Lithuania	Qualification Stage
2024	Paris*	Cassie Mitchell	Women's Track & Field	Discus Throw F53	United States	Fourth

^ Winter Olympics *Paralympics

Prominent Athletics Alumni

Oklahoma State has produced some of the biggest names in sports over the years.

Coaches Ed Gallagher, Henry Iba, John Smith, Eddie Sutton, Gary Ward and Mike Holder all rank among the giants in their repective sports and athletes like 1988 Heisman Trophy winner Barry Sanders, Thurman Thomas, Pete Incaviglia and Pat Smith enjoyed legendary careers.

Below are Oklahoma State products who are prominent figures in today's professional sports landscape.

VIKTOR HOVLAND
Ranked among the top five golfers in the world

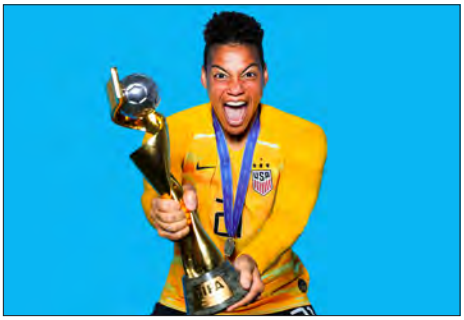
DANIEL CORMIER
Multiple-time UFC champion and Olympian who was an All-America wrestler at Oklahoma State

MAJA STARK
Olympic golfer, LPGA Tour pro and 2025 U.S. Women's Open champion

EMMANUEL OGBAH
Super Bowl champion

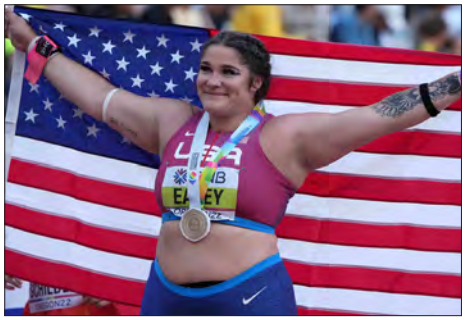
MICHELE SMITH
ESPN broadcaster and U.S. Olympic softball player who threw a school-record nine no-hitters while at OSU.

CADE CUNNINGHAM
No. 1 overall pick in the 2021 NBA Draft, NBA All-Star and All-NBA selection



AD FRANCH
Goalkeeper who helped the U.S. women's national team to the 2019 World Cup title.

MARCUS SMART
2022 NBA Defensive Player of the Year



CHASE EALEY
Two-time Shot Put World Champion and 2024 Olympian

Oklahoma State in the Pros

Cade Cunningham, No. 1 overall pick of the 2021 NBA Draft.

Kim Rodriguez

The Path to the Pros Goes Through Stillwater

Cade Cunningham was the No. 1 overall pick in the 2021 NBA Draft, professional golf is loaded with Cowboys, and softball pitcher Carrie Eberle was voted Athletes Unlimited Rookie of the Year. Cowboys and Cowgirls are thriving in the pros.

Soccer

Anna Beffer
Gabriella Coleman
AD Franch
Anna Hurley
Jaci Jones
Kasey Langdon
Melinda Mercado
Charmé Morgan
Grace Neville
Kim Rodriguez
Coumba Sow
Allie Stephenson
Laurene Tresfield
Grace Yochum
Barbara Zágonyi

Football

Levy Adcock
Harold Akin
Ben Aldridge
Israel Antwine
Hubert Anyiam
Lloyd Arms
Neill Armstrong
Marcell Ateman
Dan Bailey
David Bailey
Harold Bailey
Billy Bajema
Ron Baker
Tony Banfield
Calvin Barnett
Jimmy Bean
Tatum Bell
Jarrick Bernard-Converse
Justin Blackmon
Paul Blair
Stanley Blair
Cary Blanchard
Jamie Blatnick
Ron Boatwright
Michael Bowie
Jordan Brailford
Bill Bredde
Larry Brown
LaWaylon Brown
Tanner Brown
Terry Brown
Dez Bryant
Harry Buffington
Calvin Bundage
Scott Burk
Keith Burns
Tim Burrough
Derek Burton
Chris Carson
John Chesley
Ugo Chinasa
Jake Colhouer
Kelly Cook
Josh Cooper
John Corker
Perrish Cox
Zach Crabtree
Charles Crawford
Julius Crosslin
Gary Cutsinger
Darrion Daniels
Joe Davidson
Victor DeGrate
Phil Dokes
Charlie Durkee
Hart Lee Dykes
Donnie Echols
Adam Edwards
Alex Elkins
Jon Evans
Bob Fenimore
Roderick Fisher
Tre Flowers
Ralph Foster
Josh Furman
Wendell Gaines
Reuben Gant
T.C. Garrett
Walt Garrison
Shamiel Gary
Justin Gilbert
Jason Gildon
David Glidden
Derrel Gofourth
Jack Golden
Parker Graham
Russ Graham
A.J. Green
Mike Green
Billy Grimes
Arlington Hambright
Milton Hardaway
Charlie Harper
Devin Harper
Madre Harper
Larry Harris
Kolby Harvell-Peel
Matt Hembrough
Rusty Hilger
Greg Hill
Justice Hill
Tyreek Hill
Corey Hilliard
Christian Holmes
Ethan Howell
Evan Howell
Chuba Hubbard
Mike Hudson
Kendall Hunter
Michael Hunter
Leonard Jackson
Jack Jacobson
Blake Jarwin
Ed Jeffers
Teven Jenkins
Charlie Johnson
Greg Johnson
Tyron Johnson
Howard Keys
Joe King
Jon Kolb
Jacob Lacey
Chris Lacy
Tyler Lacy
Ashton Lampkin
Jevon Langford
Toy Ledbetter
Orie Lemon
Dwayne Levels
Gary Lewis
John Lewis
Shaun Lewis
Sonny Liles
Garrett Limbrick
John Little
Larry Little
Bill Long
Daytawion Lowe
Alex Loyd
Brad Lundblade
Dexter Manley
Markelle Martin
Tay Martin
Nick Martinez
Alonzo Mayes
Ryan McBean
Jalen McCleskey
Lamar McGriggs
Daniel McLemore
R.W. McQuarters
Ed McQuarts
Dale Meinert
Darrell Meisenheimer
Ed Merkel
Calvin Miller
Swanson Miller
Terry Miller
Andrew Mitchell
Derrick Moncrief
Matt Monger
Mark Moore
Vernand Morency
Cameron Murray
Nigel Nicholas
Ken O'Neal
Leslie O'Neal
Emmanuel Ogbah
Amen Ogbongbemiga
Russell Okung
DeQuinton Osborne
William Owen
Jarrell Owens
Frank Parker
Jim Parmer
Cliff Parsley
Tyler Patmon
Gordon Peery
Kevin Peterson
Brandon Pettigrew
Justin Phillips
Reggie Pierson
Lawrence Pinson
Lenzy Pipkins
Alvin Porter
Dean Prater
Ricky Price
Dennis Randall
Joseph Randle
Jim Reynolds
Ramon Richards
Greg Richmond
Bobby Riley
Marcellus Rivers
Glenn Robinson
Mike Robinson
Ryan Robinson
Terrence Robinson
Zac Robinson
Chris Rockins
Malcolm Rodriguez
Mason Rudolph

Oklahoma State in the Pros

World Series champion Andrew Heaney

Buddy Ryan
Victor Salako
Barry Sanders
Dantrell Savage
Jhajuan Seales
Quinn Sharp
Charlie Shaw
Ricky Shaw
Jacoby Shepherd
Jerry Sherk
Josh Sills
Kemah Siverand
Antonio Smith
Khreem Smith
Kip Smith
Jim Spavital
Joe Spencer
Harold Springer
Steve Stephens
Tre Sterling
Jordan Sterns
Josh Stewart
Dillon Stoner
Charlie Strack
Lane Taylor
Roger Taylor
Vincent Taylor
Jason Taylor II
Johnny Thomas
Thurman Thomas
Juqua Thomas (Parker)
David Thompson
Jamie Thompson
Leonard Thompson
Warren Thompson
Garrett Thurman
Keith Toston
Jim Turner
Robert Turner
Scott Tyner
Carl Voyles
Tylan Wallace
John Ward
Jaylen Warren
James Washington
John Washington
Brandon Weeden
James White
Reggie White
Darrent Williams
Demise Williams
Jamal Williams
Jeff Williams
Kevin Williams
Kevin Williams
Larry Williams
Rodarius Williams
Ronnie Williams
Shawn Willis
Duane Wood
D'Juan Woods
Donovan Woods
Jelani Woods
Rashaun Woods
Ab Wright
Kenyatta Wright
Ken Zachary
Mike Zentic

Women's Basketball

Tiffany Bias
Loryn Goodwin
Natasha Mack
Brittney Martin
Andrea Riley
Toni Young

Men's Basketball

Tony Allen
James Anderson
Lorenza Andrews
Joe Atkinson
Maurice Baker
A.L. Bennett
Joe Bradley
Markel Brown
Clayton Carter
Jerry Clack
Matt Clark
Leroy Combs
Ray Crenshaw
Cade Cunningham
JamesOn Curry
Pete Darcey
Richard Dumas
Lonnie Eggelston
Jawun Evans
Kevin Fitzgerald
Joey Graham
Stephen Graham
Cecil Hankins
Bob Harris
Terrell Harris
Byron Houston
Don Johnson
Thomas Jordan
James King
John Lucas III
Desmond Mason
Bob Mattick
Gale McArthur
Von McDade
Ivan McFarlin
Cameron McGriff
Ed Odom
J.L. Parks
Doyle Parrack
Bryant Reeves
Melvin Sanders
Kendall Sheets
Jack Shelton
Marcus Smart
Joe Smith
John Starks
Brooks Thompson
Mark Tucker
Lindy Waters III
Corey Williams
Mel Wright
Don Youman

Men's Golf

Jim Ahern
Rafael Alarcon
Zach Bauchou
Michael Bradley
Alan Bratton
Eugenio Chacarra
Wyndham Clark
Kris Cox
Bob Dickson
Andy Dillard
Kevin Dougherty
Austin Eckroat
Danny Edwards
David Edwards
Dave Eichelberger
Rickie Fowler
Bob Goetz
Ted Goin
Jaime Gonzales
Talor Gooch
Craig Hainline
Jim Hardy
Labron Harris Jr.
Mark Hayes
George Hixon
Morgan Hoffmann
Viktor Hovland
Charles Howell III
Jim Jamieson
Grier Jones
Tom Jones
Ab Justice
Edward Loar
Jeff Maggert
Hunter Mahan
Pablo Martin
Bob May
Lindy Miller
Tommy Moore
Rasmus Neergaard-Petersen
Alex Norén
E.J. Pfister
Tom Sieckmann
Sam Stevens
Boyd Summerhays
Carl Suneson
Doug Tewell
Chris Tidland
Bob Tway
Kevin Tway
Peter Uihlein
Bo Van Pelt
Kristoffer Ventura
Scott Verplank
Joe Walser

Justice Hill

Oklahoma State in the Pros

Natasha Mack

Philip Walton
Brian Watts
Kevin Wentworth
Leif Westerberg
Bo Wininger
Casey Wittenberg
Matthew Wolff
Willie Wood
Jim Woodward
Jimmy Wright

Women's Golf

Maria Boden
Christi Cano
Eva Dahllof
Charlotta Eliasson Wharton
Isabella Fierro
Janice Gibson
Caroline Hedwall
Maddison Hinson-Tolchard
Robin Hood
Josephine Janson
Linnea Johansson
Pernilla Lindberg
Stephanie Martin-Cobb
Caroline Masson
Maddie McCrary
Marnie McGuire
Jane Rah
Karin Sjodin
Val Skinner
Maja Stark
Eva-Lotta Stromlid
Jaclyn Sweeney
Kelsey Vines
Linda Wessberg
Lanny Whiteside
Julie Yang
Annie Young
Emma Zackrisson

Women's Tennis

Vladica Babic
Aliona Bolsova
Lori McNeil

Softball

Chelsea Alexander
Lauren Bay
Rylee Bayless
Rachel Becker
Kristi Bolle
Dena Carter
Shelby Davis
Amy Day
Carrie Eberle
Jamie Foutch
Lexi Kilfoyl
Ryan Realmuto
Shanel Scott
Vanessa Shippy
Samantha Show
Michelle Singer
Michele Smith
Julie Soderlund
Leanne Tyler
Kim Ward

Baseball

Jerry Adair
Jon Adkins
Scott Baker
Brady Basso
Peyton Battenfield
Josh Billings
Tom Borland
Jeff Bronkey
Corey Brown
Cal Browning
Ryan Budde
Larry Burchart
Jeromy Burnitz
Jay Canizaro
Doug Dascenzo
Carlos Diaz
Gordie Dillard
Danny Doyle
Christian Encarnacion-Strand
Monty Fariss
John Farrell
Josh Fields
Koda Glover
Gary Green
Matt Hague
Thomas Hatch
Andrew Heaney
Jonathan Heasley
Mike Henneman
Joel Horlen
Jason Hursh
Pete Incaviglia
Jason Jaramillo
Frank Kellert
Mark Lukasiewicz
Tyler Lyons
Matt Mangini
Dave Maurer
Victor Mederos
Jordy Mercer
Ed Mickelson
Dave Mlicki
Merlin Nippert
Andrew Oliver
Danny Perez
Joe Price
Tim Pugh
Allie P. Reynolds
Chris Richard
Scott Richmond
Rusty Ryal
Jeff Salazar
Luke Scott
Matt Smith
Joe Stanka
Mickey Tettleton
Danny Thompson
Jim Traber
Robin Ventura
Don Wallace
Donnie Walton
Scott Watkins
Robbie Weinhardt
Dib Williams
Scott Williamson
Robbie Wine
Ab Wright
Justin Wrobleski

Track and Field

Natalja Piliusina
Kaela Edwards
Savannah Camacho
Sinclaire Johnson
Molly Sughroue
Josh Thompson
Tom Farrell
German Fernandez
Shadrack Kipchirchir
Girma Mecheso
Kirubel Erassa
Ryan Vail
Colby Lowe
Chad Noelle
Craig Nowak
Isai Rodriguez
Alex Maier
Taylor Roe
Molly Born
Gabija Galvydyte
Chase Jackson (Ealey)
Ieva Gumbs (Zarankaite)
Jacob Fincham-Dukes
Nick Miller
Mindaugas Pukstas
Ariadni Adamopoulou
Ingeborg Lovnes
Rory Leonard
Jim Bolding
Chris McCubbins
Tom Von Ruden
J.W. Mashburn
Sture Landqvist
Christine McMiken
Mary Davies

Lexi Kilfoyl

Our All-Time Greats

The highest honor the Oklahoma State Athletic Department can bestow upon its former student-athletes, coaches and staff is induction into the OSU Athletics Hall of Honor. Inductees are immortalized with a permanent display on the concourse level of Gallagher-Iba Arena, outside the O-Club room on the arena's west side.

Name	*Primary Sport*	*Years at OSU*	*Inducted*
Neill Armstrong	Football	1943-46	1997
David "Buddy" Arndt	Wrestling	1941-46	2023
Sam Aubrey	Men's Basketball	1941-43; 1945-46; 1970-73	2006
Lauren Bay	Softball	2000-03	2024
A.L. Bennett	Men's Basketball	1942-43; 1945-48	2001
Justin Blackmon	Football	2009-11	2023
Doug Blubaugh	Wrestling	1955-57	2000
Jim Bolding	Men's Track and Field	1968-72	2000
Tommy Chesbro	Wrestling (coach)	1959-60; 1970-84	2006
Arlen Clark	Men's Basketball	1956-59	2025
Kendall Cross	Wrestling	1987-90	2006
Joe Dial	Men's Track and Field	1982-85	2002
Alex Dieringer	Wrestling	2013-16	2025
Hart Lee Dykes	Football	1985-88	2025
David Edwards	Men's Golf	1975-78	2024
Bob Fenimore	Football	1943-46	1996
Sandy Fischer	Softball (coach)	1979-2001	2022
Ross Flood	Wrestling	1933-35	2024
Jaime Foutch	Softball	1996-99	2025
Rickie Fowler	Men's Golf	2008-09	2023
Adrianna Franch	Soccer	2009-12	2022
Ed Gallagher	Wrestling (coach)	1916-40	1996
Walt Garrison	Football	1963-65	2000
Jackie Goodman	Women's Track and Field	1985-89	2001
Toby Greene	Baseball (coach)	1942-64	2011
Art Griffith	Wrestling (coach)	1941-56	1997
Eric Guerrero	Wrestling	1996-99	2011
Mike Gundy	Football (coach)	1986-89; 1990-95; 2005-pres.	2001
Cecil Hankins	Football	1944-45	2006
Labron Harris	Men's Golf (coach)	1947-73	1996
Don Haskins	Men's Basketball	1949-53	2000
Stanley Henson	Wrestling	1937-39	2007
Ralph Higgins	Men's Track and Field (coach)	1923-25; 1935-67	1997
Mike Holder	Men's Golf (coach)	1968-70; 1973-2005; 2005-21	1997
Byron Houston	Men's Basketball	1988-92	2001
Viktor Hovland	Men's Golf	2016-19	2025
Charles Howell III	Men's Golf	1998-2000	2024
Henry Iba	Men's Basketball (coach)	1934-70	1996
Pete Incaviglia	Baseball	1983-85	1999
Jimmy Jackson	Wrestling	1975-78	2007
Don Johnson	Men's Basketball	1949-52	2011
Clinette Jordan	Women's Basketball	1985-89	2002
Jon Kolb	Football	1966-68	2001
Bob Kurland	Men's Basketball	1942-46	1996
Frank Lewis	Wrestling	1933-35	2001
Jim Lookabaugh	Football (coach)	1939-49	2007
J.W. Mashburn	Men's Track and Field	1955-57	2000
Bob Mattick	Men's Basketball	1951-54	2006

Name	*Primary Sport*	*Years at OSU*	*Inducted*
Earl McCready	Wrestling	1928-30	2025
Joe McDaniel	Wrestling	1937-39	2002
Christine McMiken	Women's Track and Field	1984-86	2006
Lori McNeil	Women's Tennis	1981-83	2007
Jim Metcalf	Men's Track (relay)	1964-66	2024
Lindy Miller	Men's Golf	1975-78	2022
Terry Miller	Football	1974-77	2006
Kenny Monday	Wrestling	1981-84	1999
Mark Moore	Football	1983-86	2011
Leslie O'Neal	Football	1982-85	1999
Yolanda Odenyo	Soccer	2005-08	2023
Bobby Pearce	Wrestling	1930-32	2006
Dave Perry	Men's Track (relay)	1964-65	2024
John Perry	Men's Track (relay)	1964-66	2024
Ann Pitts	Women's Golf (coach)	1973-2000	2023
Bill Platt	Baseball (broadcaster)	1958-95	2011
Bryant Reeves	Men's Basketball	1991-95	2000
Jesse "Cab" Renick	Men's Basketball	1938-40	1999
Allie P. Reynolds	Baseball	1936-38	1996
Andrea Riley	Women's Basketball	2006-10	2022
Melanie Roche	Softball	1990-93	2011
Myron Roderick	Wrestling (coach)	1957-69	1997
Barry Sanders	Football	1986-88	1996
Jerry Sherk	Football	1968-69	2000
Val Skinner	Women's Golf	1979-82	1999
John Smith	Wrestling	1984-88; 1992-2024	1996
Michele Smith	Softball	1986-89	2000
Pat Smith	Wrestling	1990-94	2002
Dick Soergel	Football	1957-59	1999
Eddie Sutton	Men's Basketball (coach)	1955-58; 1990-2006	1997
Ralph Tate	Men's Track and Field (coach)	1968-84	2007
Thurman Thomas	Football	1984-87	1997
Bob Tway	Men's Golf	1978-81	1999
Yojiro Uetake	Wrestling	1964-66	1997
Jack VanBebber	Wrestling	1929-31	2006
Robin Ventura	Baseball	1986-88	1999
Scott Verplank	Men's Golf	1983-86	2002
Tom Von Ruden	Men's Track (relay)	1964-66	2024
James Wadley	Men's Tennis (coach)	1973-2012	2024
Gary Ward	Baseball (coach)	1978-96	2006
John Ward	Football	1967-69	2002
Brandon Weeden	Football	2007-11	2024
Shelby Wilson	Wrestling	1957-59	2023
Willie Wood	Men's Golf	1980-83	2011
Rashaun Woods	Football	2000-03	2022

Learfield Directors' Cup

OSU 2024-25 NCAA Placements	
Using Learfield Directors' Cup Scoring System	
Men's Golf	1st
Wrestling	3rd
Men's Indoor Track and Field	5th
Equestrian^	5th
Women's Tennis	5th
Men's Cross Country	8th
Men's Outdoor Track and Field	11th
Women's Golf	15th
Softball	17th
Baseball	17th
Women's Cross Country	27th
Soccer	33rd
Women's Basketball	33rd
Women's Outdoor Track and Field	46th
Football	DNP
Women's Indoor Track and Field	DNP
Men's Basketball	DNP
Men's Tennis	DNP
^As an NCEA sport (not NCAA), equestrian doesn't count toward OSU's actual Learfield Cup points total.	

OSU in the Learfield Directors' Cup Standings
since 1993-94

Year	Points	NCAA Rank	Big 12 Rank
1993-94	169.00	30	4
1994-95	209.00	25	4
1995-96	206.50	26	3
1996-97	188.50	29	4
1997-98	310.00	24	4
1998-99	280.00	28	3
1999-2000	340.50	49	7
2000-01	450.00	38	6
2001-02	411.00	45	7
2002-03	470.25	39	6
2003-04	496.00	36	5
2004-05	436.75	44	7
2005-06	516.50	30	4
2006-07	503.75	41	7
2007-08	588.25	33	5
2008-09	605.25	35	6
2009-10	618.75	33	6
2010-11	635.50	32	4
2011-12	512.00	42	5
2012-13	737.75	27	3
2013-14	867.00	22	3
2014-15	707.75	28	4
2015-16	957.25	13	2
2016-17	748.75	27	4
2017-18	683.75	32	3
2018-19	760.50	28	2
2019-20	*Canceled, COVID pandemic*		
2020-21	860.50	18	2
2021-22	752.75	23	3
2022-23	800.00	25	3
2023-24	896.00	19	2
2024-25	752.50	29	2

- The Learfield Directors' Cup honors institutions and evaluates success in all sports, men's and women's. The Directors' Cup allows athletic departments to measure the success of each sports program evenly and does not weigh the success in one sport above the success in another.
- Because Oklahoma State does not sponsor women's volleyball and does not get credit for its performance in equestrian, it has only 17 sports eligible for Learfield Directors' Cup scoring, while most others count points from 19 sports. Operating with a two-sport handicap, Oklahoma State has still finished in the top 30 nationally the last five years and has finished in the top three of the Big 12 each of the last seven years.

Learfield Directors' Cup Average National Finish, Big 12 Schools This Decade *(since 2020-21)*

Lower numbers reflect better performance

	Oklahoma State	22.8
	Arizona State	28.4
	BYU	28.8
	Arizona	39.2
	Texas Tech	42.6
	Baylor	43.4
	TCU	45.2
	Iowa State	46.6
	Utah	49.8
	West Virginia	52.6
	Colorado	59.8
	Kansas	67.0
	Houston	74.6
	UCF	75.2
	Kansas State	97.0
	Cincinnati	162.4

Success Across All Sports

Men's Cross Country/Track and Field	
	XC/In/Out
NCAA Team Championships	5/0/0
NCAA Individual Champions	0/22/17
All-Americans	70/111/85
Big 12 Team Championships (1996-present)	13/2/0
Conference Team Championships (All-Time)	17/2/20
Big 12 Individual Champions (1996-present)	10/72/39
Conference Individual Champions (All-Time)	14/145/295
Olympians	9

Women's Cross Country/Track and Field	
	XC/In/Out
NCAA Individual Champions	0/5/3
All-Americans	24/74/66
Big 12 Team Championships (1996-present)	4/1/0
Conference Team Championships (All-Time)	5/1/0
Big 12 Individual Champions (1996-present)	2/64/30
Conference Individual Champions (All-Time)	8/79/54
Olympians	15

Soccer	
NCAA Tournament Appearances	14
Big 12 Championships (1996-present)	7
Conference Championships (All-Time)	7
All-Americans	12
Women's World Cup Participants	3
Olympians	2

Football	
National Championships	1
Big 12 Championships (1996-present)	1
Conference Championships (All-Time)	11
Bowl Appearances	34
Heisman Trophy Winners	1
Major National Award Winners	13
All-Americans	98
NFL Draft Picks	185
NFL Draft First Round Picks	21

Wrestling	
NCAA Team Championships	34
NCAA Individual Champions	145
All-Americans	492
Major Award Winners	34
Big 12 Team Titles (1997-present)	22
Conference Team Championships (All-Time)	56
Big 12 Individual Champions	122
Conference Individual Champions (All-Time)	297
Olympians	63

Men's Basketball	
NCAA Championships	2
Final Four Appearances	6
Big 12 Titles (1997-present)	3
Conference Championships (All-Time)	23
NCAA Tournament Appearances	29
All-Americans	30
Major National Award Winners	4
Olympians	10
NBA Draft Picks	37
NBA Draft First Round Picks	10

Women's Basketball	
Conference Championships (All-Time)	3
NCAA Tournament Appearances	18
All-Americans	4
Major National Award Winners	2
WNBA Draft Picks	6
WNBA Draft First Round Picks	2

Equestrian	
NCEA Overall Team Championships	1
Big 12 Championships (1997-present)	11
Conference Championships (All-Time)	11
All-Americans	49

Men's Tennis	
Conference Championships (All-Time)	24
All-Americans	22
NCAA Tournament Appearances	26
Big 12 Individual Champions (1997-present)	41
Conference Individual Champions (All-Time)	201
Olympians	1

Women's Tennis	
Big 12 Titles (1997-present)	7
Conference Championships (All-Time)	29
All-Americans	29
NCAA Tournament Appearances	28
Big 12 Individual Champions (1997-present)	34
Conference Individual Champions (All-Time)	157

Men's Golf	
NCAA Team Championships	12
NCAA Individual Champions	9
All-Americans	142
Major Award Winners	25
Big 12 Team Championships (1997-present)	12
Conference Team Championships (All-Time)	57
Big 12 Individual Champions (1997-present)	12
Conference Individual Champions (All-Time)	50
Olympians	7

Women's Golf	
NCAA Individual Champions	1
All-Americans	30
Major Award Winners	1
Big 12 Team Championships (1997-present)	11
Conference Team Championships (All-Time)	25
Big 12 Individual Champions (1997-present)	11
Conference Individual Champions (All-Time)	27
Olympians	4

Softball	
Women's College World Series Appearances	16
NCAA Super Regional Appearances	6
NCAA Regional Appearances	32
Big 12 Championships (1997-present)	1
Conference Championships (All-Time)	16
All-Americans	53
Olympians	9
Major Award Winners	2

Baseball	
NCAA Championships	1
College World Series Appearances	20
NCAA Super Regional Appearances	5
NCAA Regional Appearances	50
Big 12 Titles (1997-present)	6
Conference Championships (All-Time)	35
National Player of the Year	4
All-Americans	83
Olympians	4
MLB Draft Picks	309
MLB Draft First Round Picks	20

The people of Oklahoma Oil and Natural Gas Bedlam Series

The Bedlam Series is calculated by straight wins and losses in head-to-head competition.

While Oklahoma State and Oklahoma have been in competition for more than 100 years, the all-sports Bedlam Series did not come into existence until the 1999-2000 academic year. In the 26 years since, OSU owns a 14-11-1 advantage over OU.

Year	*Winner*	*Score*
1999-00	Oklahoma	12-7
2000-01	Oklahoma State	9.5-8.5
2001-02	Oklahoma	10-9
2002-03	Oklahoma State	12-7
2003-04	Oklahoma	10.5-8.5
2004-05	Oklahoma	10.5-8.5
2005-06	Oklahoma	10-7
2006-07	Oklahoma State	10-7
2007-08	Oklahoma State	11-10
2008-09	Oklahoma	13-11
2009-10	Oklahoma	15-12-1
2010-11	Oklahoma	16-12
2011-12	Oklahoma	15-14
2012-13	Oklahoma	14-12-1
2013-14	Oklahoma State	17-13
2014-15	Oklahoma State	17-11
2015-16	Oklahoma State	15-14
2016-17	Oklahoma State	14-12
2017-18	Oklahoma State	18-10
2018-19	Oklahoma	14-12
2019-20	Oklahoma State	8-5-1
2020-21	Oklahoma State	23-12
2021-22	Oklahoma State	17-16
2022-23	Tied	14-14-1
2023-24	Oklahoma State	21-9
2024-25	Oklahoma State	15-10
All years	**Oklahoma State leads**	**14-11-1**

2024-25 OSU Athletics Awards and Honors

Team National Championships
Men's Golf

Team Big 12 Championships
Wrestling
Equestrian
Women's Tennis - Regular Season
Men's Golf

NCAA Individual Champions
Brian Musau, Men's Indoor Track and Field - 5,000 meters
Dean Hamiti, Wrestling - 174 pounds
Wyatt Hendrickson, Wrestling - 285 pounds
Brian Musau, Men's Outdoor Track and Field - 5,000 meters

Major National Award Winners
Wyatt Hendrickson, Wrestling - Hodge Trophy
Wyatt Hendrickson, NCAA Most Dominant Wrestler
Dean Hamiti, *Amateur Wrestling News* Hammer Award

All-Americans
Brian Musau, Men's Cross Country
Denis Kipngetich, Men's Cross Country
Brian Musau, Men's Indoor Track - 3,000 meters
Denis Kipngetich, Men's Indoor Track - 5,000 meters
Brian Musau, Men's Indoor Track - 5,000 meters
Ryan Schoppe, Men's Indoor Track - DMR
Jordon Smith, Men's Indoor Track - DMR
Alex Stitt, Men's Indoor Track - DMR
Mehdi Yanouri, Men's Indoor Track - DMR
Laban Kipkemboi, Men's Indoor Track - Mile
Fouad Messaoudi, Men's Indoor Track - Mile
Kaylie Politza, Women's Indoor Track - 800 meters
Troy Spratley, Wrestling - 125 pounds
Caleb Fish, Wrestling - 157 pounds
Cameron Amine, Wrestling - 165 pounds
Dean Hamiti, Wrestling - 174 pounds
Dustin Plott, Wrestling - 184 pounds

The 2025 NCAA champion men's golf team

Wyatt Hendrickson, Wrestling - 285 pounds
June Roberson, Equestrian - Horsemanship
Riley Hogan, Equestrian - Fences
Claire McDowall, Equestrian - Horsemanship
Abby Budd, Equestrian - Reining
Emma Filiatreau, Equestrian - Reining
Ethan Fang, Men's Golf
Preston Stout, Men's Golf
Ruby Meylan, Softball
Anastasiya Komar, Women's Tennis - Doubles
Rose Marie Nijkamp, Women's Tennis - Doubles
Harrison Bodendorf, Baseball
Brian Musau, Men's Outdoor Track - 5,000 meters
Fouad Messaoudi, Men's Outdoor Track- 5,000 meters
Denis Kipngetich, Men's Outdoor Track - 10,000 meters
Blair Anderson, Men's Outdoor Track - Long Jump
Isca Chelangat, Women's Outdoor Track - 5,000 meters
Emma Robbins, Women's Outdoor Track - Hammer Throw
Annie Molenhouse, Women's Outdoor Track - Heptathlon

2025 NCAA indoor and outdoor 5,000 meter champion Brian Musau

Region Player of the Year
Brian Musau, Men's Cross Country
Brian Musau, Men's Indoor Track and Field
Brian Musau, Men's Outdoor Track and Field

Big 12 Player of the Year
Brian Musau, Men's Cross Country
Wyatt Hendrickson, Wrestling
Riley Hogan, Equestrian - Fences Rider of the Year
Riley Hogan, Equestrian - Flat Rider of the Year

Region Individual Champion
Denis Kipngetich, Men's Cross Country

Big 12 Individual Champions
Brian Musau, Men's Cross Country
Blair Anderson, Men's Indoor Track - Long Jump
Laban Kipkemboi, Men's Indoor Track - Mile
Brian Musau, Men's Indoor Track - 3,000 Meters
Laban Kipkemboi, Men's Indoor Track - DMR
Fouad Messaoudi, Men's Indoor Track - DMR
Jordon Smith, Men's Indoor Track - DMR
Alex Stitt, Men's Indoor Track - DMR
Wyatt Hendrickson, Wrestling - 285 pounds
Preston Stout, Men's Golf
Fouad Messaoudi, Men's Outdoor Track - 1,500 Meters
Annie Molenhouse, Women's Outdoor Track - Heptathlon

Big 12 Freshman of the Year
Rose Marie Nijkamp, Women's Tennis

Big 12 Newcomer of the Year
Harrison Bodendorf, Baseball
Ethan Fang, Men's Golf

National Coach of the Year
David Taylor, Wrestling - *The Open Mat*
Alan Bratton, Men's Golf - Golf Coaches Assoc. of America

Big 12 Coach of the Year
Alan Bratton, Men's Golf

Honoring Academic Success

The Oklahoma State Scholar-Athlete of the Year Award acknowledges the remarkable character and performance of one male and one female student-athlete. As the highest honor presented among OSU student-athletes, this award reflects exemplary performance in academic endeavors, athletic activities, and a commitment to community engagement. The award recognizes exceptional character of the student-athlete and a remarkable dedication to academic performance.

The award was initially presented in 1994 as the OSU Student-Athlete of the Year, but the title changed to OSU Scholar-Athlete of the Year in 2015.

Sivan Auerbach (cross country/track) and Ryan Schoppe (cross country/track and field) were honored as OSU's 2025 Scholar-Athletes of the Year.

OSU Student-Athlete of the Year Award Winners		
Year	*Male*	*Female*
1994	Alan Bratton, Golf	Charlotta Eliasson, Golf
1995	Rafael Denson, Football	Lanny Whiteside, Golf
1996	Trip Kuehne, Golf	Stacy Coffey, Basketball
1997	Mark Branch, Wrestling	Kym Hazzard, Tennis
1998	Steven Schmidt, Wrestling	Cheri Edwards, Basketball
1999	Josh Holliday, Baseball	Kourtney Bower, Basketball
2000	Jeff Ragan, Wrestling	Jennifer Crow, Basketball
2001	Mark Munoz, Wrestling	Maria Boden, Golf
2002	Fran Krepelka, Tennis	Jenny Kipp, Softball
2003	Kyle Eaton, Football	Lauren Bay, Softball
2004	Johnny Thompson, Wrestling	Luann Ulrich, Equestrian
2005	Joey Graham, Basketball	Valentina Medina, Track/Cross Country
2006	Zack Robinson, Golf	Lauren Colwell, Soccer
2007	Darnell Smith, Football	Lauren Simmons, Tennis
2008	Nathan Morgan, Wrestling	Niccole Grimaldi, Soccer
2009	Ryan Vail, Track/Cross Country	Yolanda Odenyo, Soccer
2010	Oleksandr Nedovyesov, Tennis	Leah Kuehn, Equestrian
2011	Brandon Weeden, Football	Mariah Gearhart, Softball
2012	Colby Lowe, Track/Cross Country	Krista Lopez, Soccer
2013	Clint Chelf, Football	Natalja Piliusina, Track/Cross Country
2014	Chris Perry, Wrestling	Jenna Blumer, Equestrian
OSU Scholar-Athlete of the Year Award Winners		
Year	*Male*	*Female*
2015	Christien Sager, Basketball	Katy Krshka, Equestrian
2016	Jordan Niebrugge, Golf	Justine Peters, Equestrian
2017	Zachary Olsen, Golf	Courtney Dike, Soccer
2018	Britton Abbott, Football	Stephanie Ferrante, Track/Cross Country
2019	Cole Verble, Track & Field	Sofia Blanco, Tennis
2020	Trey Reeves, Basketball	Hannah Janson, Equestrian
2021	Joshua Anadu, Track and Field	Ariane Ballner, Track and Field
2022	Alex Hale, Football	Stephanie Helsen, Equestrian
2023	Tom Hutton, Football	Jojo Roberson, Equestrian
2024	Alex Maier, Track and Field	Maddison Hinson-Tolchard, Golf
2025	Ryan Schoppe, Track and Field	Sivan Auerbach, Track and Field

College Sports Communicators Academic All-Americans

Academic All-American is a title reserved for college student-athletes who perform at an elite level in their chosen sport and in the classroom. The all-time list of 40,000+ Academic All-Americans includes major sports stars and some of the world's most accomplished individuals in medicine, business, science and the arts. Established in 1952 and selected by College Sports Communicators, Academic All-America is the longest running and premier award for athletic and academic success across championship college sports at all NCAA levels, the NAIA, two-year colleges and Canadian institutions. Teams are announced year round and amplified by CSC member colleges, universities, and conferences on a wide local, regional, national, and even international scope.

Outstanding student-athletes are nominated for Academic All-District® recognition by communications directors and must have a minimum 3.50 GPA and meet high athletic standards. (25,000+ nominations annually). A select group of student-athletes advances to the national ballot where CSC members vote on Academic All-America teams. (approximately 2,000 selections annually).

Year	*Person*	*Sport*	*Team*	*Pos.*
1954	Dale Meinert	Football	---	G
1958	James Howard	Football	Second Team	T
1964	Gary Hassman	Men's Basketball	---	
1965	Gary Hassman	Men's Basketball	Second Team	
1965	Jim King	Men's Basketball	Second Team	F
1969	Joe Smith	Men's Basketball	First Team	
1972	Tom Wolf	Football	First Team	OT
1972	Doug Tarrant	Football	Second Team	DT
1973	Doug Tarrant	Football	First Team	LB
1973	Tom Wolf	Football	Second Team	OT
1974	Tom Wolf	Football	First Team	OT
1975	Joe Avanzani	Football	Second Team	S
1976	Rick Embree	Baseball	First Team	2B
1976	Skip Taylor	Football	Second Team	RB
1977	Joe Avanzini	Football	First Team	DE
1988	Brad Beanblossom	Baseball	First Team	2B
1988	Lisa Harvey	Softball	Second Team	C
1989	Brad Beanblossom	Baseball	First Team	SS
1989	Lisa Harvey	Softball	Second Team	C
1991	Donna Forman	Softball	First Team	1B
1991	Sharon Sodano	Softball	First Team	3B
1991	Danielle Pfeiffer	Softball	Third Team	OF
1998	Steven Schmidt	Wrestling (at-large)	Third Team	
1999	Josh Holliday	Baseball	Third Team	C
1999	Jennifer Crow	Women's Basketball	Second Team	G
2000	Carlos Gautreaux	Baseball	Second Team	OF
2000	Kyle Eaton	Football	Second Team	OL
2000	Jennifer Crow	Women's Basketball	First Team	G
2001	Fran Krepelka	Men's Tennis (at-large)	Second Team	
2002	Kyle Eaton	Football	First Team	OL
2002	Frantisek Krepelka	Men's Tennis (at-large)	First Team	
2002	Emma Zackrisson	Women's Golf (at-large)	Second Team	
2002	Siri Alfheim	Women's Track/Cross Country	First Team	
2003	Lauren Bay	Softball	First Team	P
2004	Billy Bajema	Football	First Team	TE
2005	Zack Robinson	Men's Golf (at-large)	First Team	
2005	Karin Sjodin	Women's Golf (at-large)	Third Team	
2005	Michelle Prowse	Women's Track/Cross Country	Second Team	
2006	Darnell Smith	Football	Second Team	DL
2006	Zack Robinson	Men's Golf (at-large)	First Team	
2006	Pablo Martin	Men's Golf (at-large)	Second Team	

Year	*Person*	*Sport*	*Team*	*Pos.*
2006	Michelle Prowse	Women's Track/Cross Country	First Team	
2007	Pablo Martin	Men's Golf (at-large)	First Team	
2007	Michael Breshears	Men's Track/Cross Country	Second Team	
2007	Niccole Grimaldi	Women's Soccer	Second Team	D
2008	Ryan Vail	Men's Track/Cross Country	First Team	
2008	Danielle Green	Women's Basketball	Second Team	
2008	Yolanda Odenyo	Women's Soccer	Second Team	M
2008	Jessica Jarrell	Women's Soccer	Third Team	D
2008	Jamie Markaverich	Women's Soccer	Third Team	M
2009	Ryan Vail	Men's Track/Cross Country	First Team	
2009	Karin Kinnerud	Women's Golf (at-large)	Second Team	
2010	Oleksandr Nedovyesov	Men's Tennis (at-large)	Second Team	
2010	Ryan Vail	Men's Track/Cross Country	First Team	
2010	Krista Lopez	Women's Soccer	First Team	F
2011	Chelsea Garcia	Softball	First Team	IF
2011	Krista Lopez	Women's Soccer	First Team	
2012	Chelsea Garcia	Softball	Second Team	IF
2013	Caleb Lavey	Football	Second Team	LB
2013	Caitlin Way	Women's Track/Cross Country	Third Team	
2014	Nick Miller	Men's Track/Cross Country	First Team	
2014	Caitlin Way	Women's Track/Cross Country	First Team	
2014	Tyler Caldwell	Wrestling (at-large)	First Team	
2015	Fabian Clarkson	Men's Track/Cross Country	Second Team	
2016	Brad Lundblade	Football	First Team	OL
2016	Vanessa Shippy	Softball	Third Team	IF
2016	Courtney Dike	Women's Soccer	Second Team	F
2016	Ingeborg Loevnes	Women's Track/Cross Country	Second Team	
2017	Justice Hill	Football	First Team	RB
2017	Brad Lundblade	Football	First Team	OL
2017	Britton Abbott	Football	Second Team	TE
2017	Vanessa Shippy	Softball	First Team	C
2017	Kaylee Jensen	Women's Basketball	Second Team	
2017	Kaela Edwards	Women's Track/Cross Country	First Team	
2017	Stephanie Ferrante	Women's Track/Cross Country	Third Team	
2018	Britton Abbott	Football	First Team	TE
2018	Justice Hill	Football	Second Team	RB
2018	Noah Gade	Men's Track/Cross Country	First Team	
2018	Vanessa Shippy	Softball	First Team	IF
2018	Sofia Blanco	Women's Tennis (at-large)	Third Team	
2018	Stephanie Ferrante	Women's Track/Cross Country	First Team	
2018	Emily Hart	Women's Track/Cross Country	First Team	

CSC Academic All-Americans / NCAA Elite 90 Award

Year	Person	Sport	Team	Pos.
2018	Ariane Ballner	Women's Track/Cross Country	Second Team	
2019	Joshua Anadu	Men's Track/Cross Country	Third Team	
2019	Hannah Webb	Women's Soccer	Third Team	D
2019	Sofia Blanco	Women's Tennis (at-large)	First Team	
2019	Ariane Ballner	Women's Track/Cross Country	First Team	
2020	Logan Carter	Football	Second Team	TE
2020	Joshua Anadu	Men's Track/Cross Country	Third Team	
2020	Vivian Gray	Women's Basketball	Third Team	
2020	Hannah Webb	Women's Soccer	First Team	D
2020	Camy Huddleston	Women's Soccer	Second Team	M
2020	Ariane Ballner	Women's Track/Cross Country	First Team	
2021	Jake Dyer	Men's Track/Cross Country	Second Team	
2021	Hannah Webb	Soccer	Second Team	D
2021	Carrie Eberle	Softball	First Team	P
2021	Hayley Busby	Softball	Second Team	OF
2021	Maja Stark	Women's Golf (at-large)	Third Team	
2021	Ariane Ballner	Women's Track/Cross Country	First Team	
2022	Jake Thompson	Baseball	Second Team	OF
2022	Ryan Smeeton	Men's Track/Cross Country	First Team	
2022	Chelsea Alexander	Softball	Second Team	OF
2022	Kelly Maxwell	Softball	Second Team	P
2023	Isaac Becroft	Men's Tennis	First Team	
2023	Alex Maier	Men's Track/Cross Country	Second Team	
2023	Fouad Messaoudi	Men's Track/Cross Country	Third Team	
2023	Rachel Becker	Softball	Second Team	IF
2023	Chyenne Factor	Softball	Second Team	OF
2023	Morgyn Wynne	Softball	Second Team	DP
2023	Katelynn Carwile	Softball	Third Team	OF
2023	Kelly Maxwell	Softball	Third Team	P
2023	Sivan Auerbach	Women's Track/Cross Country	First Team	
2023	Taylor Roe	Women's Track/Cross Country	Third Team	
2023	Alex Hale	Football	First Team	K
2024	Isaac Becroft	Men's Tennis	Second Team	
2024	Lexi Kilfoyl	Softball	First Team	P
2024	Caroline Wang	Softball	First Team	C
2024	Nolan Schubart	Baseball	Second Team	OF
2024	Sivan Auerbach	Women's Track/Cross Country	First Team	
2024	Taylor Roe	Women's Track/Cross Country	First Team	
2024	Molly Born	Women's Track/Cross Country	Second Team	
2024	Bailey Golden	Women's Track/Cross Country	Second Team	
2024	Alex Maier	Men's Track/Cross Country	First Team	
2024	Ryan Schoppe	Men's Track/Cross Country	Third Team	
2024	Mollie Breiner	Soccer	First Team	D
2024	Alex Morris	Soccer	Third Team	M
2025	Isaac Becroft	Men's Tennis	Third Team	
2025	Nolan Schubart	Baseball	Second Team	OF
2025	Ethan Fang	Men's Golf (at large)	Second Team	
2025	Sivan Auerbach	Women's Track/Cross Country	Second Team	
2025	Ryan Schoppe	Men's Track/Cross Country	Third Team	

NCAA Elite 90 Award

The NCAA Elite 90 Award is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's championships. Eligible student-athletes are sophomores or above academically who have participated in a sport for at least two years with their school.

Year	Recipient	Sport
2010-11	Chelsea Garcia	Softball
2016-17	Christian Liddell	Men's Cross Country
2017-18	Noah Gade	Men's Cross Country
2018-19	Sofia Blanco	Women's Tennis
2020-21	Jules Callaham	Softball
2021-22	Ryan Schoppe	Men's Indoor Track and Field
2021-22	Jules Callaham	Softball
2023-24	Sivan Auerbach	Women's Cross Country
2023-24	Angelica Pfefferkorn	Women's Golf
2023-24	Katie Lott	Softball
2024-25	Sivan Auerbach	Women's Cross Country

Chelsea Garcia
2010-11

Christian Liddell
2016-17

Noah Gade
2017-18

Sofia Blanco
2018-19

Jules Callaham
2020-21

Ryan Schoppe
2021-22

Jules Callaham
2021-22

Sivan Auerbach
2023-24

Angelica Pfefferkorn
2023-24

Katie Lott
2023-24

Sivan Auerbach
2024-25

2024-25 OSU Athletics Academic Honor Roll

College Sports Communicators Academic All-America

Molly Breiner, Soccer (First Team)
Alex Morris, Soccer (Third Team)
Isaac Becroft, Men's Tennis (Third Team)
Nolan Schubart, Baseball (Second Team)
Ethan Fang, Men's Golf (Second Team)
Sivan Auerbach, Women's Track/Cross Country (Second Team)
Ryan Schoppe, Men's Track/Cross Country (Third Team)

NCAA Elite 90 Award

Sivan Auerbach, Women's Cross Country

College Sports Communicators Academic All-District

Soccer
Mollie Breiner
Ellie Geoffroy
Chloe Joseph
Alex Morris
Xcaret Pineda
Laudan Wilson

Football
Alan Bowman
Cale Cabbiness
Aden Kelley
Garrick Martin
Jake Schultz
Dylan Smith
Logan Ward

Men's Basketball
Patrick Suemnick

Women's Basketball
Anna Gret Asi
Macey Huard

Men's Tennis
Alessio Basile
Derek Pham
Isaac Becroft

Women's Tennis
Kylie Collins

Softball
Rosie Davis
Karli Godwin
Katie Kutz
Tia Warsop
Amanda Hasler

Baseball
Drew Culbertson
Hunter Watkins
Ian Daugherty
Nolan Schubart
Ryan Ure

Women's Golf (at-large)
Marta Silchenko

Men's Golf (at-large) (June 17/July 9)
Ethan Fang
Gaven Lane
Eric Lee

Wrestling (at-large)
Dustin Plott
Caleb Fish

Women's Track and Field/Cross Country Sivan Auerbach
Annie Molenhouse
Saara Hakanen
Madi Surber
Emma Robbins

Men's Track and Field/Cross Country
Ryan Schoppe
Adisu Guadie
Zac Robbins
Sam Mason
Kade Benjamin

Big 12 Scholar-Athlete of the Year

Sivan Auerbach, Women's Cross Country
Alex Morris, Soccer

Academic All-Big 12

**** Asterisk represents 4.0 grade point average***

Men's Cross Country
Tate Barr
Ben Calusinski
Kian Davis
Jacob Deacon
Hamish Hart
Triston Read
Ryan Schoppe
Victor Shitsama
Gabe Simonsen
Alex Stitt
Timothy Synowiec
Matthew Thomas
Grant Wilcox
Mehdi Yanouri

Women's Cross Country
Katie Armstrong
Sivan Auerbach*
Cayden Brickman
Emily Carter*
Cayden Dawson*
Payton Hinkle
Lilly Lavier*
Emma Lindsey*
Jinane Mahi
Cameron McConnell
Mackenzie Michael*
Aubrey O'Connell*
Abby Pickett
Grace Ping
Lauren Ping
Krystal Rodriguez
Mandeep Sangha
Kevriana Scott
Colleen Stegmann*
Madi Surber*

Football
Alan Bowman
Gabe Brown
Cale Cabbiness
Chance Clements
Kendal Daniels
Ike Esonwune
Ollie Gordon
Austin Kawecki
Aden Kelley
Justin Kirkland
Cooper Lai
Garrick Martin
Luke McEndoo
Joe Michalski
Wes Pahl
Garret Rangel
Parker Robertson
Xavier Ross
Jakobe Sanders
Jake Schultz*
Talyn Shettron
Dylan Smith
Jake Springfield*
Quinton Stewart
Logan Ward
Ty Williams
Preston Wilson

Soccer
Sami Allen
Mollie Breiner
Ellie Geoffroy
Adelhia Ghonda
Chloé Joseph*
Lexi Lee
Alex Morris*
Trinity Picklo*
Xcaret Pineda
Nicole Ray
Addison Roberts*
Taryn Thibeau
Laudan Wilson

Women's Basketball
Anna Gret Asi
Rylee Langerman*
Landry Williams

Wrestling
Cael Hughes
Dustin Plott
Cutter Sheets
Luke Surber
Carter Young

Equestrian
Tristan Bagby*
Peyton Baxter
Lydia Bell
Abby Budd*
Ava Bush
Mackenzie Carreras
Quincee Clark
Hannah Dodd
Isabella D'Onofrio
Ellie DuPuis*
Emma Filiatreau
Riley Hogan
Bella Holway
Alie Hunter
Olivia Klug
Dalia Lehmann*
Caroline Mirts*
Lindsey Porteous
Lauren Pursley
Rylee Ridgely
June Roberson
Avery Schauder*
Alana Tietz

Baseball
Kyle Bade
Drew Blake
Colin Brueggemann
Charlie Carter
Ian Daugherty
Landry Kyle
Donovan Lasalle
Nolan Schubart
Beau Sylvester
Ryan Ure

Men's Golf
Johnnie Clark
Gaven Lane
Preston Stout
John Wild

Women's Golf
Ellie Bushnell
Clemence Martin
Sammie Miller
Sifat Sagoo
Marta Silchenko

Softball
Megan Bloodworth
Rosie Davis
Tallen Edwards
Karli Godwin
Macy Graf
Katie Kutz
Lexi McDonald
Kathryn Ogg
Sophie Page
Audrey Schneidmiller
Claire Timm
Tia Warsop

Men's Tennis
Alessio Basile
Isaac Becroft
Derek Pham
Fran Pini

Women's Tennis
Amber Hochstatter
Nas Komar

Men's Track and Field
Blair Anderson
Tate Barr
Kade Benjamin
Ty Cook
Ben Currence
Kian Davis
Jacob Deacon
James Edmond
Adisu Guadie
Hamish Hart
Hafez Mahadi
Sam Mason
Riley McGowan
Fouad Messaoudi
Will Muirhead
Triston Read
Zac Robbins
Ryan Schoppe
Crayton Shaw
Gabe Simonsen
Alex Stitt
Tim Synowiec
Caio Teixeira
Matt Thomas
Carter Wilkerson
Blake Wynne

Women's Track and Field
Katie Armstrong
Michaella Atteberry
Sivan Auerbach
Brooke Bayles
Kessiah Bemis
Cayden Brickman
Sara Byers
Emily Carter
Katie Chapman
Isis Grant
Saara Hakanen
Payton Hinkle
Sutton Howard
Lilly Lavier
Emma Lindsey
Jinane Mahi
Cameron McConnell
Maddie Meiner
Mackenzie Michael
Annie Molenhouse
Rachel Neaves
Aubrey O'Connell
Johnna Orange
Brilee Payne
Abby Pickett
Grace Ping
Lauren Ping
Krystal Rodriguez
Mandeep Sangha
Ansley Scott
Kevriana Scott
Sarah Stair
Colleen Stegmann
Madi Surber
Kinidi Taylor
Olivija Vaitaityte

*- Nominated with a 4.0 GPA

Elite Coaching

Oklahoma State has 13 head coaches, nearly all of whom have climbed to the top of their sport while in Stillwater.

3
Have coached Oklahoma State to at least one team national championship

5
Have been named National Coach of the Year at least once while at Oklahoma State

9
Have coached Oklahoma State to at least one top-five national finish

9
Have coached Oklahoma State to at least one Big 12 team championship

Alan Bratton
M. Golf

Colin Carmichael
Soccer

Kenny Gajewski
Softball

Mike Gundy
Football

Josh Holliday
Baseball

Jacie Hoyt
W. Basketball

Steve Lutz
M. Basketball

Henner Nehles
W. Tennis (interim)

Larry Sanchez
Equestrian

Dave Smith
Cross Country/Track

David Taylor
Wrestling

Dustin Taylor
M. Tennis

Annie Young
W. Golf

Oklahoma State's current head coaches have combined to win

51

Big 12 team championships

Revenue Share and NIL

College athletics changed forever in the summer of 2025 when for the first time, schools were permitted to directly pay student-athletes.

In this new landscape, Oklahoma State is in a position of strength.

It quickly announced that it will share revenue with student-athletes in its seven ticketed sports. Scholarships were also added. It was a clear statement that whatever the future of college athletics looks like, OSU will be a force competing at the very highest level.

Whatever the future of college athletics looks like, OSU will be a force competing at the very highest level.

The same spirit of innovation and care for student-athletes that helped OSU's name, image and likeness program thrive now drives OSU into the revenue share era.

Cowboy and Cowgirl student-athletes benefit from knowledgeable people within the athletic department dedicated to maximizing available opportunities. Being situated in Stillwater, OSU student-athletes receive additional support from a remarkably passionate and supportive base of generous donors and fans.

The revenue-share era is here, and Oklahoma State is ready.

Mental Health and Wellness

Oklahoma State student-athletes have access to Dr. Trevor Richardson, who leads a four-person team of trained mental health professionals dedicated to serving the needs of OSU student-athletes. Most schools have just one - if any - mental health professionals on full-time staff.

The team's approach to mental health is built through relationships and providing ongoing support.

"Around here, we like the old proverb of if you give a person a fish, you'll feed them once. If you teach them to fish, you'll feed them for a lifetime." Richardson said. "That's kind of how we approach mental health – we want to equip our people with knowledge and strategies they can use long into the future."

For Richardson, a two-time Oklahoma State graduate who joined the athletic department after more than 10 years on campus as part of OSU Counseling Services, being a mental health resource for OSU student-athletes is not just his profession, it's personal.

There is a misconception that seeking help in the area of mental health is a sign of weakness. Richardson said that is not the case.

"It's a sign of strength to ask for help in mental health because it shows you are secure in yourself," Richardson said. "This is about courage. People who take part in this process show courage and sometimes they view it as a sign of weakness because of what they've been conditioned to think. When you run from something that needs to be addressed, sooner or later it catches up with you. To sit down and take that big, scary, unpleasant thing on and talk with someone about it, that takes real courage."

Department of Student-Athlete Development

Preparing student-athletes for life beyond sports

PERSONAL RESPONSIBILITY
Instill a commitment to continuous learning, adaptability and self-improvement.

PROFESSIONAL PREPAREDNESS
Prepare athletes for the workforce through experiential learning, job-ready skills, and career connections.

ENGAGED CITIZENSHIP
Encourage athletes to maintain respectful citizenship qualities and exercise service to the community.

ETHICAL LEADERSHIP
Prepare athletes to exercise empathy and accountability as decision-makers with integrity and morals.

Supporting student-athletes through career guidance, leadership development and community involvement.

The Department of Student-Athlete Development provides a wide range of programs and experiences for OSU student-athletes to nourish and supplement their education. It works to inspire confidence in their professional futures.

DEVELOPMENT
- ▶ Suiting up Seniors
- ▶ Networking Night
- ▶ Mock Interviews
- ▶ Financial and Tax Literacy

LEADERSHIP
- ▶ Rookie Camp
- ▶ Orange Table Talk
- ▶ Cowboy Choice Awards
- ▶ Big 12 Beyond Borders

ENGAGEMENT
- ▶ Nike N7 Youth Day
- ▶ Capitol Cowboys
- ▶ Into the Streets
- ▶ Night to Shine

We're not just building better student-athletes, we're building better people.

Maria Taylor hosted the inaugural Cowboy Choice Awards.

A Night to Shine

Oklahoma State student-athletes walk the orange carpet at the Cowboy Choice Awards, which has become a highly-anticipated event on the annual calendar, in part because of the awards themselves and in part because it is an opportunity for student-athletes from all sports to come together off the field for a fun and enjoyable evening.

The Big 12 Conference

BIG 12 CONFERENCE

The Big 12 enters its 30th year as one of the nation's premier conferences in college athletics under the leadership of Commissioner Brett Yormark. Since joining the Conference in August 2022, Yormark has elevated the Big 12 to new heights, emphasizing marketing, brand building and instilling an innovative strategy that has resonated across the college athletics landscape.

The Conference is composed of 16 universities spanning 10 states and four time zones. The Big 12 members include Arizona, Arizona State, Baylor, BYU, UCF, Cincinnati, Colorado, Houston, Iowa State, Kansas, Kansas State, Oklahoma State, TCU, Texas Tech, Utah and West Virginia.

The Big 12 began play in 1996 and is the home of 91 team NCAA national championships, and 775 individual national champions. The Big 12 Conference office is located in Irving, Texas.

Big 12 Fast Facts

- The Big 12 sponsors 25 sports across the Fall, Winter and Spring seasons.
- Men's sports include baseball, basketball, cross country, football, golf, indoor track & field, outdoor track & field, swimming & diving, tennis and wrestling.
- Women's sports include basketball, beach volleyball, cross country, equestrian, golf, gymnastics, indoor track & field, lacrosse, outdoor track & field, rowing, soccer, softball, swimming & diving, tennis and volleyball.
- The Conference currently conducts postseason championships for 24 of its 25 sports.
- The league has been home to over 800 Academic All-America recipients.
- In the last 16 seasons, 39 student-athletes were recipients of the NCAA Elite 90 award.

In the Heart of it All

Oklahoma State University serves nearly 25,000 students at its Stillwater campus, with 26% of the student body coming from out of state. Students from all 50 states and over 100 countries call Stillwater home.

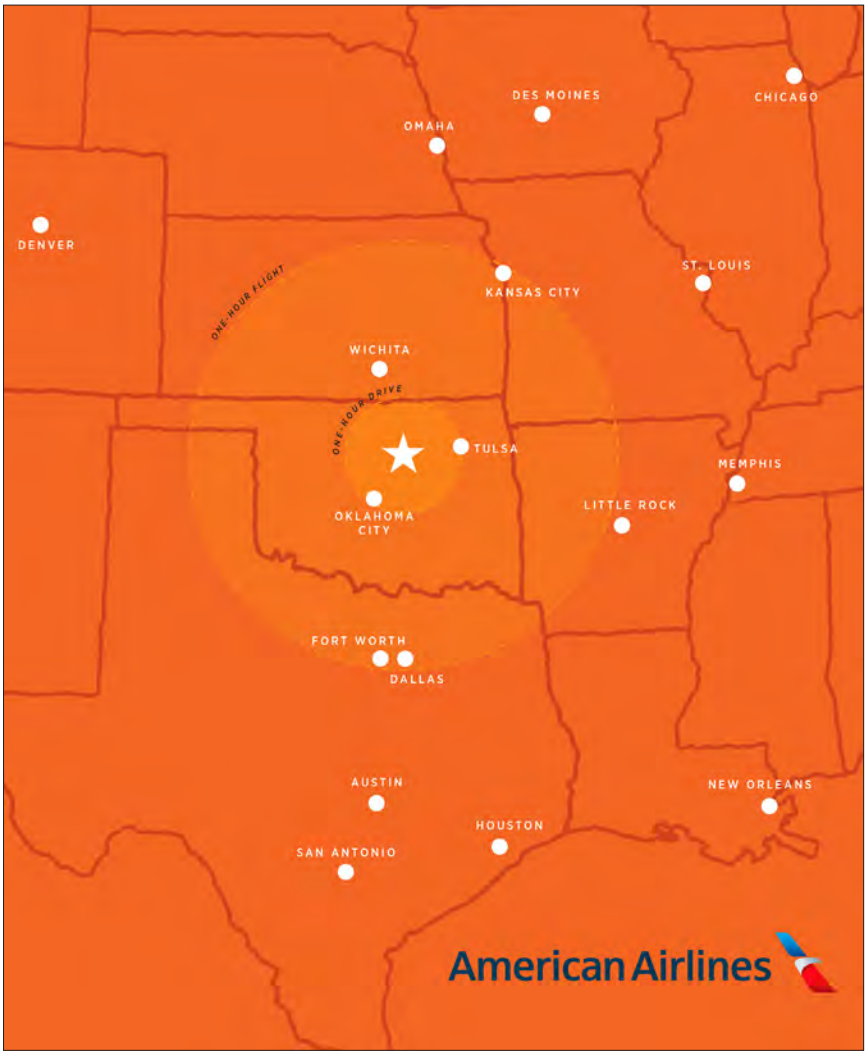
Stillwater is centrally located between Oklahoma City and Tulsa, just an hour's drive away from the two largest metro areas in the state of Oklahoma.

Stillwater Regional Airport provides daily nonstop American Airlines flights to and from Dallas/Fort Worth International Airport. A single one-hour connecting flight to DFW is all that separates OSU from traveling to New York, Los Angeles, London, Tokyo, Sydney and more of the world's greatest destinations.

Additional direct service to and from Stillwater may also be coming.

Stillwater Regional's 7,400-foot main runway can easily accommodate aircraft such as the Boeing 737 and Airbus A320, simplifying team travel for OSU and any opponents making the trip to Cowboy Country.

Further improvements to Stillwater Regional's facilities include a proposed expansion to the airport's terminal that would triple its current size.



Noting Stillwater

The population of Stillwater is about 50,000 and with Oklahoma State University as its heart, it comes as no surprise that approximately 50 percent of Stillwater residents age 25 years or older have a bachelor's degree.

Average Climate
Spring: 46-72 degrees
Summer: 69-91 degrees
Fall: 48-73 degrees
Winter: 26-50 degrees

Annual Precipitation
38.3 inches

VisitStillwater.org

Incredible Fan Support

Oklahoma State has a passionate fanbase that appreciates success across all sports and as a result, OSU enjoys an overwhelming advantage when playing at home.

America's Greatest Homecoming

OSU's very first Homecoming was held as part of the Harvest Carnival in the fall of 1913, but it wasn't until seven years later that the OSU Alumni Association hosted its first official Homecoming celebration. On October 30, 1920, 90 Oklahoma A&M alumni returned to Stillwater for festivities including the Aggie football game plus a dance and a dinner hosted by Alumni Association President Monroe Otey.

Of the 90 alumni in attendance, 50 were from the Stillwater area and 40 were from out of state. It was also in the '20s the now-famous tradition of house decorations began when sororities started to decorate their doorways.

In 1930, the first ever Homecoming Parade, a mile long, made its way down Main Street. More than 17,000 alumni returned to Oklahoma A&M that year to renew old friendships and show their pride in the Orange and Black.

In 1942 and 1944, Homecoming was combined with Dads' and Mothers' days and sponsored by the YMCA, YWCA, Dads' and Mothers' Day Association and the Alumni Association. The combination was a result of World War II and impending gas rationing to occur. Even with the gas rationing and cutbacks on parade floats, decorations and visiting bands, the football game and reunion functions were still well attended.

Following the war in 1946, there was a record attendance of 20,000 alumni and the largest parade was held including more than 50 floats, six bands and other community entries. Over time, the size of the house decorations overtook those of parade floats. In 1966, vehicles were abandoned and onlookers tried a new experiment - they simply "walked around" to view the decorations. Three years later, house decorations began being judged and scored.

New events like the Sign Competition, Football Frenzy and Chili Cook-Off were added in recent decades. Since that time, the event has grown and today is recognized as "America's Greatest Homecoming Celebration," drawing more than 80,000 alumni back to campus each year.

CASE International (Council for Advancement and Support of Education) has recognized OSU's Homecoming as a Seal of Excellence recipient. This is the highest award given by CASE in the field of Alumni Relations. This prestigious award is given only to programs that serve as models for others. OSU was recognized for the widespread participation and outstanding organization of its Homecoming program.

Most recently, the Homecoming celebration has launched onto the world wide web with photo albums, video highlights and live streams of Walkaround and the Sea of Orange Parade.

In 2010, the OSU Alumni Association began fundraising for the $3 million Homecoming and Student Programs Endowment as part of the $1 billion Branding Success campaign. OSU is one of the only schools left in the nation with an event like Walkaround, and once fully funded, the endowment will ensure future generations of Cowboys will be able to experience "America's Greatest Homecoming Celebration" as we know it today.

OSU's Homecoming is presented by the OSU Alumni Association and is planned by the student-driven Homecoming Executive, Steering and Big committees. OSU's Homecoming is a longstanding, exciting and colorful tradition for both campus and community.

For more information, visit ORANGECONNECTION.org/homecoming

Oklahoma State Spirit

The Cowboys

Dating back to the 1890s, Oklahoma A&M sports teams had been referred to as Agriculturists or Aggies, the Farmers, and officially but unpopularly, the Tigers. But by 1924, Charles Saulsberry, sports editor of the *Oklahoma City Times*, and other writers who regularly covered college events, had begun to refer to Stillwater's teams as the A&M Cowboys. Reporters' constant search of colorful synonyms started sprinkling Cowpokes, Pokes, Waddies, Cowpunchers and Punchers in conversation. "Cowboys" had a Southwestern flavor and flair that fit like a favorite pair of boots.

The Athletic Council authorized athletics director Edward C. Gallagher to have 2,000 balloons printed, "Oklahoma Aggies—Ride 'Em Cowboy" for sale at football games in 1926.

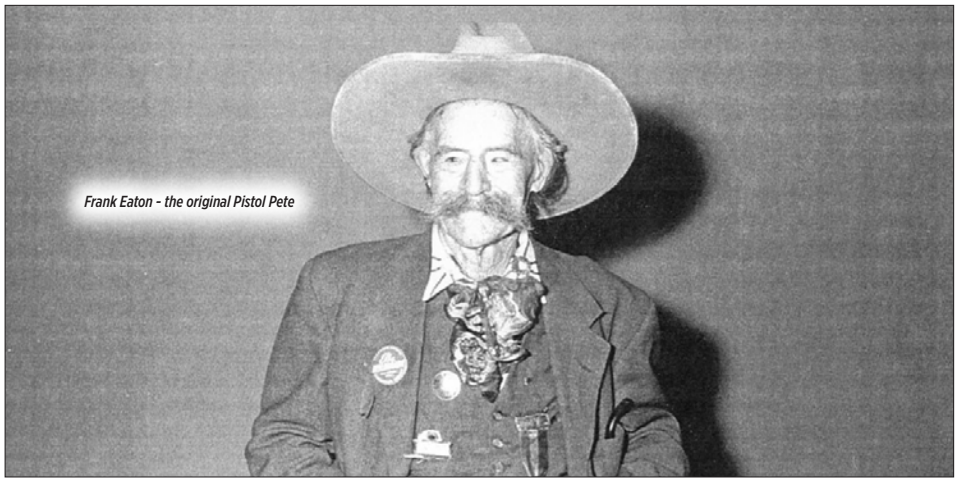
Pistol Pete

(excerpt from text written by Lance Millis)

Around 1923, when Oklahoma A&M College was searching for a new mascot to replace its tiger (copied along with the school's orange and black colors, from university founders who hailed from Princeton), a group of students saw Frank Eaton leading the Armistice Day Parade. He was approached to see if he would be interested in being the model for the new mascot, and he agreed. A likeness was drawn and began to be used on sweatshirts, stickers, etc., and a tradition was born.

That caricature was the basis for what is used today as the official Oklahoma State University mascot. For 35 years, the crusty old cowboy was a living symbol of OSU, representing the colorful past of the area. As such, he would attend OSU athletic events, building dedications, etc., and sign autographs, pose for photographs and reminisce about the Old West with anyone who would listen.

To this day, his likeness is a visible reminder of the Old West to literally millions of people yearly as a symbol of colleges whose mascots pay homage to the cowboy. Each year, OSU students tryout for Pistol Pete. A panel of former "Petes" judge the tryouts and select the two best candidates based on an interview, a mime, and posing as mascot in different "game situations." The two who are selected split the approximately 500 appearances annually. These appearances include all athletic events, pep rallies, business openings, weddings, birthday parties, and public school events.



Frank Eaton - the original Pistol Pete

Frank Eaton - Before Pistol Pete

"My boy, may an old man's curse rest upon you, if you do not try to avenge your father...You must never stop until they are all accounted for!" These words, according to one of Eaton's many stories, were spoken by a family friend following the brutal murder of his father, and guided the formative years of Frank's life.

Born in 1860, in Hartford, Connecticut, Frank moved with his family to Kansas shortly after the close of the Civil War. When Frank was eight years old, his father, a former Union soldier, was shot and killed by a group of lawless former Confederates. Frank was a witness to the murder and each of the murderers' faces was imprinted in his memory.

After being challenged to avenge his father's death by Mose Beaman, (the family friend), Frank set out to learn how to handle guns. Mose gave him a gun and holster, and taught him how to handle and shoot guns. Frank quickly learned to "shoot a snake's head off with either hand". During the next few years, Frank's days were spent helping his mother with chores and practicing shooting. With each passing year, he became faster and more accurate with his guns.

When Frank was 15, he learned of the location of one of his father's killers. After deciding it was almost time to set out on his mission, Frank wanted to make sure his shooting skills were good enough. He decided to visit Fort Gibson, a cavalry fort, to try to learn more about handling a gun. There he competed with the cavalry's best marksmen, beating them each time. After many competitions, the fort's commanding officer, Colonel Copinger gave Frank a marksmanship badge and a new name. From that day forward, Frank would be known as Pistol Pete.

Bullet

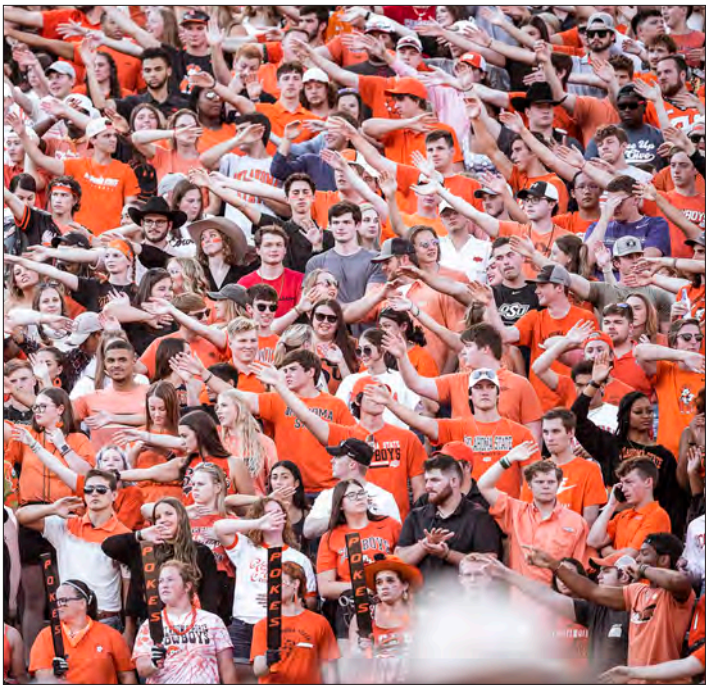
The Oklahoma State University Cowboys have many symbols of their western heritage, but none is more appropriate than their mascot, Bullet. The Spirit Rider program debuted in 1984 with the first few Spirit Riders providing their own horse to serve as mascot for the OSU Cowboys.

However, in 1988, Stars Parr Money was donated to the OSU Athletic Department to be used specifically as the mascot. Since that time, Bullet has delighted crowds with his traditional sprint across the football field following every Cowboy touchdown. The heart of the Cowboy Spirit Rider Program, Bullet is not only seen at Boone Pickens Stadium and other OSU football games, he's made appearances at local elementary schools, parades, rodeos and other special events, including the opening ceremonies of the Oklahoma State Special Olympics.

The tradition of the Spirit Rider can be attributed to the late Eddy Finley, who wanted to promote school spirit the "cowboy way," on horseback. Since that time, additional support has come for the Spirit Rider and Bullet, much of it due to Finley's hard work. A horse trailer, custom-tooled saddle and uniform dress for the Spirit Rider and ground crew have been donated to OSU. In honor of the Spirit Rider and its tradition, Jim Hamilton sculpted the Spirit Rider bronze statue that sits just south of the Greenwood Tennis Center.

Bullet is a regular part of the Cowboy football game day experience.

Oklahoma State Spirit



The Waving Song

Victor Herbert was inadvertently responsible for a deeply entrenched facet of A&M athletic tradition, the waving song. His lyricist was speech instructor H.G. Seldy Seldombridge. In 1908, Seldombridge had gone to Columbia University to scout for a senior class play. While there, he heard In Old New York, the hit song from the operetta The Red Mill. Even New Yorkers were humming the song on city streets, and Seldombridge returned to Oklahoma humming it, too.

Shortly thereafter, he incorporated In Old New York into the closing number of a college follies show being rehearsed in Stillwater's Grand Opera House. But as he studied the stage decorated in orange and black for a campus scene, he realized that New York's praises were out of place for a southwestern college setting.

"Suddenly OAMC flashed to my mind," he explained in 1941. He asked the 30-voice choir to take a break, grabbed a piece of wrapping paper, hummed, and scribbled. In less than ten minutes he had the alternate lyrics that would enliven sports events long after opening night.

For that finale, a letterman representing each sport joined the chorus onstage. The students added their own memorable touch. They swayed and sang "OAMC! OAMC! We'll sing your praise tonight," as they waved to the audience in unison.

It almost raised the roof off the old building, noted Seldombridge, who left the campus in 1910. Exhilarated, the crowd surged to its feet and returned the rhythmic wave. It took two encores before the campus and community gathering was willing to relinquish the emotion of the moment.

"From that night on, you could frequently hear someone whistling the tune," he recalled, touched that OAMC's waving song was remembered as late as 1941.

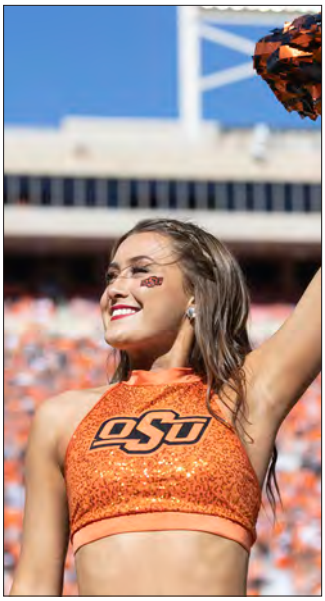
The Waving Song tradition continues to this day with OSU fans rising to their feet and waving one arm in rhythm with the song after scores in football and following victories in other sports. Contrary to popular misconception, this tradition should not be referred to as "Waving the Wheat," which is the name of the two-armed wave adopted by University of Kansas fans.

The Waving Song Lyrics

Oklahoma State! Oklahoma State!
We'll sing your praise tonight;
To let you know where e're we go,
For the Orange and Black we'll fight
We'll sing your worth o'er all the Earth
And shout: Ki Yi! Ki Ye!
In books of fame we'll write your name,
Oklahoma State!

"Ride 'Em Cowboys" Lyrics

Ride, ride, ride, ride,
Ride'em Cowboys,
Right down the field!
Fight! Fight! Fight! Fight!
Fight'em Cowboys, and never yield.!
Ride, ride, ride, ride,
Ride on, Cowboys, to victory;
Cross (opponent)s goal;
Then we'll sing 'O-kla-homa State!'



OSU Alma Mater Hymn

Across several different sports, following victories, OSU teams gather in front of the student section to sing the alma mater. All fans, students and non-students are encouraged to remain in the stands after OSU victories and join the Cowboys for the Alma Mater hymn.

Alma Mater Hymn Lyrics

Proud and immortal
Bright Shines Your Name
Oklahoma State
We Herald Your Fame
Ever You'll Find Us
Loyal and True
To Our Alma Mater
O - S - U

Unmatched Athletics Facilities

Student-athletes and fans at Oklahoma State enjoy one of the nation's top overall collections of athletic facilities.

BOONE PICKENS STADIUM
A $50 million renovation in 2023 and 2024 added several modern amenities to upgrade the fan experience

GALLAGHER-IBA ARENA
Home to the OSU basketball and wrestling programs since its dedication in 1938.

O'BRATE STADIUM
The top facility in all of college baseball was dedicated in 2021.

NEAL PATTERSON STADIUM
Opened in 2018 and is the top on-campus women's soccer-only facility in the nation.

GREENWOOD TENNIS CENTER
Voted as the nation's best college tennis facility, hosted the 2024 NCAA Championships.

GREINER FAMILY CROSS COUNTRY COURSE
Opened in 2019 and hosted the NCAA Championships in 2020 and 2022.

SHERMAN SMITH CENTER
Indoor and outdoor practice facility utilized by several of OSU teams.

PEDIGO-HULL EQUESTRIAN CENTER AND ATHERTON FAMILY ARENA
Recently upgraded home to OSU equestrian

COWGIRL STADIUM
Among the most difficult venues for opponents to win in all of college softball

KARSTEN CREEK GOLF COURSE
Undergoing a complete overhaul to modernize and improve the course and its amenities.